

Huddersfield South Grouping Information Sheet

September / December 2014

Monday

Baby Clinic
2.00pm - 3.00pm
Lowerhouses Site

A chance to have your baby weighed and to get support and advice from your local Health Visitor on weaning, sleeping and much more.

Tuesday

One Stop Information Shop and Baby Clinic
1pm - 3pm
Almondbury Site

An opportunity for families to talk to Children's Centre Staff, Health Visitors and representatives from many different services

Advice also available on healthy lifestyles, alcohol awareness and getting back into employment. See the One Stop Shop Planner available at reception.

Parents/Carers wishing to see the Health Team at the Baby Clinic must be booked in by 2.45pm as the session will finish at 3pm.

Job Centre Plus Drop In
1pm - 3pm
Almondbury Site

An adviser will be available to give you advice and support with issues including benefits, employment and tax credits.

Wednesday

CAB Drop In
Citizens Advice Bureau
9.15am - 11.15am
1st, 15th & 29th October
12th & 29th October
10th December
Newsome Site

An adviser will be available to give you advice and support on any issues including debt, benefits, housing, employment and tax credits.

Stay & Play
Including Little Borrowers
Book Lending Library

9am - 11.15am
Newsome Site

A drop in play session for families with children under 5 years. An opportunity for you and your child to play and meet other families. You can also borrow books.

Thursday

Stay & Play
Including Little Borrowers
Book Lending Library
9am - 11am
Almondbury Site

A drop in play session for families with children under 5 years. An opportunity for you and your child to play and meet other families. You can also borrow books.

Do you use Facebook?
Then come and find us here

<https://www.facebook.com/kirkleeschildrenscentre1>

For access to our Facebook page, scan the QR code. You will need to download a QR reader from your app store.



Support for Domestic Violence
The Children's Centre is a safe place to seek support.

Pennine Domestic Violence Group
For help or support call, in confidence,

0800 052 7222

24 hours a day, 7 days a week

Family Forum

Tuesday 9th September 9.30am - 11.30am @
Huddersfield Central Site

Tuesday 4th November 9.30am - 11.30am @
Almondbury Site

Tuesday 9th December 9.30am - 11.30am @
Huddersfield Central Site

Would you be interested in joining the parents forum and having your say on the future of the centre? If so, please call into the Centre and speak to a member of staff for more information. Crèche available.

No food or drink to be brought into the sessions!

We offer a flexible service for families, therefore phones may be diverted to different sites dependant on where staff are working across the grouping.

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Thursday

Toy Library
9am - 11am
Every Thursday
Almondbury Site

An opportunity to borrow toys and books!

One Stop Information Shop and Baby Clinic

1.00pm - 3.00pm
Newsome Site

An opportunity for families to talk to Children's Centre Staff, Health Visitors and representatives from many different services

Advice also available on healthy lifestyles, alcohol awareness and getting back into employment .

The Health Visitor will be available to weigh your baby and give support and advice on weaning, sleeping and much more. See the One Stop Shop Planner available at reception.

Parents/Carers wishing to see the Health Team at the Baby Clinic must be booked in by 2.45pm as the session will finish at 3pm.

Friday

Stay & Play
2.00pm - 3.30pm
Lowerhouses Site

A drop in play session for families with children under 5 years. An opportunity for you and your child to play and meet other families.

Friday

Stay & Play
Including Little Borrowers Book Lending Library
9.30am - 11.30am
Huddersfield Central Site

A drop in play session for families with children under 5 years. An opportunity for you and your child to play and meet other families. You can also borrow books.

Health Visitor Drop In
10.30am - 11.30am
Every Friday

Huddersfield Central Site

A chance to have your baby weighed and to get support and advice from your local Health Visitor on weaning, sleeping and much more.

No need to book - Just turn up!

Young Parents Stay and Play
1.00pm - 3.00pm
Every Friday
Huddersfield Central Site

A drop in play session for young parents under the age of 22 with children under 5 years. An opportunity for you and your child to play and meet other families.

There is also a range of activities such as healthy eating, opportunities to write a CV and a crèche at the end of each month giving you the opportunity to learn more. Why not drop in or speak to Sharee or Grace and see what's going on this month?

For more information contact Grace or Sharee on 01484 223380

Breast Pump Lending

Borrow a breast pump from any of the sites!
For more information please speak to a member of staff.

Healthy Start Vitamin Drops

If you are pregnant, breastfeeding, have a baby under 12 months old or a child under four years old you may be entitled to FREE vitamin drops or vitamin supplements for you and your baby.

Vitamins will be available during One Stop Shop Sessions and Baby Clinic.



As part of our continuous improvement, we would like to know what you think about Huddersfield South Children's Centre.

You can complete a customer satisfaction survey online at

www.kirklees.gov.uk/ccsatisfaction

If you have children aged 5 - 19 years in your household then visit

www.kirklees.gov.uk/youngpeople
for useful information for this age group

Contact details:

Almondbury Site 01484 223077,
Huddersfield Central Site 01484 223380
Newsome Site 01484 223170
Lowerhouses Site 01484 223091