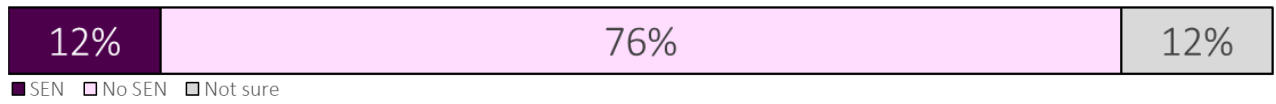


# Youth Health Inequalities Profile 2022: Special Educational Needs (SEN)

This profile contains demographic comparisons relating to those with and without a SEN. Supplementary information is available below.



In 2022, 12% of Year 9s who took part in the Young People’s Survey had a SEN and 76% had no SEN. Around 1 in 3 (30%) of those with a SEN felt that they had enough support from school. Around half (52%) felt they lacked support from school.



denotes statistically significant differences between groups.


Subjective Health	SEN	No SEN
Good physical health <sup>[1]</sup>	58%	71%
Worries weekly+ about physical health	55%	35%
Good mental health <sup>[1]</sup>	41%	50%
Worries weekly+ about mental health	60%	42%

Wellbeing	SEN	No SEN
Satisfied with local area	45%	56%
Life satisfaction average score <sup>[2]</sup>	5.7	6.8
Worthwhileness average score <sup>[2]</sup>	5.1	6.6
Happiness average score <sup>[2]</sup>	5.9	6.5
Anxiety average score <sup>[2]</sup>	4.3	3.2
Often/always optimistic	34%	45%
Often/always feels useful	25%	35%
Often/always relaxed	28%	43%
Often/always deals with problems well	26%	44%
Often/always thinking clearly	30%	45%
Often/always feeling close to other people	50%	61%
Often/always able to make up own mind about things	51%	61%
SWEMWBS average score <sup>[3]</sup>	19.3	21.7
Often/always feels lonely	15%	10%

Personal Worries	SEN	No SEN
Worries weekly+ about <b>weight</b>	50%	46%
Worries weekly+ about <b>appearance</b>	61%	58%
Worries weekly+ about <b>puberty</b>	27%	15%
Worries weekly+ about <b>gender/gender identity</b> 	26%	8%
Worries weekly+ about <b>sexuality</b> 	25%	10%
Worries weekly+ about <b>relationships with people outside of school</b>	48%	33%
Worries weekly+ about <b>things that happen online</b>	33%	22%
Worries weekly+ about <b>my future</b>	67%	63%

Behaviours	SEN	No SEN
Achieving recommended amount of <b>physical activity</b> <sup>[4]</sup>	10%	15%
Participates in <b>physical activity</b> to deal with worries	22%	24%
Participates in <b>active travel</b> <sup>[5]</sup>	34%	38%
Likely to eat recommended amount of <b>fruit/veg</b> per day <sup>[6]</sup>	56%	59%
<b>Eats more</b> to deal with worries	30%	17%
<b>Eats less</b> to deal with worries	23%	16%
Ever had <b>sexual contact</b> <sup>[7]</sup> 	34%	15%
Ever tried an <b>e-cig</b>	27%	17%
Ever tried a <b>cigarette</b>	11%	5%
<b>Smokes a cigarette</b> to deal with worries	3%	1%
Ever had an <b>alcoholic drink</b>	53%	38%
<b>Drinks alcohol</b> to deal with worries	8%	2%
<b>Uses drugs</b> to deal with worries	6%	1%
<b>Cuts/hurts self</b> to deal with worries	14%	7%

School	SEN	No SEN
Worries weekly+ about <b>own education</b>	43%	38%
Worries weekly+ about <b>relationships with people at school</b>	51%	40%
Worries weekly+ about <b>own safety at school</b>	23%	13%
Experienced <b>bullying at school</b> in last 6 months 	40%	19%
Believes <b>school deals well with bullying</b>	20%	21%

Discrimination	SEN	No SEN
Experienced bullying due to <b>appearance</b> 	34%	19%
Experienced bullying due to <b>where they live</b>	7%	4%
Experienced bullying due to <b>age</b>	6%	6%
Experienced bullying due to <b>gender/gender identity</b>	13%	4%
Experienced bullying due to <b>sexuality</b>	10%	5%
Experienced bullying due to <b>religion</b>	3%	2%
Experienced bullying due to <b>race or ethnicity</b>	3%	3%
Worries weekly+ about <b>being subject to racist behaviour</b>	10%	9%

Safety	SEN	No SEN
Experienced <b>bullying out of school</b> in last 6 months 	54%	30%
Worries weekly+ about <b>being bullied</b> 	38%	16%
Worries weekly+ about <b>being the victim of crime</b>	18%	9%
Worries weekly+ about <b>own safety outside of school</b>	17%	22%
Feels safe in <b>local area</b>	57%	66%
Feels unsafe in local area due to <b>people who hang about</b>	35%	27%
Feels unsafe in local area due to <b>gangs</b>	28%	25%
Feels unsafe in local area due to <b>people carrying knives/sharp objects</b>	33%	26%
Feels unsafe in local area due to <b>crime</b> 	39%	22%
Feels unsafe in local area due to <b>drug dealing</b>	26%	26%
Feels unsafe in local area due to <b>cat-calling</b>	17%	19%

Financial	SEN	No SEN
Ever <b>gambled online</b>	10%	3%
Worries weekly+ about <b>money problems</b>	32%	23%
Family worries about <b>having enough money for essentials</b> <sup>[8]</sup> 	54%	31%

[1] Responding “Very good” or “Good”.

[2] Mean score, where 0 = “not at all” and 10 = “completely”.

[3] Mean [Short Warwick-Edinburgh Mental Wellbeing Scale](#) metric score.

[4] Recommended amount = at least 60 minutes per day.

[5] Active travel = routinely walking/cycling to school.

[6] Recommended amount = at least 5 portions of fruit & vegetables per day.

[7] Any sexual contact, including penetrative sex.

[8] Worries at least “sometimes” about affording heating, food or clothing.



Survey questions

Top-level findings