

Youth Health Inequalities Profile 2022: LGBTQ+

This profile contains demographic comparisons relating to those who were identified as LGBTQ+ and those who were identified as cisgender and heterosexual, based upon their responses to gender and sexuality questions.

Supplementary information is available below.

In 2022, around 1 in 6 (16%) of Year 9s who took part in the Young People's Survey were identified as belonging to the LGBTQ+ cohort.

16% 75%			9%
□ LGBTQ+ □ Cisgender & Heterosexual □ Unknown gender/sexuality denotes statistically significant differences between groups.			
Subjective Health		LGBTQ+	Cis-Het
Good physical health ^[1]		46%	72%
Worries weekly+ about physical health		57%	35%
Good mental health ^[1]		10%	56%
Worries weekly+ about mental health		83%	38%
Wellbeing		LGBTQ+	Cis-het
Satisfied with local area		44%	56%
Life satisfaction average score ^[2]		5.0	6.8
Worthwhileness average score ^[2]		4.7	6.7
Happiness average score ^[2]		4.7	6.5
Anxiety average score ^[2]		6.0	2.9
Often/always optimistic		33%	46%
Often/always feels useful		18%	36%
Often/always relaxed		14%	44%
Often/always deals with problems well		21%	43%
Often/always thinking clearly		22%	45%
Often/always feeling close to other people		49%	59%
Often/always able to make up own mind about things		35%	62%
SWEMWBS average score ^[3]		18.5	21.7
Often/always feels lonely		23%	8%

Personal Worries		LGBTQ+	Cis-Het
Worries weekly+ about weight		68%	41%
Worries weekly+ about appearance		84%	54%
Worries weekly+ about puberty		31%	14%
Worries weekly+ about gender/gender identity		46%	3%
Worries weekly+ about sexuality		57%	3%
Worries weekly+ about relationships with people outside of school		55%	32%
Worries weekly+ about things that happen online		41%	20%
Worries weekly+ about my future		73%	61%
Behaviours		LGBTQ+	Cis-Het
Achieving recommended amount of physical activity ^[4]		9%	16%
Participates in physical activity to deal with worries		19%	23%
Participates in active travel ^[5]		38%	38%
Likely to eat recommended amount of fruit/veg per day ^[6]		52%	58%
Eats more to deal with worries		17%	31%
Eats less to deal with worries		33%	15%
Ever had sexual contact ^[7]		29%	18%
Ever tried an e-cig		30%	19%
Ever tried a cigarette		9%	7%
Smokes a cigarette to deal with worries		2%	1%
Ever had an alcoholic drink		48%	40%
Drinks alcohol to deal with worries		6%	2%
Uses drugs to deal with worries		2%	2%
Cuts/hurts self to deal with worries		31%	4%
School		LGBTQ+	Cis-Het
Worries weekly+ about own education		57%	37%
Worries weekly+ about relationships with people at school		72%	34%
Worries weekly+ about own safety at school		31%	14%
Experienced bullying at school in last 6 months		36%	20%
Believes school deals well with bullying		14%	22%

Discrimination	LGBTQ+	Cis-Het
Experienced bullying due to appearance	27%	20%
Experienced bullying due to where they live	4%	5%
Experienced bullying due to age	4%	6%
Experienced bullying due to gender/gender identity	28%	2%
Experienced bullying due to sexuality	35%	2%
Experienced bullying due to religion	0%	2%
Experienced bullying due to race or ethnicity	3%	3%
Worries weekly+ about being subject to racist behaviour	13%	9%

Safety	LGBTQ+	Cis-Het
Experienced bullying out of school in last 6 months	51%	31%
Worries weekly+ about being bullied	42%	15%
Worries weekly+ about being the victim of crime	26%	8%
Worries weekly+ about own safety outside of school	36%	20%
Feels safe in local area	48%	66%
Feels unsafe in local area due to people who hang about	49%	25%
Feels unsafe in local area due to gangs	27%	25%
Feels unsafe in local area due to people carrying knives/sharp objects	29%	27%
Feels unsafe in local area due to crime	32%	23%
Feels unsafe in local area due to drug dealing	25%	26%
Feels unsafe in local area due to cat-calling	40%	16%

Financial	LGBTQ+	Cis-Het
Ever gambled online	3%	5%
Worries weekly+ about money problems	38%	24%
Family worries about having enough money for essentials ^[8]	48%	33%

- [1] Responding "Very good" or "Good".
- [2] Mean score, where 0 = "not at all" and 10 = "completely".
- [3] Mean Short Warwick-Edinburgh Mental Wellbeing Scale metric score.
- [4] Recommended amount = at least 60 minutes per day.
- [5] Active travel = routinely walking/cycling to school.
- [6] Recommended amount = at least 5 portions of fruit & vegetables per day.
- [7] Any sexual contact, including penetrative sex.
- [8] Worries at least "sometimes" about affording heating, food or clothing.



Survey questions

Top-level findings