



Your children at the heart of all we do

Kirklees School Meals Service

Two Week Menu 2021-22

Overthorpe CofE Academy



All our menus are planned in line with the Government's **Food Based Standards**

We serve a tasty 2 course meal, freshly prepared on site for **£2.35**

We hold the Soil Association **'Silver Food For Life Served Here'** accreditation, which means:

- At least **75%** of dishes on the menu are **freshly prepared**
- We use **local and seasonal** produce
- All eggs are **free range**
- Meat is **'farm assured'** as a minimum
- All fish comes from **sustainable** stocks
- No undesirable additives or artificial trans fats are used

To find out more about school meals and view your child's school menu online go to: www.kirklees.gov.uk/schoolmeals

We cater for special diets

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week

THEME DAYS
Theme days will be held throughout the year

This menu will commence from the start of the September 2021 Term



munchin



Week 1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Pie & Gravy <i>served with</i> Creamed Potatoes & Seasonal Vegetables	Homemade Loaded Vegetable Pizza <i>served with</i> Jacket Wedges & Crunchy Coleslaw	Roast of the Day <i>or Quorn Fillet</i> <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables	Sausage <i>or</i> Vegetarian Sausage & Gravy <i>served with</i> Herby Diced Potatoes & A Medley of Peas & Golden Sweetcorn	Harry Ramsden's Battered Fish <i>served with</i> Oven Baked Chips & Mushy Peas
Vegetarian Meatballs in Italian Tomato Sauce <i>served with</i> Penne Pasta	Quorn Balti <i>served with</i> Wholegrain Rice	Salmon Fillet <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables	Savoury Cheese Pinwheel <i>served with</i> Herby Diced Potatoes & A Medley of Peas & Golden Sweetcorn	Mac 'n' Cheese <i>served with</i> Garlic Bread
Cheese & Tomato Panini <i>served with</i> Crispy Mixed Salad	Jacket Potato <i>served with</i> Baked Beans & Crispy Mixed Salad	Penne Pasta <i>served with</i> Tomato & Basil Sauce & Garlic Bread	Tuna Melt Panini <i>served with</i> Crispy Mixed Salad	Jacket Potato <i>served with</i> Vegetarian Chilli & Crispy Mixed Salad
Creamy Rice Pudding & Fruit Compote Homemade Biscuit <i>served with</i> Fresh Fruit Juice Fresh Fruit Salad	Fruit Crumble <i>served with</i> Creamy Custard Ice Cream Sundae Chunky Fruit Pots	A Selection of Reduced Sugar Desserts Fruit Yoghurts	Assorted Cupcakes Fruit Yoghurts Fresh Fruit Kebabs	Sponge of the Day <i>served with</i> Creamy Custard A Selection of Home Baking Fresh Fruit Salad

Week 2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cottage Pie <i>served with</i> Carrot Batons & Garden Peas	Chicken Tikka Masala <i>served with</i> Wholegrain Rice	Roast of The Day <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables	Homemade Sausage Roll <i>or</i> Quorn Sausage Roll <i>served with</i> Crispy Sliced Potatoes & Baked Beans	Golden Crumbed Fish Fingers <i>served with</i> Oven Baked Chips & Garden Peas
Quorn Dippers & Barbecue Dip <i>served with</i> Herby Diced Potatoes & Garden Peas	Stuffed Calzone Pizza <i>served with</i> Jacket Wedges & Crispy Mixed Salad	Cheddar Cheese Quiche <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables	Vegetable Curry <i>served with</i> Wholegrain Rice & Naan Bread	Vegetarian Spaghetti Bolognese <i>served with</i> Garlic Bread
Cheese & Tomato Panini <i>served with</i> Crispy Mixed Salad	Jacket Potato <i>served with</i> Tuna Mayonnaise & Crispy Mixed Salad	Fusilli Pasta <i>served with</i> Arrabiata Sauce & Garlic Bread	Jacket Potato <i>served with</i> Cheese & Coleslaw & Side Salad	Pizza Panini <i>served with</i> Crispy Mixed Salad
Syrup Sponge <i>served with</i> Creamy Custard Fresh Fruit Kebabs Fruit Yoghurts	Eve's Pudding <i>served with</i> Creamy Custard Homemade Biscuit <i>served with</i> Fresh Milkshake Chunky Fruit Pots	A Selection of Reduced Sugar Desserts Fruit Yoghurts	Carrot Cake Fruit in Jelly Fresh Fruit Salad	Chocolate Victoria Sponge <i>served with</i> Creamy Custard A Selection of Home Baking Chunky Fruit Pots