

sugar smart recipes



Chocolate Loaf

Ingredients:

Cocoa	25g	Eggs	2
Baking Powder	10g	Milk	200ml
Flour.....	150g	Apples pureed.....	100g
Bicarbonate of soda	4g	Margarine	95g
Sugar.....	60g		

Method:

1. Mix all ingredients together.
2. Pour into a loaf tin.
3. Bake at gas mk 4/ 180°C for approx.50 mins.or until a skewer inserted comes out clean.