Children and Young People's Mental Health and Wellbeing



April to June 2017 e-bulletin number 2

Thank you to those who offered feedback and comments on the first e-bulletin.

We need to produce a refreshed Kirklees Transformation Plan by October 2017. This will report on some of the things achieved so far, but we need to consider public views and suggestions on what still needs to improve. We can't promise to do everything for everyone but unless we are told, we might be missing things that matter.

If you have any suggestions please email them or, if you prefer to speak to someone, please send your contact details to CSA.Admin@kirklees.gov.uk.

If you want to receive future e-bulletins directly, please send your details to <u>CSA.Admin@kirklees.gov.uk</u>

The Transformation Plans and other documents can be found at www.kirklees.gov.uk/futureinmind.

This bulletin summarises progress made between April and June 2017.

Waiting times

Referral numbers for CAMHS support increased over the three months which lead to in a slight increase in waiting times for an appointment.

	ChEWS	Specialist CAMHS
Total number waiting for treatment	194	19
Average waiting time from referral to treatment.	18.6 weeks	12.5 weeks

During any period of waiting, CAMHS services can offer continuing contact with children, young people, families and other referrers who can ring the service while they are waiting to be seen.

Proposed changes have been agreed, to reduce waiting times, but these are going to take time to achieve. Changes will need to be made to current delivery practices to make them happen by **August 2018**.

- CAMHS services reduction in waiting times to 10 weeks
- 2. Autism Spectrum Disorder a 12 months wait for an assessment.



Thriving Kirklees

The Thriving Kirklees five-year contract commenced on 1 April 2017, and is led by Locala Community Partnerships together with local support services including 0 - 5 Health Visitors, 5 - 19 School Nursing; Northorpe Hall Children's Emotional Wellbeing Service (ChEWS), South West Yorkshire Partnership NHS Foundation Trust, Children and Adolescent Mental Health Service (CAMHS), Yorkshire Children's Centre and Home-Start Kirklees.

Some people may have been expecting to see immediate improvements; however the Transformation Plan recognises that some changes need to develop gradually over the course of the next three years.

There are currently 49 local transformation priorities of which 36 rely on delivery by Thriving Kirklees. Some first steps have already started to be made.

Progress so far includes:

- a. Continuing delivery of services, avoiding disruption for those needing to access services.
- b. Providing additional funding over the next 12 months for the Autism Spectrum Disorder provision to offer more clinics for those waiting for an assessment.
- c. Put in place nine Public Health Intelligence Leads individual team leaders. These leaders will work with communities, to identify community health needs and available assets which help to develop early intervention approaches across all settings.
- d. Creation of nine new skill mix teams, made up from health visitors, school nurses, nursery nurses and assistant practitioners. These teams will work with eight schools as community hubs areas and CAMHS workers.
- e. Providing dual-qualified practitioners supporting workforce training. Some health visitors are already carrying out a school nursing portfolio and the other way around.
- f. Developing a Safeguarding Hub Model to provide rapid responses to assess the needs of families at first assessments.
- g. Appointment of a learning and development lead to respond to learning and workforce development requirements across the partnership.
- h. A second Thriving Kirklees forum event took place involving providers, third sector groups, parents/carers and community representatives.







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ASK CAMHS – Single Point of Contact

A new 24/7 Single Point of Contact will be incorporated into Thriving Kirklees October 2017. Details will be available soon. This point of contact will provide a one-stop triage approach of care support for children, young people, parents, carers and professionals. People will know where to ring and be directed to relevant advice. support or services within Thriving Kirklees.

The current ASK CAMHS Single Point of Access now offers extended opening hours of support.

Between April and June 2017, ASK CAMHS received 837 support requests. 665 of these were received by telephone. 36.2% of calls were from a parent or carer and 24% from GP Practices. 724 telephone assessments were completed during this period. The main issues were behavioural, low mood, anxiety and family relationships.

ChEWS

Average weekly waiting times for March 2017 were 20 weeks. By the end of June average waiting times had reduced to 18.6 weeks, with 194 children and young people on the waiting list.

Of the 281 referrals that had a first appointment in April to June, 21 had this appointment within 10 weeks. During this period, ChEWS provided new support to 786 children and young people. This included 2,035 hours of one-toone support and 224 hours of group work.

Specialist CAMHS

Between April and June, Specialist CAMHS experienced an increase in referrals averaging at around 116 per month, compared to February 2017 when there were on 80 referrals a month. This has meant average waiting times from referral to treatment had increased by two weeks to 12.5 weeks during this period.

There were 350 young people waiting for ASD assessment at the end of June with an average current wait of 14 months

Vulnerable Children

Between April and June, three young people received one to one support from ChEWS. Specialist CAMHS carried out 25 consultations, 9 children were seen face to face, and staff also worked with 21 carers. At the end of June 2017 the average waiting time for an intervention for vulnerable children and young people from the ChEWS provision was 3.9 weeks and for Specialist CAMHS was 4 weeks.

Crisis Home Treatment

Over the past 12 months we had been developing a crisis response and home treatment provision, including having a well-established crisis team who can provide some aspects of home treatment and support. This work will carry on over the coming months.

Eating Disorder Service

The multi-disciplinary Regional Eating Disorder service continues to deliver support across Kirklees, Calderdale, Wakefield and Barnsley for children and young people with a suspected eating disorder.

In Kirklees, between April and June, the service completed 7 urgent referrals, which includes emergency, urgent and serious referrals. The service also completed 12 routine referrals.

CAMHS School Link Pilot

The Safeguarding Children Board Review "A Child's Journey" provided independent views of emotional health and wellbeing and Child and Adolescent Mental Health Services in Kirklees. The report has been published on the Kirklees Safeguarding Children Board website.

The Safeguarding Children Board has agreed an action plan which they will review to check that appropriate issues are being dealt with.

Schools and Colleges

Schools in Kirklees have been given free membership until June 2018 by the local authority to access Personal, Social and Health Education (PSHE) curriculum resources published by The PSHE Association.

In May 2017, fourteen Primary, Junior, Middle and High schools successfully completed an award with The PSHE Association to become PSHE Charter Schools. The awards recognised their commitment to developing programmes that help prepare students for their future lives. These schools will act as local champions and beacon schools of good practice around programmes of study.

Schools can provide opportunities for different ways of working which help improve and reshape local support for children and families. In Kirklees 154 schools are already in committed community hub partnerships.

Additional Support

KIAS (Kirklees SEND Information, Advice and Support **Service**) is a free and impartial and confidential service for parents, carers, children and young people.

KIAS is available Monday to Friday 9am - 5pm by phone on 01484 225 422 or visit their website at: www.kias.org.uk

PCAN (Parents of Children with Additional

Needs) is an independent, parent-led forum for parents and carers of children and young people aged from birth to 25 years who have additional needs.

Contact them by phone of 07754 102336 or visit their

PCAN

website: www.pcankirklees.org