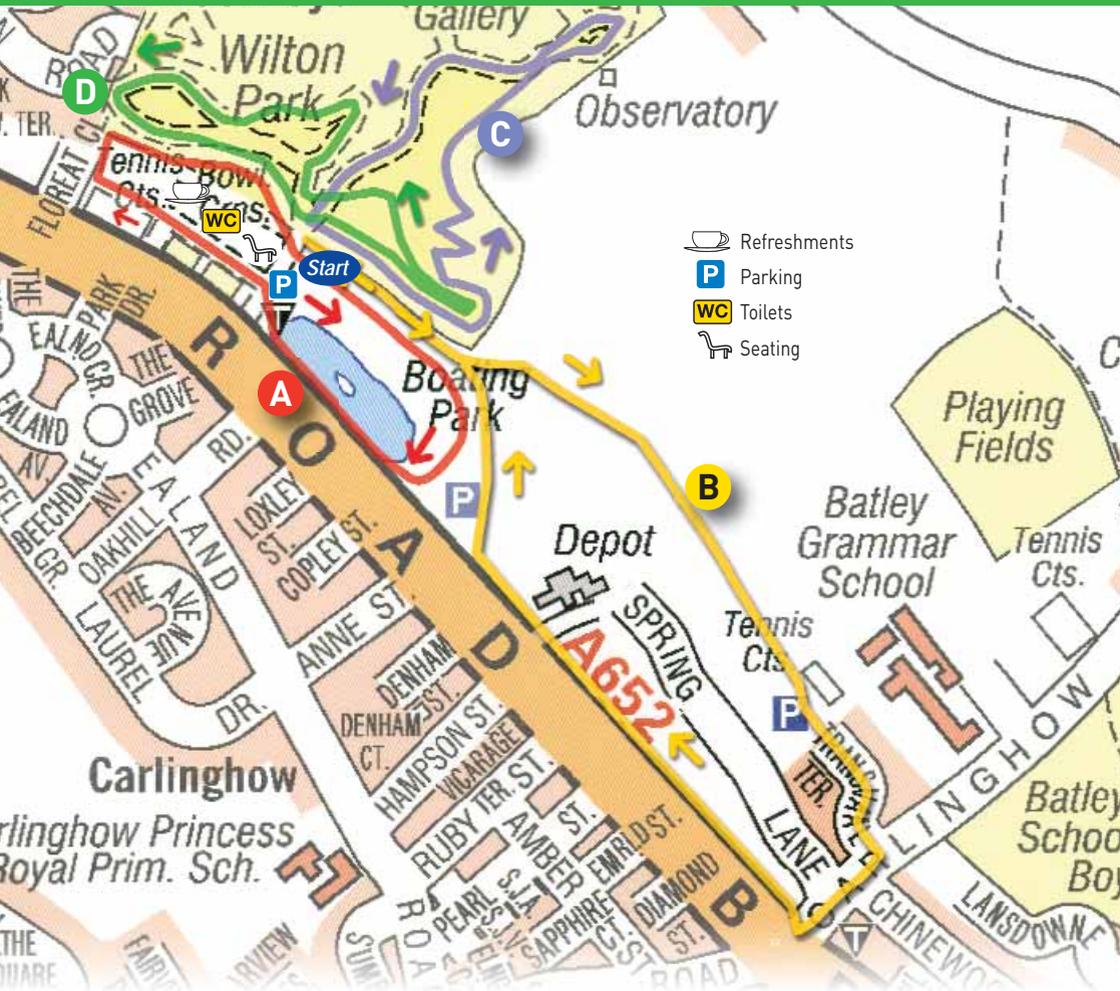


Batley Pathways to Health

Walk 1: Wilton Park Walks

Walk A: 20-30 mins, walk B: 30-40 mins, walks C & D: 50 mins, all approx times
Path type: B4



Path type: refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

Surface Quality - B: Short even grass, compact dolomite, compact earth or similar

Gradient - 4: Fairly Steep: Up to 1:12

Walk 1: Wilton Park

Duration: Path 1: 20 mins, path 2: 30 mins, path 3 & 4: 50 mins (all approx times).

Start Point: Tunnel and facing the main gates.

From the park gates, walk towards the car parks, where a tunnel goes under the old railway line, which is now a footpath and cycleway. With your back to the tunnel and facing the main gates, you have 4 options,

Walk A. Walk towards park gates. Halfway there, see a round flower- bed. Turn right and follow path around bowling greens and tennis courts. Turn left and left again, back to main gates and then left back to round flower- bed. Now turn right with lake on your right, walk down to and around children's playground. Keep lake on your right, and walk back to main gates, and right back towards car park.

Walk B. Turn left through car park and follow path to where a short path on your left leads to the old railway line. Here turn right and follow path to metal gate, which leads to Transvale Terrace (near nursing home). Go down here and turn right down Carlinghow Hill to Bradford Rd. Turn right again and walk on pavement to car park of 'The Park ' hotel and restaurant. Go through car-park and turn left through to children's playground. Take any path around lake, back to start.

Walk C. Start as previous walk, until you reach the old railway line (cycle way, footpath) Turn left, and immediately notice wooden signs which indicate a more gentle path to Bagshaw Museum. Follow these signs and footpaths. NB. Some of these paths are steep with handrails, and there are steps. From the museum take one of the paths downhill to tunnel under railway. And back to start.

Walk D. Start as previous 2 walks, until you reach old railway line. Turn left, then fork right just past wooden signpost to Bagshaw Museum. Follow this path which eventually bends left down towards tunnel. Turn right and follow path, keeping always to lowest path, until you see a bridge. Go up the steps on the right of the bridge. Cross the bridge turn right then first left. Keep to this path which eventually reaches a wall, Turn left downhill to flat grassy area (A path from here goes downhill to Tennis courts.) Turn left from grassy area, this goes back to old railway line, and above the tunnel (park can be seen on you right, and steps lead down to car park) Keep on the main path until you reach the place where you came onto the path. Turn right and follow path to start.

The more able walker could explore the many other paths around the wooded area.

For more information about **Walking Your Way to Health**,
Physical Activity Development Team on 01484 234095.



Batley Pathways to Health

Walk 2: Jessop Park, Healey Lane

Walk A: 20 mins, walk B: 45 mins, walk C: 60 mins, all approx times
Path type: A2



-  Refreshments
-  Parking (on road)
-  Seating

Walk 2: Jessop Park, Healey Lane

Duration: 20 mins approx.

Start point: Entrance to Jessop Park.

Walk A At the entrance to Jessop Park, climb steps to where path divides, turn right up some more steps, then turn right along wide path between trees. The path bends left to the top of the park. (picnic tables on left) Keep on wide footpath (seat on right) to steps, which lead down back to the gates.

Walk B Facing the entrance to Jessop Park, turn right up Healey Lane, for about 200 metres. Turn right up Hayburn Rd. and then second left up Aysgarth Rd. which bends to the right, to the top of Arncliffe Rd. Keep to the left down this road past houses then the wall of the cemetery to metal gate. Here you can enter and explore graveyard, then return to gate and turn left down Arncliffe Rd. to cemetery Rd. and turn right to Mayman Lane. Or you can walk down to the bottom of the cemetery and leave by main gate. Turn right to Mayman Lane. Turn right then right again at traffic lights up Healey Lane to Jessop Park.

Walk C A walk for the more energetic (quite steep at the beginning). With steps and one rough footpath. Enter Jessop Park and climb 1st set of steps, and turn right up 2nd set of steps. Turn right and follow wide tarmac footpath between trees. Path bends left, (picnic tables to left). Exit the park on right, turn left uphill and climb steps. At top is a footpath sign, pointing diagonally across the road to more steps and a uphill path. Path bends right and becomes a long narrow rough footpath to Trafalgar street At top of street turn left into Woodfield Ave. Walk along here (Sports field on right) for 500m. At the end the road bends left and goes down to road junction Cross to Park Croft, and proceed downhill to footpath on right. Follow the footpath down steps to park entrance.

Path type: refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

Surface Quality - A: Smooth: Tarmac, paving or similar

Gradient - 2: Quite gentle: Up to 1:16

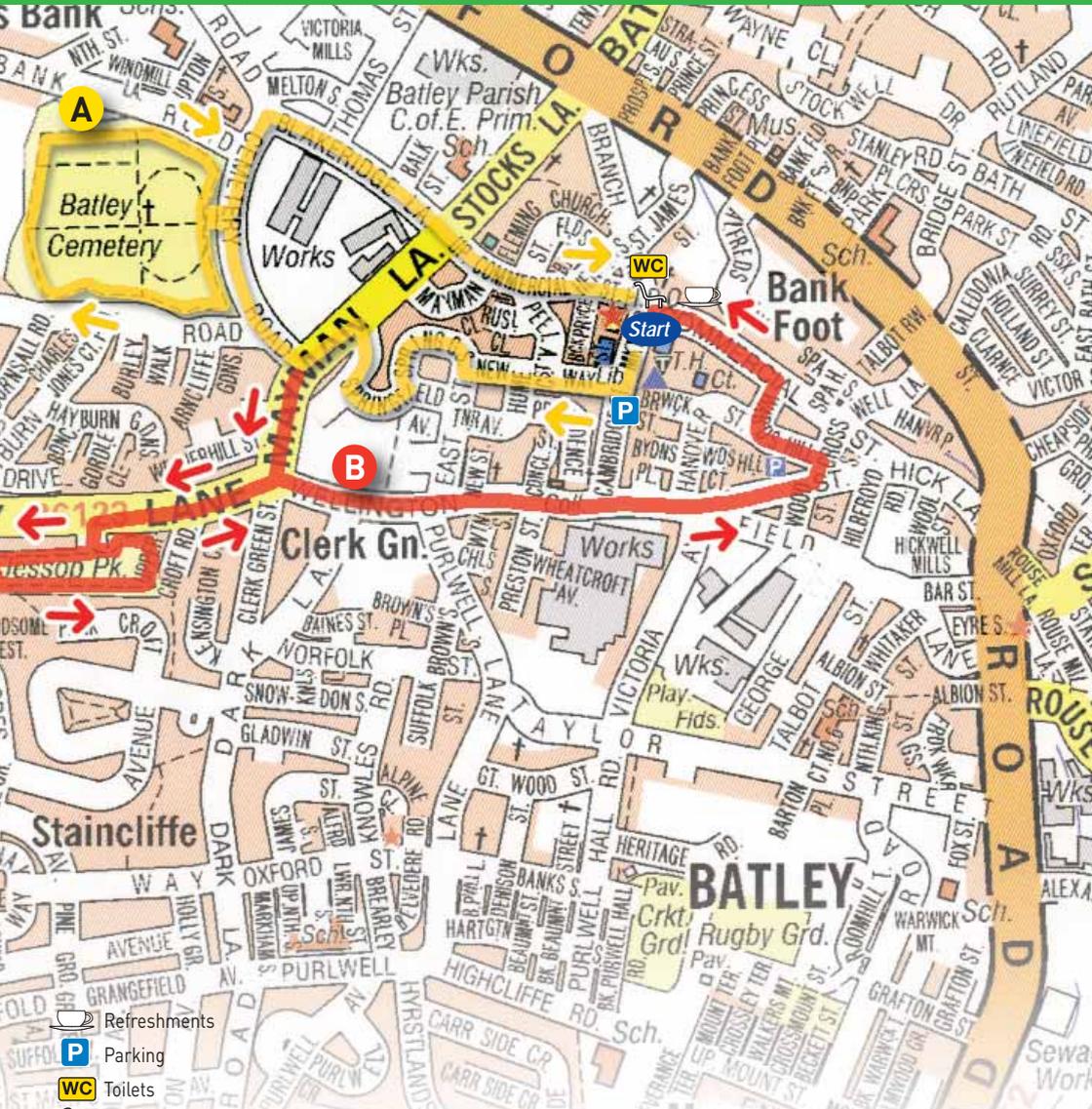
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Batley Pathways to Health

Walk 3: Market Place to the cemetery and back

Walk A: 45 mins, walk B: 60 mins approx

Path type: A2



Walk 3: Market Place to the cemetery and back

Duration: Walk A: 45 mins, Walk B: 60 mins approx.

Start point: Market Place.

Walk A From the Market Place, walk uphill to first street on right, which is New Way (near RAFA Club). Turn right up New Way, and follow the road round to the left, then turn right along Springfield Ave. which bends right then left to the main road which is Mayman Lane. (Here you can see the cemetery across waste land). Turn left and cross the road to Cemetery Rd. Walk along the road to the cemetery main gates. (You can turn left into the graveyard to explore. Notice the Twin Towers a Gothic Chapel, which is now a computer Centre. Then return to main gates and turn left). Carry on along Cemetery Rd. and turn right down Blakeridge Rd. to the traffic lights. Go straight across onto Commercial St. and back to the Market Place. Walk will be over an hour if cemetery is visited.

Walk B Follow walk A up to Mayman Lane, here, turn left, and walk to traffic lights. Turn right up Healey Lane to Jessop Park on the left. Follow path around Jessop Park (Walk 2A, steep steps in park). Turn right down Healey Lane, at traffic lights go straight across onto Wellington St. Follow right hand pavement until you reach pedestrian crossing outside biscuit factory. Now follow left pavement, and left fork, until you reach large car park, turn immediate left on Wards Hill, this soon bends right to Commercial St. Turn left and pass shops back to Market Place and shops.

Path type: refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

Surface Quality - S: Smooth: Tarmac, paving or similar

Gradient - 2: Quite gentle: Up to 1:16

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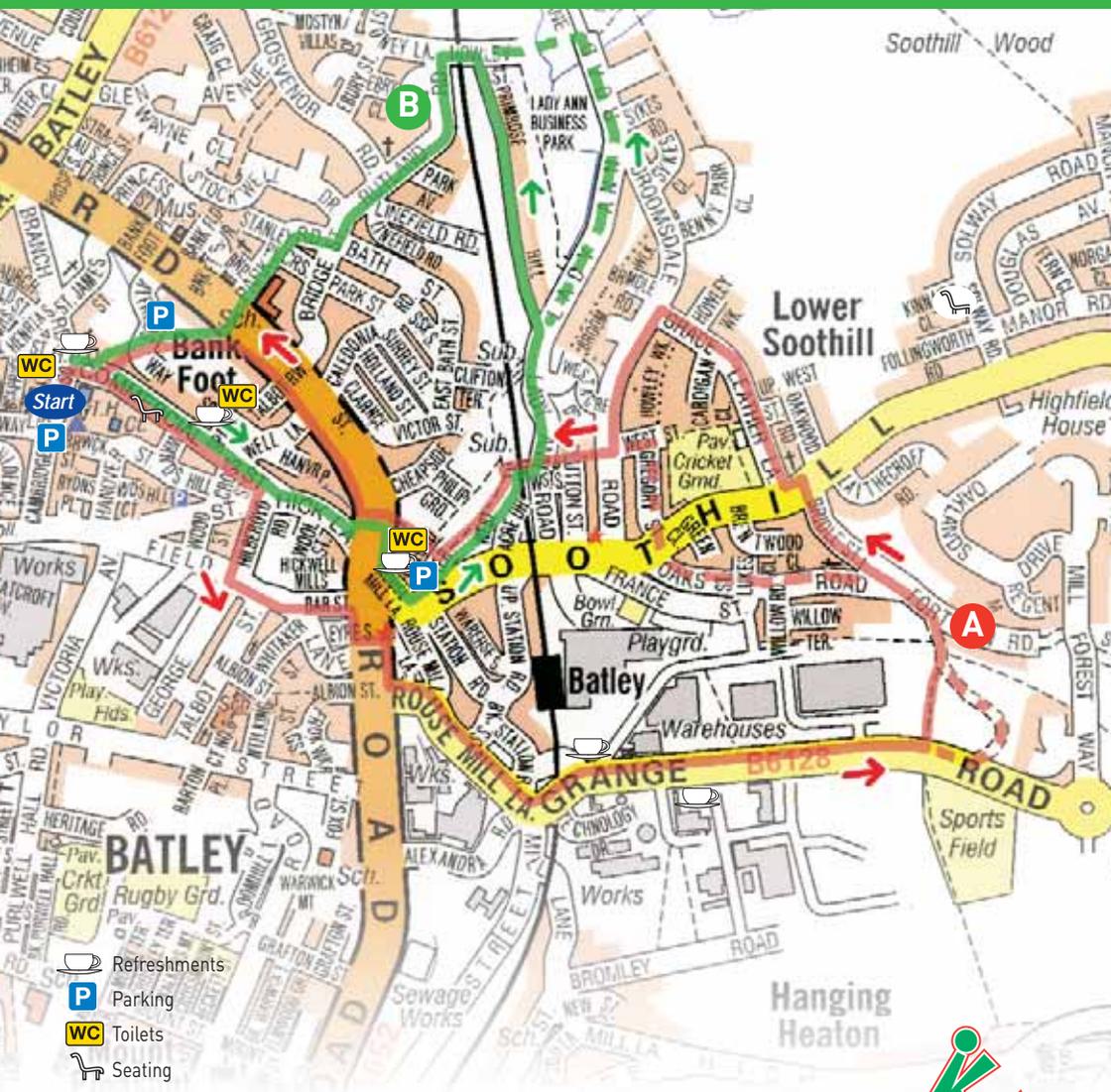


Newsome Pathways to Health

Walk 4: A walk across the railway tracks

Walk A: 50 mins approx, walk B: 60 mins approx.

Path type: B3



Walk 4: A walk across the railway tracks

Duration: Walk A 50 mins approx. Walk B 60 mins approx.

Start point: The Market Place.

Walk A With your back to the Market Place, turn right along Commercial St. past the supermarket on your left, to Hick Lane. Turn right and immediately cross road to Hilberoyd Rd. and walk downhill to Field Lane and turn left. Turn left again down Bar St. to main Bradford Rd. Turn right and cross at pedestrian crossing, and then left onto Rouse Mill Lane. Follow this lane to roundabout. Turn left under viaduct, walk 500 metres up Grange Rd. to footpath sign on left (Kirklees Way.) walk up grassy path (take care in wet weather) to 20 steps. At top turn left on track to Fort Ann Rd. Turn left and then fork right up steep, rough Bridle St. to Soothill Lane. Turn left then immediate right along Grace Leather Lane. At the junction with Broomsdale Rd. turn left. Walk along here past the Mosque, then turn right down footpath to tunnel under railway line. Under tunnel follow path to car park of shopping village. Turn right, and cross small footbridge over beck and turn left to leave car park by main entrance. Turn right and cross at crossing. Turn right until you reach steps on left up to supermarket car park. Go across car park and through shopping centre or to the top right of the car park back to Market Place.

Walk B From the Market Place turn right and walk along Commercial St. (supermarket on your left) past the shops and turn left down Hick Lane to traffic lights. Turn left to pedestrian crossing, cross, then turn right back to traffic lights. Behind the Victoria public house, across the car park, there are 2 footpath signs. Take the path uphill (has metal railings on left) to tunnel under railway. Turn left down Lady Ann Rd. At the bottom fork left up Primrose Hill to top. Turn left and cross railway line (the gate will not open when train is due). Turn left along Rutland Rd. This road bends right and passes the church on your right. Turn right and follow Park Rd. downhill to the main Bradford Rd. Look for pedestrian crossing and cross to supermarket car park. Go through the shopping centre, or to top right of car park to Commercial St. and the Market Place.

Alternative: A harder walk for those with more stamina. Follow Lady Ann Rd. past Primrose Hill and keeping the stream to your left go past the business site onto an ash track. Look for footpath on left which crosses small bridge across stream (this can be slippery in wet weather). The path is quite rough here. Go up the steep (1:10) Howley St. to railway line and then continue as previous walk.

Path type: refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

Surface Quality - B: Quite smooth: Compact gravel, tarmac, paving or similar

Gradient - 3: Fairly steep: Up to 1:12

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.