

Week
3

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tikka Masala <i>served with</i> Wholegrain Rice	Quorn Dippers & Ketchup <i>served with</i> Crispy Sliced Potatoes & Garden Peas	Roast of the Day <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables	Chicken Burger or Veggie Burger in a Bun <i>served with</i> Chunky Chips & Baked Beans	Homemade Loaded Vegetable Pizza <i>served with</i> Herby Diced Potatoes & Seasonal Salad
Cheese & Tomato Panini <i>served with</i> Jacket Wedges & Sweetcorn	Vegetarian Sausage & Gravy <i>served with</i> Crispy Sliced Potatoes & Garden Peas	Quorn Balls in Arrabbiata Sauce <i>served with</i> Pasta	Cheese & Onion Rolls <i>served with</i> Chunky Chips & Baked Beans	Creamy Salmon Pasta Bake <i>served with</i> Tomato & Basil Bread & Seasonal Salad
Jam Shortcake <i>served with</i> Creamy Custard	Eve's Pudding <i>served with</i> Creamy Custard	A Selection of Reduced Sugar Desserts	Creamy Rice Pudding <i>served with</i> Fresh Fruit	A Selection of Home Baking
Fresh Fruit Juice <i>served with</i> Flapjack	Cupcakes		Jelly & Cream	Fruit Yoghurts
Fresh Fruit Salad	Chunky Fruit Pots		Fresh Fruit Kebabs	Fresh Fruit Salad

Planned theme days take place throughout the year.



Your children at the heart of all we do

Kirklees School Meals Service

Shepley First School

September 2022–July 2023

We serve a tasty
2 course meal,
freshly prepared
on site for
£2.40



munchin



We cater for special diets.

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1

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Quorn Dippers & Tomato Ketchup <i>served with</i> Jacket Wedges & Garden Peas</p>	<p>Homemade Sausage Roll <i>or</i> Quorn Sausage Roll <i>served with</i> Herby Diced Potatoes & Baked Beans</p>	<p>Roast of the Day <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables</p>	<p>Minced Beef Pie & Gravy <i>served with</i> Crispy Sliced Potatoes & Carrot Batons</p>	<p>Harry Ramsden's Battered Fish <i>served with</i> Oven Baked Chips & Mushy Peas</p>
<p>Vegetarian Lasagne <i>served with</i> Jacket Wedges & Seasonal Salad</p>	<p>Baked Jacket Potato <i>served with</i> Cheddar Cheese & Baked Beans</p>	<p>Penne Pasta <i>served with</i> Tomato & Basil Sauce & Garlic Bread</p>	<p>Homemade Loaded Vegetable Pizza <i>served with</i> Crispy Sliced Potatoes & Crunchy Coleslaw</p>	<p>Quorn Balti <i>served with</i> Wholegrain Rice</p>
<p>Steamed Sponge of The Day <i>served with</i> Creamy Custard</p> <p>Ice Cream</p> <p>Chunky Fruit Pots</p>	<p>Fresh Fruit Juice <i>served with</i> Homemade Biscuit</p> <p>Fruit Yoghurts</p> <p>Fresh Fruit Salad</p>	<p>A Selection of Reduced Sugar Desserts</p>	<p>Apple Crumble <i>served with</i> Creamy Custard</p> <p>Chocolate Slab Cake</p> <p>Chunky Fruit Pots</p>	<p>Orange Victoria Sponge <i>served with</i> Chocolate Sauce</p> <p>A Selection of Home Baking</p> <p>Fresh Fruit Kebabs</p>

We use local and seasonal produce, all eggs are free range, meat is farm assured.

We offer healthy choices like our Sugar Smart initiatives serving reduced sugar desserts.

Week
2

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Cottage Pie <i>served with</i> Seasonal Vegetables</p>	<p>Quorn Korma <i>served with</i> Wholegrain Rice</p>	<p>Oven Baked Sausage <i>or</i> Vegetarian Sausage & Gravy <i>served with</i> Creamed Potatoes & Broccoli</p>	<p>Southern Style Chicken <i>served with</i> Jacket Wedges & Crunchy Red Cabbage Coleslaw</p>	<p>Golden Crumbed Fish Fingers <i>served with</i> Oven Baked Chips & Garden Peas</p>
<p>Pasta Twists <i>served with</i> Italian Tomato Sauce & Garlic Bread</p>	<p>Stuffed Calzone Pizza <i>served with</i> Crispy Sliced Potatoes & Mixed Salad</p>	<p>Salmon Fillet <i>served with</i> Parsley Potatoes & Broccoli</p>	<p>Quorn Tikka Wrap <i>served with</i> Jacket Wedges & Crunchy Red Cabbage Coleslaw</p>	<p>Mac 'n' Cheese <i>served with</i> Tomato & Basil Bread</p>
<p>Chocolate Fudge Pudding <i>served with</i> Creamy Custard</p> <p>Fruit Yoghurts</p> <p>Chunky Fruit Pots</p>	<p>Lemon Drizzle Cake</p> <p>Fruit in Jelly</p> <p>Fresh Fruit Salad</p>	<p>Apple Pie <i>served with</i> Creamy Custard</p> <p>A Selection of Reduced Sugar Desserts</p>	<p>Sponge of the Day <i>served with</i> Creamy Custard</p> <p>Fresh Fruit Juice <i>served with</i> Homemade Biscuit</p> <p>Fresh Fruit Kebabs</p>	<p>A Selection of Home Baking</p> <p>Chunky Fruit Pots</p>

All fish is from sustainable stocks. At least 75% of dishes are freshly prepared.