Final version

Kirklees COUNCIL

Kirklees Young People's Survey 2019

Top-Level Findings

Public Health Intelligence

We're Kirklees

What is the Young People's Survey?

Kirklees Young People's Survey 2019

Public Health Intelligence

- An online survey of Year 9 pupils, completed within school during lesson time

- The survey is run by Kirklees Council's Public Health Intelligence team, under the guidance of a project board comprising of stakeholders from across the council and partner organisations

- 42 questions covering:
  - General health, emotional wellbeing, behaviours, physical activity levels, bullying, perceptions of local area and politics.
- The questions were shaped by young people, informed by focus groups at two secondary schools

- Previously carried out every 4 years, the survey is now conducted annually with the last survey carried out in 2018

- The survey ran from 29 April to 19 July 2019

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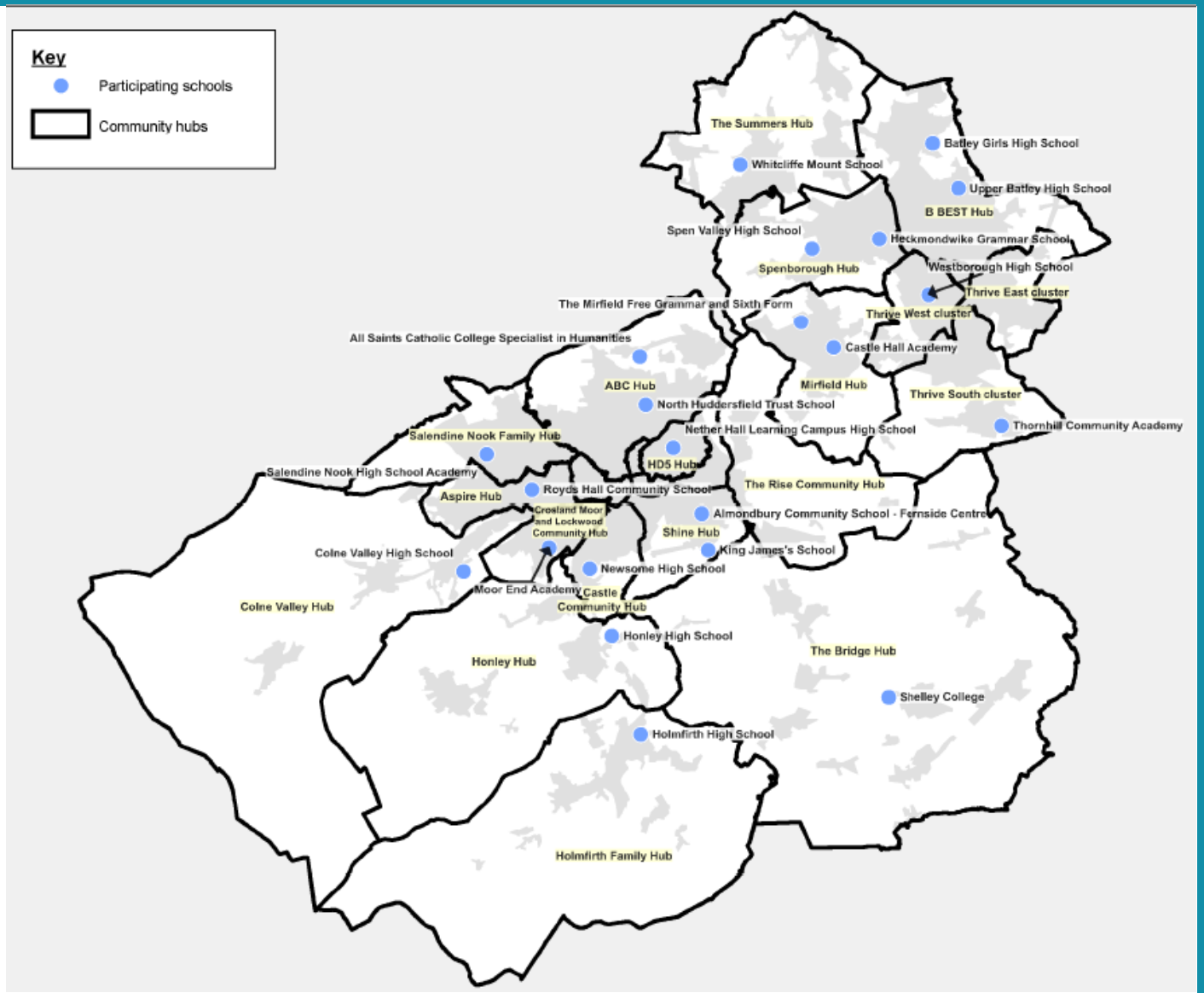
Over **3000 pupils** from **22 schools** took part

About **62%** of all Year 9 pupils



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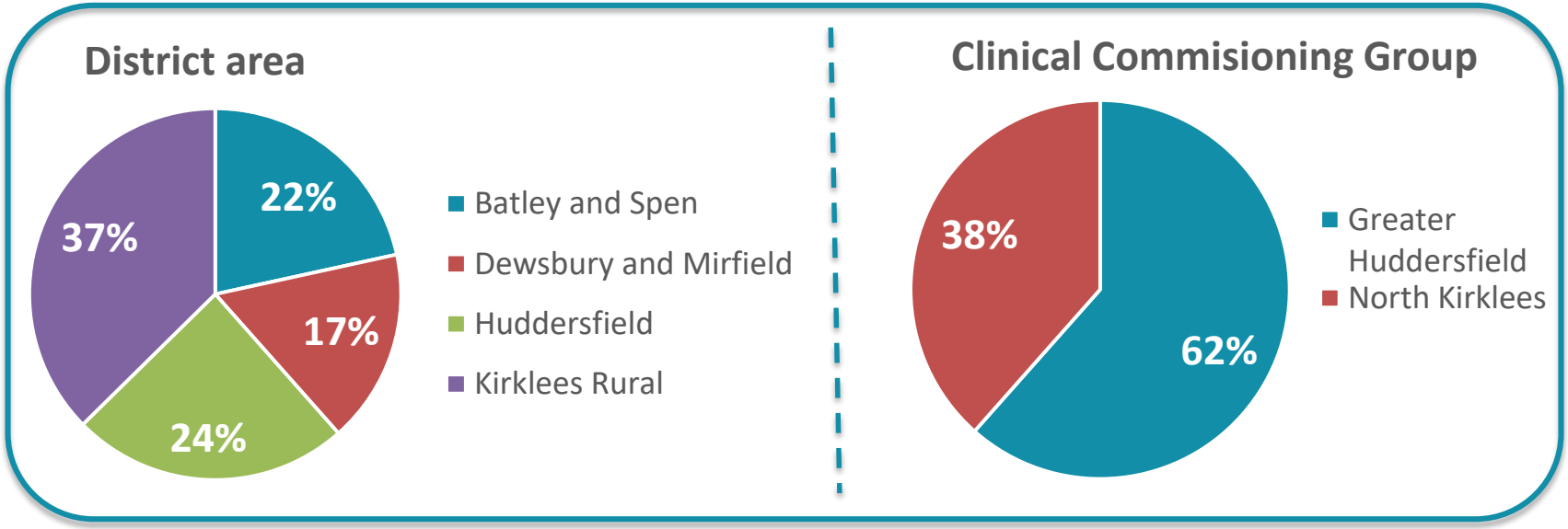
Geographical coverage

Kirklees Young People's Survey 2019
Public Health Intelligence

50% of respondents **did not give their postcode**

Of those that did…



Ward level analysis not possible as some wards were very underrepresented

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Demographics

Kirklees Young People's Survey 2019

Public Health Intelligence

Ethnicity	KYPS sample	Kirklees state-funded secondary schools
White British	56%	59%
White Other	5%	2%
Indian	6%	7%
Pakistani	20%	19%
Black	3%	2%
Mixed	5%	6%
Other	4%	3%

Deprivation Quintile (IMD)	KYPS sample
Worst 20 percent	25%
Worst 20-40 percent	22%
Worst 40-60 percent	17%
Least deprived 60-80 percent	23%
Least deprived 80-100 percent	14%

- **10%** of pupils said they had a **Special Educational Need or Disability (SEND)**
- **10%** of pupils said that they are a **carer**

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Gender and sexual orientation

Kirklees Young People's Survey 2019
Public Health Intelligence

- **47% boys** and **50% girls**
- **3%** of respondents didn't describe themselves as a boy or a girl…
  - 0.7% would describe themselves some other way
  - 0.5% non binary
  - 0.8% would rather not say
  - 0.6% trans boys
  - 0.2% trans girls
- Students were asked about their sexual orientation, **4%** did not answer, so were unknown
- Of those who did answer…
  - **81% heterosexual**
  - **4.7%** had no sexual orientation
  - **1.3%** were unsure

- Overall, **9%** of pupils were **LGBT+**

LGBT+ respondents performed worse on the majority of indicators of health and wellbeing. Although concerning, this corresponds with similar national trends for both LGBT+ adults and young people.

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Health

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Public Health Intelligence

- **72%** of pupils rate their health as **good or very good**…

Indian and **White British** pupils are **more likely** to rate their health as **good/very good**

- **5%** rate their health as **bad or very bad**

LGBT+ pupils are over **4 times more likely** to rate their health as **bad/very bad**

Black and Mixed ethnicity pupils are **more than twice as likely** to rate their health as **bad/very bad**

18% of **LGBT+** pupils compared to **4%** of **heterosexual** pupils

- **16%** of pupils **worry about a health problem**

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Wellbeing

Kirklees Young People's Survey 2019

Public Health Intelligence

- **63%** reported **high life satisfaction**

Boys much **higher** than **girls**
70% vs **51%**

LGBT+ pupils were **twice as likely** to report **a low satisfaction score** than heterosexual pupils

- **60%** gave a **high rating** when asked **how happy they were yesterday**

Indian ethnicity significantly **higher**
69%

LGBT+ pupils very **low**
36%

- **63%** gave a **high rating** when asked **how worthwhile the things they do in their lives are**

Boys are higher 68%

Mixed ethnicity pupils very **low 41%**

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Loneliness

Kirklees Young People's Survey 2019
Public Health Intelligence

- **14%** of pupils often have **no one to talk to**

Girls, Black and Mixed ethnicity pupils are **more likely** to have **no one** to talk to **(17%, 20% and 20% respectively)**

LGBT+ pupils are **more than twice as likely** to have **no one** to talk to **(35%)**

- **11%** of pupils often **feel left out**

Boys and Asian pupils are **much less likely** to feel left out **(6% and 8% respectively)**

LGBT+ pupils are **nearly 3 times more likely** to feel left out **(29%)**

- **14%** of pupils often **feel alone**

LGBT+, Black and White Other ethnic groups are **much more likely** to feel alone **(44%, 23% and 23% respectively)**

Boys are **much less likely** to feel alone **(8%)**

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Loneliness score breakdown

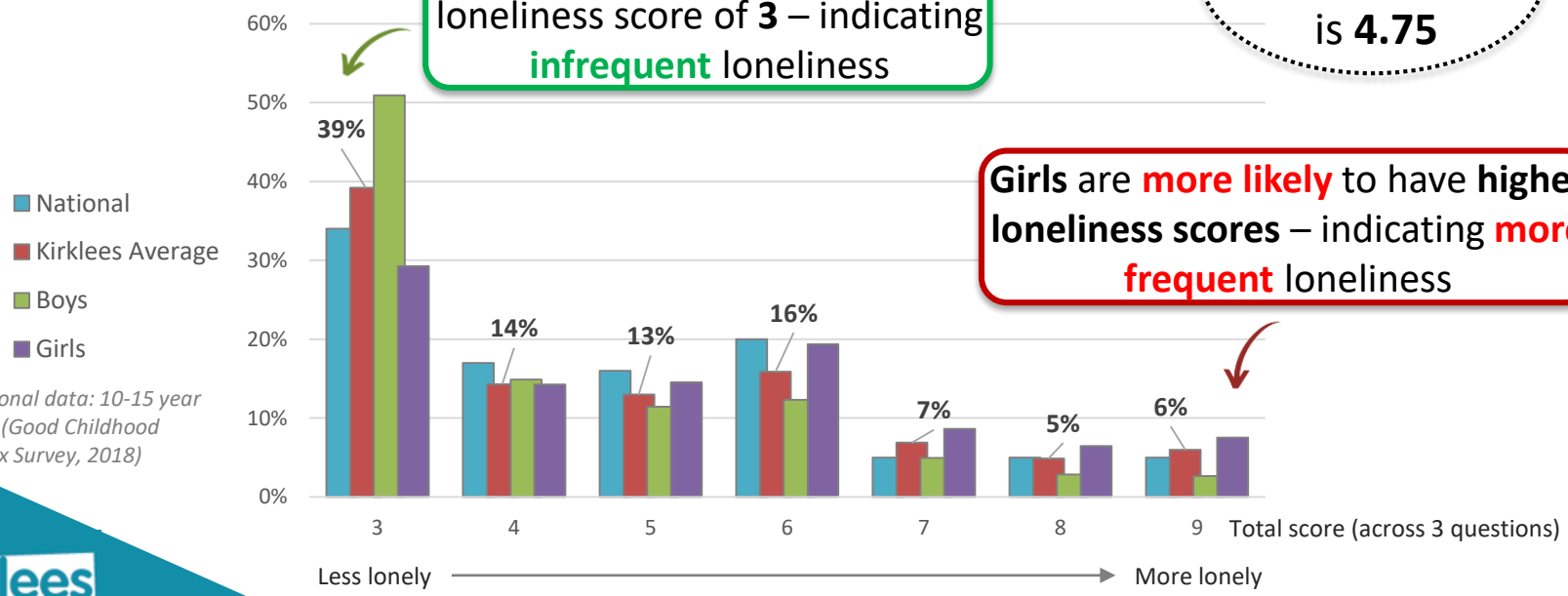
Kirklees Young People's Survey 2019
Public Health Intelligence

- The loneliness score is **based on 3 questions each with 3 response options:** hardly ever or never (score 1), some of the time (score 2) and often (score 3)
  - How often do you feel that you have **no one to talk to**?
  - How often do you **feel left out**?
  - How often do you **feel alone**?
- Each respondent is assigned a loneliness score between 3 (least often lonely) and 9 (most often lonely)

The **mean** loneliness score is **4.75**

Around **1 in 4** had the **lowest** loneliness score of **3** – indicating **infrequent** loneliness

Girls are **more likely** to have **higher loneliness scores** – indicating **more frequent** loneliness



National data: 10-15 year olds (Good Childhood Index Survey, 2018)

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Mental health – SWEMWBS

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- **The Short Warwick-Edinburgh Mental Wellbeing Scale** (SWEMWBS) is a tool to measure mental wellbeing
  - **Scores range from 7 to 35**, whereby **7** is the **lowest** mental wellbeing score and **35** is the **highest**

  - **SWEMWBS mean score** for pupils is **22.2**

  - **41%** pupils reported having a **high** SWEMWBS score **(>=23.21)**

LGBT+ pupils **less likely** to have a **high** SWEMWBS score **(23%)**

Only **1 in 3 (33%) mixed ethnicity pupils** had a **high** SWEMWBS score

Over half of boys have **high** SWEMWBS score **(54%)**

51% of **Asian and Black** ethnicity pupils had a **high** SWEMWBS score

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Worries

Kirklees Young People's Survey 2019
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- Over **three quarters** (**77%**) say they **ever worry about anything**

Girls worry **more** than **boys**
81% vs **62%**

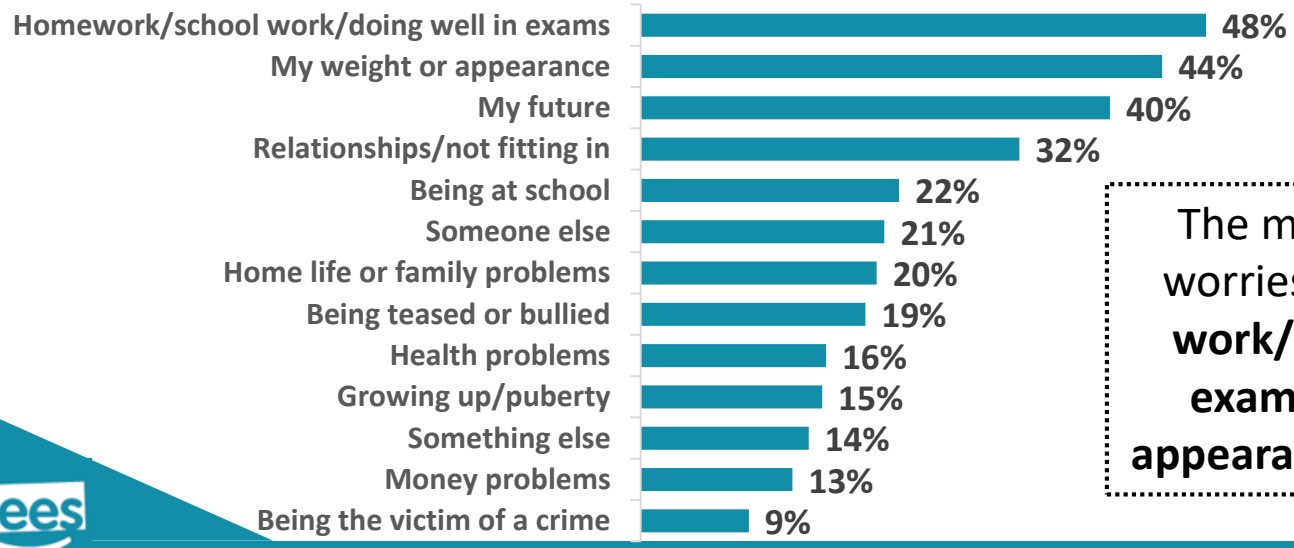
White British ethnicity **higher (81%)**
Pakistani ethnicity **lower (61%)**

- Over **a third** (**35%**) worry **most days**

Girls more likely to worry most days than **boys**
45% vs **24%**

LGBT+ worry most often
64% most days

What do you worry about?



The most common worries were **school work/doing well in exams; weight or appearance; the future**

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Worries by gender

Kirklees Young People's Survey 2019
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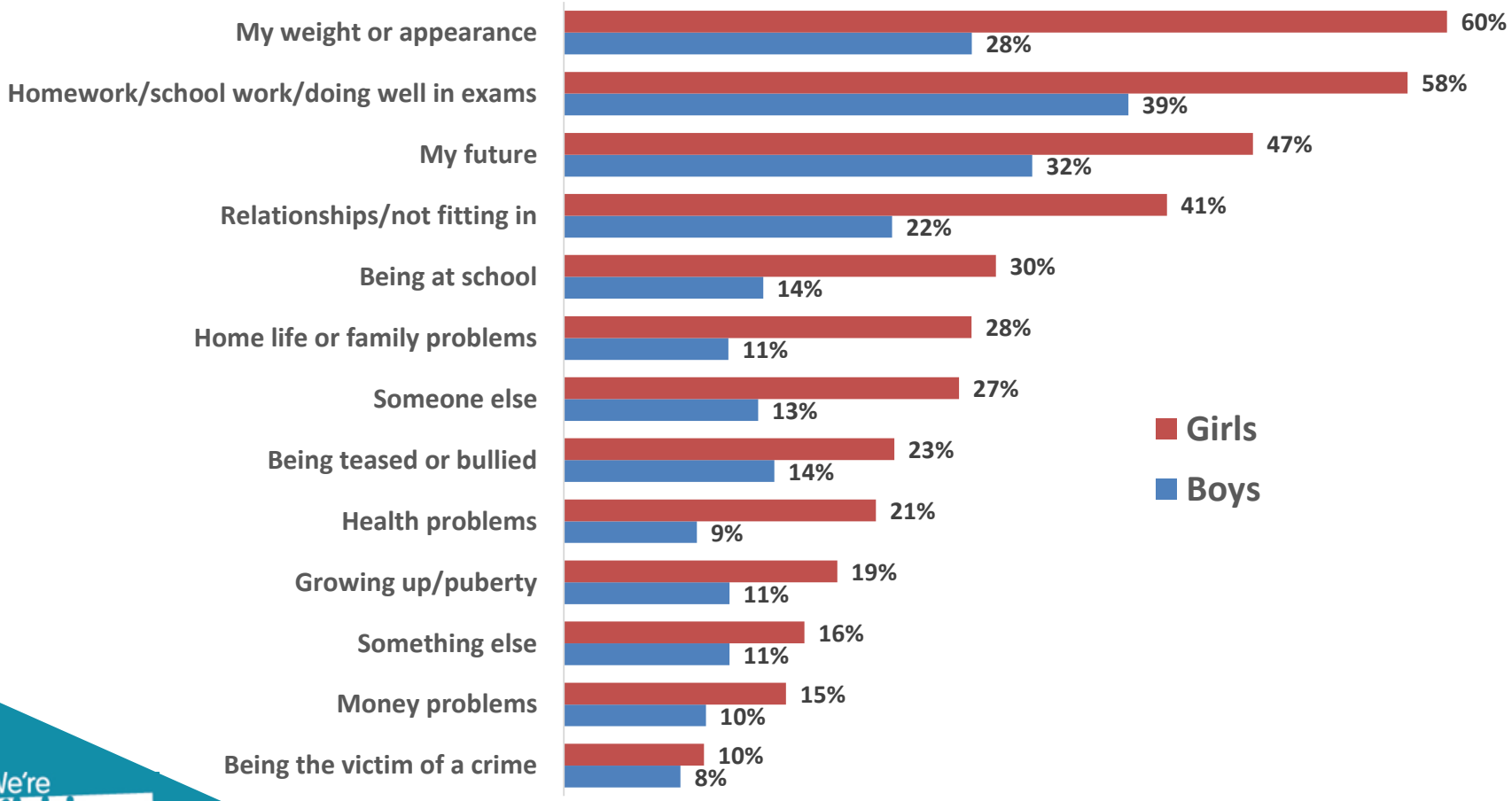
- **Girls** worry **more** than boys in **all categories**
  - **Girls** are **over twice as likely** than **boys** to **worry** in **40% of categories**



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Dealing with problems

Kirklees Young People's Survey 2019

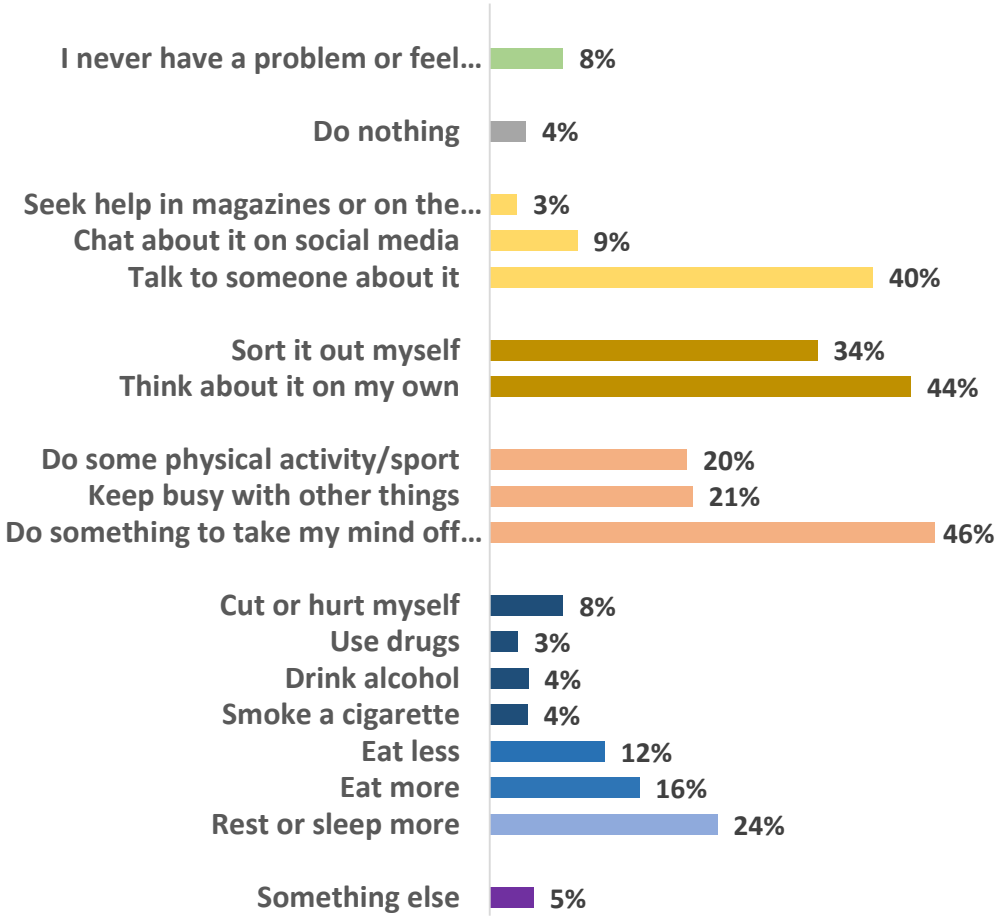
Public Health Intelligence

What do you do if you have a problem or feel stressed?

- The most common responses were: do something to **take my mind off it**; **think about it on my own**; **talk to someone** about it; **sort it out myself**

White British pupils are more likely to talk about problems than **Asian pupils – over half (58%)** compared to **1 in 3 (29%)**

Girls are **more likely** to rest/sleep more **(59%)** than boys **(38%)**



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Dealing with problems

Kirklees Young People's Survey 2019
Public Health Intelligence

What do you do if you have a problem or feel stressed?

8% said they **cut or hurt themselves** if they have a problem or feel stressed

Girls are almost **four times more likely** to hurt themselves than **boys**
11% vs **3%**

27% of **LGBT+** said they cut or hurt themselves.

- **16%** said they **eat more** and **12%** said they **eat less** if they have a problem or feel stressed
  - **Girls** are **more likely** to **change their eating habits**

Eat more:
20% of girls vs **10% boys**

Eat less:
18% of girls vs **5% boys**

- **LGBT+** pupils are also **more likely** to **change their eating habits, smoke, drink** and **take drugs**

32% eat more and
31% eat less

11% smoke (compared to Kirklees average 3%)
11% drink (compared to Kirklees average 3%)
9% take drugs (compared to Kirklees average 3%)

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Specific support and young carers

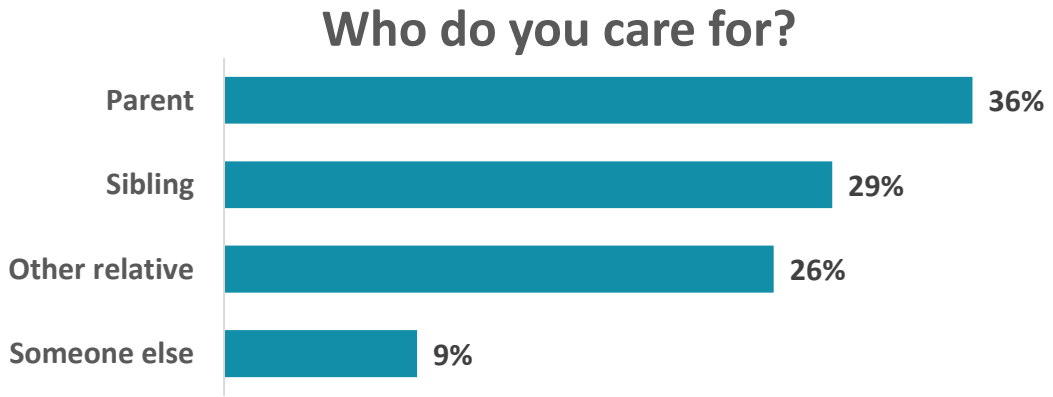
Kirklees Young People's Survey 2019
Public Health Intelligence

- **10%** of pupils have a **special educational need** (SEN)
- **15%** of pupils have a **long term health condition** (LTC)

For those with **SEN/learning difficulty**:
- **32% get enough support** from **school**
- **44% *do not* get enough support**

For those with **a LTC**:
- **36% get enough support** from **health services**
- **30% *do not* get enough support**

- 10% of pupils are carers
  - 36% of these carers care for a parent



LGBT+ pupils are **more likely** to be carers

- **1 in 3** pupils **look after a sibling** at least once a week during the school holidays
  - **Asian** pupils are **more likely** to do this **(42%)**

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Bullying

Kirklees Young People's Survey 2019

Public Health Intelligence

- **38%** pupils have suffered **some form of bullying in the last 6 months**
  - This has **increased** from 30% in **2018**
- **19%** have been **physically bullied** recently

More **boys** than girls
23% vs 14%

More **White Other** ethnicity pupils
34%

More **LGBT+ pupils**
38%

- **33%** have been **bullied in other ways**

More **girls** than boys
37% vs **27%**

More **White Other** ethnicity pupils **47%**
Fewer **Asian** ethnicity pupils **24%**

Over half of **LGBT+** pupils

- **1 in 5** say that their **school deals badly** with bullying
  - Around **1 in 5** say that their **school deals well** with bullying

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Physical education & activity

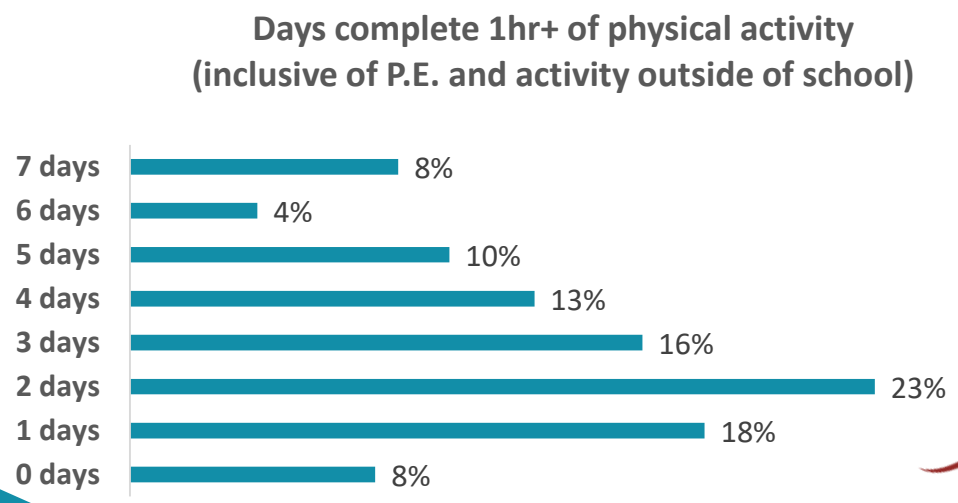
Kirklees Young People's Survey 2019
Public Health Intelligence

- 47% of pupils do **2 or more hours** of physical education provided by school **per week**
  - **12%** of pupils do **less than** an hour

Most deprived pupils are **over three times as likely** to do **less than an hour** of PE in school than the **least deprived pupils**

Asian pupils are **much less likely** to do **2 hours or more** of PE in school than **White British pupils (19% vs 65%)**

Overall physical activity (including PE):



Asian and LGBT+ pupils are **more likely** to never do physical activity

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Sports and other activities

Kirklees Young People's Survey 2019

Public Health Intelligence

- **Under half (47%)** of pupils are members of a **sports club**

Boys are **more likely** to be a member of a **sports club** than **girls**

68% of **Asian pupils** are *not* members of sports clubs

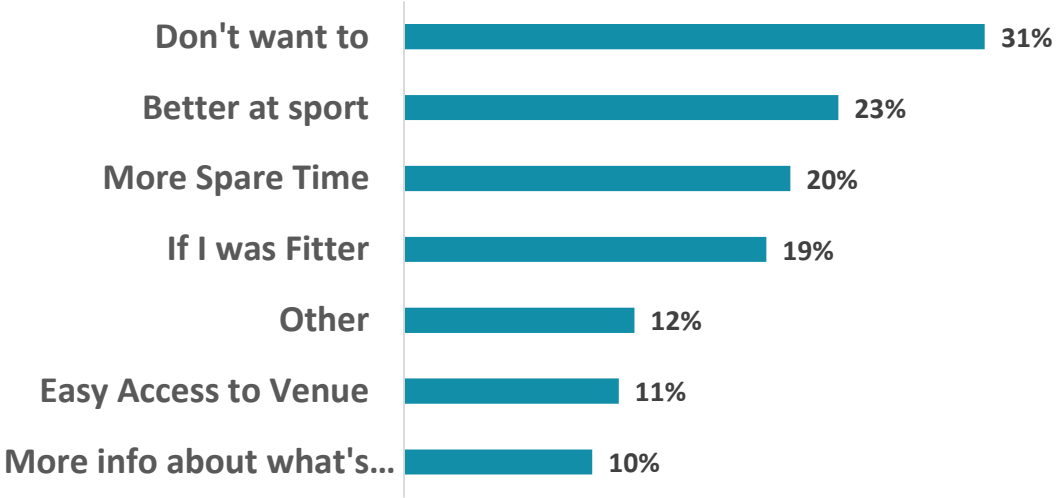
LGBT+ pupils are **less likely** to be a member of a **sports club**

In the school holidays…

9 in 10 pupils **do fun things** at least once a week

Over 1 in 4 of pupils do **organised activities** at least once a week

What would encourage you to join a club or team that does sport or other organised activity*?



*% of those respondents who answered 'No' to the question 'Are you a member of a sports club?'

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Food and active travel

Kirklees Young People's Survey 2019
Public Health Intelligence

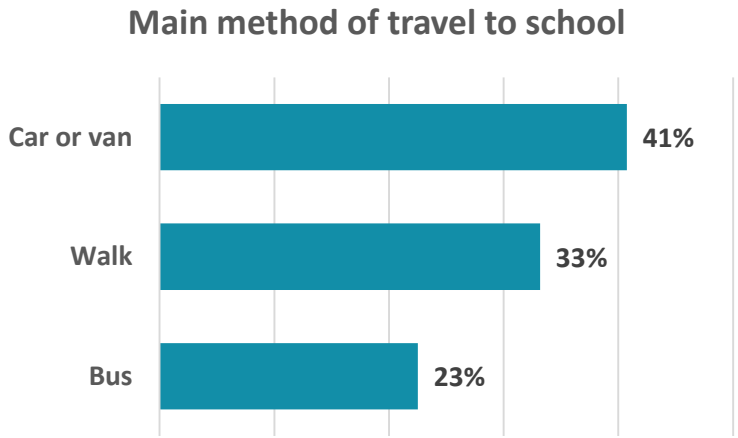
- **61%** eat breakfast most days or every day
- **21%** hardly ever or never eat breakfast

Girls are **less likely** than boys to eat breakfast
26% vs **48%**

- **88%** say that there is food in their house for them all/most of the time when they are hungry

- **1 in 10** pupils **miss a meal** at least **once a week** in the school holidays
  - This increases to **1 in 5** LGBT+ pupils
  - There is **no significant difference** between the **IMD (deprivation) quintiles**

- **33%** of pupils **use active travel** to get to school
  - **More boys** use **active travel** than girls **(37% vs 32%)**



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Smoking – cigarettes

Kirklees Young People's Survey 2019

Public Health Intelligence

Tried cigarettes	**14%**
Current cigarette smokers	**5%**
Smoke weekly but not everyday	**1%**
Smoke daily	**3%**
Ex-smokers	**2%**

Of those that have tried cigarettes…

A similar proportion of boys and girls have **tried smoking (13% vs 14%)**

White other ethnicity pupils are **more than twice as likely** to have tried smoking **(32%)**

Asian ethnicity pupils are **less likely** to have tried smoking **(7%)**

LGBT+ pupils are **almost twice as likely** to have tried smoking **(27%)**

Of those that currently smoke…

The proportion of **girls** who currently smoke is slightly higher than boys (5% vs 4%)

17% of **white other ethnicity** pupils are **current smokers** compared to **6%** of **mixed ethnicity** pupils

Asian ethnicity pupils also have the **lowest rate** of current smokers at **2%**

LGBT+ pupils are over **twice as likely** to be current smokers **(13%)**

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Smoking – e-cigs and vaping

Kirklees Young People's Survey 2019

Public Health Intelligence

Tried e-cigs	**30%**
Current e-cig users	**8%**
Vape less than once a week	**2%**
Vape weekly but not everyday	**3%**
Vape everyday	**3%**
Ex e-cig users	**5%**

Tried cigarettes	14%
Current cigarette smokers	5%

Of those that have tried e-cigs…

More boys have tried e-cigs **than girls (37%** vs **22%)**

Black ethnicity and **white other** pupils are **more likely** to have tried e-cigs **(49%** and **42%)**

LGBT+ pupils are more than **twice as likely** than average to be current e-cig users (**16%**)

Of those that are current e-cig users…

Only **slightly more boys** are current e-cig users **than girls (9%** vs **8%)**

Black ethnicity and **white other** pupils more than **twice as likely** than average to be current e-cig users (both **16%**)

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Smoking trends

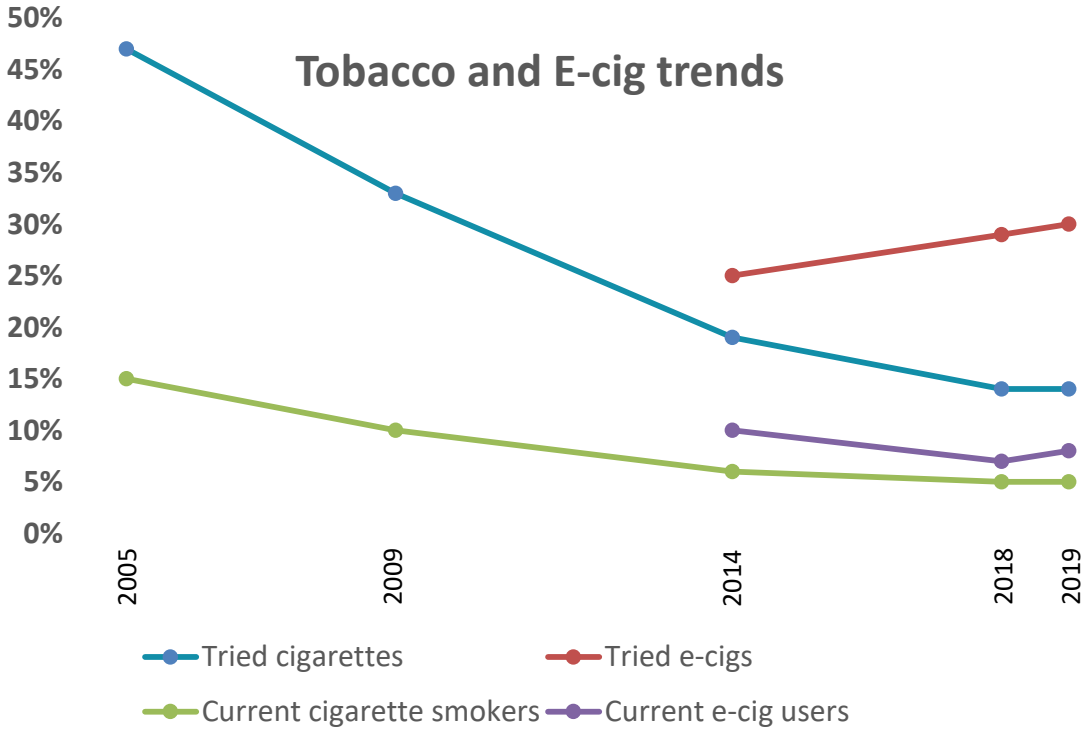
Kirklees Young People's Survey 2019

Public Health Intelligence

- The **number of pupils** who have tried cigarettes **remains the same as in 2018**, although the number of pupils who **currently smoke cigarettes** has **increased** from **4%** to **5%**
- The number of pupils who are **current e-cig users** and those that have **tried e-cigs** has also **slightly increased** since 2018. Current e-cig users from **7%** to **8%** and those who have tried e-cigs increased from **28%** to **30%**

- **64%** of **current smokers are also e-cig users**
- **28%** of **e-cig users** have **never tried tobacco** smoking

- Of those who use or have used both…
  - **50%** smoked **tobacco first** then moved onto **e-cigs**
  - **50%** used **e-cigs first** then moved onto **tobacco**



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Alcohol

Kirklees Young People's Survey 2019

Public Health Intelligence

- **48%** of responding pupils said they had tried alcohol
  - **8%** have **tried** alcohol but don't drink now
  - **1 in 5** (21%) drink **less than monthly**
  - **1 in 5** (20%) drink **monthly or more**
    - **1 in 10** (11%) drink about **once a month**
    - A further **1 in 11** (9%) **drink weekly**

Pupils living in the **least deprived quintile** of the district are **over twice as likely** to **drink monthly or more (25%)** than in the **most deprived quintile (10%)**

LGBT+ pupils **more likely** to have **tried alcohol (64%)** And **1 in 4 (25%)** drink **monthly or more**

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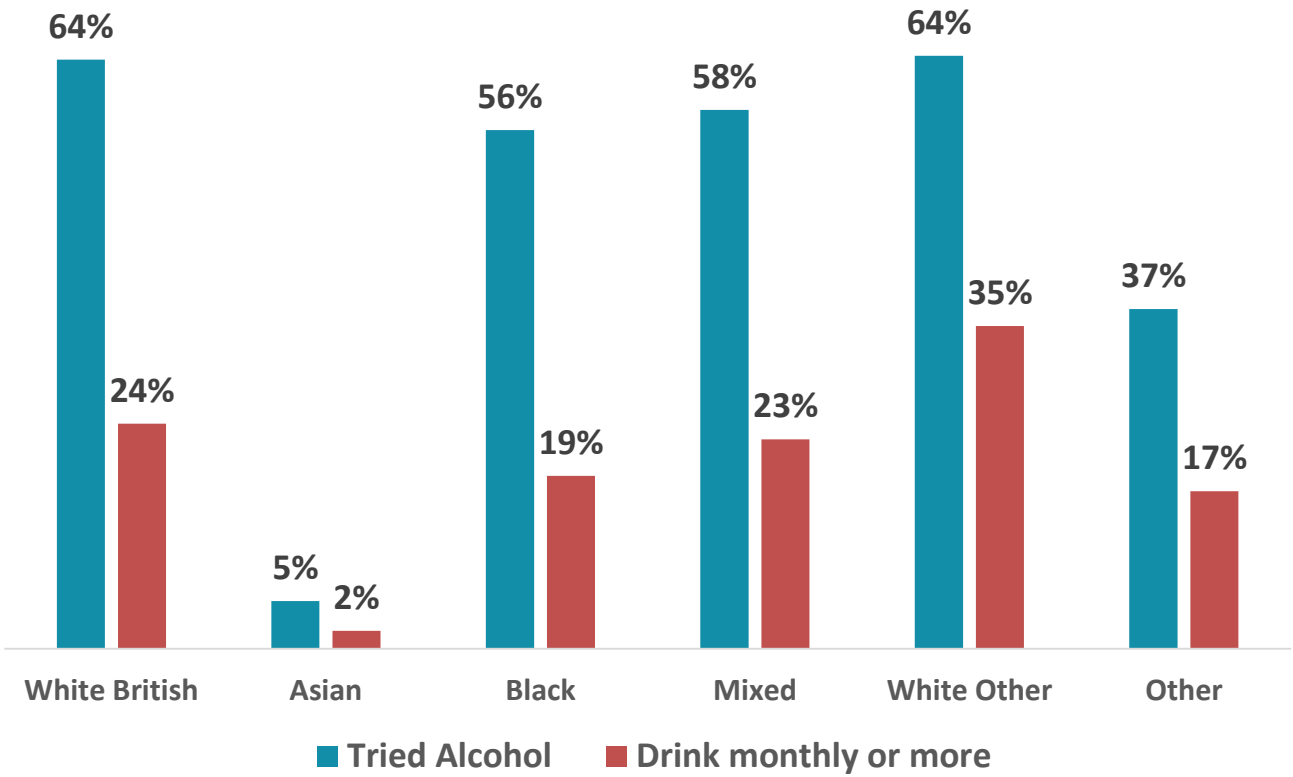
Alcohol

Kirklees Young People's Survey 2019

Public Health Intelligence

There are **significant differences** in alcohol use **amongst ethnic groups…**



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Online gambling

Kirklees Young People's Survey 2019

Public Health Intelligence

- **1 in 12** of respondents said that they have **gambled online**

Pupils from the **most deprived 20%** are **less likely** to have gambled online

Asian pupils are the **least likely** to have gambled online **(3%)**

Boys are **four times more likely** to have done this than girls **(12% vs 3%)**

LGBT+ are almost **twice as likely** as Kirklees average **(15%)**

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Sexual health

Kirklees Young People's Survey 2019

Public Health Intelligence

- **6%** of pupils said that they **have had sex**
- A further **7% would rather not say or left the question blank**

Of those who have had sex…

- **1 in 3 (32%)** always or usually **use condoms**
  - This is a **decrease** from **48% in 2018**
- **40%** ***never*** **use condoms**
  - This is an **increase** from **25% in 2018**

Pupils **less likely** to have **had sex** are of **Asian (3%)** and **White British (5%)** ethnicities

Pupils **more likely** to have had sex are **Black (19%)** and **White Other (21%)** ethnicities

1 in 6 LGBT+ (17%) pupils said they **have had sex**

- **67%** know where to go for sexual health advice
  - **15% did not know** where to go
  - And **17% were not sure**

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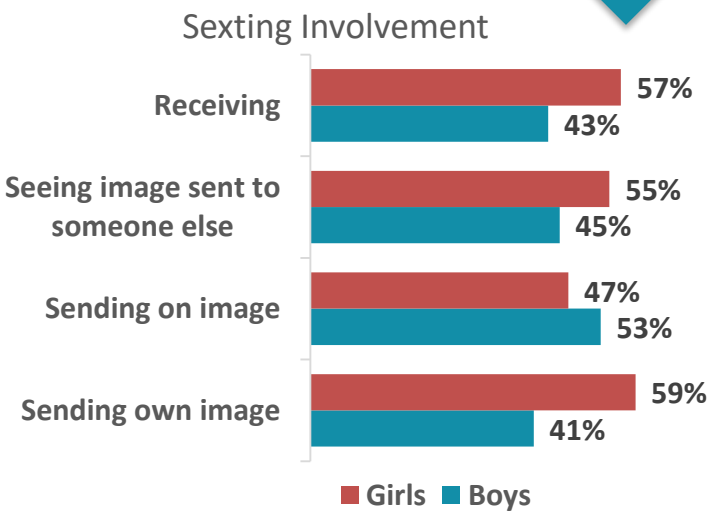
Sexting

Kirklees Young People's Survey 2019

Public Health Intelligence

'Sexting' means sharing sexual, naked or semi-naked images or videos, or sending sexual messages

- **17%** of pupils said they had either **sent or received** a sext message
- Of the 13% of pupils who responded…



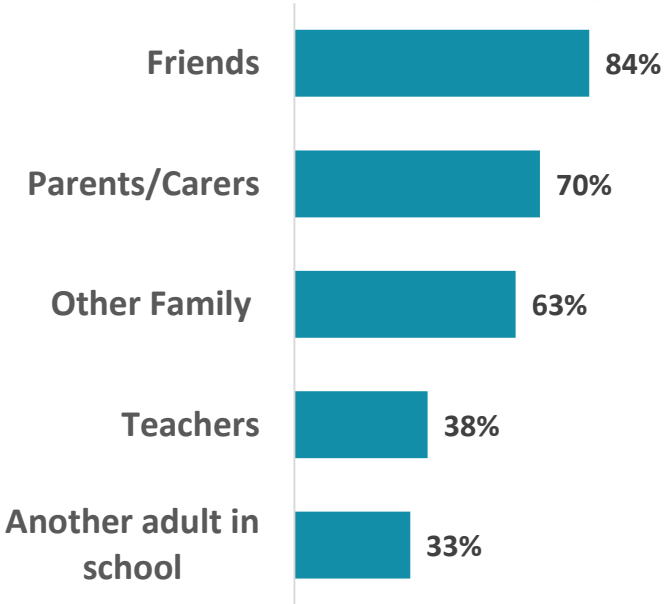
Over half of **responding* girls** said they **have received *AND* sent** sext messages compared to around **40%** of **responding* boys**

* % of those who had involvement in sexting

Nearly **1 in 4 (23%)** of LGBT+ pupils **have sent** a sext message

However… **87%** of Asian pupils have had **no involvement** with sexting

Pupils felt comfortable talking about online safety to…



46% of **LGBT+** pupils would talk to a **parent/carer** about **online safety**

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Feelings about local area

Kirklees Young People's Survey 2019

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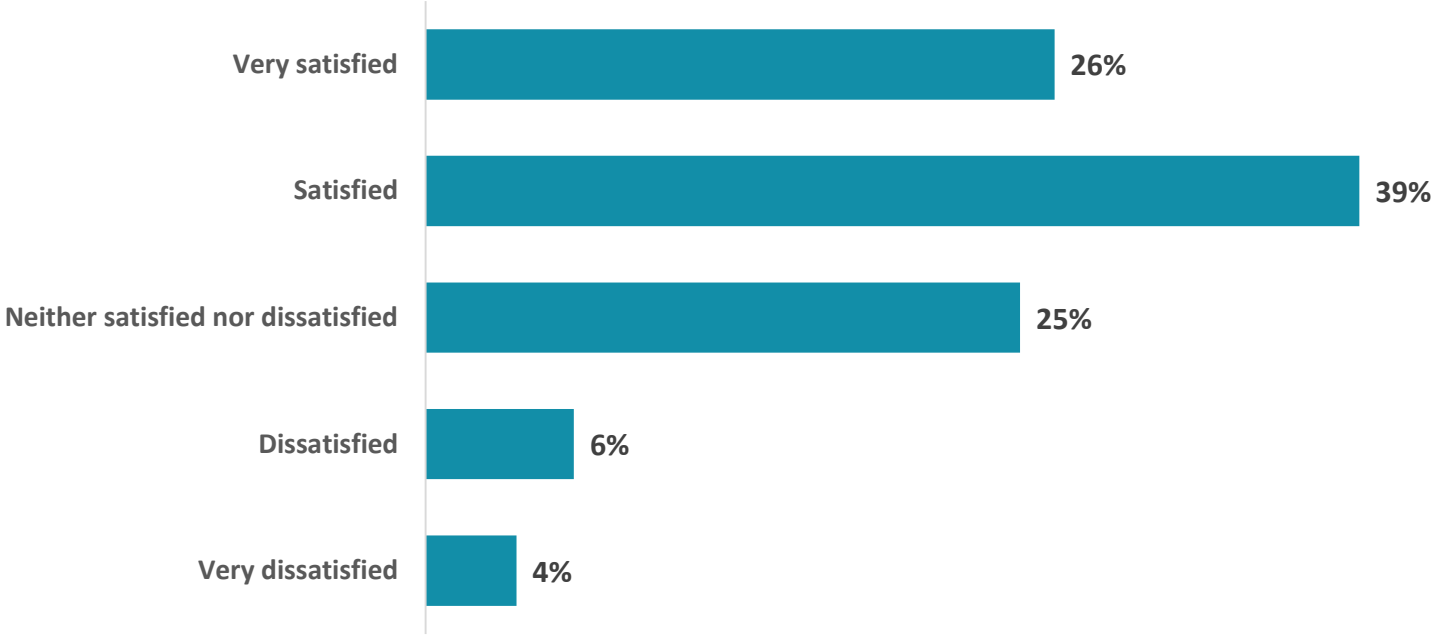
- The **majority** of pupils are satisfied with their local area: **65% net satisfied**



Asian ethnicity pupils **more likely** to be satisfied with their local area
70%

LGBT+ pupils **less likely** to be satisfied with their local area
47%

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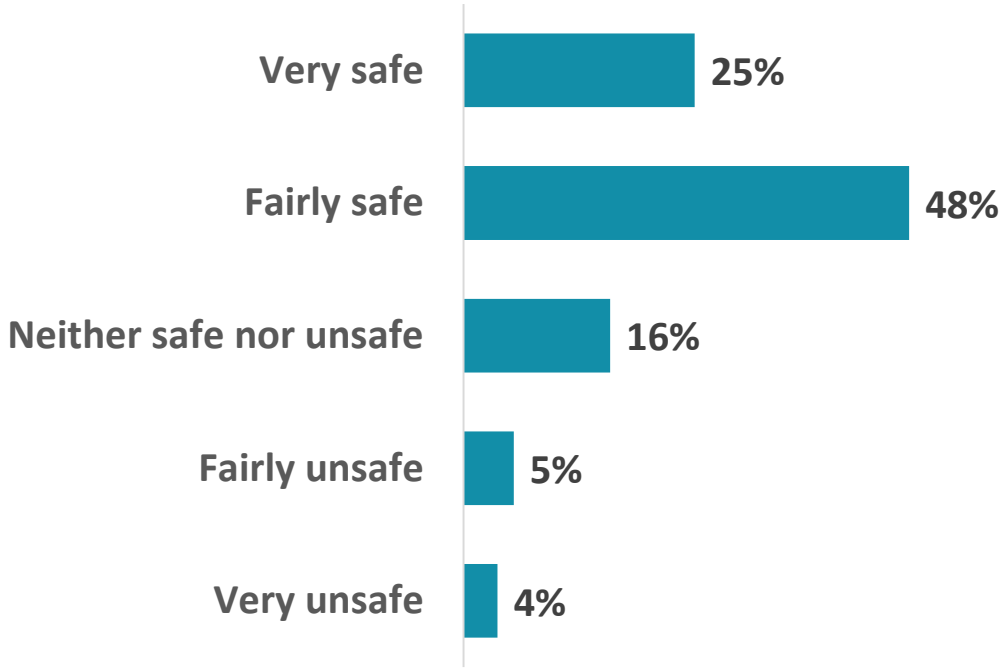
Feeling safe

Kirklees Young People's Survey 2019

Public Health Intelligence

- The **majority** of pupils feel safe in their local area: **73% net feel safe**



Certain groups are **less likely** to feel safe…

Most deprived quintile (66%)

Huddersfield District (65%)

Mixed ethnicity (58%)

LGBT+ (56%)

Some groups are **more likely** to feel safe…

Least deprived quintile (85%)

Dewsbury and Mirfield DC (80%)

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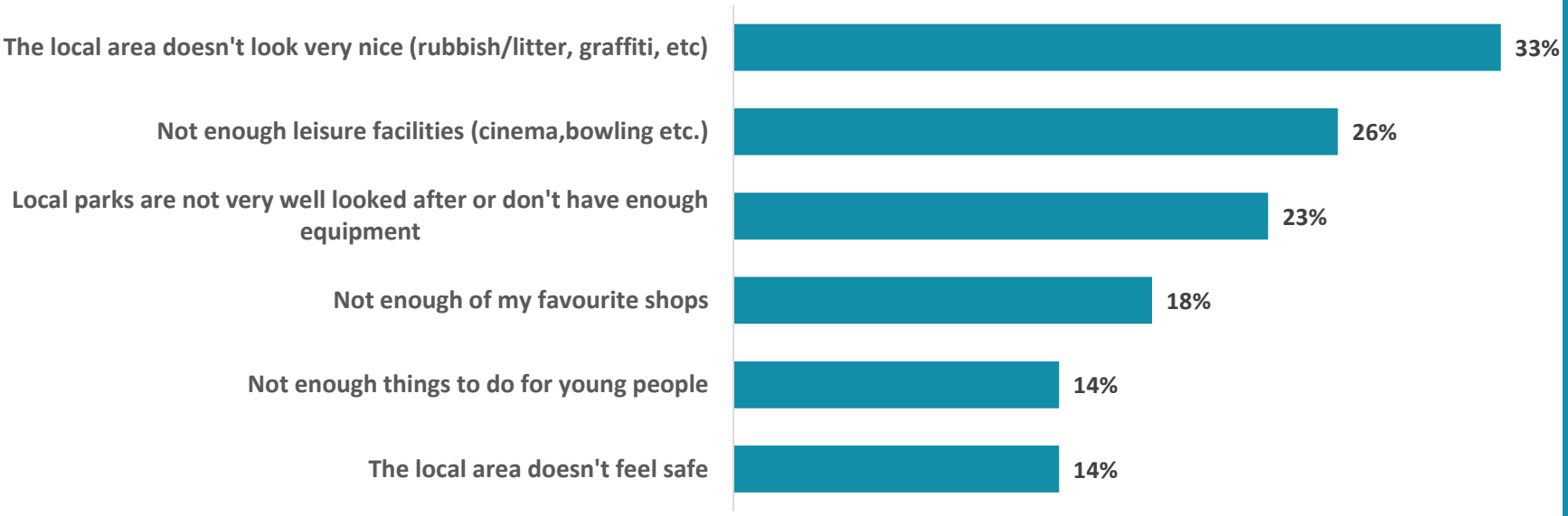
Local issues

Kirklees Young People's Survey 2019
Public Health Intelligence

- The top 3 local issues for responding pupils were: **Overall look of the area; leisure facilities; the state of the local parks**

The top 6 local issues Kirklees Council should deal with



Black and Mixed ethnicity respondents are **more likely** to report that the council should **address safety** than Kirklees average (17%)

The **most deprived respondents** were **twice as likely** to report their that the council should address safety than the **least deprived** (21% vs 11%)

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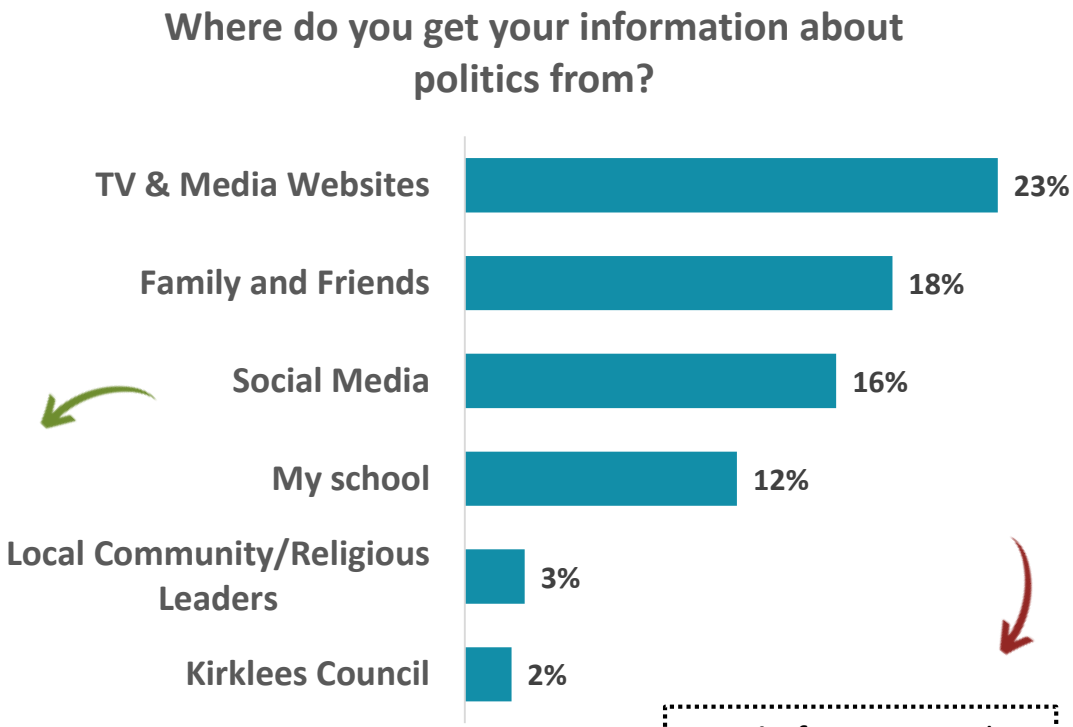
Politics

Kirklees Young People's Survey 2019
Public Health Intelligence

- **19%** of pupils are **interested in politics**

Most interested in politics:
- White Other (25%)
- Asian (23%)
- LGBT+ (23%)
- Boys (21%)

1 in 3 Asian pupils used **social media** for their political information



9% of LGBT+ pupils get their political information from **family or friends**

We're Kirklees

More information

Kirklees Young People's Survey 2019

Public Health Intelligence

Further findings from the survey and the technical report will be published here: www.kirklees.gov.uk/KYPS2019

Each school that took part in the survey has received a bespoke report detailing their individual school's survey results

For any further information or analysis requests please contact: PHI@kirklees.gov.uk