



	Weighted	Online	Postal
<b>All (valid responses) :</b>	<b>8260</b>	<b>475</b>	<b>7785</b>
<b>Q1. How is your health in general? Would you say it is...</b>			
Very bad	2%	1%	2%
Bad	8%	9%	8%
Fair	28%	21%	29%
Good	43%	45%	43%
Very good	19%	24%	19%
Good/very good	62%	69%	61%
Very bad/bad	10%	10%	10%
Net good/very good	52%	59%	51%
<b>All (valid responses) :</b>	<b>8313</b>	<b>475</b>	<b>7838</b>
<b>Q2a. For each statement below, please tick one box only on the scale of 0 to 10, where 0 is 'not at all' and 10 is 'completely'. overall how satisfied are you with your life nowadays?</b>			
0 Not at all	2%	5%	1%
1	1%	1%	1%
2	2%	2%	3%
3	4%	4%	4%
4	5%	4%	5%
5	10%	7%	11%
6	9%	11%	9%
7	18%	21%	18%
8	25%	26%	25%
9	14%	12%	14%
10 Completely	9%	8%	9%
Low 0-6	34%	33%	34%
Medium 7-8	43%	47%	43%
High 9-10	22%	20%	23%
<b>All (valid responses) :</b>	<b>8234</b>	<b>475</b>	<b>7759</b>
<b>Q2b. For each statement below, please tick one box only on the scale of 0 to 10, where 0 is 'not at all' and 10 is 'completely'. overall to what extent do you feel the things you do in your life are worthwhile?</b>			
0 Not at all	2%	4%	1%
1	1%	1%	1%
2	3%	3%	3%
3	3%	5%	3%
4	5%	3%	5%
5	9%	7%	9%
6	9%	9%	9%
7	16%	20%	16%
8	23%	21%	24%
9	17%	16%	17%
10 Completely	12%	12%	12%
Low 0-6	32%	31%	32%
Medium 7-8	39%	40%	39%
High 9-10	28%	28%	28%



	Weighted	Online	Postal
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All (valid responses) :	8202	475	7727
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Q2c. For each statement below, please tick one box only on the scale of 0 to 10, where 0 is 'not at all' and 10 is 'completely'. overall how happy did you feel yesterday?

0 Not at all	2%	3%	2%
1	2%	2%	2%
2	3%	4%	3%
3	4%	2%	4%
4	5%	6%	5%
5	10%	10%	10%
6	9%	10%	9%
7	14%	20%	14%
8	21%	16%	22%
9	17%	16%	17%
10 Completely	12%	11%	12%
Low 0-6	35%	37%	35%
Medium 7-8	36%	36%	36%
High 9-10	29%	27%	29%

All (valid responses) :	8189	475	7714
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Q3a. Below are some statements about feelings, thoughts and general wellbeing. Please tick the box that best describes your experience of each over the last two weeks. I've been feeling optimistic about the future.

None of the time	4%	5%	4%
Rarely	12%	13%	12%
Some of the time	35%	29%	36%
Often	37%	43%	37%
All of the time	11%	10%	11%
All the time/often	48%	53%	48%
None of the time/rarely	17%	19%	17%
Net all the time/often	31%	34%	31%

All (valid responses) :	8159	475	7684
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Q3b. Below are some statements about feelings, thoughts and general wellbeing. Please tick the box that best describes your experience of each over the last two weeks. I've been feeling useful.

None of the time	4%	4%	4%
Rarely	11%	10%	11%
Some of the time	32%	32%	32%
Often	41%	42%	41%
All of the time	13%	12%	13%
All the time/often	54%	54%	54%
None of the time/rarely	15%	14%	15%
Net all the time/often	39%	40%	39%

All (valid responses) :	8156	475	7681
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	Weighted	Online	Postal
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**Q3c. Below are some statements about feelings, thoughts and general wellbeing. Please tick the box that best describes your experience of each over the last two weeks. I've been feeling relaxed.**

None of the time	4%	5%	4%
Rarely	17%	18%	17%
Some of the time	37%	39%	37%
Often	33%	32%	34%
All of the time	8%	6%	8%
All the time/often	41%	38%	41%
None of the time/rarely	22%	23%	22%
Net all the time/often	19%	15%	20%

<b>All (valid responses) :</b>	<b>8154</b>	<b>475</b>	<b>7679</b>
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**Q3d. Below are some statements about feelings, thoughts and general wellbeing. Please tick the box that best describes your experience of each over the last two weeks. I've been dealing with problems well.**

None of the time	3%	3%	3%
Rarely	9%	9%	8%
Some of the time	32%	30%	32%
Often	45%	48%	44%
All of the time	12%	11%	12%
All the time/often	57%	58%	56%
None of the time/rarely	11%	12%	11%
Net all the time/often	45%	46%	45%

<b>All (valid responses) :</b>	<b>8119</b>	<b>475</b>	<b>7644</b>
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**Q3e. Below are some statements about feelings, thoughts and general wellbeing. Please tick the box that best describes your experience of each over the last two weeks. I've been thinking clearly.**

None of the time	2%	2%	2%
Rarely	7%	7%	7%
Some of the time	26%	24%	26%
Often	46%	49%	46%
All of the time	19%	17%	19%
All the time/often	65%	66%	64%
None of the time/rarely	10%	10%	10%
Net all the time/often	55%	57%	55%

<b>All (valid responses) :</b>	<b>8134</b>	<b>475</b>	<b>7659</b>
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**Q3f. Below are some statements about feelings, thoughts and general wellbeing. Please tick the box that best describes your experience of each over the last two weeks. I've been feeling close to other people.**

None of the time	4%	4%	3%
Rarely	12%	14%	11%
Some of the time	26%	27%	26%



	Weighted	Online	Postal
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Often	39%	37%	39%
All of the time	19%	19%	19%
All the time/often	58%	55%	59%
None of the time/rarely	15%	18%	15%
Net all the time/often	43%	37%	44%

<b>All (valid responses) :</b>	<b>8223</b>	<b>475</b>	<b>7748</b>
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**Q3g. Below are some statements about feelings, thoughts and general wellbeing. Please tick the box that best describes your experience of each over the last two weeks. I've been able to make up my own mind about things.**

None of the time	1%	2%	1%
Rarely	4%	4%	5%
Some of the time	17%	16%	17%
Often	42%	45%	42%
All of the time	35%	34%	36%
All the time/often	77%	78%	77%
None of the time/rarely	6%	6%	6%
Net all the time/often	72%	72%	71%

<b>All (valid responses) answering all seven statements:</b>	<b>7768</b>	<b>475</b>	<b>7293</b>
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**Q3. WEMWBS (Metric Scores)**

MEAN (normal)	22.9	22.7	22.9
Std Dec	4.50	4.59	4.49
Std Err	0.05	0.21	0.05

<b>All (valid responses) :</b>	<b>8208</b>	<b>475</b>	<b>7733</b>
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**Q4. To what extent do you agree or disagree with the following statement? I tend to bounce back quickly after hard times.**

Strongly agree	18%	23%	18%
Tend to agree	45%	44%	45%
Neither agree nor disagree	22%	17%	22%
Tend to disagree	11%	13%	11%
Strongly disagree	3%	3%	3%
Agree	64%	68%	63%
Disagree	14%	16%	14%
Net agree	49%	52%	49%

<b>All (valid responses) :</b>	<b>8121</b>	<b>475</b>	<b>7646</b>
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**Q5. Do you currently have any physical or mental health conditions which have lasted or are expected to last 12 months or more?**

Yes	46%	50%	46%
No	54%	50%	54%

<b>All (valid responses) who currently have any physical or mental health condition:</b>	<b>4296</b>	<b>261</b>	<b>4035</b>
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**Q6. Do any of your conditions reduce your ability to carry out day-to-day activities?**



	Weighted	Online	Postal
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Yes, a lot	28%	18%	29%
Yes, a little	48%	48%	49%
Not at all	24%	34%	23%
Yes, a lot/a little	76%	66%	77%

<b>All (valid responses) :</b>	<b>8154</b>	<b>475</b>	<b>7679</b>
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**Q7. How confident are you that you can manage your own health?**

Not at all confident	3%	3%	3%
Not very confident	10%	9%	10%
Somewhat confident	47%	46%	47%
Very confident	40%	43%	40%
Somewhat/very confident	87%	89%	87%
Not at all/not very confident	13%	11%	13%
Net somewhat/very confident	74%	78%	74%

<b>All (valid responses) :</b>	<b>7973</b>	<b>475</b>	<b>7498</b>
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**Q8a. Which, if any, of the following health conditions or illnesses do you have or have you had in the last 12 months?**

Any long-term condition other than pain	72%	70%	72%
Anxiety	24%	26%	24%
Cardiovascular disease as a long-term condition	23%	17%	24%
High blood pressure	20%	15%	21%
Heart disease	6%	3%	6%
Stroke	2%	*	2%
Depression	22%	22%	22%
Musculoskeletal / rheumatological problems (e.g. arthritis, tendinitis)	17%	13%	18%
Sciatica, lumbago or recurring backache	17%	13%	17%
Asthma (using an inhaler)	12%	13%	12%
Dermatological problems (e.g. psoriasis, eczema)	12%	11%	12%
Diabetes	9%	6%	10%
Continence problems (leakage of your bladder or bowel)	8%	6%	9%
Other mental health condition	5%	3%	5%
Chronic pulmonary (lung) disease (e.g. emphysema, chronic bronchitis)	4%	1%	4%
Cancer	3%	1%	4%
Neuromuscular condition (e.g. Parkinson's, MS, epilepsy)	2%	2%	2%
Other	12%	17%	12%
Long-term pain (lasting more than 3 months) not including backache	15%	13%	15%
Short-term pain (lasting less than 3 months) not including backache	10%	6%	11%
None of the above	25%	27%	25%
Any condition at all mentioned	75%	73%	75%
No conditions mentioned	31%	27%	32%

<b>All (valid responses) who have suffered with Depression:</b>	<b>1443</b>	<b>90</b>	<b>1353</b>
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**Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Depression**



	Weighted	Online	Postal
Yes	42%	61%	40%
No, unmet need	58%	39%	60%
<b>All (valid responses) who have suffered with Anxiety:</b>	<b>1746</b>	<b>105</b>	<b>1641</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Anxiety</b>			
Yes	36%	49%	35%
No, unmet need	64%	51%	65%
<b>All (valid responses) who have suffered with Other mental health condition:</b>	<b>316</b>	<b>14</b>	<b>302</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Other mental health condition</b>			
Yes	49%	91%	46%
No, unmet need	51%	9%	54%
<b>All (valid responses) who have suffered with Asthma (using an inhaler):</b>	<b>987</b>	<b>57</b>	<b>930</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Asthma (using an inhaler)</b>			
Yes	52%	82%	49%
No, unmet need	48%	18%	51%
<b>All (valid responses) who have suffered with Cancer:</b>	<b>369</b>	<b>10</b>	<b>359</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Cancer</b>			
Yes	61%	78%	61%
No, unmet need	39%	22%	39%
<b>All (valid responses) who have suffered with Chronic pulmonary (lung) disease (e.g. emphysema, chronic bronchitis):</b>	<b>415</b>	<b>10</b>	<b>405</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Chronic pulmonary (lung) disease (e.g. emphysema, chronic bronchitis)</b>			
Yes	54%	95%	52%
No, unmet need	46%	5%	48%
<b>All (valid responses) who have suffered with Diabetes:</b>	<b>868</b>	<b>29</b>	<b>839</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Diabetes</b>			
Yes	59%	100%	57%
No, unmet need	41%	-	43%
<b>All (valid responses) who have suffered with Heart disease:</b>	<b>681</b>	<b>18</b>	<b>663</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Heart disease</b>			
Yes	57%	70%	56%
No, unmet need	43%	30%	44%



	Weighted	Online	Postal
<b>All (valid responses) who have suffered with High blood pressure:</b>	<b>2216</b>	<b>102</b>	<b>2114</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? High blood pressure</b>			
Yes	63%	94%	61%
No, unmet need	37%	6%	39%
<b>All (valid responses) who have suffered with Stroke:</b>	<b>163</b>	<b>2</b>	<b>161</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Stroke</b>			
Yes	34%	100%	33%
No, unmet need	66%	-	67%
<b>All (valid responses) who have suffered with Short-term pain (lasting less than 3 months) not including backache:</b>	<b>844</b>	<b>29</b>	<b>815</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Short-term pain (lasting less than 3 months) not including backache</b>			
Yes	39%	71%	38%
No, unmet need	61%	29%	62%
<b>All (valid responses) who have suffered with Long-term pain (lasting more than 3 months) not including backache:</b>	<b>1433</b>	<b>75</b>	<b>1358</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Long-term pain (lasting more than 3 months) not including backache</b>			
Yes	51%	76%	49%
No, unmet need	49%	24%	51%
<b>All (valid responses) who have suffered with Sciatica, lumbago or recurring backache:</b>	<b>1573</b>	<b>74</b>	<b>1499</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Sciatica, lumbago or recurring backache</b>			
Yes	33%	55%	32%
No, unmet need	67%	45%	68%
<b>All (valid responses) who have suffered with Neuromuscular condition (e.g. Parkinson's, MS, epilepsy):</b>	<b>165</b>	<b>8</b>	<b>157</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Neuromuscular condition (e.g. Parkinson's, MS, epilepsy)</b>			
Yes	55%	100%	50%
No, unmet need	45%	-	50%
<b>All (valid responses) who have suffered with Musculoskeletal / rheumatological problems (e.g. arthritis, tendinitis):</b>	<b>1951</b>	<b>87</b>	<b>1864</b>
<b>Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Musculoskeletal / rheumatological problems (e.g. arthritis, tendinitis)</b>			
Yes	47%	78%	45%
No, unmet need	53%	22%	55%



Weighted	Online	Postal
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All (valid responses) who have suffered with Dermatological problems (e.g. psoriasis, eczema):	899	56	843
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Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Dermatological problems (e.g. psoriasis, eczema)

Yes	48%	58%	47%
No, unmet need	52%	42%	53%

All (valid responses) who have suffered with Contenance problems (leakage of your bladder or bowel):	926	32	894
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Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Contenance problems (leakage of your bladder or bowel)

Yes	35%	52%	34%
No, unmet need	65%	48%	66%

All (valid responses) who have suffered with Other:	992	81	911
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Q8b. Please indicate if you are accessing (or have previously accessed) support in the last 12 months for...? Other

Yes	63%	77%	61%
No, unmet need	37%	23%	39%

All (valid responses) :	8448	475	7973
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Q9. Do you have any health conditions or illnesses which affect you in any of the following areas?

Any condition	30%	21%	30%
Any vision or hearing impairment	22%	14%	23%
Vision (problems not corrected by glasses or contact lenses)	10%	5%	11%
Sight impaired / partially sighted	79%	97%	79%
Severely sight impaired / blind	4%	3%	4%
Sight severity	16%	-	17%
Hearing	16%	10%	17%
Mild / moderate hearing problems	89%	89%	89%
Severe / profound deafness	8%	11%	7%
Hearing severity	3%	-	3%
Mental impairment	13%	10%	14%
Learning or understanding or concentrating	50%	64%	49%
Memory	82%	77%	83%
None of the above	70%	79%	70%

All (valid responses) :	7879	475	7404
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Q10. In the last 12 months, has a physical or mental condition prevented you from working for any length of time?

Yes	19%	20%	19%
No	56%	65%	55%
Not applicable / I have retired	25%	15%	26%

All (valid responses) who have had a physical or mental condition that has prevented them from working in the last 12 months:	1154	84	1070
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Q11. In the last 12 months, for how long has this condition prevented you from working?



	Weighted	Online	Postal
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Less than 1 week	11%	17%	10%
1-2 weeks	12%	19%	12%
3-4 weeks	12%	14%	12%
2-3 months	13%	12%	13%
4-6 months	6%	5%	6%
7-11 months	4%	3%	4%
12 months	42%	30%	43%
1-4 weeks	25%	33%	24%
2-6 months	19%	17%	19%
7-12 months	46%	33%	47%
Total 2+ months	65%	50%	66%

<b>All (valid responses) :</b>	<b>8227</b>	<b>475</b>	<b>7752</b>
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**Q12. How often, if ever, do you suffer from sleep problems or sleep loss?**

All of the time	8%	9%	8%
Most of the time	16%	12%	16%
Sometimes	37%	35%	37%
Hardly ever	28%	33%	27%
Never	12%	10%	12%
Suffering from sleep problems	61%	57%	61%
Hardly ever/never	39%	43%	39%

<b>All (valid responses) who suffer with sleep problems or sleep loss:</b>	<b>5150</b>	<b>287</b>	<b>4863</b>
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**Q13. What causes your sleep problems or sleep loss?**

Health related	68%	73%	68%
Worry / stress / anxiety	57%	65%	56%
Pain	25%	20%	26%
Wheezing / asthma	8%	7%	8%
Outside environment	27%	30%	27%
Noise from neighbours / neighbourhood	10%	11%	10%
Baby / child	9%	11%	9%
Partner	8%	11%	8%
Carrying out your caring responsibilities	4%	4%	4%
Other	17%	21%	17%
Don't know	16%	12%	17%

<b>All (valid responses) :</b>	<b>8137</b>	<b>475</b>	<b>7662</b>
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**Q14a. Under each heading, please tick the ONE box that best describes your health TODAY. MOBILITY**

I have no problems in walking about	70%	79%	70%
I have slight problems in walking about	14%	11%	14%
I have moderate problems in walking about	9%	5%	10%
I have severe problems in walking about	6%	4%	6%
I am unable to walk about	1%	*	1%
Any problem	30%	21%	30%



	Weighted	Online	Postal
No problem	70%	79%	70%
Severe problems/unable to walk	7%	4%	7%
No problems/slight problems walking	84%	91%	83%
Net severe problems/ unable to walk	-77%	-86%	-77%
<b>All (valid responses) :</b>	<b>8059</b>	<b>475</b>	<b>7584</b>
<b>Q14b. Under each heading, please tick the ONE box that best describes your health TODAY. SELF-CARE</b>			
I have no problems washing or dressing myself	88%	94%	87%
I have slight problems washing or dressing myself	6%	3%	6%
I have moderate problems washing or dressing myself	4%	3%	4%
I have severe problems washing or dressing myself	2%	1%	2%
I am unable to wash or dress myself	1%	-	1%
Any problem	12%	6%	13%
No problem	88%	94%	87%
Severe problems/unable to wash or dress myself	2%	1%	2%
No problems/slight problems washing or dressing myself	94%	96%	93%
Net severe problems/ unable to wash or dress myself	-91%	-96%	-91%
<b>All (valid responses) :</b>	<b>8168</b>	<b>475</b>	<b>7693</b>
<b>Q14c. Under each heading, please tick the ONE box that best describes your health TODAY. USUAL ACTIVITIES (e.g. work, study, housework, family or leisure activities)</b>			
I have no problems doing my usual activities	68%	74%	68%
I have slight problems doing my usual activities	16%	15%	16%
I have moderate problems doing my usual activities	9%	7%	9%
I have severe problems doing my usual activities	5%	3%	5%
I am unable to do my usual activities	2%	1%	2%
Any problem	32%	26%	32%
No problem	68%	74%	68%
Severe problems/unable to do my usual activities	7%	4%	7%
No problems/slight problems doing my usual activities	85%	89%	84%
Net severe problems/ unable to do my usual activities	-78%	-86%	-77%
<b>All (valid responses) :</b>	<b>8131</b>	<b>475</b>	<b>7656</b>
<b>Q14d. Under each heading, please tick the ONE box that best describes your health TODAY. PAIN / DISCOMFORT</b>			
I have no pain or discomfort	46%	56%	46%
I have slight pain or discomfort	32%	32%	32%
I have moderate pain or discomfort	14%	9%	15%
I have severe pain or discomfort	6%	3%	6%
I have extreme pain or discomfort	2%	1%	2%
Any problem	54%	44%	54%
No problem	46%	56%	46%
Severe/extreme pain or discomfort	8%	4%	8%
No pain/slight pain or discomfort	78%	87%	77%
Net severe pain or discomfort	-70%	-84%	-69%
<b>All (valid responses) :</b>	<b>7999</b>	<b>475</b>	<b>7524</b>

	Weighted	Online	Postal
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**Q14e. Under each heading, please tick the ONE box that best describes your health TODAY. ANXIETY / DEPRESSION**

I am not anxious or depressed	59%	57%	59%
I am slightly anxious or depressed	24%	26%	24%
I am moderately anxious or depressed	11%	13%	11%
I am severely anxious or depressed	4%	3%	4%
I am extremely anxious or depressed	3%	2%	3%
Any problem	41%	43%	41%
No problem	59%	57%	59%
Severely/extremely anxious or depressed	6%	5%	6%
Not/slightly anxious or depressed	83%	83%	83%
Net severely/extremely anxious or depressed	-77%	-78%	-76%

**All (valid responses) :** 7700 475 7225

**Q14b. We would like to know how good or bad your health is TODAY. This scale is numbered from 0 to 100. 100 means the best health you can imagine. 0 means the worst health you can imagine. Mark an X on the scale to indicate how your health is TODAY. Now, please write the number you marked on the scale in the box below. YOUR HEALTH TODAY =**

0 Worst health you can imagine	*	-	*
1-9	1%	*	1%
10	1%	2%	1%
11-19	*	1%	*
20	1%	1%	1%
21-29	1%	2%	1%
30	2%	*	2%
31-39	1%	2%	1%
40	2%	1%	2%
41-49	2%	2%	2%
50	5%	4%	5%
51-59	1%	3%	1%
60	4%	3%	4%
61-69	4%	5%	4%
70	7%	3%	8%
71-79	8%	10%	8%
80	13%	11%	13%
81-89	10%	19%	9%
90	15%	12%	15%
91-99	15%	17%	15%
100 Best health you can imagine	6%	4%	6%

**All (valid responses) :** 8175 475 7700

**Q15a. Do you have regular prescription medicines?**

Yes	58%	48%	59%
No	42%	52%	41%

**All (valid responses) who have regular prescription medicines:** 5359 263 5096

**Q15b. If yes, how many medicines do you have on prescription?**

1	22%	27%	21%
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	Weighted	Online	Postal
2	19%	26%	19%
3	14%	15%	14%
4	11%	9%	12%
5 or more	34%	24%	35%

<b>All (valid responses) :</b>	<b>7851</b>	<b>475</b>	<b>7376</b>
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**Q15a/b. Number of regular medicines on prescription**

None	43%	52%	43%
1-2	23%	25%	23%
3 or more	33%	23%	34%

<b>All (valid responses) who have regular prescription medicines:</b>	<b>5276</b>	<b>263</b>	<b>5013</b>
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**Q15c. Do you have any prescription medicines delivered to your home?**

Yes	19%	7%	20%
No	81%	93%	80%

<b>All (valid responses) :</b>	<b>8140</b>	<b>475</b>	<b>7665</b>
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**Q16a. How easy or difficult is it for you... to find a community pharmacy or local chemist that is open when you need one?**

Extremely difficult	1%	*	1%
Quite difficult	2%	1%	2%
Neither easy nor difficult	7%	7%	7%
Quite easy	31%	28%	31%
Extremely easy	54%	57%	53%
Don't know/not applicable	6%	7%	6%
Easy	84%	84%	84%
Difficult	3%	2%	3%
Net easy	81%	83%	81%

<b>All (valid responses) :</b>	<b>7586</b>	<b>475</b>	<b>7111</b>
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**Q16b. How easy or difficult is it for you... to travel to a community pharmacy or local chemist when you need one?**

Extremely difficult	2%	*	2%
Quite difficult	4%	3%	4%
Neither easy nor difficult	8%	6%	8%
Quite easy	26%	20%	27%
Extremely easy	55%	64%	55%
Don't know/not applicable	5%	7%	5%
Easy	82%	84%	81%
Difficult	5%	3%	5%
Net easy	76%	81%	76%

<b>All (valid responses) :</b>	<b>8238</b>	<b>475</b>	<b>7763</b>
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**Q17. In an average week, how often do you do 30 minutes or more of at least moderate activity? (Examples of moderate activity include brisk walking, dancing, cycling, bowling, golf, swimming, household tasks involving considerable physical effort).**



	Weighted	Online	Postal
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Never	11%	10%	11%
1 or 2 times	25%	35%	24%
3 or 4 times	27%	26%	27%
5 or 6 times	15%	13%	16%
Every day	22%	16%	22%
Achieve minimum recommended amount of physical activity	37%	29%	38%
1-4 times per week	52%	61%	51%

<b>All (valid responses) :</b>	<b>8113</b>	<b>475</b>	<b>7638</b>
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**Q18. Listed below are types of walking and cycling which you may do in a typical week. Please tick the activities that you would normally do within a typical week, answering the follow-up questions for each activity as appropriate. \*For walking: Include all continuous walks of at least 10 minutes without stopping. If you stop for short breaks, such as waiting to cross a road, this still counts as continuous. Exclude walking around the shops. Include walking a dog as leisure walking. Which, if any, of the following activities do you do in a typical week?**

*Walking for leisure	55%	55%	55%
*Walking for travel	39%	43%	38%
Cycling for leisure and all other cycling	9%	10%	8%
Cycling for travel (including commuting)	4%	4%	4%
None of these	26%	25%	27%
Walking	72%	74%	72%
Cycling	10%	12%	9%
Walking/cycling for travel	40%	44%	39%
Walking/cycling for leisure	57%	57%	57%
Walking/cycling	74%	75%	73%

<b>All (valid responses) who walk for travel:</b>	<b>2517</b>	<b>167</b>	<b>2350</b>
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**Q18b. If you do any of these activities in a typical week, please could you tell us on how many days do you do it? Walking for travel**

Less than one day a week	1%	-	1%
One	8%	3%	9%
Two	15%	17%	14%
Three	14%	16%	14%
Four	10%	10%	10%
Five	30%	32%	30%
Six	7%	11%	6%
All seven days	15%	9%	16%
At least 1 day per week	99%	100%	99%
At least 3 days per week	76%	79%	76%
At least 5 days per week	52%	52%	52%

<b>All (valid responses) who walk for leisure:</b>	<b>4219</b>	<b>290</b>	<b>3929</b>
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**Q18b. If you do any of these activities in a typical week, please could you tell us on how many days do you do it? Walking for leisure**



	Weighted	Online	Postal
Less than one day a week	1%	-	1%
One	17%	19%	17%
Two	22%	27%	22%
Three	15%	14%	15%
Four	10%	9%	10%
Five	11%	12%	11%
Six	6%	6%	6%
All seven days	19%	13%	19%
At least 1 day per week	99%	100%	99%
At least 3 days per week	60%	54%	61%
At least 5 days per week	35%	31%	35%

**All (valid responses) who cycle for travel: 174 12 162**

**Q18b. If you do any of these activities in a typical week, please could you tell us on how many days do you do it? Cycling for travel (including commuting)**

Less than one day a week	36%	-	40%
One	15%	19%	14%
Two	12%	46%	9%
Three	13%	12%	14%
Four	5%	-	5%
Five	13%	24%	12%
Six	1%	-	2%
All seven days	4%	-	4%
At least 1 day per week	64%	100%	60%
At least 3 days per week	37%	35%	37%
At least 5 days per week	18%	24%	18%

**All (valid responses) who cycle for leisure: 505 38 467**

**Q18b. If you do any of these activities in a typical week, please could you tell us on how many days do you do it? Cycling for leisure and all other cycling**

Less than one day a week	15%	-	17%
One	38%	35%	38%
Two	19%	38%	17%
Three	13%	14%	13%
Four	5%	13%	5%
Five	5%	-	6%
Six	1%	-	1%
All seven days	4%	-	4%
At least 1 day per week	85%	100%	83%
At least 3 days per week	28%	27%	28%
At least 5 days per week	10%	-	11%

**All (valid responses) : 7669 472 7197**

**Q18b. Time spent per week in minutes (no of days x time spent per day) Walking for travel**

None	65%	58%	66%
Up to 29 minutes	1%	*	1%



	Weighted	Online	Postal
30-59 minutes	3%	4%	3%
60-89 minutes	4%	4%	4%
90-119 minutes	3%	5%	3%
120-149 minutes	3%	4%	3%
150-179 minutes	3%	4%	3%
180-209 minutes	2%	3%	2%
210 minutes or more	16%	18%	16%
150 minutes or more	21%	24%	21%
<b>All (valid responses) :</b>	<b>7497</b>	<b>467</b>	<b>7030</b>

**Q18b. Time spent per week in minutes (no of days x time spent per day) Walking for leisure**

None	48%	46%	48%
Up to 29 minutes	1%	2%	1%
30-59 minutes	3%	3%	3%
60-89 minutes	6%	6%	6%
90-119 minutes	3%	3%	3%
120-149 minutes	7%	6%	7%
150-179 minutes	2%	2%	2%
180-209 minutes	5%	5%	5%
210 minutes or more	26%	27%	26%
150 minutes or more	32%	34%	32%
<b>All (valid responses) :</b>	<b>8014</b>	<b>474</b>	<b>7540</b>

**Q18b. Time spent per week in minutes (no of days x time spent per day) Cycling for travel (including commuting)**

None	98%	96%	98%
Up to 29 minutes	*	-	*
30-59 minutes	*	*	*
60-89 minutes	*	1%	*
90-119 minutes	*	-	*
120-149 minutes	*	*	*
150-179 minutes	*	1%	*
180-209 minutes	*	-	*
210 minutes or more	1%	2%	1%
150 minutes or more	1%	3%	1%
<b>All (valid responses) :</b>	<b>7986</b>	<b>474</b>	<b>7512</b>

**Q18b. Time spent per week in minutes (no of days x time spent per day) Cycling for leisure and all other cycling**

None	93%	91%	94%
Up to 29 minutes	*	-	*
30-59 minutes	1%	1%	1%
60-89 minutes	1%	*	1%
90-119 minutes	*	*	*
120-149 minutes	1%	3%	1%
150-179 minutes	*	-	*
180-209 minutes	1%	1%	1%



	Weighted	Online	Postal
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210 minutes or more	2%	4%	2%
150 minutes or more	3%	5%	3%

<b>All (valid responses) :</b>	<b>8211</b>	<b>475</b>	<b>7736</b>
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**Q19. On an average day, how likely is it that you will eat 5 or more portions of fruit and vegetables?**

Extremely unlikely	9%	11%	9%
Quite unlikely	22%	26%	22%
Quite likely	38%	34%	38%
Extremely likely	29%	27%	29%
Don't know	2%	1%	2%
Likely	66%	61%	67%
Unlikely	31%	37%	31%
Net likely	35%	24%	36%

<b>All (valid responses) :</b>	<b>8135</b>	<b>475</b>	<b>7660</b>
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**Q20a. How often do you... eat fast food or take away meals?**

Never	17%	9%	18%
Less than once a week	64%	69%	64%
1 to 4 times a week	18%	22%	18%
5 or more times a week	1%	*	1%
Less than once a week	81%	78%	81%
Once a week or more	19%	22%	19%
Ever	83%	91%	82%

<b>All (valid responses) :</b>	<b>8010</b>	<b>475</b>	<b>7535</b>
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**Q20b. How often do you... cook / prepare a meal from basic ingredients for yourself or your family / household?**

Never	5%	4%	5%
Less than once a week	7%	8%	6%
1 to 4 times a week	34%	35%	34%
5 or more times a week	55%	53%	55%
Less than once a week	12%	12%	12%
Once a week or more	88%	88%	88%
Ever	95%	96%	95%

<b>All (valid responses) :</b>	<b>8211</b>	<b>475</b>	<b>7736</b>
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**Q21. How confident do you feel about being able to cook from basic ingredients?**

Not at all confident	4%	4%	4%
Not very confident	10%	8%	10%
Quite confident	36%	31%	37%
Very confident	50%	58%	49%
Quite/very confident	86%	88%	86%
Not at all/not very confident	14%	12%	14%





	Weighted	Online	Postal
Net confident	72%	77%	72%
<b>All (valid responses) :</b>	<b>8224</b>	<b>475</b>	<b>7749</b>
<b>Q22. How often, if ever, do you have a drink that contains alcohol?</b>			
Never	26%	21%	27%
Monthly or less often	17%	19%	17%
2-4 days per month	19%	22%	19%
2-3 days per week	23%	23%	23%
4 or more days per week	14%	16%	14%
All who have ever have a drink containing alcohol	74%	79%	73%
More than once a month	57%	60%	56%
More than once a week	37%	39%	37%
<b>All (valid responses) who have ever had a drink containing alcohol:</b>	<b>6198</b>	<b>402</b>	<b>5796</b>
<b>Q23. How many units do you have in a typical week?</b>			
0 to 4	43%	44%	43%
5 to 9	20%	20%	20%
10 to 14	15%	13%	15%
15 to 19	10%	10%	10%
20 or more	13%	14%	13%
Within recommended safe drinking levels (up to 14 units)	77%	76%	77%
Exceed recommended safe drinking levels (15 units or more)	23%	24%	23%
<b>All (valid responses) who have ever had a drink containing alcohol:</b>	<b>6207</b>	<b>402</b>	<b>5805</b>
<b>Q24. Which of the following best describes your feelings about the amount you drink?</b>			
I am not concerned about the amount I drink	84%	81%	84%
I am concerned and I plan to reduce it	4%	5%	4%
I am concerned but don't want to reduce it	11%	12%	11%
I am concerned and I need help to reduce it	1%	2%	1%
Any concern	16%	19%	16%
<b>All (valid responses) :</b>	<b>8144</b>	<b>475</b>	<b>7669</b>
<b>Q25. Would you describe yourself as a...?</b>			
Non smoker / never smoked / stopped smoking more than 12 months ago	81%	84%	80%
Ex-smoker (stopped less than 12 months ago)	4%	3%	4%
Occasional cigarette smoker (less than 1 cigarette per day or less than 7 per week)	3%	3%	3%
Occasional cigar or pipe smoker (less than 1 per day or less than 7 per week)	*	1%	*
Regular cigarette smoker (at least 1 cigarette per day)	12%	10%	12%
Regular cigar or pipe smoker (at least 1 per day)	*	*	*
Current smoker	16%	13%	16%
Regular smoker	12%	10%	13%

	Weighted	Online	Postal
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Occasional smoker (excludes regular)	3%	3%	3%
Non/ex-smoker	84%	87%	84%

<b>All (valid responses) occasional/regular smokers:</b>	<b>1040</b>	<b>47</b>	<b>993</b>
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**Q26. Which of the following statements best describes your feelings about stopping smoking?**

I intend to stop smoking in the next 2 to 3 weeks	8%	10%	8%
I intend to stop smoking within the next 6 months	15%	4%	15%
I would like to stop smoking some time in the future	55%	68%	55%
I don't want to stop smoking	22%	18%	23%
Any intention to stop	78%	82%	77%
Would like to stop in next 6 months or sooner	22%	14%	23%

<b>All (valid responses) :</b>	<b>7414</b>	<b>475</b>	<b>6939</b>
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**Q27. Which, if any, of these other tobacco products do you use?**

Beedis or shisha / hookah water pipes	1%	1%	1%
Nasal tobacco (e.g. snuff)	*	-	*
Gutkha, zarda or khaini	*	-	*
None of these	98%	99%	98%
Other tobacco user	2%	1%	2%

<b>All (valid responses) :</b>	<b>7566</b>	<b>475</b>	<b>7091</b>
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**Q28. Which statement suits you best in relation to e-cigarettes?**

I have never used e- cigarettes	86%	86%	86%
I have tried e- cigarettes but I no longer use them at all	8%	8%	8%
I use e-cigarettes but not every day	3%	3%	3%
I use e-cigarettes daily	3%	3%	3%
Ever tried or use e- cigarettes	14%	14%	14%
Current e-cigarette user	6%	6%	6%

<b>All (valid responses) who use e-cigarettes:</b>	<b>384</b>	<b>24</b>	<b>360</b>
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**Q29. Why do you currently use e-cigarettes?**

It is healthier than smoking cigarettes / tobacco	44%	55%	43%
It is cheaper than cigarettes / tobacco	34%	30%	34%
I am trying to stop smoking cigarettes / tobacco altogether	32%	20%	34%
I am cutting down on the amount of cigarettes / tobacco I smoke	30%	18%	32%
To reduce the effects of passive smoking on others	16%	25%	15%
It is more socially acceptable than smoking cigarettes / tobacco	14%	24%	13%
They enable me to smoke in public places / places where I can't smoke cigarettes	-	-	-
I like the flavour	-	-	-
I find them relaxing	-	-	-
It's new / different / fashionable	-	-	-
Other	13%	25%	11%

<b>All (valid responses) :</b>	<b>8215</b>	<b>475</b>	<b>7740</b>
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	Weighted	Online	Postal
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**Q30. Have you used illegal or recreational drugs in the last 5 years?**

No	93%	91%	93%
Yes, occasionally	6%	6%	5%
Yes, monthly	*	1%	*
Yes, weekly	*	*	*
Yes, more than weekly	1%	1%	1%
Yes, used illegal or recreational drugs in the last 5 years	7%	9%	7%
Occasionally/monthly	6%	7%	6%
Regular	1%	1%	1%

<b>All (valid responses) who have used illegal or recreational drugs in the last 5 years:</b>	<b>289</b>	<b>24</b>	<b>265</b>
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**Q31. Which of the following drugs have you used?**

Cannabis	79%	97%	77%
Cocaine / crack	33%	27%	34%
Ecstasy / MDMA	22%	32%	21%
Amphetamines (e.g. speed, whiz)	12%	21%	12%
New psychoactive substances (formerly known as 'Legal highs' e.g. MCAT / miaow)	10%	5%	11%
Illegally obtained prescription drugs (e.g. benzodiazepines, Temazepam, Diazepam)	7%	7%	7%
Solvents (e.g. glue, gas, balloons)	5%	5%	5%
Heroin	4%	-	4%
None of these	-	-	-

<b>All (valid responses) :</b>	<b>7918</b>	<b>475</b>	<b>7443</b>
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**Q32a. Do you need any help or support to continue living in your own home?**

Yes	9%	6%	9%
No	91%	94%	91%

<b>All (valid responses) who need help or support to continue living in their own home:</b>	<b>780</b>	<b>25</b>	<b>755</b>
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**Q32b. For which of the following tasks do you need help or support?**

Cleaning / housework	79%	78%	79%
Shopping	69%	53%	70%
Getting around outside your home	59%	57%	59%
Cooking / preparing food	56%	62%	56%
Bathing / toilet	44%	48%	44%
Dressing	36%	46%	36%
Getting around inside your home	26%	26%	26%
Eating	17%	30%	17%
Other	13%	20%	12%
None	*	7%	-

Dependent	53%	51%	54%
Indoor mobility	86%	78%	86%
Outdoor mobility	78%	58%	80%



	Weighted	Online	Postal
<b>All (valid responses) who need help or support with bathing / going to the toilet:</b>	<b>279</b>	<b>12</b>	<b>267</b>
<b>Q32c. For each task you need support with, please say where, if at all, you get this support from. I get support from... Bathing / toilet</b>			
Unpaid care from spouse / partner / family / friend	72%	70%	72%
Paid care worker (e.g. 'home care')	24%	30%	24%
I do not currently receive support	8%	-	9%
<b>All (valid responses) who need help or support with dressing:</b>	<b>208</b>	<b>11</b>	<b>197</b>
<b>Q32c. For each task you need support with, please say where, if at all, you get this support from. I get support from... Dressing</b>			
Unpaid care from spouse / partner / family / friend	75%	69%	75%
Paid care worker (e.g. 'home care')	22%	31%	21%
I do not currently receive support	7%	-	8%
<b>All (valid responses) who need help or support with cleaning / housework:</b>	<b>495</b>	<b>21</b>	<b>474</b>
<b>Q32c. For each task you need support with, please say where, if at all, you get this support from. I get support from... Cleaning / housework</b>			
Unpaid care from spouse / partner / family / friend	68%	64%	68%
Paid care worker (e.g. 'home care')	20%	18%	20%
I do not currently receive support	15%	18%	14%
<b>All (valid responses) who need help or support with eating:</b>	<b>69</b>	<b>3</b>	<b>66</b>
<b>Q32c. For each task you need support with, please say where, if at all, you get this support from. I get support from... Eating</b>			
Unpaid care from spouse / partner / family / friend	64%	57%	64%
Paid care worker (e.g. 'home care')	22%	43%	19%
I do not currently receive support	18%	-	20%
<b>All (valid responses) who need help or support with cooking / preparing food:</b>	<b>325</b>	<b>14</b>	<b>311</b>
<b>Q32c. For each task you need support with, please say where, if at all, you get this support from. I get support from... Cooking / preparing food</b>			
Unpaid care from spouse / partner / family / friend	75%	59%	77%
Paid care worker (e.g. 'home care')	15%	20%	15%
I do not currently receive support	12%	21%	11%
<b>All (valid responses) who need help or support with shopping:</b>	<b>442</b>	<b>15</b>	<b>427</b>
<b>Q32c. For each task you need support with, please say where, if at all, you get this support from. I get support from... Shopping</b>			
Unpaid care from spouse / partner / family / friend	80%	74%	80%
Paid care worker (e.g. 'home care')	13%	24%	12%
I do not currently receive support	9%	2%	9%
<b>All (valid responses) who need help or support with getting around outside their home:</b>	<b>356</b>	<b>17</b>	<b>339</b>



	Weighted	Online	Postal
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Q32c. For each task you need support with, please say where, if at all, you get this support from. I get support from... Getting around outside your home

Unpaid care from spouse / partner / family / friend	81%	78%	81%
Paid care worker (e.g. 'home care')	14%	22%	13%
I do not currently receive support	8%	-	8%

<b>All (valid responses) who need help or support with getting around inside their home:</b>	<b>127</b>	<b>5</b>	<b>122</b>
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Q32c. For each task you need support with, please say where, if at all, you get this support from. I get support from... Getting around inside your home

Unpaid care from spouse / partner / family / friend	77%	51%	79%
Paid care worker (e.g. 'home care')	18%	49%	15%
I do not currently receive support	9%	-	10%

<b>All (valid responses) who need help or support with other things:</b>	<b>65</b>	<b>3</b>	<b>62</b>
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Q32c. For each task you need support with, please say where, if at all, you get this support from. I get support from... Other

Unpaid care from spouse / partner / family / friend	58%	92%	54%
Paid care worker (e.g. 'home care')	36%	-	42%
I do not currently receive support	6%	8%	6%

<b>All (valid responses) :</b>	<b>8042</b>	<b>475</b>	<b>7567</b>
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Q33. Which, if any, of the following mobility aids do you use?

Walking frame / sticks	9%	3%	10%
Wheelchair	2%	*	2%
Other mobility aid	2%	1%	2%
None	89%	97%	89%
Uses mobility aid	11%	3%	11%

<b>All (valid responses) :</b>	<b>8214</b>	<b>475</b>	<b>7739</b>
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Q34. Have you fallen and hurt yourself in the last 12 months?

No	81%	85%	81%
Yes, once	12%	12%	12%
Yes, twice	4%	1%	4%
Yes, 3 or more times	4%	2%	4%
Yes, fallen and hurt in the last 12 months	19%	15%	19%

<b>All (valid responses) who have fallen and hurt themselves in the last 12 months:</b>	<b>1742</b>	<b>79</b>	<b>1663</b>
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Q35. Have you ever broken a bone as a result of a fall?

Yes	26%	33%	25%
No	74%	67%	75%

<b>All (valid responses) :</b>	<b>8122</b>	<b>475</b>	<b>7647</b>
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	Weighted	Online	Postal
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**Q36. Do you currently look after, or give any help or support to family members, friends, neighbours or others because of either long-term physical or mental ill-health, disability or problems related to old age? (Do not count anything you do as part of your paid employment).**

No	83%	80%	83%
Yes, 1 to 19 hours per week	12%	12%	12%
Yes, 20 to 49 hours per week	2%	4%	2%
Yes, 50 or more hours per week, but not round- the-clock care	1%	1%	1%
Yes, I provide round- the-clock care	2%	2%	2%
Yes carer who provides help or support	17%	20%	17%

<b>All (valid responses) who currently look after or give unpaid help or support to someone:</b>	<b>1546</b>	<b>103</b>	<b>1443</b>
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**Q37. How many people do you care for?**

1	77%	76%	77%
2	18%	19%	18%
3 or more	5%	6%	5%
Cares for more than one person	23%	24%	23%

<b>All (valid responses) who currently look after or give unpaid help or support to someone:</b>	<b>1554</b>	<b>103</b>	<b>1451</b>
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**Q38. Which of the following people do you currently care for?**

Parent	46%	47%	46%
Spouse / partner	22%	27%	21%
Other relative	16%	19%	16%
Child	12%	11%	13%
Friend	8%	10%	8%
Brother / Sister	5%	5%	5%
Neighbour	4%	*	5%
Any relative	91%	94%	91%
Any non-relative	11%	10%	11%

<b>All (valid responses) who currently look after or give unpaid help or support to someone:</b>	<b>1547</b>	<b>103</b>	<b>1444</b>
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**Q39. How old is the main person you care for?**

Aged 1-4	2%	6%	1%
Aged 5-17	5%	4%	5%
Aged 18-64	27%	37%	26%
Aged 65-84	41%	26%	43%
Aged 85+	25%	27%	25%

<b>All (valid responses) who currently look after or give unpaid help or support to someone:</b>	<b>1544</b>	<b>103</b>	<b>1441</b>
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**Q40. Thinking about the main person you care for, what type of care and support do you provide?**

Practical (e.g. shopping, transport, housework, paperwork, paying bills)	87%	95%	86%
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	Weighted	Online	Postal
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Emotional (e.g. talking through problems, providing reassurance)	67%	70%	67%
Physical (e.g. personal hygiene, administering medicines)	32%	39%	32%

All (valid responses) who currently look after or give unpaid help or support to someone:	1538	103	1435
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**Q41. Have you used respite care in the last 12 months? Respite care is any sort of help and support that enables a person to take a break from the responsibilities of caring for somebody else.**

Yes, regularly	3%	8%	3%
Yes, occasionally	6%	6%	6%
No, never	91%	86%	91%
Yes, used respite care	9%	14%	9%

All (valid responses) who currently look after or give unpaid help or support to someone:	1498	103	1395
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**Q42. How satisfied or dissatisfied are you with the general support (not just respite care) provided to you as a carer?**

Very dissatisfied	4%	4%	4%
Quite dissatisfied	6%	12%	5%
Neither satisfied nor dissatisfied	14%	18%	14%
Quite satisfied	13%	13%	13%
Very satisfied	7%	2%	7%
Not receiving any general support	56%	51%	57%
Satisfied	20%	15%	20%
Dissatisfied	10%	16%	9%
Net satisfied	9%	-1%	11%

All (valid responses) :	5406	475	4931
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**Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Raising or handling money / taking part in sponsored events**

At least once a week	3%	2%	4%
Less than once a week but at least once a month	4%	4%	4%
Less often	17%	19%	17%
Not in the last 12 months	75%	75%	75%
At least once a month	8%	6%	8%
In the last 12 months	25%	25%	25%

All (valid responses) :	5331	475	4856
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**Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Leading a group / member of a committee**

At least once a week	6%	4%	6%
Less than once a week but at least once a month	6%	6%	6%
Less often	5%	6%	5%
Not in the last 12 months	83%	83%	83%
At least once a month	12%	11%	13%



	Weighted	Online	Postal
In the last 12 months	17%	17%	17%
<b>All (valid responses) :</b>	<b>5009</b>	<b>475</b>	<b>4534</b>
<b>Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Getting other people involved</b>			
At least once a week	4%	3%	4%
Less than once a week but at least once a month	5%	6%	4%
Less often	9%	12%	8%
Not in the last 12 months	83%	80%	83%
At least once a month	8%	9%	8%
In the last 12 months	17%	20%	17%
<b>All (valid responses) :</b>	<b>5327</b>	<b>475</b>	<b>4852</b>
<b>Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Organising or helping to run an activity or event</b>			
At least once a week	5%	3%	5%
Less than once a week but at least once a month	6%	8%	6%
Less often	12%	15%	12%
Not in the last 12 months	76%	74%	76%
At least once a month	11%	11%	12%
In the last 12 months	24%	26%	24%
<b>All (valid responses) :</b>	<b>5271</b>	<b>475</b>	<b>4796</b>
<b>Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Visiting people</b>			
At least once a week	9%	6%	10%
Less than once a week but at least once a month	7%	7%	7%
Less often	8%	6%	8%
Not in the last 12 months	75%	80%	75%
At least once a month	16%	14%	17%
In the last 12 months	25%	20%	25%
<b>All (valid responses) :</b>	<b>4940</b>	<b>475</b>	<b>4465</b>
<b>Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Befriending or mentoring people</b>			
At least once a week	4%	4%	4%
Less than once a week but at least once a month	4%	5%	4%
Less often	5%	5%	5%
Not in the last 12 months	87%	87%	87%
At least once a month	8%	9%	8%





	Weighted	Online	Postal
In the last 12 months	13%	13%	13%
<b>All (valid responses) :</b>	<b>5020</b>	<b>475</b>	<b>4545</b>
<b>Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Giving advice / information / counselling</b>			
At least once a week	6%	5%	6%
Less than once a week but at least once a month	6%	6%	5%
Less often	6%	7%	6%
Not in the last 12 months	83%	82%	83%
At least once a month	11%	11%	11%
In the last 12 months	17%	18%	17%
<b>All (valid responses) :</b>	<b>4982</b>	<b>475</b>	<b>4507</b>
<b>Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Secretarial, admin or clerical work</b>			
At least once a week	5%	5%	5%
Less than once a week but at least once a month	3%	6%	3%
Less often	4%	3%	4%
Not in the last 12 months	88%	86%	88%
At least once a month	8%	11%	8%
In the last 12 months	12%	14%	12%
<b>All (valid responses) :</b>	<b>5020</b>	<b>475</b>	<b>4545</b>
<b>Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Providing transport / driving</b>			
At least once a week	5%	3%	5%
Less than once a week but at least once a month	4%	5%	4%
Less often	6%	6%	6%
Not in the last 12 months	85%	86%	85%
At least once a month	9%	8%	9%
In the last 12 months	15%	14%	15%
<b>All (valid responses) :</b>	<b>4810</b>	<b>475</b>	<b>4335</b>
<b>Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Campaigning</b>			
At least once a week	1%	1%	1%
Less than once a week but at least once a month	2%	3%	2%
Less often	4%	7%	3%
Not in the last 12 months	93%	89%	94%
At least once a month	3%	4%	3%

	Weighted	Online	Postal
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In the last 12 months	7%	11%	6%
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<b>All (valid responses) :</b>	<b>4990</b>	<b>475</b>	<b>4515</b>
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**Q43. In the last 12 months, have you given unpaid help to a group, club or organisation, in any of the following ways? Please exclude giving money and anything that was a requirement of your job. Other practical help (e.g. helping out at school)**

At least once a week	5%	4%	5%
Less than once a week but at least once a month	4%	6%	3%
Less often	8%	8%	8%
Not in the last 12 months	83%	82%	84%

At least once a month	9%	10%	8%
In the last 12 months	17%	18%	16%

<b>All (valid responses) :</b>	<b>8448</b>	<b>475</b>	<b>7973</b>
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**Q43. Formal volunteers giving unpaid help to a group, club or organisation at least once a month**

Any	28%	33%	28%
Visiting people	11%	14%	11%
Leading a group / member of a committee	8%	11%	8%
Organising or helping to run an activity or event	8%	11%	8%
Giving advice / information / counselling	7%	11%	7%
Providing transport / driving	6%	8%	6%
Secretarial, admin or clerical work	5%	11%	5%
Getting other people involved	5%	9%	5%
Raising or handling money / taking part in sponsored events	5%	6%	5%
Befriending or mentoring people	5%	9%	5%
Campaigning	2%	4%	2%
Other practical help (e.g. helping out at school)	6%	10%	5%
None of these	72%	67%	72%

<b>All (valid responses) :</b>	<b>5784</b>	<b>475</b>	<b>5309</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Keeping in touch (e.g. visiting, telephoning or e-mailing) to reduce loneliness or isolation**

At least once a week	13%	9%	13%
Less than once a week but at least once a month	9%	8%	9%
Less often	9%	8%	9%
Not in the last 12 months	69%	74%	69%

At least once a month	22%	18%	22%
In the last 12 months	31%	26%	31%

<b>All (valid responses) :</b>	<b>5213</b>	<b>475</b>	<b>4738</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Shopping, collecting pension or paying bills**

At least once a week	6%	5%	7%
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	Weighted	Online	Postal
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Less than once a week but at least once a month	4%	3%	4%
Less often	6%	6%	6%
Not in the last 12 months	84%	85%	84%

At least once a month	10%	9%	10%
In the last 12 months	16%	15%	16%

<b>All (valid responses) :</b>	<b>5147</b>	<b>475</b>	<b>4672</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Cooking, cleaning, laundry, gardening or other routine household jobs**

At least once a week	6%	5%	7%
Less than once a week but at least once a month	4%	4%	4%
Less often	7%	10%	7%
Not in the last 12 months	82%	81%	82%

At least once a month	11%	9%	11%
In the last 12 months	18%	19%	18%

<b>All (valid responses) :</b>	<b>4977</b>	<b>475</b>	<b>4502</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Decorating, or doing any kind of home or car repairs**

At least once a week	2%	3%	1%
Less than once a week but at least once a month	3%	3%	3%
Less often	7%	7%	7%
Not in the last 12 months	88%	87%	88%

At least once a month	5%	6%	5%
In the last 12 months	12%	13%	12%

<b>All (valid responses) :</b>	<b>5279</b>	<b>475</b>	<b>4804</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Babysitting or caring for children**

At least once a week	6%	4%	7%
Less than once a week but at least once a month	6%	4%	6%
Less often	11%	9%	11%
Not in the last 12 months	77%	83%	76%

At least once a month	12%	8%	13%
In the last 12 months	23%	17%	24%

<b>All (valid responses) :</b>	<b>4915</b>	<b>475</b>	<b>4440</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Sitting with or providing personal care (e.g. washing, dressing) for someone who is unwell or frail**



	Weighted	Online	Postal
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At least once a week	2%	2%	1%
Less than once a week but at least once a month	1%	1%	1%
Less often	3%	2%	3%
Not in the last 12 months	94%	95%	94%

At least once a month	3%	3%	3%
In the last 12 months	6%	5%	6%

<b>All (valid responses) :</b>	<b>5243</b>	<b>475</b>	<b>4768</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Looking after a property or a pet**

At least once a week	3%	3%	4%
Less than once a week but at least once a month	4%	4%	4%
Less often	15%	14%	15%
Not in the last 12 months	78%	79%	78%

At least once a month	7%	7%	8%
In the last 12 months	22%	21%	22%

<b>All (valid responses) :</b>	<b>5170</b>	<b>475</b>	<b>4695</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Giving advice**

At least once a week	7%	7%	7%
Less than once a week but at least once a month	11%	13%	10%
Less often	13%	14%	13%
Not in the last 12 months	69%	66%	69%

At least once a month	18%	20%	18%
In the last 12 months	31%	34%	31%

<b>All (valid responses) :</b>	<b>5133</b>	<b>475</b>	<b>4658</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Writing letters or filling in forms**

At least once a week	4%	2%	4%
Less than once a week but at least once a month	6%	7%	6%
Less often	11%	11%	11%
Not in the last 12 months	80%	79%	80%

At least once a month	10%	10%	9%
In the last 12 months	20%	21%	20%

<b>All (valid responses) :</b>	<b>4969</b>	<b>475</b>	<b>4494</b>
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**Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Representation (e.g. talking to a council department or to a doctor)**



	Weighted	Online	Postal
At least once a week	3%	2%	3%
Less than once a week but at least once a month	3%	3%	3%
Less often	6%	7%	6%
Not in the last 12 months	88%	88%	89%
At least once a month	5%	5%	5%
In the last 12 months	12%	12%	11%

All (valid responses) : 5037 475 4562

Q44a. Aside from any help you've given through a group, club or organisation, in the last 12 months, have you done any of the following things, unpaid, for someone who was not a relative? Transporting or escorting (e.g. to a hospital or on an outing)

At least once a week	3%	3%	3%
Less than once a week but at least once a month	4%	4%	4%
Less often	10%	9%	10%
Not in the last 12 months	83%	85%	82%
At least once a month	8%	6%	8%
In the last 12 months	17%	15%	18%

All (valid responses) : 8448 475 7973

Q44. Informal volunteers giving unpaid help to a group, club or organisation at least once a month

Any	31%	33%	31%
Keeping in touch (e.g. visiting, telephoning or e-mailing) to reduce loneliness or isolation	16%	18%	16%
Giving advice	12%	20%	12%
Babysitting or caring for children	8%	8%	9%
Cooking, cleaning, laundry, gardening or other routine household jobs	7%	9%	7%
Shopping, collecting pension or paying bills	7%	9%	7%
Writing letters or filling in forms	6%	10%	6%
Looking after a property or a pet	5%	7%	5%
Transporting or escorting (e.g. to a hospital or on an outing)	5%	6%	5%
Representation (e.g. talking to a council department or to a doctor)	3%	5%	3%
Decorating, or doing any kind of home or car repairs	3%	6%	3%
Sitting with or providing personal care (e.g. washing, dressing) for someone who is unwell or frail	2%	3%	2%
None of these	69%	67%	69%

All (valid responses) : 1853 475 1378

Q44b. Have you received any of these types of help yourself over the last 12 months from someone who is not a relative?

Keeping in touch (e.g. visiting, telephoning or e-mailing) to reduce loneliness or isolation	34%	9%	47%
Giving advice	26%	7%	36%
Transporting or escorting (e.g. to a hospital or on an outing)	26%	8%	35%
Cooking, cleaning, laundry, gardening or other routine household jobs	25%	5%	35%
Looking after a property or a pet	21%	7%	29%
Shopping, collecting pension or paying bills	20%	3%	30%
Writing letters or filling in forms	19%	4%	27%



	Weighted	Online	Postal
Decorating, or doing any kind of home or car repairs	18%	3%	26%
Representation (e.g. talking to a council department or to a doctor)	17%	2%	25%
Babysitting or caring for children	16%	4%	22%
Sitting with or providing personal care (e.g. washing, dressing) for someone who is unwell or frail	11%	1%	17%
None of these	27%	75%	-
Recipient of volunteer help	73%	25%	100%
<b>All (valid responses) :</b>	<b>7306</b>	<b>475</b>	<b>6831</b>

**Q45. Listed below are some things that other people have said might encourage them to volunteer and get involved more in their local community. Which, if any, of these would encourage you to get involved or more involved in the future?**

If the hours were flexible	30%	38%	30%
If more information about the things I could do was available	30%	35%	29%
If it didn't involve a big time commitment	29%	37%	28%
If I could do it from home	19%	24%	18%
If I knew it would benefit someone I know	15%	15%	16%
If someone who was already involved was there to get me started	14%	15%	14%
If I knew I could get my expenses paid	14%	17%	14%
If I knew it would benefit my career, improve my skills or help me get qualifications	13%	19%	13%
If my friends or family got involved with me	10%	12%	9%
If someone could provide transport when I needed it	8%	10%	8%
If I had help with my caring responsibilities	4%	4%	4%
Other	7%	6%	7%
Nothing would encourage me	17%	13%	17%
Don't know	22%	17%	23%
Any mention	61%	70%	60%
Personal gain	22%	29%	22%
Time	41%	51%	40%
Support	18%	21%	18%
<b>All (valid responses) :</b>	<b>8217</b>	<b>475</b>	<b>7742</b>

**Q46. Overall, how satisfied or dissatisfied are you with your local area as a place to live?**

Very satisfied	35%	30%	35%
Fairly satisfied	44%	50%	43%
Neither satisfied nor dissatisfied	10%	12%	10%
Fairly dissatisfied	6%	6%	6%
Very dissatisfied	4%	2%	4%
Don't know	1%	-	1%
Satisfied	79%	80%	78%
Dissatisfied	10%	8%	11%
Net satisfied	68%	72%	68%
<b>All (valid responses) :</b>	<b>8133</b>	<b>475</b>	<b>7658</b>

**Q47. How safe or unsafe do you feel when outside in your local area...? After dark**

Very safe	21%	20%	21%
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	Weighted	Online	Postal
Fairly safe	44%	40%	45%
Neither safe nor unsafe	16%	18%	16%
Fairly unsafe	11%	16%	11%
Very unsafe	6%	3%	6%
Don't know	2%	3%	2%
Safe	65%	60%	65%
Unsafe	17%	20%	17%
Net safe	48%	40%	49%

<b>All (valid responses) :</b>	<b>8001</b>	<b>475</b>	<b>7526</b>
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Q47. How safe or unsafe do you feel when outside in your local area...? During the day

Very safe	52%	52%	52%
Fairly safe	36%	38%	36%
Neither safe nor unsafe	8%	6%	8%
Fairly unsafe	3%	3%	3%
Very unsafe	1%	*	1%
Don't know	1%	1%	1%
Safe	88%	90%	87%
Unsafe	4%	3%	4%
Net safe	84%	86%	83%

<b>All (valid responses) :</b>	<b>7801</b>	<b>475</b>	<b>7326</b>
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Q48. To what extent do you agree or disagree that your local area is...?

A place where people from different ethnic backgrounds get on well together

Strongly agree	14%	11%	15%
Tend to agree	39%	43%	39%
Neither agree nor disagree	34%	35%	34%
Tend to disagree	9%	9%	9%
Strongly disagree	3%	2%	3%
Agree	54%	54%	54%
Disagree	12%	12%	12%
Net agree	42%	42%	42%

<b>All (valid responses) :</b>	<b>7892</b>	<b>475</b>	<b>7417</b>
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Q48. To what extent do you agree or disagree that your local area is...?

A place where people of different ages get on well together

Strongly agree	22%	18%	22%
Tend to agree	49%	52%	48%
Neither agree nor disagree	24%	26%	24%
Tend to disagree	5%	3%	5%
Strongly disagree	1%	1%	1%
Agree	70%	70%	70%
Disagree	6%	4%	6%
Net agree	64%	66%	64%

<b>All (valid responses) :</b>	<b>7948</b>	<b>475</b>	<b>7473</b>
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	Weighted	Online	Postal
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**Q48. To what extent do you agree or disagree that your local area is...?  
A place where people treat each other with respect and consideration**

Strongly agree	19%	16%	20%
Tend to agree	44%	47%	43%
Neither agree nor disagree	25%	26%	24%
Tend to disagree	9%	9%	9%
Strongly disagree	3%	3%	3%
Agree	63%	63%	63%
Disagree	12%	12%	12%
Net agree	51%	51%	51%

<b>All (valid responses) :</b>	<b>7876</b>	<b>475</b>	<b>7401</b>
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**Q48. To what extent do you agree or disagree that your local area is...?  
A place where people trust each other**

Strongly agree	16%	11%	16%
Tend to agree	37%	39%	37%
Neither agree nor disagree	33%	36%	33%
Tend to disagree	10%	10%	10%
Strongly disagree	4%	3%	4%
Agree	53%	51%	53%
Disagree	14%	13%	14%
Net agree	39%	37%	39%

<b>All (valid responses) :</b>	<b>8173</b>	<b>475</b>	<b>7698</b>
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**Q49. To what extent would you agree or disagree that people in this  
local area pull together to improve the local area?**

Definitely agree	9%	9%	9%
Tend to agree	31%	28%	31%
Neither agree nor disagree	33%	32%	33%
Tend to disagree	11%	16%	10%
Definitely disagree	7%	5%	7%
Nothing needs improving	*	*	*
Don't know	9%	10%	9%
Agree	39%	37%	40%
Disagree	18%	21%	17%
Net agree	22%	16%	22%

<b>All (valid responses) :</b>	<b>8171</b>	<b>475</b>	<b>7696</b>
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**Q50. Do you ever feel lonely or isolated where you currently live?**

All of the time	3%	5%	3%
Most of the time	4%	3%	4%
Some of the time	21%	19%	21%
Not very often	30%	33%	30%
Never	42%	41%	42%
Most/all of the time	7%	7%	7%
Some of the time/not very often	51%	52%	51%





	Weighted	Online	Postal
Ever	58%	59%	58%
<b>All (valid responses) :</b>	<b>8071</b>	<b>475</b>	<b>7596</b>
<b>Q51. Is there anyone who you can really count on to comfort you when you are upset?</b>			
Yes	81%	80%	81%
No	11%	15%	11%
Don't know	8%	5%	8%
<b>All (valid responses) :</b>	<b>8087</b>	<b>475</b>	<b>7612</b>
<b>Q52. Is there anyone who you can really count on to help you out in a crisis?</b>			
Yes	84%	85%	83%
No	9%	10%	9%
Don't know	8%	6%	8%
<b>All (valid responses) :</b>	<b>8049</b>	<b>475</b>	<b>7574</b>
<b>Q53. Do you have access to a park or green space (e.g. fields, woods, area of communal grass) within a mile of your home? This is around 15-20 minutes' walking distance or 5 minutes' drive.</b>			
Yes	94%	96%	93%
No	4%	2%	4%
Don't know	3%	2%	3%
<b>All (valid responses) who have access to a park or green space:</b>	<b>7385</b>	<b>457</b>	<b>6928</b>
<b>Q54. In the last 12 months, how often, if at all, have you used these parks and green spaces?</b>			
At least once a week	39%	33%	40%
Less often than once a week but at least once a month	28%	29%	27%
Less often than once a month but at least once in the last 12 months	19%	25%	18%
Have not used these in the past 12 months	15%	13%	15%
At least once a month	67%	62%	67%
Less often/not in last 12 months	33%	38%	33%
In the last 12 months	85%	87%	85%
<b>All (valid responses) :</b>	<b>7920</b>	<b>475</b>	<b>7445</b>
<b>Q55. What, if anything, prevents you from using parks and green spaces in your area as often as you would like to?</b>			
Any	52%	53%	52%
Lack of time / work commitments	24%	34%	24%
Problem with parks	15%	18%	14%
Park / green space lacks facilities (e.g. café, toilets, playground, free parking)	8%	9%	7%
Park / green space is untidy / not clean	7%	10%	7%
Park / green space is unsafe	5%	7%	5%
Park / green space is next to a main road that does not feel safe	2%	4%	2%
Disability / frailty	8%	6%	9%
Too far away	3%	3%	3%

	Weighted	Online	Postal
Can't get there / no transport	2%	2%	2%
Not interested	8%	4%	9%
Other	5%	3%	5%
Nothing - I use them as much as I want to	48%	47%	48%

<b>All (valid responses) :</b>	<b>8091</b>	<b>475</b>	<b>7616</b>
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**Q56. Do you own or rent your present home?**

Own outright	35%	23%	36%
Own with a mortgage or loan	31%	42%	31%
Part own / part rent (shared ownership)	1%	*	1%
Rent from Kirklees Council (managed by Kirklees Neighbourhood Housing / Pinnacle PSG), or a registered provider (e.g. housing association/charity)	15%	8%	16%
Rent from a private landlord	15%	22%	14%
Live rent free	3%	6%	3%
Owner-occupier	67%	64%	67%

<b>All (valid responses) :</b>	<b>7988</b>	<b>475</b>	<b>7513</b>
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**Q57. How many rooms do you have for use by your household only?**

Please write in number of rooms (Do not count bathrooms, toilets, halls or landings).

One room	2%	2%	2%
Two rooms	9%	8%	9%
Three rooms	16%	11%	16%
Four rooms	20%	17%	20%
Five rooms	21%	22%	21%
Six rooms	16%	21%	16%
Seven rooms	8%	11%	8%
Eight rooms	5%	5%	4%
Nine rooms	2%	3%	2%
Ten rooms	1%	*	1%
Eleven or more rooms	1%	1%	1%
Over-crowded	7%	6%	7%

<b>All (valid responses) :</b>	<b>7972</b>	<b>475</b>	<b>7497</b>
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**Q58a. Overall, would you say your present home is suitable for the needs of your household?**

Yes	89%	92%	89%
No	11%	8%	11%

<b>All (valid responses) whose present home is unsuitable for their needs:</b>	<b>605</b>	<b>32</b>	<b>573</b>
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**Q58b. If no, why is it not suitable?**

Too small for me / us	50%	54%	50%
Badly in need of repairs / improvements	27%	19%	28%
Damp, cold or uncomfortable	21%	5%	22%
Too expensive to heat	18%	26%	17%
Unsuitable for my / our mobility needs	16%	19%	16%
Unsuitable for me / us to cope with physical or mental health conditions or illnesses	15%	19%	15%



	Weighted	Online	Postal
Too large for me / us	11%	9%	11%
Not safe / secure enough	10%	5%	10%
Rent / mortgage is too expensive	9%	15%	9%
Local public transport is inadequate	6%	14%	5%
Issues with the landlord	2%	7%	2%

<b>All (valid responses) :</b>	<b>7668</b>	<b>475</b>	<b>7193</b>
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**Q59. Which of these qualifications do you have?**

No qualifications	18%	5%	20%
1 - 4 O-levels / CSEs / GCSEs (any grade) or equivalent (e.g. BTEC / NVQ Level 1)	22%	16%	23%
5+ O-levels / CSEs / GCSEs (grades A*- C) or equivalent (e.g. an Intermediate Apprenticeship, BTEC / NVQ Level 2)	38%	45%	37%
2+ A-levels / 4+ AS- levels or equivalent (e.g. GNVQ Advanced, Advanced Apprenticeship, BTEC / NVQ Level 3)	30%	39%	29%
Foundation Degree, Degree (BA, BSc), Higher Apprenticeship, Higher Degree (MA, PhD, PGCE), NVQ Level 4+ or equivalent	34%	58%	32%
Other professional / vocational / work- related qualifications	34%	33%	35%

Qualified to at least Level 2	59%	81%	57%
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<b>All (valid responses) :</b>	<b>7606</b>	<b>475</b>	<b>7131</b>
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**Q60. Which of these activities best describes what you are doing at present?**

<b>Working</b>	58%	72%	56%
Working full-time (30 hrs or more per week)	38%	53%	36%
Working part-time (Under 30 hrs per week)	13%	9%	13%
Self employed or freelance	5%	8%	5%
Working paid / unpaid for your own or family's business	1%	1%	1%
On maternity leave	1%	1%	1%
Doing any other kind of paid work	*	*	*
<b>Education/training</b>	2%	4%	2%
On a government sponsored training scheme	*	-	*
In full-time education at school, college or university	2%	4%	2%
<b>Not working</b>	40%	24%	42%
<b>Workless</b>	11%	9%	11%
Temporarily laid off	*	*	*
Unemployed and available for work	3%	3%	3%
Long-term sick or disabled	8%	5%	8%
<b>Homemaker/other</b>	6%	4%	7%
Looking after the home	5%	2%	5%
Doing something else	1%	2%	1%
Wholly retired from work	23%	12%	24%
<b>Not working and under 65</b>	20%	17%	20%
Those currently in work (excluding those on maternity leave)	56%	71%	55%

<b>All (valid responses) currently working:</b>	<b>3151</b>	<b>283</b>	<b>2868</b>
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**Q61. Whereabouts do you currently work (choose the place where you spend the majority of your working week)?**

<b>Working within Kirklees</b>	59%	47%	61%
Huddersfield	38%	30%	38%
Dewsbury	10%	6%	11%

	Weighted	Online	Postal
Other location in Kirklees Borough	11%	11%	12%
Not in Kirkless	41%	53%	39%
Bradford	6%	6%	6%
Halifax	4%	9%	4%
Wakefield	4%	5%	4%
Barnsley	1%	1%	1%
Leeds	12%	18%	12%
Manchester	2%	4%	2%
Sheffield	1%	2%	1%
Elsewhere within 50 miles	3%	3%	3%
Elsewhere over 50 miles	2%	2%	2%
No fixed place of work	5%	5%	5%

<b>All (valid responses) :</b>	<b>8182</b>	<b>475</b>	<b>7707</b>
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**Q62. In the past few weeks, how often have you worried about money?**

All of the time	10%	11%	10%
Almost all of the time	11%	10%	11%
Some of the time	38%	43%	38%
Hardly ever	22%	17%	23%
Never	18%	18%	18%
Ever	82%	82%	82%
Worried all the time/ almost all the time	22%	21%	22%
Worried some of the time/hardly ever	61%	61%	61%
Worried all the time/ almost all/some of the time	60%	65%	60%

<b>All (valid responses) :</b>	<b>8164</b>	<b>475</b>	<b>7689</b>
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**Q63. How confident do you feel about managing your money (e.g. budgeting for food and other necessities, paying bills on time)?**

Not at all confident	3%	4%	3%
Not very confident	10%	9%	10%
Quite confident	46%	39%	47%
Very confident	41%	48%	41%
Not confident	13%	13%	13%
Confident	87%	87%	87%

<b>All (valid responses) :</b>	<b>7255</b>	<b>475</b>	<b>6780</b>
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**Q64. Please tell us the total annual income of your household (before tax and deductions, but including benefits / allowances)?**

Below £10,000	21%	10%	22%
£10,001 to £20,000	27%	21%	28%
£20,001 to £30,000	16%	17%	16%
£30,001 to £40,000	12%	16%	12%
£40,001 to £50,000	8%	14%	8%
Above £50,000	15%	22%	14%
Up to £20,000	48%	30%	50%
£20-£40k	28%	33%	28%
Over £40k	23%	36%	22%

Weighted	Online	Postal
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<b>All (valid responses) :</b>	<b>7891</b>	<b>475</b>	<b>7416</b>
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**Q65. Do you or any other member of your household receive any of the following state benefits?**

Any benefits claimed	39%	28%	40%
Child Tax Credit	14%	14%	14%
Council Tax Benefit	12%	8%	13%
Housing Benefit	12%	8%	12%
Disability Living Allowance / Personal Independence Payment	10%	10%	11%
Working Tax Credit	9%	7%	9%
Incapacity Benefit / Employment Support Allowance	6%	4%	6%
Pension Credit - Guarantee Credit element	4%	1%	4%
Income Support	3%	2%	3%
Free School Meals	3%	2%	3%
Carers Allowance	3%	4%	3%
Jobseekers Allowance	2%	1%	2%
Attendance Allowance	2%	1%	2%
Universal Credit	1%	-	1%
Other	2%	3%	1%
None of these	61%	72%	60%
Family with children claiming benefits	17%	17%	17%
Adults of working age in poverty	10%	8%	10%
Pensioners in poverty	3%	1%	3%

<b>All (valid responses) :</b>	<b>7239</b>	<b>475</b>	<b>6764</b>
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**Q66a. In your opinion, how important, if at all, are the following factors in planning for a long and healthy retirement? Saving for a pension**

Very important	59%	59%	59%
Fairly important	28%	30%	28%
Not very important	5%	5%	5%
Not at all important	3%	3%	3%
Don't know	6%	3%	6%
Important	86%	89%	86%
Not important	8%	8%	8%
Net important	79%	81%	78%

<b>All (valid responses) :</b>	<b>7496</b>	<b>475</b>	<b>7021</b>
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**Q66b. In your opinion, how important, if at all, are the following factors in planning for a long and healthy retirement? Keeping physically active**

Very important	67%	67%	67%
Fairly important	28%	27%	28%
Not very important	2%	5%	2%
Not at all important	1%	*	1%
Don't know	2%	1%	3%
Important	95%	94%	95%
Not important	3%	5%	3%
Net important	92%	88%	92%

	Weighted	Online	Postal
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<b>All (valid responses) :</b>	<b>7131</b>	<b>475</b>	<b>6656</b>
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**Q66c. In your opinion, how important, if at all, are the following factors in planning for a long and healthy retirement? Taking part in activities**

Very important	37%	33%	37%
Fairly important	40%	46%	40%
Not very important	16%	17%	15%
Not at all important	3%	2%	3%
Don't know	4%	2%	4%
Important	77%	79%	77%
Not important	19%	19%	19%
Net important	58%	60%	58%

<b>All (valid responses) :</b>	<b>7631</b>	<b>475</b>	<b>7156</b>
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**Q66d. In your opinion, how important, if at all, are the following factors in planning for a long and healthy retirement? Spending time with people who are close to you (such as family and friends)**

Very important	70%	64%	70%
Fairly important	25%	31%	24%
Not very important	3%	4%	3%
Not at all important	1%	1%	1%
Don't know	2%	1%	2%
Important	94%	94%	94%
Not important	4%	5%	3%
Net important	91%	89%	91%

<b>All (valid responses) :</b>	<b>7412</b>	<b>475</b>	<b>6937</b>
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**Q66e. In your opinion, how important, if at all, are the following factors in planning for a long and healthy retirement? Financial planning (such as making a will)**

Very important	50%	42%	50%
Fairly important	35%	38%	35%
Not very important	8%	14%	8%
Not at all important	3%	3%	3%
Don't know	4%	3%	4%
Important	85%	81%	85%
Not important	11%	17%	10%
Net important	74%	64%	75%

<b>All (valid responses) :</b>	<b>7167</b>	<b>475</b>	<b>6692</b>
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**Q66f. In your opinion, how important, if at all, are the following factors in planning for a long and healthy retirement? Planning where you are going to live**

Very important	41%	36%	42%
Fairly important	37%	44%	36%
Not very important	12%	13%	12%
Not at all important	4%	5%	4%



	Weighted	Online	Postal
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Don't know	5%	2%	6%
Important	78%	80%	78%
Not important	16%	18%	16%
Net important	62%	62%	62%

<b>All (valid responses) :</b>	<b>1545</b>	<b>475</b>	<b>1070</b>
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Q67. How many people are there in your household including yourself? Children aged 4 years and under

None	59%	86%	49%
One	30%	10%	38%
Two	9%	3%	12%
Three	1%	1%	1%
Four	-	-	-
Five	-	-	-
Six or more	*	-	*

<b>All (valid responses) :</b>	<b>1767</b>	<b>475</b>	<b>1292</b>
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Q67. How many people are there in your household including yourself? Children aged 5 to 11 years

None	54%	86%	44%
One	29%	9%	36%
Two	14%	4%	17%
Three	2%	1%	2%
Four	*	-	*
Five	*	-	*
Six or more	*	-	*

<b>All (valid responses) :</b>	<b>1769</b>	<b>475</b>	<b>1294</b>
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Q67. How many people are there in your household including yourself? Children aged 12 to 17 years

None	59%	88%	49%
One	26%	7%	33%
Two	12%	4%	15%
Three	2%	1%	3%
Four	*	-	*
Five	-	-	-
Six or more	-	-	-

<b>All (valid responses) :</b>	<b>5030</b>	<b>475</b>	<b>4555</b>
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Q67. How many people are there in your household including yourself? Adults aged 18 to 64 years

None	3%	7%	3%
One	35%	30%	36%
Two	47%	49%	47%
Three	9%	6%	9%
Four	4%	4%	4%
Five	1%	2%	1%
Six or more	1%	1%	1%

<b>All (valid responses) :</b>	<b>4508</b>	<b>475</b>	<b>4033</b>
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	Weighted	Online	Postal
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**Q67. How many people are there in your household including yourself? Adults aged 65 years and over**

None	41%	90%	29%
One	34%	5%	42%
Two	24%	5%	29%
Three	*	-	*
Four	*	-	*
Five	*	-	*
Six or more	*	-	*

**All (valid responses) :** 8448 475 7973

**Q67. Total number of children in household**

One	12%	14%	11%
Two	13%	13%	13%
Three	4%	5%	4%
Four	1%	1%	1%
Five	*	-	*
Six or more	*	-	*
None/	71%	68%	71%
With children in household	29%	32%	29%

**All (valid responses) :** 8448 475 7973

**Q67. Total number of adults in household**

One	33%	29%	33%
Two	47%	56%	46%
Three	8%	7%	8%
Four	3%	5%	3%
Five	1%	2%	1%
Six or more	1%	1%	1%
None/	7%	-	8%

**All (valid responses) :** 8448 475 7973

**Q67. Total number of people in household**

One	26%	24%	26%
Two	33%	37%	32%
Three	14%	15%	14%
Four	13%	16%	13%
Five	4%	5%	4%
Six or more	3%	3%	3%
None/	7%	-	8%
Single adult household	33%	29%	33%
Single person household	26%	24%	26%
Any children in household	29%	32%	29%
Any pensioners in household	24%	10%	25%

**All (valid responses) with children in household:** 1391 121 1270

**Q68a. Are you the parent / guardian of at least 1 child in your household?**

Yes	93%	88%	94%
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	Weighted	Online	Postal
No	7%	12%	6%

No	7%	12%	6%
<b>All (valid responses) with children in household:</b>	<b>1259</b>	<b>121</b>	<b>1138</b>

**Q68b. Are you a single parent?**

Yes	20%	16%	21%
No	80%	84%	79%

<b>All (valid responses) :</b>	<b>8084</b>	<b>475</b>	<b>7609</b>
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**Q69. Are you...?**

Male	48%	58%	47%
Female	52%	42%	53%
Transgender	*	-	*

<b>All (valid responses) :</b>	<b>8154</b>	<b>475</b>	<b>7679</b>
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**Q70. What was your age on your last birthday?**

18-24	6%	9%	5%
25-34	21%	33%	20%
35-44	17%	18%	17%
45-54	19%	18%	19%
55-64	15%	13%	15%
65-74	13%	7%	13%
75+	10%	1%	11%

18-44	44%	60%	42%
45-64	34%	31%	34%
65+	22%	9%	24%
18-64	78%	91%	76%
65+	22%	9%	24%
18-74	90%	99%	89%
75+	10%	1%	11%

<b>All (valid responses) who provided height:</b>	<b>8069</b>	<b>473</b>	<b>7596</b>
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**Q71 How tall are you? (without shoes)**

1m 50cm or under	2%	*	2%
1m 51cm - 1m 55cm	7%	3%	7%
1m 56cm - 1m 60cm	15%	12%	15%
1m 61cm - 1m 65cm	17%	14%	18%
1m 66cm - 1m 70cm	18%	19%	18%
1m 71cm - 1m 75cm	16%	19%	16%
1m 76cm - 1m 80cm	13%	15%	13%
1m 81cm - 1m 85cm	7%	11%	7%
1m 86cm - 1m 90cm	2%	5%	2%
1m 91cm - 1m 95cm	1%	1%	1%
1m 96cm - 2m	*	1%	*
2m 01cm - 2m 05cm	*	*	*
2m 06cm - 2m 10cm	*	-	*
Taller than 2m 10cm	*	-	*

<b>All (valid responses) who provided weight:</b>	<b>7961</b>	<b>473</b>	<b>7488</b>
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	Weighted	Online	Postal
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**Q72 What is your usual weight? (in light clothing, without shoes)**

Under 51 kilos	4%	3%	4%
51-55 kilos	5%	4%	5%
56-60 kilos	10%	7%	10%
61-65 kilos	12%	11%	12%
66-70 kilos	13%	11%	13%
71-75 kilos	9%	9%	9%
76-80 kilos	13%	13%	13%
81-85 kilos	11%	11%	10%
86-90 kilos	8%	9%	8%
91-95 kilos	6%	6%	6%
96+ kilos	12%	16%	11%

<b>All (valid responses) who provided both height and weight (excluding pregnant women):</b>	<b>7776</b>	<b>465</b>	<b>7311</b>
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**Q71/72. Body Mass Index (BMI)**

Underweight (less than 18.5)	2%	4%	2%
Healthy weight (from 18.5 to 24.9)	42%	37%	42%
Overweight (from 25 to 29.9)	34%	34%	34%
Obese (from 30 to 39.9)	19%	21%	19%
Very obese (40 or more)	3%	4%	3%
Any overweight/obese	56%	59%	56%
Any obese	22%	25%	21%

<b>All (valid responses) females:</b>	<b>4743</b>	<b>251</b>	<b>4492</b>
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**Q73. We have just asked about your height and weight. As being pregnant affects weight, are you pregnant at present?**

Yes	4%	5%	4%
No	95%	95%	95%
Prefer not to say	1%	*	1%

<b>All (valid responses) :</b>	<b>8125</b>	<b>475</b>	<b>7650</b>
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**Q74. What is your ethnic group?**

White	82%	83%	81%
English / Welsh / Scottish / Northern Irish / British	79%	77%	79%
Eastern European	1%	2%	1%
Irish	1%	1%	1%
Gypsy or Irish traveller	*	*	-
Any other White background	1%	4%	1%
BME	18%	15%	19%
Asian / Asian British	14%	12%	14%
Pakistani	7%	5%	7%
Indian	6%	5%	6%
Chinese	*	1%	*
Kashmiri	*	-	*
Bangladeshi	*	-	*
Any other Asian background	1%	*	1%
Black / African / Caribbean / Black British	2%	1%	2%
Caribbean	1%	*	2%
African	1%	-	1%



	Weighted	Online	Postal
Any other Black / African / Caribbean background	*	1%	*
Mixed / multiple ethnic groups	1%	*	2%
White and Black Caribbean	1%	*	1%
White and Asian	*	-	*
White and Black African	*	-	*
Any other Mixed / multiple ethnic background	*	-	*
Other ethnic group	*	2%	*
Arab	*	2%	*
Other ethnic group	*	-	*
Prefer not to say	*	2%	-

<b>All (valid responses) :</b>	<b>8187</b>	<b>475</b>	<b>7712</b>
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**Q75. What is your religion?**

Christian (including Church of England, Catholic, Protestant and all other Christian denominations)	56%	36%	58%
Muslim	12%	11%	12%
Sikh	1%	1%	1%
Hindu	1%	*	1%
Buddhist	*	*	*
Jewish	*	*	*
Any other religion	1%	2%	1%
No religion	28%	45%	26%
Prefer not to say	*	4%	-

<b>All (valid responses) :</b>	<b>7202</b>	<b>475</b>	<b>6727</b>
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**Q76. As fasting can affect feelings of health and wellbeing, please indicate whether you are currently fasting as part of a religious festival (e.g. Ramadan)?**

Yes	4%	5%	4%
No	94%	93%	94%
Prefer not to say	2%	2%	2%

<b>All (valid responses) :</b>	<b>7960</b>	<b>475</b>	<b>7485</b>
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**Q77. How would you describe your sexual orientation?**

Heterosexual	84%	89%	83%
Bisexual	1%	4%	1%
Lesbian / gay woman	1%	1%	1%
Gay man	1%	2%	1%
I am not prepared to say	4%	2%	5%
None of these	9%	3%	9%
Lesbian/gay/bisexual	3%	7%	3%
None of these/prefer not to say	13%	5%	14%

<b>All (valid responses) :</b>	<b>8448</b>	<b>475</b>	<b>7973</b>
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**Ward**

Almondbury Ward	4%	5%	4%
Ashbrow Ward	4%	4%	4%
Batley East Ward	4%	5%	4%
Batley West Ward	4%	4%	4%



	Weighted	Online	Postal
Birstall and Birkenshaw Ward	4%	5%	4%
Cleckheaton Ward	4%	4%	4%
Coinc Valley Ward	4%	4%	4%
Crosland Moor and Netherton Ward	4%	3%	4%
Dalton Ward	4%	4%	4%
Denby Dale Ward	4%	4%	4%
Dewsbury East Ward	5%	3%	5%
Dewsbury South Ward	4%	2%	4%
Dewsbury West Ward	4%	3%	4%
Golcar Ward	4%	6%	4%
Greenhead Ward	4%	7%	4%
Heckmondwike Ward	4%	3%	4%
Holme Valley North Ward	4%	4%	4%
Holme Valley South Ward	5%	6%	4%
Kirkburton Ward	4%	2%	4%
Lindley Ward	5%	5%	5%
Liversedge and Gomersal Ward	5%	5%	5%
Mirfield Ward	5%	4%	5%
Newsome Ward	5%	7%	5%
<b>All (valid responses) :</b>	<b>8448</b>	<b>475</b>	<b>7973</b>
<b>District_Committee_Code</b>			
Batley and Spenningsdale Ward	26%	26%	26%
Dewsbury and Mirfield	18%	13%	18%
Huddersfield	31%	35%	31%
Kirklees Rural	26%	26%	26%
<b>All (valid responses) :</b>	<b>8448</b>	<b>475</b>	<b>7973</b>
<b>IMD</b>			
Worst 10 percent	10%	7%	10%
Worst 10 to 20 percent	20%	20%	20%
Worst 20 to 30 percent	13%	13%	12%
Worst 30 to 40 percent	10%	9%	10%
Worst 40 to 50 percent	10%	12%	10%
Least deprived 50 to 60 percent	7%	8%	7%
Least deprived 60 to 70 percent	10%	11%	10%
Least deprived 70 to 80 percent	12%	12%	12%
Least deprived 80 to 90 percent	6%	6%	6%
Least deprived 90 to 100 percent	3%	2%	3%
<b>All (valid responses) :</b>	<b>8448</b>	<b>475</b>	<b>7973</b>
<b>IMD_Quintile_Code</b>			
Worst 20 percent	30%	27%	30%
Worst 20 to 40 percent	22%	23%	22%
Worst 40 to 60 percent	17%	20%	17%
Least deprived 60 to 80 percent	22%	23%	22%
Least deprived 80 to 100 percent	9%	8%	10%
<b>All (valid responses) :</b>	<b>8448</b>	<b>475</b>	<b>7973</b>
<b>CCG</b>			



	Weighted	Online	Postal
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Greater Huddersfield	57%	61%	56%
North Kirkless	43%	39%	44%

<b>All (valid responses) :</b>	<b>8448</b>	<b>475</b>	<b>7973</b>
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Method			
Online	8%	100%	-
Postal	92%	-	100%