

Youth Health Inequalities Profile 2022: Gender

This profile contains direct demographic comparisons relating to those who responded that they identify as a boy or as a girl. Supplementary information is available below.

In 2022, 47% of Year 9s who took part in the Young People's Survey said they were a boy and 45% said they were a girl. Around 2% identified as a trans-boy, trans-girl or in a different way. Around 3% said that they were non-binary.

47% 45%		3% 2% 3%
■ Boy ■ Girl ■ Non-binary ■ Trans or identify in a different way □ Rather not say		
denotes statistically significant differences between groups.		
Subjective Health	Boys	Girls
Good physical health ^[1]	72%	66%
Worries weekly+ about physical health	31%	44%
Good mental health ^[1]	66%	34%
Worries weekly+ about mental health	27%	60%
Wellbeing	Boys	Girls
Satisfied with local area	56%	55%
Life satisfaction average score ^[2]	7.2	6.1
Worthwhileness average score ^[2]	7.0	6.0
Happiness average score ^[2]	7.0	5.8
Anxiety average score ^[2]	2.3	4.2
Often/always optimistic	50%	37%
Often/always feels useful	45%	22%
Often/always relaxed	53%	27%
Often/always deals with problems well	51%	30%
Often/always thinking clearly	55%	30%
Often/always feeling close to other people	59%	57%
Often/always able to make up own mind about things	72%	48%
SWEMWBS average score ^[3]	22.6	20.1
Often/always feels lonely	8%	12%

Personal Worries		Boys	Girls
Worries weekly+ about weight		29%	64%
Worries weekly+ about appearance		40%	76%
Worries weekly+ about puberty		12%	17%
Worries weekly+ about gender/gender identity		4%	9%
Worries weekly+ about sexuality		3%	18%
Worries weekly+ about relationships with people outside of school		25%	45%
Worries weekly+ about things that happen online		17%	30%
Worries weekly+ about my future		53%	73%
Debouierus		Davis	C:ula
Behaviours		Boys	Girls
Achieving recommended amount of physical activity ^[4]		21%	9%
Participates in physical activity to deal with worries		24%	23%
Participates in active travel ^[5]		39%	38%
Likely to eat recommended amount of fruit/veg per day ^[6]		55%	59%
Eats more to deal with worries		16%	23%
Eats less to deal with worries		7%	27%
Ever had sexual contact ^[7]		16%	20%
Ever tried an e-cig		15%	26%
Ever tried a cigarette		4%	8%
Smokes a cigarette to deal with worries		0%	2%
Ever had an alcoholic drink		39%	44%
Drinks alcohol to deal with worries		2%	4%
Uses drugs to deal with worries		1%	2%
Cuts/hurts self to deal with worries		1%	12%
School		Boys	Girls
Worries weekly+ about own education		27%	52%
Worries weekly+ about relationships with people at school		26%	53%
Worries weekly+ about own safety at school		12%	18%
Experienced bullying at school in last 6 months		21%	21%
Believes school deals well with bullying		27%	16%

Discrimination	Boys	Girls
Experienced bullying due to appearance	14%	27%
Experienced bullying due to where they live	4%	5%
Experienced bullying due to age	5%	7%
Experienced bullying due to gender/gender identity	1%	6%
Experienced bullying due to sexuality	3%	7%
Experienced bullying due to religion	3%	1%
Experienced bullying due to race or ethnicity	4%	3%
Worries weekly+ about being subject to racist behaviour	10%	8%
Cafaty	P.O.V.C	Cirls
Safety	Boys	Girls
Experienced bullying out of school in last 6 months	28%	38%
Worries weekly+ about being bullied	16%	21%
Worries weekly+ about being the victim of crime	7%	12%
Worries weekly+ about own safety outside of school	15%	27%
Feels safe in local area	73%	57%
Feels unsafe in local area due to people who hang about	20%	34%
Feels unsafe in local area due to gangs	21%	27%
Feels unsafe in local area due to people carrying knives/sharp objects	24%	28%
Feels unsafe in local area due to crime	23%	23%
Feels unsafe in local area due to drug dealing	25%	25%
Feels unsafe in local area due to cat-calling	5%	35%
Financial	Boys	Girls
Ever gambled online	4%	3%
Worries weekly+ about money problems	21%	30%
Family worries about having enough money for essentials ^[8]	33%	35%

- [1] Responding "Very good" or "Good".
- [2] Mean score, where 0 = "not at all" and 10 = "completely".
- [3] Mean Short Warwick-Edinburgh Mental Wellbeing Scale metric score.
- [4] Recommended amount = at least 60 minutes per day.
- [5] Active travel = routinely walking/cycling to school.
- [6] Recommended amount = at least 5 portions of fruit & vegetables per day.
- [7] Any sexual contact, including penetrative sex.
- [8] Worries at least "sometimes" about affording heating, food or clothing.



Survey questions

Top-level findings