October to December 2016 e-bulletin

This e-bulletin updates our recent progress against local priorities in the Kirklees Children and Adolescent Mental Health Services (CAMHS) Transformation Plan and October 2016 Refreshed Plan.

We want to be transparent about our commitment to local engagement and jointly achieve our local priorities by 2020. Budgets to support transformational change to our CAMHS services have been protected through special financial agreements for the next 5 years.

Both plans and other documents mentioned in this bulletin are at: www.kirklees.gov.uk/futureinmind

Thriving Kirklees

- A new partnership 0 -19 Healthy Child Programme contract has been awarded to Locala Community Partnership.
- The partnership includes existing CAMHS services provided by Northorpe Hall Child and Family Trust (ChEWS), the Single Point Of Contact (ASK CAMHS) and South West Yorkshire Partnership NHS Foundation Trust. There is a heavy reliance on the Healthy Child Programme enabling long-term changes in our CAMHS provisions.
- Processes are in place to make sure there is a seamless changeover and continuing delivery which does not have a negative effect for anyone needing to access CAMHS.
- The new contract starts on 1st April 2017, you should not experience any noticeable changes in how you access existing services. Information about any changes will be published as they emerge during the year.

Waiting times

Reducing waiting times is recognised as a priority. Extra funding will help address this by March 2017 by:
- Increasing capacity with our Tier 3 provider to offer more clinics at flexible times across community settings.
- Using agency staff and overtime to increase capacity in our Tier 3 provision.
- More investment in front-line services including offering more capacity within our Tier 2 and ASK CAMHS provision.
- Speeding up referral, screening and interventions for some clients using online assessment tools.

Public Engagement

To make change happen, including quicker access to quality services for children and young people we need to include public feedback.

- Safeguarding Children Board Review
  An independent review of emotional health and wellbeing and CAMHS in Kirklees has provided a final report called “A Child’s Journey, CAMHS and Emotional Wellbeing Services in Kirklees”.
  This report included several recommendations some of which were included in the October 2016 Refreshed Plan and the Healthy Child Programme delivery requirements.

- Public Survey
  An online survey in November 2016 asked for public and professional views to help improve delivery of CAMHS. The 71 responses included suggesting treating all young people as individuals and tailoring treatments more to individual’s needs and a number of changes and improvements.
  Other comments included simplifying processes; reducing waiting times; using social prescribing; increasing collaboration with other professionals; interacting with young children and keeping services separate from schools.
  The survey will be reviewed together with the Child’s Journey recommendations by providers and commissioners.
ASK CAMHS – single point of contact
Since the Service began in April 2016 there have been 2,247 support request calls with 1,489 of them progressing to a ChEWS referral. Between October and December 2016 the single point of contact pilot received 804 support request calls. Lessons learned will help develop the 0 - 19 Healthy Child Programme.

Tier 2 CAMHS (ChEWS)
Between October and December 2016 the ChEWS Service provided direct support to 304 children and young people. This included 1,338 hours of one-to-one support and 348 hours of group work. Extra funding aims to reduce waiting times by April 2017.

Tier 3 CAMHS
The provision has seen a decline in waiting times because of the extra investment and early impact of us now having a Single Point of Access. The average wait between partnership appointments has also reduced from 192 days in April 2016 to 131 days in November 2016. At the end of November, nearly 60% of those waiting for treatment had been waiting less than 6 months. Work is ongoing to further reduce waiting times.

Vulnerable Children
Three new posts have been established in the Vulnerable Children’s Service this will provide additional early support for vulnerable children.

CAMHS School Link Pilot
To improve local support for children and young people, a CAMHS schools link scheme involving three primary and three secondary Kirklees schools is being piloted. This involves their having a named practitioner from CAMHS and a named member of staff at each school who takes responsibility for mental health, developing joint training and creating individual CAMHS development and improvement plans. Lessons learned from the pilot will identify ways that more schools can be involved in the future.

Eating Disorder Service
A regional Eating Disorder service provides support across Kirklees, Calderdale, Wakefield and Barnsley and is meeting its waiting time standards. On 31 December 2016 there were 58 open cases across Kirklees. Access to this service is initially via ASK CAMHS or the Crisis Team.

Autism Spectrum Disorder (ASD)
Additional resources have been put in place to improve front-line services and reduce assessment waiting times. Continuing resources have been identified for 2017/18 as part of the Healthy Child Programme which will ensure an assessment team is in place and delivering. Additional resources within the Healthy Child Programme should help clear the historical backlog of waiting times.

Getting involved - If you would like further information or want to make any comments or recommendations, please contact us by email: CSA.Admin@kirklees.gov.uk

Kirklees Local Offer - For local information and support about special educational needs, disability, education and parental support for children and young people aged 0-25 visit the Kirklees Local Offer website

The Kirklees Additional Needs Register is a voluntary register for children and young people aged 0-25 years with disabilities or additional needs. Registering information helps provide a more accurate picture of children and young people’s additional needs to support decision making when planning and developing services and family support. To register visit: www.kirklees.gov.uk/additionalneeds

PCAN (Parents of Children with Additional Needs) is an independent, parent-led forum for parents and carers of children and young people aged from birth to 25 years who have additional needs. Contact them by phone of 07754 102336 or visit their website: www.pcankirklees.org

KIAS (Kirklees SEND Information, Advice and Support Service) is a free and impartial and confidential service for parents, carers, children and young people. KIAS is available Monday to Friday 9am - 5pm by phone on 01484 225 422 or visit their website at: www.kias.org.uk