

Fluid Balance/Stool Chart

Guidelines for use:

The fluid balance/stool chart should be completed accurately where possible. If unable to measure input/output a best estimate should be made. Record all fluid intakes and output if the patient has diarrhoea. Diarrhoea is two or more episodes of watery or liquefied stool (type 5-7) within 24 hours. Record the number of episodes and the stool type as shown below

Туре	Bristol Stool Chart					
1		Separate hard lumps, like nuts (hard to pass) Looks like rabbit droppings				
2		Sausage-shaped but lumpy Looks like bunch of grapes				
3		Like a sausage but with cracks on the surface Looks like corn on cob				
4	The state of the s	Like a sausage or snake, smooth and soft Looks like Sausage				
5		Soft blobs with clear-cut edges Looks like chicken nuggets				
6		Fluffy pieces with ragged edges, a mushy stool Looks like porridge				
7		Watery, no solid pieces. Entirely Liquid Looks like gravy				



Resident: Date:								
	In	take	Output		tput	Bristol Stool type		
Time	Oral/NG/PEG(ml)	SubcutaneousFluids (ml)	Urine/vo	omit (ml)	Bowels opened	1 - 7	Signature	
00:00								
01:00								
02:00								
03:00								
04:00								
05:00								
06:00								
07:00								
08:00								
09:00								
10:00								
11:00								
12:00								
Total 12hr intake	=		Total 12 hr output =					
13:00								
14:00								
15:00								
16:00								
17:00								
18:00								
19:00								
20:00								
21:00								
22:0								
23:00								
24:00								
Total 24hr Intake	=		Total 24hr output =					
Balance = +/-			Balance = +/-					