

Week  
3

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chicken Tikka Masala</b> <i>served with</i> Wholegrain Rice	<b>Quorn Dippers &amp; Ketchup</b> <i>served with</i> Crispy Sliced Potatoes & Garden Peas	<b>Roast of the Day</b> <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables	<b>Chicken Burger</b> or <b>Veggie Burger in a Bun</b> <i>served with</i> Chunky Chips & Baked Beans	<b>Homemade Loaded Vegetable Pizza</b> <i>served with</i> Herby Diced Potatoes & Seasonal Salad
<b>Cheese &amp; Tomato Panini</b> <i>served with</i> Jacket Wedges & Sweetcorn	<b>Vegetarian Sausage &amp; Gravy</b> <i>served with</i> Crispy Sliced Potatoes & Garden Peas	<b>Quorn Balls in Arrabbiata Sauce</b> <i>served with</i> Pasta	<b>Cheese &amp; Onion Rolls</b> <i>served with</i> Chunky Chips & Baked Beans	<b>Creamy Salmon Pasta Bake</b> <i>served with</i> Tomato & Basil Bread & Seasonal Salad
<b>Jam Shortcake</b> <i>served with</i> Creamy Custard  <b>Fresh Fruit Juice</b> <i>served with</i> Flapjack  <b>Fresh Fruit Salad</b>	<b>Eve's Pudding</b> <i>served with</i> Creamy Custard  <b>Cupcakes</b>  <b>Chunky Fruit Pots</b>	<b>A Selection of Reduced Sugar Desserts</b>	<b>Creamy Rice Pudding</b> <i>served with</i> Fresh Fruit  <b>Jelly &amp; Cream</b>  <b>Fresh Fruit Kebabs</b>	<b>A Selection of Home Baking</b>  <b>Fruit Yoghurts</b>  <b>Fresh Fruit Salad</b>

Planned theme days take place throughout the year.



Your children at the heart of all we do

# Kirklees School Meals Service

## Wellhouse J & I School

September 2022–July 2023

We serve a tasty  
2 course meal,  
freshly prepared  
on site for  
**£2.40**



**munchin**



We cater for special diets.

Week  
1

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Quorn Dippers &amp; Tomato Ketchup</b> <i>served with</i> Jacket Wedges &amp; Garden Peas</p>	<p><b>Homemade Sausage Roll</b> <i>or</i> <b>Quorn Sausage Roll</b> <i>served with</i> Herby Diced Potatoes &amp; Baked Beans</p>	<p><b>Roast of the Day</b> <i>served with</i> Traditional Accompaniments Oven Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Minced Beef Pie &amp; Gravy</b> <i>served with</i> Crispy Sliced Potatoes &amp; Carrot Batons</p>	<p><b>Harry Ramsden's Battered Fish</b> <i>served with</i> Oven Baked Chips &amp; Mushy Peas</p>
<p><b>Vegetarian Lasagne</b> <i>served with</i> Jacket Wedges &amp; Seasonal Salad</p>	<p><b>Baked Jacket Potato</b> <i>served with</i> Cheddar Cheese &amp; Baked Beans</p>	<p><b>Penne Pasta</b> <i>served with</i> Tomato &amp; Basil Sauce &amp; Garlic Bread</p>	<p><b>Homemade Loaded Vegetable Pizza</b> <i>served with</i> Crispy Sliced Potatoes &amp; Crunchy Coleslaw</p>	<p><b>Quorn Balti</b> <i>served with</i> Wholegrain Rice</p>
<p><b>Steamed Sponge of The Day</b> <i>served with</i> Creamy Custard</p> <p><b>Ice Cream</b></p> <p><b>Chunky Fruit Pots</b></p>	<p><b>Fresh Fruit Juice</b> <i>served with</i> Homemade Biscuit</p> <p><b>Fruit Yoghurts</b></p> <p><b>Fresh Fruit Salad</b></p>	<p><b>A Selection of Reduced Sugar Desserts</b></p>	<p><b>Apple Crumble</b> <i>served with</i> Creamy Custard</p> <p><b>Chocolate Slab Cake</b></p> <p><b>Chunky Fruit Pots</b></p>	<p><b>Orange Victoria Sponge</b> <i>served with</i> Chocolate Sauce</p> <p><b>A Selection of Home Baking</b></p> <p><b>Fresh Fruit Kebabs</b></p>

We use local and seasonal produce, all eggs are free range, meat is farm assured.

We offer healthy choices like our Sugar Smart initiatives serving reduced sugar desserts.

Week  
2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Cottage Pie</b> <i>served with</i> Seasonal Vegetables</p>	<p><b>Quorn Korma</b> <i>served with</i> Wholegrain Rice</p>	<p><b>Oven Baked Sausage</b> <i>or</i> <b>Vegetarian Sausage &amp; Gravy</b> <i>served with</i> Creamed Potatoes &amp; Broccoli</p>	<p><b>Southern Style Chicken</b> <i>served with</i> Jacket Wedges &amp; Crunchy Red Cabbage Coleslaw</p>	<p><b>Golden Crumbed Fish Fingers</b> <i>served with</i> Oven Baked Chips &amp; Garden Peas</p>
<p><b>Pasta Twists</b> <i>served with</i> Italian Tomato Sauce &amp; Garlic Bread</p>	<p><b>Stuffed Calzone Pizza</b> <i>served with</i> Crispy Sliced Potatoes &amp; Mixed Salad</p>	<p><b>Salmon Fillet</b> <i>served with</i> Parsley Potatoes &amp; Broccoli</p>	<p><b>Quorn Tikka Wrap</b> <i>served with</i> Jacket Wedges &amp; Crunchy Red Cabbage Coleslaw</p>	<p><b>Mac 'n' Cheese</b> <i>served with</i> Tomato &amp; Basil Bread</p>
<p><b>Chocolate Fudge Pudding</b> <i>served with</i> Creamy Custard</p> <p><b>Fruit Yoghurts</b></p> <p><b>Chunky Fruit Pots</b></p>	<p><b>Lemon Drizzle Cake</b></p> <p><b>Fruit in Jelly</b></p> <p><b>Fresh Fruit Salad</b></p>	<p><b>Apple Pie</b> <i>served with</i> Creamy Custard</p> <p><b>A Selection of Reduced Sugar Desserts</b></p>	<p><b>Sponge of the Day</b> <i>served with</i> Creamy Custard</p> <p><b>Fresh Fruit Juice</b> <i>served with</i> Homemade Biscuit</p> <p><b>Fresh Fruit Kebabs</b></p>	<p><b>A Selection of Home Baking</b></p> <p><b>Chunky Fruit Pots</b></p>

All fish is from sustainable stocks. At least 75% of dishes are freshly prepared.