



Your children at the heart of all we do

# Kirklees School Meals Service

Two Week Menu 2021-22

## Wellhouse J & I School



All our menus are planned in line with the Government's **Food Based Standards**

We serve a tasty 2 course meal, freshly prepared on site for **£2.35**

To find out more about school meals and view your child's school menu online go to: [www.kirklees.gov.uk/schoolmeals](http://www.kirklees.gov.uk/schoolmeals)

We cater for special diets

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week

**THEME DAYS**  
Theme days will be held throughout the year

This menu will commence from the start of the September 2021 Term

We hold the Soil Association **'Silver Food For Life Served Here'** accreditation, which means:

- At least **75%** of dishes on the menu are **freshly prepared**
- We use **local and seasonal** produce
- All eggs are **free range**
- Meat is **'farm assured'** as a minimum
- All fish comes from **sustainable** stocks
- No undesirable additives or artificial trans fats are used



# munchin



Week  
1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Chicken Pie &amp; Gravy</b> <i>served with</i> Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Homemade Loaded Vegetable Pizza</b> <i>served with</i> Jacket Wedges &amp; Crunchy Coleslaw</p>	<p><b>Roast of the Day</b> <i>or</i> <b>Quorn Fillet</b> <i>served with</i> Traditional Accompaniments Oven Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Sausage</b> <i>or</i> <b>Vegetarian Sausage &amp; Gravy</b> <i>served with</i> Herby Diced Potatoes &amp; A Medley of Peas &amp; Golden Sweetcorn</p>	<p><b>Harry Ramsden's Battered Fish</b> <i>served with</i> Oven Baked Chips &amp; Mushy Peas</p>
<p><b>Vegetarian Meatballs in Italian Tomato Sauce</b> <i>served with</i> Penne Pasta</p>	<p><b>Quorn Balti</b> <i>served with</i> Wholegrain Rice</p>	<p><b>Salmon Fillet</b> <i>served with</i> Oven Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Savoury Cheese Pinwheel</b> <i>served with</i> Herby Diced Potatoes &amp; A Medley of Peas &amp; Golden Sweetcorn</p>	<p><b>Mac 'n' Cheese</b> <i>served with</i> Garlic Bread</p>
<p><b>Creamy Rice Pudding &amp; Fruit Compote</b></p> <p><b>Homemade Biscuit</b> <i>served with</i> Fresh Fruit Juice</p> <p><b>Fresh Fruit Salad</b></p>	<p><b>Fruit Crumble</b> <i>served with</i> Creamy Custard</p> <p><b>Ice Cream Sundae</b></p> <p><b>Chunky Fruit Pots</b></p>	<p><b>A Selection of Reduced Sugar Desserts</b></p> <p><b>Fruit Yoghurts</b></p>	<p><b>Assorted Cupcakes</b></p> <p><b>Fruit Yoghurts</b></p> <p><b>Fresh Fruit Kebabs</b></p>	<p><b>Sponge of the Day</b> <i>served with</i> Creamy Custard</p> <p><b>A Selection of Home Baking</b></p> <p><b>Fresh Fruit Salad</b></p>

Week  
2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Cottage Pie</b> <i>served with</i> Carrot Batons &amp; Garden Peas</p>	<p><b>Chicken Tikka Masala</b> <i>served with</i> Wholegrain Rice</p>	<p><b>Roast of The Day</b> <i>served with</i> Traditional Accompaniments Oven Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Homemade Sausage Roll</b> <i>or</i> <b>Quorn Sausage Roll</b> <i>served with</i> Crispy Sliced Potatoes &amp; Baked Beans</p>	<p><b>Golden Crumbed Fish Fingers</b> <i>served with</i> Oven Baked Chips &amp; Garden Peas</p>
<p><b>Quorn Dippers &amp; Barbecue Dip</b> <i>served with</i> Herby Diced Potatoes &amp; Garden Peas</p>	<p><b>Stuffed Calzone Pizza</b> <i>served with</i> Jacket Wedges &amp; Crispy Mixed Salad</p>	<p><b>Cheddar Cheese Quiche</b> <i>served with</i> Oven Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Jacket Potato</b> <i>served with</i> Tuna Mayonnaise &amp; Side Salad</p>	<p><b>Vegetarian Spaghetti Bolognese</b> <i>served with</i> Garlic Bread</p>
<p><b>Syrup Sponge</b> <i>served with</i> Creamy Custard</p> <p><b>Fresh Fruit Kebabs</b></p> <p><b>Fruit Yoghurts</b></p>	<p><b>Eve's Pudding</b> <i>served with</i> Creamy Custard</p> <p><b>Homemade Biscuit</b> <i>served with</i> Fresh Milkshake</p> <p><b>Chunky Fruit Pots</b></p>	<p><b>A Selection of Reduced Sugar Desserts</b></p> <p><b>Fruit Yoghurts</b></p>	<p><b>Carrot Cake</b></p> <p><b>Fruit in Jelly</b></p> <p><b>Fresh Fruit Salad</b></p>	<p><b>Chocolate Victoria Sponge</b> <i>served with</i> Creamy Custard</p> <p><b>A Selection of Home Baking</b></p> <p><b>Chunky Fruit Pots</b></p>