

Kirklees Family Intervention Project

people realising
their potential



Revised referral criteria for KFIP (DISC) October 2016

The family lives in Kirklees with one or more children under 16 years old

and

The family meet a **minimum** of **three** of the following criteria:

- Parents and or children involved in **offending or Anti-Social Behaviour**
- Children **not attending school** regularly (Children with <90% attendance, 3 or more exclusions , permanent exclusion, professional concern over attendance (past 3 terms)
- Children subject of a **TAF, Child in Need or Child protection Plan** or a Child who is Looked After and placed within their extended family network
- Adults in the household are **out of work or at risk of financial exclusion**; young people at risk of worklessness (incl. NEETs and families in debt)
- **Families affected by domestic violence and abuse** (using the home office definition)
- Family member known to be affected by **mental health issues**
- Family member known to be affected by **substance/alcohol misuse**

As a guiding principle families referred for FIP intervention should be those **with multiple problems, at significant risk of family breakdown** and poor outcomes who require an **extended period of intensive whole family intervention**. The criteria chosen need to be impacting on the family **now**.

DISC operates a 24 week model for working with families, with an aim to **work intensively to elicit positive and sustainable changes**.

24 Week Programme of Work



Stage One- 'Step In'

When families are referred to the service (Step In), DISC will complete a full, comprehensive assessment with the family, utilising the SDQ and Family STAR outcome tool, and from that will develop a tailored support package for their time with us.

Stage one of the DISC support will be intensive with the families over a 12 week period. Each family will be offered 3 x 1.5 hour sessions per week. These 3 sessions will vary in content depending on the family but will include a variety of different work, including;

- Comprehensive assessment of all the family members
- Intensive presence of the allocated DISC worker in the home (i.e. observations, hands-on practical support, modelling good parenting, advice and guidance)
- Participation in therapeutic work in groups or 121- addressing their specific needs

The work in stage one will hopefully deliver 'quick wins' for families- such as ensuring the correct benefits are received, debt management systems in place, secured tenancies, improved school attendance, attendance at health appointments etc. The work may also just be the start/preparation work for on-going issues such as domestic violence, substance misuse, care proceedings etc.

Stage Two- 'Step Up'

After the initial, intensive 12 week period, the family will move onto stage 2 which will aim to embed the work completed in stage one, address any on-going issues through our tailored support and start to prepare the families to 'Step Forward'.

Stage 2 will begin by completing the Family STAR outcome tool to monitor progress, a review of the work completed, outcomes achieved and action plan for continuing identified needs.

DISC envisage that stage 2 will happen over another 12 week period, with less intensive appointments. Each family will be offered 1 x 1.5 hour sessions per week.

The aim is for the worker to step back and allow the family to step up and implement changes for themselves with our support when needed.

Stage Three- 'Step Forward'

Families will leave the service, hopefully back into an environment where they have more control and where they are able to sustain the positive outcomes they have achieved during their time with DISC.

A 'sustained outcomes' check will be carried out by DISC- 3 months after the family have left the service- to see if they have been able to maintain the changes or seek to refer the family for support around any particular issues- potentially a re-referral into DISC.