



Your children at the heart of all we do

# Kirklees School Meals Service

Two Week Winter Menu 2019/20

## Linthwaite Ardron CE (VA) J & I School



All our menus are planned in line with the Government's **Food Based Standards**

We serve a tasty 2 course meal, freshly prepared on site for **£2.25**

To find out more about school meals and view your child's school menu online go to: [www.kirklees.gov.uk/schoolmeals](http://www.kirklees.gov.uk/schoolmeals)

We cater for special diets

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week

This menu runs from **4th November 2019** until schools break up for **Easter 2020**

We hold the Soil Association **'Silver Food For Life Served Here'** accreditation, which means:

- At least **75%** of dishes on the menu are **freshly prepared**
- We use **local and seasonal** produce
- All eggs are **free range**
- Meat is **'farm assured'** as a minimum
- All fish comes from **sustainable** stocks
- No undesirable additives or artificial trans fats are used

### THEME DAYS

- December 2019 – Christmas Lunch
- January 2020 – Mulan's Chinese Buffet
- March 2020 – World Book Day



Week  
1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Cottage Pie</b> <i>served with</i> Seasonal Vegetables</p>	<p><b>Southern Style Chicken</b> <i>served with</i> Crispy Sliced Potatoes &amp; Garden Peas</p>	<p><b>Roast of the Day</b> <i>served with</i> Traditional Accompaniments Oven Roast &amp; Creamed Potatoes Winter Cabbage &amp; Fresh Carrots</p>	<p><b>Homemade Loaded Vegetable Pizza</b> <i>served with</i> Herby Diced Potatoes &amp; Crunchy Coleslaw</p>	<p><b>Crispy Crumbed Fish</b> <i>served with</i> Oven Baked Chips &amp; Mushy Peas</p>
<p><b>Quorn Dippers</b> <i>served with</i> Seasoned Wedges &amp; Baked Beans</p>	<p><b>Organic Penne Pasta</b> <i>served with</i> Italian Tomato Sauce &amp; Garlic Bread</p>	<p><b>Vegetarian Sausage &amp; Gravy</b> <i>served with</i> Oven Roast &amp; Creamed Potatoes Winter Cabbage &amp; Fresh Carrots</p>	<p><b>Quorn Spaghetti Bolognese</b> <i>served with</i> Garlic Bread</p>	<p><b>Vegetable Balti Curry</b> <i>served with</i> Fluffy Wholegrain Rice &amp; Raita Sauce</p>
<p><b>Sponge of the Day</b> <i>served with</i> Creamy Custard</p> <p><b>Flapjack</b> <i>served with</i> Fresh Fruit Juice</p> <p><b>Chunky Fruit Pots</b></p>	<p><b>Chocolate Fudge Pudding</b> <i>served with</i> Chocolate Sauce</p> <p><b>Fruit in Jelly</b></p> <p><b>Fresh Fruit Kebabs</b></p>	<p><b>Creamy Rice Pudding</b> <i>served with</i> Mixed Berry Compote</p> <p><b>A Selection of Reduced Sugar Desserts</b></p>	<p><b>Lemon Crunch Tart</b> <i>served with</i> Creamy Custard</p> <p><b>Assorted Cupcakes</b></p> <p><b>Chunky Fruit Pots</b></p>	<p><b>A Selection of Home Baking</b></p> <p><b>Organic Yoghurt</b></p> <p><b>Fresh Fruit Salad</b></p>

Week  
2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Baked Sausage &amp; Gravy</b> <i>served with</i> Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Creamy Chicken Pie</b> <i>served with</i> Herby Diced Potatoes &amp; A Medley of Peas &amp; Golden Sweetcorn</p>	<p><b>Roast of The Day</b> <i>or</i> <b>Quorn Fillet</b> <i>served with</i> Traditional Accompaniments Oven Roast &amp; Creamed Potatoes &amp; Broccoli Florets</p>	<p><b>Chicken Burger</b> <i>or</i> <b>Vegetable Burger in a Bread Bun</b> <i>served with</i> Jacket Wedges &amp; Golden Sweetcorn</p>	<p><b>Golden Crumbed Fish Fingers</b> <i>served with</i> Oven Baked Chips &amp; Garden Peas</p>
<p><b>Mac 'n' Cheese</b> <i>served with</i> Garlic Bread</p>	<p><b>Quorn Tikka Masala</b> <i>served with</i> Fluffy Wholegrain Rice &amp; Raita Sauce</p>	<p><b>Salmon Fillet &amp; Sweet Chilli Sauce</b> <i>served with</i> Roast Potatoes &amp; Broccoli Florets</p>	<p><b>Margherita Swirl</b> <i>served with</i> Jacket Wedges &amp; Baked Beans</p>	<p><b>Vegetable Pasta Bake</b> <i>served with</i> Crispy Mixed Salad</p>
<p><b>Sticky Toffee Pudding</b> <i>served with</i> Toffee Sauce</p> <p><b>Fresh Milkshake &amp; Homemade Biscuit</b></p> <p><b>Fresh Fruit Salad</b></p>	<p><b>Assorted Gateaux</b></p> <p><b>Chunky Fruit Pots</b></p> <p><b>Organic Yoghurts</b></p>	<p><b>Seasonal Fruit Crumble</b> <i>served with</i> Creamy custard</p> <p><b>A Selection of Reduced Sugar Desserts</b></p>	<p><b>Hot Sweet of the Day</b></p> <p><b>Chocolate &amp; Beetroot Cake</b></p> <p><b>Chunky Fruit Pots</b></p>	<p><b>Jam Sponge</b> <i>served with</i> Creamy Custard</p> <p><b>A Selection of Home Baking</b></p> <p><b>Fresh Fruit Kebabs</b></p>