

Week
3

Available daily: fresh bread, freshly prepared salad bar and drinking water

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| Chicken Tikka Masala <i>served with</i> Wholegrain Rice | Quorn Dippers & Ketchup <i>served with</i> Crispy Sliced Potatoes & Garden Peas | Roast of the Day <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables | Chicken Burger or Veggie Burger in a Bun <i>served with</i> Chunky Chips & Baked Beans | Homemade Loaded Vegetable Pizza <i>served with</i> Herby Diced Potatoes & Seasonal Salad |
| Cheese & Tomato Panini <i>served with</i> Jacket Wedges & Sweetcorn | Vegetarian Sausage & Gravy <i>served with</i> Crispy Sliced Potatoes & Garden Peas | Quorn Balls in Arrabbiata Sauce <i>served with</i> Pasta | Cheese & Onion Rolls <i>served with</i> Chunky Chips & Baked Beans | Creamy Salmon Pasta Bake <i>served with</i> Tomato & Basil Bread & Seasonal Salad |
| Jam Shortcake <i>served with</i> Creamy Custard Fresh Fruit Juice <i>served with</i> Flapjack Fresh Fruit Salad | Eve's Pudding <i>served with</i> Creamy Custard Cupcakes Chunky Fruit Pots | A Selection of Reduced Sugar Desserts | Creamy Rice Pudding <i>served with</i> Fresh Fruit Jelly & Cream Fresh Fruit Kebabs | A Selection of Home Baking Fruit Yoghurts Fresh Fruit Salad |

Planned theme days take place throughout the year.



Your children at the heart of all we do

Kirklees School Meals Service

Lowerhouses CE (VC) J, I & EY School

September 2022–July 2023

We serve a tasty
2 course meal,
freshly prepared
on site for
£2.40



We cater for special diets.

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|---|---|--|---|---|
| <p>Quorn Dippers & Tomato Ketchup <i>served with</i> Jacket Wedges & Garden Peas</p> | <p>Homemade Sausage Roll <i>or</i> Quorn Sausage Roll <i>served with</i> Herby Diced Potatoes & Baked Beans</p> | <p>Roast of the Day <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables</p> | <p>Minced Beef Pie & Gravy <i>served with</i> Crispy Sliced Potatoes & Carrot Batons</p> | <p>Harry Ramsden's Battered Fish <i>served with</i> Oven Baked Chips & Mushy Peas</p> |
| <p>Vegetarian Lasagne <i>served with</i> Jacket Wedges & Seasonal Salad</p> | <p>Baked Jacket Potato <i>served with</i> Cheddar Cheese & Baked Beans</p> | <p>Penne Pasta <i>served with</i> Tomato & Basil Sauce & Garlic Bread</p> | <p>Homemade Loaded Vegetable Pizza <i>served with</i> Crispy Sliced Potatoes & Crunchy Coleslaw</p> | <p>Quorn Balti <i>served with</i> Wholegrain Rice</p> |
| <p>Steamed Sponge of The Day <i>served with</i> Creamy Custard</p> <p>Ice Cream</p> <p>Chunky Fruit Pots</p> | <p>Fresh Fruit Juice <i>served with</i> Homemade Biscuit</p> <p>Fruit Yoghurts</p> <p>Fresh Fruit Salad</p> | <p>A Selection of Reduced Sugar Desserts</p> | <p>Apple Crumble <i>served with</i> Creamy Custard</p> <p>Chocolate Slab Cake</p> <p>Chunky Fruit Pots</p> | <p>Orange Victoria Sponge <i>served with</i> Chocolate Sauce</p> <p>A Selection of Home Baking</p> <p>Fresh Fruit Kebabs</p> |

We use local and seasonal produce, all eggs are free range, meat is farm assured.

We offer healthy choices like our Sugar Smart initiatives serving reduced sugar desserts.

Week
2

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|--|---|---|--|---|
| <p>Cottage Pie <i>served with</i> Seasonal Vegetables</p> | <p>Quorn Korma <i>served with</i> Wholegrain Rice</p> | <p>Oven Baked Sausage <i>or</i> Vegetarian Sausage & Gravy <i>served with</i> Creamed Potatoes & Broccoli</p> | <p>Southern Style Chicken <i>served with</i> Jacket Wedges & Crunchy Red Cabbage Coleslaw</p> | <p>Golden Crumbed Fish Fingers <i>served with</i> Oven Baked Chips & Garden Peas</p> |
| <p>Pasta Twists <i>served with</i> Italian Tomato Sauce & Garlic Bread</p> | <p>Stuffed Calzone Pizza <i>served with</i> Crispy Sliced Potatoes & Mixed Salad</p> | <p>Salmon Fillet <i>served with</i> Parsley Potatoes & Broccoli</p> | <p>Quorn Tikka Wrap <i>served with</i> Jacket Wedges & Crunchy Red Cabbage Coleslaw</p> | <p>Mac 'n' Cheese <i>served with</i> Tomato & Basil Bread</p> |
| <p>Chocolate Fudge Pudding <i>served with</i> Creamy Custard</p> <p>Fruit Yoghurts</p> <p>Chunky Fruit Pots</p> | <p>Lemon Drizzle Cake</p> <p>Fruit in Jelly</p> <p>Fresh Fruit Salad</p> | <p>Apple Pie <i>served with</i> Creamy Custard</p> <p>A Selection of Reduced Sugar Desserts</p> | <p>Sponge of the Day <i>served with</i> Creamy Custard</p> <p>Fresh Fruit Juice <i>served with</i> Homemade Biscuit</p> <p>Fresh Fruit Kebabs</p> | <p>A Selection of Home Baking</p> <p>Chunky Fruit Pots</p> |

All fish is from sustainable stocks. At least 75% of dishes are freshly prepared.