

April to June 2018 E-bulletin - Edition 6

This report summarises extracts from the Kirklees progress report submitted to NHS England for the period of March to June 2018, the full report includes:

- Activity to reduce waiting times.
- Update on Thriving Kirklees Workforce Development.
- Development and expansion of the Kirklees Thrive Elaborate Model.
- Information on inpatient admission activity and New Care Models.
- Ambition and coverage of schools based work.
- Further information on the Eating Disorder peer review.

Access the report at www.kirklees.gov.uk/futureinmind

Kirklees Thriving Model

The 0-19 Healthy Child Partnership is delivered under the partnership umbrella title of "[Thriving Kirklees](#)". A Transformation Premium Payment is being used to support focus and achievement of the transformational objectives of the Thriving Kirklees Model. The Premium is used to ensure clarity on annual objectives and that the partnership keeps the pace of transformation in line with the plan they have set themselves and to ensure achievement of objectives is adequately incentivised. The use of premium payments also allows commissioners to support the partnership in achievement of transformation objectives



Single Point of Contact (SPoC)

This is the initial point of contact to access Thriving Kirklees services.

During April and May 2018, a total of 3,143 calls were received by Thriving Kirklees SPoC. 2.3% of these calls were for CAMHS services.

Referrals can either be made using an on line referral form found [here](#). **OR** by ringing the 24/7 Single Point of Contact telephone number:

0300 304 55 55



Mental Health Waiting Times

Kirklees continues to work towards achieving new national children and young people access standards of 2 contacts within 6 weeks.

Below table shows the most recent waiting times available for April and May 2018.

Months of April and May 2018	ChEWS*	Specialist CAMHS
1. Total number of CYP waiting for treatment*	307	34
2. Average waiting times from referral to treatment*	28.6 weeks	7.7 weeks ¹ <small>¹ not including LD, ADHD, ASC, Crisis Team or VYP/LAC</small>

CAMHS Children's Emotional Wellbeing Service (ChEWS)

During Quarter 1 for the months of May and June only, ChEWS received 629 referrals. Of the 307 on the waiting list at the end of May none were waiting for counselling, 127 were waiting to see a Senior Practitioner, 107 for an Emotional Health Worker and 9 for group work with 64 awaiting appropriate support allocation.

Specialist CAMHS

The Specialist CAMHS continues to be delivered by South West Yorkshire NHS Foundation Trust. Referral rates into Generic CAMHS remained consistent this quarter. At the beginning of the quarter there were 26 children and young people on the waiting list. By the end of May there were 34 waiting for Generic CAMHS.

During quarter 1 for the months of April and May only, Generic CAMHS* received 58 referrals. Within the quarter, 37 of these referrals for Generic CAMHS* have so far received direct support from the service.

Vulnerable Children Services

Under the Thriving Kirklees Healthy Child Programme additional specialist support for counselling and therapy sessions for Looked after Children is provided to agreed waiting times from additional Pupil Premium funding. The current delivery model has been agreed until August 2019.

The service is currently achieving the 28 day target for assessment for all Looked after Children referrals. During May 2018 the average waiting time was 9.6 days, with the longest wait being 37 days (down from 91 days in April) and the shortest wait being 1 day.

Local intelligence

The [Kirklees Child Health Profile](#) which was published in June 2018, reports that:

- Overall, comparing local indicators with England averages, the health and wellbeing of children in Kirklees is mixed.
- The rate of child inpatient admissions for mental health conditions at 45.4 per 100,000 is better than England.
- The rate for self-harm at 254.0 per 100,000 is better than England.
- Nationally, the rate of young people being admitted to hospital as a result of self-harm is increasing. This is not the case in Kirklees where the trend is decreasing. The admission rate in the latest pooled period is also lower than the England average. Nationally, levels of self-harm are higher among young women than young men.
- Nationally, the rate of hospital admissions of children and young people for conditions wholly related to alcohol is decreasing, and this is also the case in Kirklees. The admission rate in the latest period is better than the England average.

Brain in Hand

This is a [mobile application](#) designed to help adults and young people diagnosed with autism or traits of autism without a diagnosis, or have general mental health issues.

Assessment of the Kirklees pilot has involved the users and staff that support them. Early results for both adults and young people are encouraging. When asked what might have happened if they didn't have Brain in Hand, users answered:

"I would have continued living in a hole with no way out"

"I would have struggled with the constant swapping of support workers"

"I would not have been able to control my anxiety"

"I would have ended up having a panic attack"

When asked how Brain in Hand has helped with their support, answers included:

"It has given me means of monitoring myself"

"It is with me all the time whereas the people who support me cannot be"

Using the Brain in Hand app has increased independence, enhanced services and delivered annual savings of £6,600 for every person using the system, representing a 10 times return on investment. Arrangements are being made to continue offering Brain in Hand in Kirklees.

Transforming Care for Children and Young People

The area wide Transforming Care Plan partnership continues to support delivery of Care, Education and Treatment Review (CETR). The full report includes an easy read evaluation form for those involved in a CETR.

To find out more visit the following links.

- The Calderdale, Kirklees, Wakefield and Barnsley Transforming Care Partnership Plan can be found [here](#).
- An introductory video to CTR's can be found on the Kirklees Local Offer [here](#).
- Free training for professionals and families about Care and Treatment Reviews can be found [here](#).

New Care Model's Funding

Commissioners are fully engaged with the CAMHS/Tier 4 in West Yorkshire

New models of care work is being progressed with a business case being preparing to reinvest savings across Kirklees and Calderdale extending our home treatment provision to provide 7 days a week service. Providing this service will hopefully help reduce all admissions to both acute wards and out of area beds, and young people will not be away from their home/school family and friends any longer than necessary.

Crisis and Home Treatment

The CAMHS Crisis Team lead provider South West Yorkshire NHS Foundation Trust provides daytime cover until 8pm with an on call response thereafter.

The service continues to achieve its target during April and May, all crisis referrals were responded to within 4 hours. During April and May of the 253 referrals into the service, 49 (an average 24.5 a month) were deemed as a Crisis Intervention (Emergency), 42 of these referrals received a face to face intervention.

Eating Disorder Service

The South West Yorkshire NHS Foundation Trust wide Community Eating Disorder Service covers the geographical districts of Barnsley, Calderdale, Kirklees and Wakefield.

4 new referrals were received in April 2018. Between April 2017 and the end of April 2018, the service has received a total of 62 referrals for an assessment for children and young people with a suspected eating disorder. 38 of these being from the Greater Huddersfield geographical area and 24 from the North Kirklees geographical area. There were no referrals waiting for treatment at the end of April 2018.

Autism Spectrum Condition Assessments

Additional clinics continue to work towards reducing waiting lists with the aim of reducing waiting times to be no longer than 12 months by October 2018. During the months of April and May 2018, there were 18 new referrals with 35 children and young people having a completed ASC assessment.

At the beginning of the quarter 207 children and young people were on the waiting list, by the end of May 2018 this had reduced to 195 waiting with 42 falling slightly behind the planned trajectory target.

In January 2018 the average wait times from referral to assessment was at 104 weeks. At the beginning April average waiting time were at 94 weeks and by the end of May had further reduced to 81.9 weeks.

Kooth

[Kooth](#) is an online counselling and emotional well-being resource for children, young people and adults which is accessible through mobile, tablet and desktop computers and is free to access at the point of use.

To help reduce demand on services and offer lower level interventions, local providers are in the process of finalising licence agreements to provide Kooth for Kirklees residents during this financial year.