



Your children at the heart of all we do

Kirklees School Meals Service

Two Week Winter Menu 2019/20

Rawthorpe Junior School



All our menus are planned in line with the Government's **Food Based Standards**

We serve a tasty 2 course meal, freshly prepared on site for **£2.25**

To find out more about school meals and view your child's school menu online go to: www.kirklees.gov.uk/schoolmeals

We cater for special diets

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week

We hold the Soil Association **'Silver Food For Life Served Here'** accreditation, which means:

- At least **75%** of dishes on the menu are **freshly prepared**
- We use **local and seasonal** produce
- All eggs are **free range**
- Meat is **'farm assured'** as a minimum
- All fish comes from **sustainable** stocks
- No undesirable additives or artificial trans fats are used

This menu runs from **4th November 2019** until schools break up for **Easter 2020**

THEME DAYS

December 2019 – Christmas Lunch
January 2020 – Mulan's Chinese Buffet
March 2020 – World Book Day



Week
1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cottage Pie <i>served with</i> Seasonal Vegetables	Southern Style Chicken <i>served with</i> Crispy Sliced Potatoes & Garden Peas	Roast of the Day <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes Winter Cabbage & Fresh Carrots	Homemade Loaded Vegetable Pizza <i>served with</i> Herby Diced Potatoes & Crunchy Coleslaw	Crispy Crumbed Fish <i>served with</i> Oven Baked Chips & Mushy Peas
Quorn Dippers <i>served with</i> Seasoned Wedges & Baked Beans	Salmon Fillet & Sweet Chilli Sauce <i>served with</i> Crispy Sliced Potatoes & Garden Peas	Vegetarian Sausage & Gravy <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables	Quorn Spaghetti Bolognaise <i>served with</i> Garlic Bread	Vegetable Balti Curry <i>served with</i> Fluffy Wholegrain Rice & Raita Sauce
A Selection of Freshly Prepared Paninis <i>served with</i> Crispy Mixed Salad	Organic Penne Pasta <i>served with</i> Italian Tomato Sauce & Garlic Bread	A Selection of Freshly Prepared Paninis <i>served with</i> Crispy Mixed Salad	Jacket Potatoes <i>served with</i> Cheesy Beans <i>or</i> Crunchy Coleslaw & Crispy Mixed Salad	Organic Fusilli Pasta <i>served with</i> Tomato & Basil Sauce & Garlic Bread
Sponge of the Day <i>served with</i> Creamy Custard Flapjack <i>served with</i> Fresh Fruit Juice Chunky Fruit Pots	Chocolate Fudge Pudding <i>served with</i> Chocolate Sauce Fruit in Jelly Fresh Fruit Kebabs	Creamy Rice Pudding <i>served with</i> Mixed Berry Compote A Selection of Reduced Sugar Desserts	Lemon Crunch Tart <i>served with</i> Creamy Custard Assorted Cupcakes Chunky Fruit Pots	A Selection of Home Baking Organic Yoghurts Fresh Fruit Salad

Week
2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baked Sausage & Gravy <i>served with</i> Creamed Potatoes & Seasonal Vegetables	Creamy Chicken Pie <i>Served with</i> Herby Diced Potatoes & A Medley of Peas & Golden Sweetcorn	Roast of The Day <i>or</i> Quorn Fillet <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Broccoli Florets	Chicken Burger <i>or</i> Vegetable Burger in a Bread Bun <i>served with</i> Crispy Sliced Potatoes & Golden Sweetcorn	Golden Crumbed Fish Fingers <i>served with</i> Oven Baked Chips & Garden Peas
Mac 'n' Cheese <i>served with</i> Homemade Tomato & Basil Bread	Quorn Tikka Masala <i>served with</i> Fluffy Wholegrain Rice & Raita Sauce	Salmon Fishcake <i>served with</i> Oven Roast Potatoes & Broccoli Florets	Margherita Swirl <i>served with</i> Crispy Sliced Potatoes & Baked Beans	Vegetable Pasta Bake <i>served with</i> Crispy Mixed Salad
Jacket Potatoes <i>served with</i> Tuna Mayonnaise & Crispy Mixed Salad	A Selection of Freshly Prepared Paninis <i>served with</i> Crispy Mixed Salad	Organic Penne Pasta <i>served with</i> Spicy Tomato Sauce & Garlic Bread	Jacket Potatoes <i>served with</i> Savoury Cheese & Crispy Mixed Salad	A Selection of Freshly Prepared Paninis <i>served with</i> Crispy Mixed Salad
Sticky Toffee Pudding <i>served with</i> Toffee Sauce Fresh Milkshake & Homemade Biscuit Fresh Fruit Salad	Assorted Gateaux Chunky Fruit Pots Organic Yoghurts	Seasonal Fruit Crumble <i>served with</i> Creamy Custard A Selection of Reduced Sugar Desserts	Hot Sweet of the Day Chocolate & Beetroot Cake Chunky Fruit Pots	Jam Sponge <i>served with</i> Creamy Custard A Selection of Home Baking Fresh Fruit Kebabs