

Week  
3

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chicken &amp; Tomato Penne Pasta</b> <i>served with</i> Garlic Bread	<b>Homemade Loaded Vegetable Pizza</b> <i>served with</i> Crispy Sliced Potatoes & Side Salad	<b>Oven Baked Sausage &amp; Gravy</b> <i>served with</i> Creamed Potatoes & Seasonal Vegetables	<b>Beef Lasagne</b> <i>served with</i> Jacket Wedges & Seasonal Salad	<b>Oven Baked Fish Fingers</b> <i>served with</i> Chunky Chips Garden Peas & Sweetcorn
<b>Cheese &amp; Onion Pie</b> <i>served with</i> Herby Diced Potatoes & Baked Beans	<b>Quorn Chilli</b> <i>served with</i> Wholegrain Rice	<b>Vegetarian Sausage &amp; Gravy</b> <i>served with</i> Creamed Potatoes & Seasonal Vegetables	<b>Quorn Dippers &amp; Ketchup Dip</b> <i>served with</i> Jacket Wedges & Baked Beans	<b>Mac 'n' Cheese</b> <i>served with</i> Garden Peas & Sweetcorn
<b>Tuna &amp; Sweetcorn Wrap</b> <i>served with</i> Herby Diced Potatoes	<b>Jacket Potato</b> <i>served with</i> Baked Beans	<b>Cheese &amp; Tomato Panini</b> <i>served with</i> Seasonal Salad	<b>Jacket Potato</b> <i>served with</i> Tuna Mayo	<b>Cheese &amp; Garlic Panini</b> <i>served with</i> Seasonal Salad
<b>Eve's Pudding</b> <i>served with</i> Creamy Custard  <b>Assorted Whips</b>  <b>Fresh Fruit Platter</b>	<b>Fresh Fruit Juice &amp; Flapjack</b>  <b>Ice Cream</b>  <b>Chunky Fruit Pots</b>	<b>A Selection of Reduced Sugar Desserts</b>	<b>Jam Shortcake</b> <i>served with</i> Creamy Custard  <b>Fruit In Jelly</b>  <b>Fresh Fruit Salad</b>	<b>A Selection of Home Baking</b>  <b>Fruit Yoghurts</b>  <b>Fresh Fruit Platter</b>

Planned theme days take place throughout the year.



Your children at the heart of all we do

# Kirklees School Meals Service

## Rowley Lane J I & N School

September 2023–July 2024

We serve a tasty 2 course meal, freshly prepared on site for

**£2.55**



**munchin**



We cater for special diets.

Week 1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chicken Pie &amp; Gravy</b> <i>served with</i> Creamed Potatoes & Garden Peas	<b>Quorn Korma</b> <i>served with</i> Wholegrain Rice	<b>Roast of The Day</b> <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables	<b>Sausage Style Meatballs with Italian Tomato Sauce</b> <i>served with</i> Penne Pasta	<b>Salmon Fillet</b> <i>served with</i> Jacket Wedges Broccoli & Sweetcorn
<b>Penne Pasta</b> <i>served with</i> Arrabiatta Sauce & Garlic Slice	<b>Stuffed Calzone</b> <i>served with</i> Herby Diced Potatoes & Seasonal Salad	<b>Vegetarian Spaghetti Bolognese</b> <i>served with</i> Garlic Slice	<b>Cheese Pinwheel</b> <i>served with</i> Crispy Sliced Potatoes & Baked Beans	<b>Quorn Tikka Wrap</b> <i>served with</i> Jacket Wedges & Sweetcorn
<b>Jacket Potato</b> <i>served with</i> Cheese	<b>Mexican Vegetarian Enchiladas</b> <i>served with</i> Herby Diced Potatoes & Seasonal Salad	<b>Pizza Panini</b> <i>served with</i> Seasonal Salad	<b>Jacket Potato</b> <i>served with</i> Baked Beans	<b>Cheese &amp; Tomato Panini</b> <i>served with</i> Seasonal Salad
<b>Sponge of the Day</b> <i>served with</i> Creamy Custard  <b>Fruit Yoghurts</b>  <b>Chunky Fruit Pots</b>	<b>Fruit Pie</b> <i>served with</i> Creamy Custard  <b>Fresh Milk Shake &amp; Biscuit</b>  <b>Fresh Fruit Salad</b>	<b>Creamy Rice Pudding</b>  <b>A Selection of Reduced Sugar Desserts</b>	<b>Chocolate Fudge Pudding</b> <i>served with</i> Chocolate Sauce  <b>Fruit in Jelly</b>  <b>Chunky Fruit Pots</b>	<b>A Selection of Home Baking</b>  <b>Fresh Fruit Salad</b>

We use local and seasonal produce, all eggs are free range, meat is farm assured.

We offer healthy choices like our Sugar Smart initiatives serving reduced sugar desserts.

Week 2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Savoury Mince &amp; Yorkshire Pudding</b> <i>served with</i> Herby Diced Potatoes Garden Peas & Carrots	<b>Chicken Tikka Masala</b> <i>served with</i> Wholegrain Rice	<b>Roast of the Day</b> <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables	<b>Homemade Sausage Rolls</b> <i>served with</i> Crispy Sliced Potatoes & Baked Beans	<b>Harry Ramsden's Battered Fish</b> <i>served with</i> Oven Baked Chips & Mushy Peas
<b>Quorn Dippers &amp; Ketchup</b> <i>served with</i> Herby Diced Potatoes & Garden Peas	<b>Loaded Vegetable Pizza</b> <i>served with</i> Jacket Wedges & Mixed Salad	<b>Cheese &amp; Onion Quiche</b> <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables	<b>Quorn Sausage Rolls</b> <i>served with</i> Crispy Sliced Potatoes & Baked Beans	<b>Quorn Rogan Josh Curry</b> <i>served with</i> Wholegrain Rice
<b>Pasta Twists</b> <i>served with</i> Italian Tomato Sauce & Garlic Slice	<b>Jacket Potato</b> <i>served with</i> Baked Beans	<b>Tuna Melt Panini</b> <i>served with</i> Seasonal Salad	<b>Penne Pasta</b> <i>served with</i> Tomato & Basil Sauce & Garlic Slice	<b>Pizza Panini</b> <i>served with</i> Seasonal Salad
<b>Chocolate Victoria</b> <i>served with</i> Chocolate Sauce  <b>Fruit Yoghurt</b>  <b>Chunky Fruit Pots</b>	<b>Sponge of the Day</b> <i>served with</i> Creamy Custard  <b>Fruit in Jelly</b>  <b>Fresh Fruit Kebab</b>	<b>A Selection of Reduced Sugar Desserts</b>	<b>Fruit Crumble</b> <i>served with</i> Creamy Custard  <b>Cupcakes</b>  <b>Chunky Fruit Pots</b>	<b>A Selection of Home Baking</b>  <b>Fresh Fruit Salad</b>

All fish is from sustainable stocks. At least 75% of dishes are freshly prepared.