# **Current Living in Kirklees (CLiK) 2021 Survey**

The base numbers presented in the report are weighted results.

Q1a Are you completing this survey on behalf of someone else? (Base: 5922) 4% Yes 96% No Q1b Why are you completing this on behalf of someone else? (Base: 235) Please tick all that apply or 'Another reason' 39% They have a physical/mental health condition that makes it difficult for them to complete a survey 36% English is not their first language, so they struggle to understand some of the questions 19% They are not very good with technology, so would struggle to complete the survey online 13% They do not have the technology/internet connection to complete the survey online 19% Another reason Q2 How would you rate your overall physical health now? (Base: 6031) 2% Very bad 10% Bad 32% Fair 42% Good 14% Very good Over-codes (Base: 6031) 11% Very bad/bad 32% Fair 57% Good/Very good Q3 How would you rate your overall mental health now? (Base: 6030) 2% Very bad 10% Bad 31% Fair 39% Good 17% Very good Over-codes (Base: 6030) 12% Very bad/Bad 31% Fair 56% Good/Very good

Q4 For each statement below, please tick one box only on the scale of 0 to 10, where 0 is 'not at all' and 10 is 'completely'. (Base: 5891~6006)

Ticuse tick one box only	Joi cacii i	, , ,									
	0 - Not at all	1	2	3	4	5	6	7	8	9	10 - Completely
How satisfied are you with your life nowadays?	1%	1%	2%	4%	5%	12%	11%	20%	23%	12%	8%
To what extent do you feel the things you do in yo	1% our life are w	1% orthwhi	2% le?	4%	5%	10%	11%	17%	22%	15%	11%
How happy did you feel yesterday?	1%	2%	3%	5%	6%	12%	11%	17%	20%	14%	10%
How anxious did you feel yesterday?	17%	10%	12%	11%	8%	12%	8%	8%	8%	4%	3%
Life satisfaction (Over-co (ONS wellbeing metric)	odes) (Base	: 6006)									
14% Low (0-4)	23% Med	ium (5-6	)		43% H	igh (7-8)		21%	Very High	n (9-10)	
Things in life are worthy	-			926)							
13% Low (0-4)	21% Med	ium (5-6	5)		39% H	ligh (7-8)	)	27% \	ery High	(9-10)	
Happy yesterday (Over-codes) (Base: 5904)											
17% Low (0-4)	22% Med	ium (5-6	))		3/% H	igh (7-8)		24%	Very High	1 (9-10)	
Anxious yesterday (Over-c	, ,	,			200/ 14		,	24	0/ 11: 1 /	(6.40)	
27% Very Low (0-1)	23% Low	(2-3)			20% Med	ium (4-5	)	31	% High (	6-10)	

Q5 Below are some statements about feelings, thoughts and general wellbeing. Please tick the box that best describes your experience of each over the last two weeks. (Base: 5864~5913)

## Please tick one box only for each row

	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about the future	4%	14%	40%	33%	9%
I've been feeling useful	3%	12%	35%	39%	11%
I've been feeling relaxed	4%	20%	41%	29%	6%
I've been dealing with problems well	2%	9%	38%	41%	10%
I've been thinking clearly	2%	8%	32%	43%	15%
I've been feeling close to other people	3%	14%	32%	35%	16%
I've been able to make up my own mind about thin	gs 1%	4%	20%	42%	33%

SWEMWBS grouping (Over-codes) (Base: 5748)

Total Raw score - calculated by summing the scores for each of the 7 items, which are scored 1-5.

28% Low (7-21) 63% Medium (22-30) 9% High (31-35)

Q6a	-	u currently have any physical or mental health conditions or illnesses lasting, or expected to last, 12 months re? (Base: 6016)
	47%	Yes 53% No
Q6b	Do an	y of your conditions or illnesses reduce your ability to carry out day-to-day activities? (Base: 2788)
	24%	Yes, a lot
	50%	Yes, a little
	25%	Not at all
		codes ( <i>Base: 2788</i> )
	75% 25%	Yes, a lot/a little No
Q7	How	confident are you that you can manage your own health? (Base: 5991)
	2%	Not at all confident
	7%	Not very confident
	40%	Somewhat confident
	50%	Very confident
	2%	Not sure
		codes (Base: 5991) Confident
	9%	Not confident
	2%	Not sure
Q8a		n, if any, of the following health conditions or illnesses do you have or have you had in the last 12 hs? (Base: 5653)
	Pleas 8%	e tick all that apply.  Effects of COVID-19 more than 12 weeks after onset of symptoms (e.g., long Covid)
	24%	Depression
	33%	Anxiety
	2%	Autism
	3%	Learning disability
	5%	Other mental health condition
	11%	Asthma (using an inhaler)
	3%	Cancer
	8%	Menopause (including symptoms leading up to the menopause)
	5%	Reproductive/gynaecological health issues (other than menopause)
	3%	Chronic pulmonary (lung) disease (e.g., emphysema, chronic bronchitis)
	9%	Diabetes

5%

17%

1%

Heart disease

Stroke

High blood pressure

- 9% Short-term pain (lasting less than 3 months) not including backache Long-term pain (lasting more than 3 months) not including backache 15% 15% Sciatica, lumbago or recurring backache Neuromuscular condition (e.g., Parkinson's, MS, epilepsy) 2% Musculoskeletal / rheumatological problems (e.g., arthritis, tendinitis) 17% 12% Dermatological problems (e.g., psoriasis, eczema) 9% Continence problems (leakage of your bladder or bowel) 9% Other (please specify in the box below) None of the above 21%
- Any long-term condition (Over-codes) (Base: 5653) 79% Yes

21% No

Number of long-term conditions (Over-codes) (Base: 5653)

21% 0

22% 1

20% 2

36% 3+

# Please tick one box only per health condition.

,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	It affects my daily life a lot	It affects my daily life a little	It does not affect my daily life
Effects of COVID-19 more than 12 weeks after onset of	25%	48%	27%
symptoms (e.g., long Covid)	400/	5 40/	F0/
Depression	40%	54%	5%
Anxiety	41%	52%	7%
Autism	50%	32%	18%
Learning disability	49%	38%	13%
Other mental health condition	60%	33%	7%
Asthma (using an inhaler)	21%	45%	34%
Cancer	26%	44%	31%
Menopause (including symptoms leading up to the menopause)	33%	54%	13%
Reproductive/gynaecological health issues (other than menopause)	30%	46%	24%
Chronic pulmonary (lung) disease (e.g., emphysema chronic bronchitis)	a, 52%	33%	15%
Diabetes	30%	38%	32%
Heart disease	28%	46%	27%
High blood pressure	11%	31%	58%
Stroke	29%	38%	33%
Short-term pain (lasting less than 3 months) not including backache	24%	58%	19%
Long-term pain (lasting more than 3 months) not including backache	55%	41%	5%
Sciatica, lumbago or recurring backache	36%	55%	9%
Neuromuscular condition (e.g., Parkinson's, MS, epilepsy)	53%	25%	21%
Musculoskeletal / rheumatological problems (e.g., arthritis, tendinitis)	43%	50%	7%
Dermatological problems (e.g., psoriasis, eczema)	19%	48%	33%
Continence problems (leakage of your bladder or bowel)	40%	50%	11%
Other - Q8a. Other	45%	41%	14%

	67% 33%			
	Numb 32% 21% 17% 29%	1 2	ife (Over-cod	es) <i>(Base: 5653)</i>
Q9	Do you <i>5467)</i>	u have any health conditions or illnesses wl	hich affect yc	ou in any of the following areas? (Base.
	Please	e tick all that apply.		
	8%	Vision (problems not corrected by glasses or	contact lenses	)
	13%	Hearing		
	9%	Learning or understanding or concentrating		
	12%	Memory		
	71%	None of the above		
Q9a	Are yo	ou: <i>(Base: 337)</i>		
	94% Si	Sight impaired / partially sighted 6%	Severely sigh	t impaired / blind
Q9b	Do you	ou have: <i>(Base: 707)</i>		
	94% N	Mild / moderate hearing problems 6%	Severe / prof	ound deafness
	Having	ng sensory impairment (Over-codes) (Base: 5	5467)	
	81%			
Q10a	Do yo	ou have regular prescription medicines? (Bo	ase: 6010)	
	58%	Yes	42%	No

Any long-term conditions affecting daily life (Over-codes) (Base: 5411)

Q10b	If yes,	how many medicines do you	ı have o	n prescriptio	n? <i>(Base: 3433)</i>				
	25%	1							
	20%	2							
	14%	3							
	11%	4							
	29%	5 or more							
	Over-o	codes							
	45% 1-2								
	55%	3 or more							
Q11	How e	asy or difficult is it for you to	access	a community	pharmacy or loc	al cher	mist when you need one?		
		(Thinking about travel and opening times) (Base: 5999)							
	•		•	,					
	2%	Extremely difficult							
	4%	Quite difficult							
	9%	Neither easy nor difficult							
	33%	Quite easy							
	49%	Extremely easy							
	3%	Don't know/not applicable							
	Over-codes (Base: 5999)								
	6% Extremely/quite difficult								
	9% Neither								
	82%	82% Extremely/quite easy							
	3% D	on't know/not applicable							
Q12a	Have	you used a pharmacy in the la	ast 12 m	nonths? (Base	e: 5989)				
	86%	Yes	12%	No		2%	Not sure		

Please tick all that apply. 86% Picking up a prescription 48% Buying over-the-counter medication/products 4% Seeking health advice relating to COVID-19 11% Seeking health advice on another topic (not COVID-19 related) 4% Referral from GP or NHS 111 22% Receiving a vaccination Accessing another health-related service 2% Another reason 4% Q13 In the last 12 months, which forms of contraception have you or any partner used, together? (Base: 5592) Please tick all that apply. Not relevant – have not had sex in the last year 31% No contraception used in last 12 months 19% I have been /partner has been sterilized 10% 11% The Pill 13% Male condom 0% Female condom 1% Morning after pill 0% Emergency intra-uterine device (IUD) Coil/intra-uterine device (IUD) 3% 2% Hormonal IUD - MIRENA Natural family planning (safe period/rhythm method/Persona) 2% 0% Cap/diaphragm 1% Injections 0% Spermicides (foams/gels/sprays/pessaries) 2% Withdrawal 2% **Implants** 1% Other method of protection 10% Rather not say Q14a Are you registered with a GP (doctor)? (Base: 6033) 99% Yes 1% 0% Don't know No Are you registered with a dentist? (Base: 6000) Q14b 76% Yes 22% No 2% Don't know Registered with GP/dentist (Over-codes) (Base: 6038) 75% Both 24% One only 1% Neither

What were your reasons for using the pharmacy? (Base: 5138)

Q12b

0% Unclear

Q15a Do you need any help or support to continue living in your own home? (Base: 5959)

10% Yes 90% No

Q15b For which of the following tasks do you need help or support, regardless of whether you currently receive that support? (Base: 555)

#### Please tick all those you need support with

35% ...bathing / toilet

28% ...dressing

64% ...cleaning / housework

51% ...maintaining garden/outdoor space

12% ...eating

42% ...cooking / preparing food

59% ...shopping

48% ...getting around outside your home

22% ...getting around inside your home

14% ...other

12% ...none of these

Need help with bathing/toilet/eating (Over-codes) (Base: 5923)

4% Dependent

96% Not dependent

Q15c Do you receive the support you need for these tasks? (Base: 341)

## Please tick all those you receive support for

35% ...bathing / toilet

28% ...dressing

55% ...cleaning / housework

48% ...maintaining garden/outdoor space

9% ...eating

42% ...cooking / preparing food

59% ...shopping

45% ...getting around outside your home

19% ...getting around inside your home

9% ...other

17% ...none of these

Q15d For which of the following tasks do you use equipment/technology/adaptations and other aids which help you to be as independent as possible in these areas of your life. (Base: 564)

Equipment/technology/adaptations can include bathing equipment, stairlift, level access shower, ramp, grab rails, toilet frames, bed or chair raisers, care phone sensors, wheelchairs and walking frames.

## Please tick all that apply.

- 42% ...bathing / toilet
- 11% ...dressing
- 20% ...cleaning / housework
- 14% ...maintaining garden/outdoor space
- 7% ...eating
- 17% ...cooking / preparing food
- 22% ...shopping
- 37% ...getting around outside your home
- 25% ...getting around inside your home
- 8% ...other
- 35% ...none of these
- Q16 Have you delayed seeking out support from health or social care in the last 12 months? (Base: 5865)
  - 69% Not applicable, no support needed
  - 9% No, I needed support, but I did not delay seeking it
  - 11% Yes, to some extent, but my needs have now been met
  - 11% Yes, and I am still delaying asking for support
- Q17 Have you fallen and hurt yourself in the last 12 months? (Base: 5990)

## Please tick all that apply.

- 84% No
- 9% Yes, at home
- 9% Yes, outside of my home

Over-codes (Base: 5990)

- 84% No
- 16% Yes

- Q18a Do you currently look after, or give any help or support to family members, friends, neighbours or others because of their long-term physical or mental ill-health, disability or problems related to old age? (Do not count anything you do as part of paid employment or volunteering with an organisation). (Base: 5909)
  - 83% No
  - 11% Yes, up to 19 hours per week
  - 2% Yes, 20 to 49 hours per week
  - 1% Yes, 50 or more hours per week, but not round-the-clock care
  - 3% Yes, I provide round-the-clock care

#### Over-codes (Base: 5909)

- 17% Yes
- 83% No
- Q18b Have any health or care professionals you have spoken to in the last 12 months asked you about your needs as a carer? (Base: 1011)
  - 35% I haven't spoken to any health care professionals
  - 20% Yes
  - 43% No
  - 2% Don't Know
- Q18c Thinking about the main person you care for, what type of care and support do you provide? (Base: 1008)

#### Please tick all that apply.

- 39% Physical (e.g., personal hygiene, administering medicines)
- 85% Practical (e.g., shopping, transport, housework, paperwork, paying bills)
- 71% Emotional (e.g., talking through problems, providing reassurance)
- Q18d Have you used respite care in the last 12 months? Respite care is any sort of help and support that enables a person to take a break from the responsibilities of caring for somebody else. (Base: 1015)
  - 3% Yes, regularly
  - 5% Yes, occasionally
  - 92% No, never

## Over-codes (Base: 1015)

- 8% Yes, used respite care
- 92% No, never
- Q19 How do you access the internet from your home? (Base: 5955)

#### Please tick all that apply.

- 89% I have broadband internet installed at home (e.g., Virgin, BT, etc)
- 2% I use a prepaid router or "dongle"
- 38% I use my mobile phone data
- 1% I have a router or data agreement provided via a school
- 2% I have a laptop or computer or tablet but no internet access at home
- 5% I have no way to access the internet at home

Q20 Do you have any challenges using online services? (Base: 5840)

#### Please tick all that apply.

- 74% No, I make the most of online services without any challenges
- 7% The cost of devices and internet access
- 3% I don't have any means to use online services
- 3% My device is old, unreliable, or unsuitable
- 7% I have broadband internet, but the connection is poor/slow
- 5% The cost of using mobile data
- 9% I feel I lack the knowledge / training / confidence to use the technology
- 6% I am worried about staying safe online
- 2% I have a medical condition that makes using technology difficult
- 2% There is nowhere nearby with free wi-fi

Over-codes (Base: 5840)

74% No

26% Yes

Q21 Which of these qualifications do you have? (Base: 5845)

## Please tick all that apply.

- 13% No qualifications
- 22% 1 4 O-levels / CSEs / GCSEs (any grade) or equivalent (e.g. BTEC / NVQ Level 1)
- 43% 5+ O-levels / CSEs / GCSEs (grades A\*- C or grades 9 to 4) or equivalent (e.g. an Intermediate Apprenticeship, BTEC / NVQ Level 2)
- 37% 2+ A-levels / 4+ AS-levels or equivalent (e.g. GNVQ Advanced, Advanced Apprenticeship, BTEC / NVQ Level 3)
- 43% Foundation Degree, Degree (BA, BSc), Higher Apprenticeship, Higher Degree (MA, PhD, PGCE), NVQ Level 4+ or equivalent
- 33% Other professional / vocational / work-related qualifications / technical skills
- Q22 Qualifications (Base: 5845)
  - 35% Not qualified to Level 2
  - 7% Qualified to Level 2
  - 58% Qualified above Level 2

- Q22a Which of these activities best describes what you are doing at present? (Base: 5912)
  - 40% Working full-time (30 hrs or more per week)
  - 13% Working part-time (Under 30 hrs per week)
  - 0% On an apprenticeship or a training scheme
  - 0% Doing any other kind of paid work
  - 3% Self-employed or freelance
  - 0% Working paid / unpaid for your own or family's business
  - 0% Temporarily laid off
  - 2% Unemployed and available for work
  - 1% On parental leave (maternity or paternity leave)
  - 4% In full-time education at school, college or university
  - 6% Long-term sick or disabled
  - 23% Wholly retired from work
  - 5% Looking after the home
  - 2% Doing something else

Over-codes (Base: 5912)

58% Working

8% Unemployed

23% Long-term sick/disabled

7% Retired

- Q22b Do you work on a zero hours contract? (Base: 3367)
  - 5% Yes
  - 93% No
  - 3% Not sure
- Q22c How dissatisfied or satisfied are you with your present job overall? Consider the job where you work the most hours. (Base: 3373)
  - 5% Completely / mostly dissatisfied
  - 14% Somewhat dissatisfied
  - 12% Neither satisfied nor dissatisfied
  - 34% Somewhat satisfied
  - 36% Completely / mostly satisfied

Over-codes (Base: 3373)

18% Dissatisfied

12% Neither

70% Satisfied

Q22d If completely / mostly or somewhat dissatisfied with your present job, which of these reasons best explains why? (Base: 595)

## Please tick all that apply.

- 21% Job security
- 34% Unable to progress further
- 31% No opportunities for development
- 46% Rate of pay
- 11% Long commute
- 17% Inflexible working hours
- 10% Feel unsafe at work
- 27% Poor work relationships
- 6% Inadequate leave
- 12% Lack of support for my health condition
- 32% Other
- Q22e What would help you find a new or different job? (Base: 1513)

#### Please tick all that apply.

- 44% More job opportunities
- 24% Access to training
- 16% Completing qualifications
- 14% Help with writing a CV and applying for jobs
- 6% Adaptations to the workplace that would make it easier to manage my health condition
- 14% Better/more affordable public transport to make the journey easier
- 30% More flexible hours to enable me to work around my other commitments
- 29% Something else
- Q23 In the last 12 months, have you taken part in any volunteering? (Base: 5935)
  - 14% Yes, I regularly volunteer (at least once a month)
  - 10% Yes, but not regularly (less than once a month)
  - 75% No

Over-codes (Base: 5935)

25% Yes

75% No

- Q24 Do you intend to volunteer in the future? (Base: 5905)
  - 34% Yes
  - 28% No
  - 38% Not sure

Q25		e tell us the total annual income of your household (before tax and deductions, but including benefits / ances)? (Base: 5469)
	14%	Below £10,000
	22%	£10,001 to £20,000
	18%	£20,001 to £30,000
	12%	£30,001 to £40,000
	10%	£40,001 to £50,000
	8%	£50,001 to £60,000
	5%	£60,001 to £70,000
	11%	Above £70,000
	Over-	codes <i>(Base: 5469)</i>
	37%	Under £20k
	30%	£20k-£40k
	17%	£40k-£60k
	16%	£60k+
	Pleas	u or any other member of your household receive any of the following state benefits? (Base: 5785)  e tick all that apply.
	10%	Universal Credit
	7%	Housing Benefit
	2%	Attendance Allowance
	4%	Incapacity Benefit / Employment Support Allowance
	4%	Carers Allowance
	1%	Income Support
	8%	Child Tax Credit
	1%	Jobseekers Allowance
	13%	Council Tax Reduction
	2%	Pension Credit – Guarantee Credit element
	4%	Working Tax Credit
	9%	Disability Living Allowance / Personal Independence Payment
	3%	Free School Meals
	2%	Other
	63%	None of these
	House	ehold receives state benefits (Over-codes) (Base: 5785)

63% No

Receive council tax reduction (Over-codes) (Base: 5785)

37% Yes

13% Yes 87% No

Q27 How well would you say you are managing financially these days? Would you say you are... (Base: 6017)

28% Living comfortably

41% Doing alright

Just about getting byFinding it quite difficult

3% Finding it very difficult

Over-codes (Base: 6017)

69% Living comfortably/doing alright

21% Just about getting by

10% Finding it quite/very difficult

Q28 Has gambling (by you or someone close to you) had a negative effect on your life? (Base: 6002)

4% Yes

61% No

2% Not sure

34% Not applicable

Q29 We'd like to know how physically active you are at two different intensity levels:

Moderate – this will raise your heart rate, make you breathe faster and feel warmer (e.g., brisk walking, riding a bike at an easy pace, pushing a lawnmower, hiking)

Vigorous – this will make you breathe hard and fast (e.g., running, swimming, riding a bike fast or up hills, sports like football, rugby and netball)

If you're unsure of the difference, being able to talk but not sing indicates moderate intensity activity, while having difficulty talking without pausing is a sign of vigorous activity.

Meeting physical activity guidelines (Under 19s) - Over-codes (Base: 72) [At least 420 minutes of moderate/vigorous activity per week]

33% Yes 67% No

Meeting physical activity guidelines (Adults 19+) - Over-codes (Base: 5075)

[At least 150 minutes of moderate activity or 75 minutes of vigorous activity (or a combination of the two) per week]

51% Yes 49% No

- Q30 In an average week, how often do you do some form of muscle strengthening activity (Activities could include using bodyweight, free weights, resistance machines or elastic bands, stair climbing, carrying shopping bags, lifting and carrying children, and gardening). (Base: 5946)
  - 22% Never
  - 13% Less than one day a week
  - 13% One day a week
  - 16% Two days a week
  - 36% More than two days a week

(Base: 5946) 22% Never

26% Up to one day a week 52% At least 2 days a week

Q31 In an average week, how many days do you walk or cycle for travel (where arriving at a destination is the purpose of the journey, and not simply for exercise)? (Base: 4762~5789)

## Please tick one box for walking and one box for cycling.

	0	1	2	3	4	5	6	7
Walking	36%	10%	12%	11%	8%	10%	3%	10%
Cycling	93%	2%	2%	1%	1%	1%	0%	0%

Over-codes (Base: 4762~5789)

	0	1-2 days a week	3-5 days a week	6-7 days a week	
Walking	36%	22%	28%	13%	
Cycling	93%	4%	3%	0%	

Q32 What, if anything, would help you to become more active? (Base: 5687)

#### Please tick all that apply.

- 44% Having more time
- 27% Having someone to go with
- 16% Knowing that activities are suitable for someone like me
- 20% Knowing what activities / facilities / clubs / groups exist in the local area
- 12% Increased or improved access to local greenspaces
- 23% Feeling safer in public open spaces (e.g., lighting, visibility, supervision)
- 30% Free or affordable local facilities or activities
- 13% Easier access to local facilities or activities
- 16% More flexible opening times and / or programming of activities and facilities
- 13% Different types of activity or facility to broaden the choice
- 4% Better disabled access at local facilities
- 10% Understanding what support there is for someone with my health condition(s)
- 5% Better access to cycling equipment
- 15% Increased access to or improved safety of local cycling / walking routes
- 20% Nothing I am already very active

Q33 On an average day, how likely is it that you will eat 5 or more portions of fruit and vegetables? (Base: 5996)

Examples of a portion size can be seen in the pictures above.

```
9% Extremely unlikely
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23% Quite unlikely

40% Quite likely

27% Extremely likely

2% Don't know

Over-codes (Base: 5996)

67% Likely

31% Unlikely

2% Don't know

Q34 How often do you eat fast food or take away meals? (Base: 6005)

```
15% Never
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61% Less than once a week

23% 1 to 4 times a week

1% 5 or more times a week

Q35 What cooking facilities do you have access to? (Base: 6018)

## Please tick all that apply.

```
96% Oven
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7% Hob (1 ring)

89% Hob (more than 1 ring)

91% Microwave

79% Grill

10% Hotplate

0% None of the above

Access to cooking facilities (Over-codes) (Base: 6018)

100% Yes

0% No

Q36	Would	d you be willing to access or support initiatives to reduce food waste (for example, redistributing food
	you do	on't need or receiving food that someone else doesn't need)? (Base: 5917)
	30%	Yes, I'd be willing to redistribute excess food I don't need
	4%	Yes, I'd be willing to receive food that someone else doesn't need
	14%	Yes, I'd be willing to do both
	23%	No
	28%	Not sure
	Over-	codes <i>(Base: 5917)</i>
	48%	
	23%	
	28%	Not sure
Q37a	In a ty	pical week, how many days do you drink alcohol? (Base: 59801)
	23%	0
	15%	1
	13%	2
	10%	3
	6%	4
	4%	5
	2%	6
	5%	7
	22%	I don't drink
	Over-	codes <i>(Base: 5980)</i>
		0-1 days a week
		2 to 4 days a week
		5 to 6 days a week
		Everyday I don't drink

#### Q37b How many alcohol units do you have in a typical week?

Over-codes (Base: 4376)

30% Don't drink

48% Under 15 units

23% 15 or more units

## Q37c Which of the following best describes your feelings about the amount of alcohol you drink? (Base: 3162)

- 82% I am not concerned about the amount I drink
- 14% I am concerned, and I plan to reduce it
- 3% I am concerned but don't want to reduce it
- 1% I am concerned, and I need help to reduce it

## Over-codes (Base: 3162)

18% I am concerned

82% I am not concerned

## Q38a Would you describe yourself as a...? (Base: 5960)

- 63% Non-smoker / never smoked
- 23% Ex-smoker (stopped smoking more than 12 months ago)
- 2% Ex-smoker (stopped less than 12 months ago)
- 3% Occasional smoker (less than 1 cigarette/cigar/pipe per day or less than 7 per week)
- 9% Regular smoker (at least 1 cigarette/cigar/pipe per day)

## Over-codes (Base: 5960)

9% Smoker

3% Occasional Smoker

24% Ex smoker

63% Non-smoker

#### Over-codes (Base: 5960)

13% Current smoker

24% Ex smoker

63% Non-smoker

- Q38b Which of the following statements best describes your feelings about stopping smoking? (Base: 735)
  - 21% I intend to stop smoking within the next 6 months
  - 47% I would like to stop smoking sometime in the future
  - 32% I don't want to stop smoking

Over-codes (Base: 735)

68% Intend to / would like to stop smoking

32% Don't want to stop smoking

Q38c What would encourage you to stop smoking? (Base: 484)

#### Please tick all that apply.

- 42% Self-help
- 19% Support from friends and family
- 25% Stop smoking service
- 2% Social media
- 2% Local/national campaigns
- 45% Free alternatives
- 22% Something else
- Q39 Which statement suits you best in relation to e-cigarettes/vaping? (Base: 5775)
  - 82% I have never used e-cigarettes / I have never vaped
  - 10% I have tried e-cigarettes / vaping, but I no longer use them at all
  - 3% I use e-cigarettes / vape but not every day
  - 5% I use e-cigarettes / vape daily

Over-codes (Base: 5775)

5% Use daily

3% Use occasionally

92% Never/tried but no longer use

Over-codes (Base: 5775)

8% Current vaper

92% Not current vaper

#### Q40a Have you used illegal or recreational drugs in the last 5 years? (Base: 5964)

- 92% No
- 3% Yes, as a one off
- 2% Yes, less than once a month
- 1% Yes, at least monthly
- 1% Yes, at least weekly
- 1% Yes, at least daily

## Over-codes (Base: 5964)

4% Yes

96% No

Over-codes (Base: 455)

68% One off/less than once a month

12% Daily

21% Weekly/monthly

## Q40b Which of the following drugs have you used? (Base: 445)

## Please tick all that apply.

- 10% Amphetamines (excluding Ecstasy) e.g., MCAT, Speed
- 3% Barbiturates
- 87% Cannabis
- 28% Cocaine / Crack
- 21% Ecstasy / MDMA
- 12% Hallucinogens e.g., mushrooms
- 4% Heroin
- 4% Major Tranquilisers
- 3% Methadone
- 4% Novel Psychoactive Substances (formerly known as 'Legal highs')
- 5% Illegally Obtained Prescription Drugs e.g., Temazepam, Diazepam, Benzodiazepines
- 4% Solvents e.g., glue, gas, balloon
- 1% Synthetic cannabinoids e.g., K2, Spice, Mamba
- 4% Other Drugs

Q41 Overall, how satisfied or dissatisfied are you with your local area as a place to live? (Base: 6023)

28% Very satisfied

44% Fairly satisfied

15% Neither satisfied nor dissatisfied

9% Fairly dissatisfied

4% Very dissatisfied

Over-codes (Base: 6023)

72% Satisfied

15% Neither

13% Dissatisfied

Q42 How safe or unsafe do you feel when outside in your local area...? (Base: 5789~6001)

## Please tick one box only for each row

	Very safe	Fairly safe	Neither safe nor unsafe	Fairly unsafe V	ery unsafe I	Don't know
during the day?	41%	43%	9%	5%	2%	1%
outside in your local area after dark?	13%	38%	19%	18%	10%	2%

Over-codes (Base: 5789~6001)

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	Very/fairly safe	Neither	Very/fairly unsafe	Don't know
during the day?	84%	9%	6%	1%
outside in your local	51%	19%	28%	2%
area after dark?				

Q43 To what extent do you agree or disagree that your local area is a place where people trust each other. (Base: 6019)

13% Strongly agree

42% Tend to agree

31% Neither agree nor disagree

10% Tend to disagree

3% Strongly disagree

Over-codes (Base: 6019)

55% Agree

31% Neither

14% Disagree

Q44a	To what extent would you agree or disagree that people in this local area pull together to improve the local area? (Base: 6006)			
	10%	Definitely agree		
	33%	Tend to agree		
	33%	Neither agree nor disagree		
	14%	Tend to disagree		
	9%	Definitely disagree		
	1%	Nothing needs improving		

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Over-codes (Base: 6006)
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44% Agree 33% Neither

23% Disagree

1% Nothing needs improving

- Q44b To what extent would you agree or disagree that during the last 12 months, I got involved in my community and something positive came out of it? (Base: 5953)
  - 8% Definitely agree
  - 17% Tend to agree
  - 22% Neither agree nor disagree
  - 7% Tend to disagree
  - 5% Definitely disagree
  - 42% I didn't get involved in my community

## Over-codes (Base: 5953)

24% Agree

22% Neither

12% Disagree

42% I didn't get involved in my community

- Q45 To what extent do you agree or disagree that you personally can influence decisions affecting your local area? (Base: 5942)
  - 4% Definitely agree
  - 16% Tend to agree
  - 38% Neither agree nor disagree
  - 24% Tend to disagree
  - 17% Definitely disagree

#### Over-codes (Base: 5942)

20% Agree 38% Neither

42% Disagree

Q46 In the last 12 months, how often, if at all, have you used parks and green spaces (e.g., fields, woods, area of communal grass) within a mile (1-2 kilometres) of your home? This is around 15-20 minutes' walking distance or 5 minutes' drive. (Base: 5990)

44% At least once a week

25% Less often than once a week but at least once a month

14% Less often than once a month but at least once in the last 12 months

17% Have not used these in the past 12 months

Over-codes (Base: 5990)
44% At least once a week
25% At least once a month

31% Less often/not in last 12 months

Q47 In the past year, have you experienced any type of discrimination (such as verbal or physical threats or abuse or unfair treatment) for reasons to do with your...? (Base: 5472~5707)

## Please tick one box only for each row

	Yes	No	Not sure
ethnicity/ race/ colour	10%	88%	3%
religion/ faith/ beliefs	6%	92%	2%
age	7%	89%	3%
disability/ health condition	6%	92%	2%
gender/ gender identity	5%	93%	2%
sexual orientation	2%	97%	1%

Experienced discrimination (last 12 months) - Over-codes (Base: 5884)

21% Yes

79% No/Not sure

Q48 How often do you feel lonely? (Base: 6011)

23% Never

27% Hardly ever

26% Occasionally

17% Some of the time

6% Often/always

Over-codes (Base: 6011) 50% Never/hardly ever

43% Occasionally/some of the time

6% Often/always

Q49 How much do you agree or disagree with the following statement? (Base: 6024) "If I needed help, there are people who would be there for me" 46% Definitely agree 35% Tend to agree 12% Neither agree nor disagree Tend to disagree 5% 2% Definitely disagree Over-codes (Base: 6024) 81% Agree 12% Neither 7% Disagree Q50a Have you lost someone close to you in the last 12 months? (Base: 5993) 25% Yes 75% No Q50b If yes, have you received adequate support to cope with this? (Base: 1464) 47% I didn't need any support 24% Yes 21% No 8% Not sure Q51 Do you own or rent your current home? (Base: 5985) 36% Own outright 33% Own with a mortgage or loan 1% Part own / part rent (shared ownership) 14% Rent from a private landlord 9% Rent from Kirklees Council (Homes & Neighbourhoods, formerly Kirklees Neighbourhood Housing) 2% Rent from a registered provider (e.g., housing association/charity) Live rent free / with family 5% Q52 How many rooms do you have for use by your household only? Overcrowded (Over-codes) (Base: 6084): More people in household than rooms (excluding bathrooms, toilets, halls or landings) 8% Yes 92% No

- Q53a Overall, would you say your present home and housing contract (if applicable) are suitable for the needs of your household? (Base: 5946)
  - 83% Yes
  - 11% No
  - 7% Not sure
- Q53b If no, why is it not suitable? (Base: 609)

#### Please tick all that apply.

- 3% Inflexible contract
- 35% Badly in need of repairs / improvements
- 13% Rent / mortgage is too expensive
- 48% Too small for me / us
- 5% Issues with the landlord
- 8% Too large for me / us
- 8% Local public transport is inadequate
- 25% Too expensive to heat
- 29% Damp, cold or uncomfortable
- 18% Unsuitable for me / us to cope with physical or mental health conditions or illnesses
- 9% Not safe / secure enough
- 17% Unsuitable for my / our mobility needs
- 19% Insufficient outdoor space
- 14% Something else
- Q54 How many people are there in your household including yourself?

#### Please write numbers in boxes below.

Children aged 4 years and under	100%
Children aged 5 to 11 years	100%
Children aged 12 to 17 years	100%
Adults aged 18 to 64 years	100%
Adults aged 65 years and over	100%

#### Household composition (Over-codes) (Base: 5766)

- 33% Any with children
- 13% Any with pre-school children
- 25% Any with school age children
- 67% No children
- 41% Only adults (17-64)
- 29% Parent of child
- 5% Single parent
- 25% Single person household
- 10% Pensioner only
- 77% Any pensioners
- 24% No pensioners

Are you a parent / guardian of a child(ren) under the age of 18? (Base: 3398) Q55a 49% Yes 51% No Q55b Are you a single parent? (Base: 279) 17% Yes 83% No Q55c Do you face any challenges being a parent/guardian? (Base: 1578) Please tick any challenges you experience. 32% I don't face any challenges being a parent/guardian 34% Lack of sleep 7% Can't afford to buy essential items for my child(ren) 17% Controlling my child(ren)'s behaviour 24% Getting my child(ren) to eat healthily 20% Supporting my child(ren) to do well at school 8% Lack of confidence in how to raise my child(ren) 11% Lack of a support network to help me with my child(ren)

## Q56 Are you...? (Base: 5966)

Something else

48% Male 52% Female

0% Transgender

0% Prefer to self-describe (please specify in the box below)

Don't know where to go for advice/formal support

Not enough places to go/things to do in the local area

Strain on my relationship with my partner

Other

6% 11%

22% 9%

## Q57 What was your age on your last birthday?

#### Over-codes (Base: 5787)

1% 16-17	18% 45-54
7% 18-24	15% 55-64
21% 25-34	13% 65-74
16% 35-44	10% 75+

- Q58 How tall are you without shoes? If you are unsure, please give an estimate. Please answer in either metres and centimetres or feet and inches.
   Q59 What is your current weight (in light clothing, without shoes)?
  - BMI (excluding pregnant), based on height and weight Over-codes (Base: 5337)

2% Underweight4%Very obese39% Healthy weight59%Any overweight34% Overweight25%Any obese

21% Obese

- Q60 Are you pregnant? (Base: 58612)
  - 1% Yes74% No
  - 1% Prefer not to say
  - 23% Not applicable
- Q61 To which of these groups do you consider you belong to? (Base: 5976)
  - 77% White: English / Welsh / Scottish / Northern Irish / British
  - 1% White: Irish
  - 0% White: Gypsy or Irish traveller
  - 0% White: Roma
  - 1% White: Eastern European
  - 2% White: Any other White background
  - 5% Asian / Asian British: Indian
  - 9% **Asian / Asian British:** Pakistani
  - 0% Asian / Asian British: Bangladeshi
  - 0% Asian / Asian British: Chinese
  - 0% Asian / Asian British: Kashmiri
  - 1% Asian / Asian British: Any other Asian background
  - 1% Black / African / Caribbean / Black British: African
  - 1% Black / African / Caribbean / Black British: Caribbean
  - 0% Black / African / Caribbean / Black British: Any other Black / African / Caribbean background
  - 1% Mixed / multiple ethnic groups: White and Black Caribbean
  - 0% Mixed / multiple ethnic groups: White and Black African
  - 0% Mixed / multiple ethnic groups: White and Asian
  - 0% Mixed / multiple ethnic groups: Any other Mixed / multiple ethnic background
  - 0% Other ethnic groups: Arab
  - 0% Other ethnic groups: Other ethnic group
  - Over-codes (Base: 5976)

81% White 2% Black 16% Asian 1% Other

1% Mixed

89%	Heterosexual / straight
3%	Bisexual
1%	Lesbian / gay woman
1%	Gay man
3%	I am not prepared to say
4%	None of these
Over-	-codes (Base: 5497)
5%	LGBT+ 95% Hetero/Binary
Q63 V	Vhat is your religion? (Base: 5991)
1%	Buddhist
45%	Christian (including Church of England, Catholic, Protestant and all other Christian denominations)
1%	Hindu
0%	Jewish
14%	Muslim
1%	Sikh
2%	Any other religion
37%	No religion
Q65 S	urvey channel (Base: 6084)
2%	Champion
20%	Online Open Link
20%	Online Targetted
58%	Postal

Q62 How would you describe your sexual orientation? (Base: 5954)

# Ward Ward (Base: 5893)

10% 4

5%	Ashbrow	4%	Dewsbury South	5%	Mirfield
4%	Batley East	5%	Dewsbury West	6%	Newsome
5%	Batley West	4%	Golcar	4%	Almondbury
4%	Birstall and Birkenshaw	5%	Greenhead	4%	Colne Valley
4%	Cleckheaton	4%	Heckmondwike	4% (	Crosland Moor and Netherton
4%	Dalton	5%	Holme Valley South	4%	Holme Valley North
4%	Denby Dale	5%	Lindley	4%	Kirkburton
4%	Dewsbury East	4%	Liversedge and Gomersal		
IMDD IMD Decile (Base: 5882)					
13%	1 (most deprived)	9%	5	6%	9
17%	2	6%	6	4%	10 (least deprived)
14%	3	8%	7		

12% 8