

Week  
3

Available daily: fresh bread, freshly prepared salad bar and drinking water

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|---|---|--|--|
| <b>Chicken Tikka Masala</b><br><i>served with</i><br>Wholegrain Rice   | <b>Quorn Dippers &amp; Ketchup</b><br><i>served with</i><br>Crispy Sliced Potatoes<br>& Garden Peas         | <b>Roast of the Day</b><br><i>served with</i><br>Oven Roast & Creamed<br>Potatoes<br>& Seasonal Vegetables        | <b>Chicken Burger</b><br><i>or</i><br><b>Veggie Burger in a Bun</b><br><i>served with</i><br>Chunky Chips<br>& Baked Beans | <b>Homemade Loaded<br/>Vegetable Pizza</b><br><i>served with</i><br>Herby Diced Potatoes<br>& Seasonal Salad             |
| <b>Vegetable Fajitas</b><br><i>served with</i><br>Jacket Wedges<br>& Sweetcorn   | <b>Vegetarian Sausage<br/>&amp; Gravy</b><br><i>served with</i><br>Crispy Sliced Potatoes<br>& Garden Peas  | <b>Quorn Balls in<br/>Arrabbiata Sauce</b><br><i>served with</i><br>Pasta   | <b>Cheese &amp; Onion Rolls</b><br><i>served with</i><br>Chunky Chips<br>& Baked Beans                                     | <b>Creamy Salmon<br/>Pasta Bake</b><br><i>served with</i><br>Tomato & Basil Bread<br>& Seasonal Salad                    |
| <b>Pizza Panini</b><br><i>or</i><br><b>Cheese &amp; Ham Panini</b><br><i>served with</i><br>Seasonal Salad   | <b>Jacket Potato</b><br><i>served with</i><br>Cheese<br><i>or</i><br>Baked Beans                            | <b>Cheese &amp; Tomato Panini</b><br><i>or</i><br><b>Tuna Melt Panini</b><br><i>served with</i><br>Seasonal Salad | <b>Jacket Potato</b><br><i>served with</i><br>Vegetarian Bolognaise<br><i>or</i><br>Crunchy Coleslaw                       | <b>Cheese &amp; Garlic Panini</b><br><i>or</i><br><b>Ham &amp; Tomato Panini</b><br><i>served with</i><br>Seasonal Salad |
| <b>Jam Shortcake</b><br><i>served with</i><br>Creamy Custard<br><b>Fresh Fruit Juice</b><br><i>served with</i><br>Flapjack<br><b>Fresh Fruit Salad</b> | <b>Eve's Pudding</b><br><i>served with</i><br>Creamy Custard<br><b>Cupcakes</b><br><b>Chunky Fruit Pots</b> | <b>A Selection of<br/>Reduced Sugar Desserts</b>  | <b>Creamy Rice Pudding</b><br><i>served with</i><br>Fresh Fruit<br><b>Jelly &amp; Cream</b><br><b>Fresh Fruit Kebabs</b>   | <b>A Selection of<br/>Home Baking</b><br><b>Fruit Yoghurts</b><br><b>Fresh Fruit Salad</b>                               |

Planned theme days take place throughout the year.



Your children at the heart of all we do

# Kirklees School Meals Service

## Helme CE Academy

September 2022–July 2023

We serve a tasty  
2 course meal,  
freshly prepared  
on site for

**£2.40**



**munchin**

**Kirklees**  
COUNCIL

We cater for special diets.

Week 1

Available daily: fresh bread, freshly prepared salad bar and drinking water

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|--|--|---|---|
| <b>Quorn Dippers &amp; Tomato Ketchup</b><br><i>served with</i><br>Jacket Wedges & Garden Peas                | <b>Homemade Sausage Roll</b><br><i>served with</i><br>Herby Diced Potatoes & Baked Beans | <b>Roast of the Day</b><br><i>served with</i><br>Traditional Accompaniments<br>Oven Roast & Creamed Potatoes & Seasonal Vegetables | <b>Minced Beef Pie &amp; Gravy</b><br><i>served with</i><br>Crispy Sliced Potatoes & Carrot Batons        | <b>Harry Ramsden's Battered Fish</b><br><i>served with</i><br>Oven Baked Chips & Mushy Peas |
| <b>Vegetarian Lasagne</b><br><i>served with</i><br>Jacket Wedges & Seasonal Salad                             | <b>Quorn Sausage Roll</b><br><i>served with</i><br>Herby Diced Potatoes & Baked Beans    | <b>Penne Pasta</b><br><i>served with</i><br>Tomato & Basil Sauce & Garlic Bread  | <b>Homemade Loaded Vegetable Pizza</b><br><i>served with</i><br>Crispy Sliced Potatoes & Crunchy Coleslaw | <b>Quorn Balti</b><br><i>served with</i><br>Wholegrain Rice                                 |
| <b>Pizza Panini</b><br><i>or</i><br><b>Cheese &amp; Garlic Panini</b><br><i>served with</i><br>Seasonal Salad | <b>Jacket Potato</b><br><i>served with</i><br>Cheese<br><i>or</i><br>Tuna Mayo           | <b>Ham Panini</b><br><i>or</i><br><b>Cheese &amp; Tomato Panini</b><br><i>served with</i><br>Seasonal Salad                        | <b>Jacket Potato</b><br><i>served with</i><br>Cheese<br><i>or</i><br>Coleslaw                             | <b>Pasta Twists</b><br><i>served with</i><br>Italian Tomato Sauce & Garlic Bread            |
| <b>Steamed Sponge of The Day</b><br><i>served with</i><br>Creamy Custard                                      | <b>Fresh Fruit Juice</b><br><i>served with</i><br>Homemade Biscuit                       | <b>A Selection of Reduced Sugar Desserts</b>   | <b>Apple Crumble</b><br><i>served with</i><br>Creamy Custard  | <b>Orange Victoria Sponge</b><br><i>served with</i><br>Chocolate Sauce                      |
| <b>Ice Cream</b>  | <b>Fruit Yoghurts</b>  |  | <b>Chocolate Slab Cake</b>  | <b>A Selection of Home Baking</b>   |
| <b>Chunky Fruit Pots</b>  | <b>Fresh Fruit Salad</b>   |  | <b>Chunky Fruit Pots</b>  | <b>Fresh Fruit Kebabs</b>   |

We use local and seasonal produce, all eggs are free range, meat is farm assured.

We offer healthy choices like our Sugar Smart initiatives serving reduced sugar desserts.

Week 2

Available daily: fresh bread, freshly prepared salad bar and drinking water

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|---|--|
| <b>Cottage Pie</b><br><i>served with</i><br>Seasonal Vegetables   | <b>Quorn Korma</b><br><i>served with</i><br>Wholegrain Rice                                | <b>Oven Baked Sausage</b><br><i>or</i><br><b>Vegetarian Sausage &amp; Gravy</b><br><i>served with</i><br>Creamed Potatoes & Broccoli | <b>Southern Style Chicken</b><br><i>served with</i><br>Jacket Wedges & Crunchy Red Cabbage Coleslaw | <b>Golden Crumbed Fish Fingers</b><br><i>served with</i><br>Oven Baked Chips & Garden Peas |
| <b>Cheese Pinwheel</b><br><i>served with</i><br>Herby Diced Potatoes & Baked Beans                          | <b>Stuffed Calzone Pizza</b><br><i>served with</i><br>Crispy Sliced Potatoes & Mixed Salad | <b>Salmon Fillet</b><br><i>served with</i><br>Parsley Potatoes & Broccoli  | <b>Quorn Tikka Wrap</b><br><i>served with</i><br>Jacket Wedges & Crunchy Red Cabbage Coleslaw       | <b>Mac 'n' Cheese</b><br><i>served with</i><br>Tomato & Basil Bread                        |
| <b>Ham &amp; Tomato Panini</b><br><i>or</i><br><b>Cheese Panini</b><br><i>served with</i><br>Seasonal Salad | <b>Jacket Potato</b><br><i>served with</i><br>Vegetarian Chilli<br><i>or</i><br>Cheese     | <b>Cheese &amp; Garlic Panini</b><br><i>or</i><br><b>Tuna Melt Panini</b><br><i>served with</i><br>Seasonal Salad                    | <b>Penne Pasta</b><br><i>served with</i><br>Arrabbiata Sauce & Garlic Bread                         | <b>Jacket Potato</b><br><i>served with</i><br>Baked Beans<br><i>or</i><br>Crunchy Coleslaw |
| <b>Chocolate Fudge Pudding</b><br><i>served with</i><br>Creamy Custard                                      | <b>Lemon Drizzle Cake</b>  | <b>Apple Pie</b><br><i>served with</i><br>Creamy Custard   | <b>Sponge of the Day</b><br><i>served with</i><br>Creamy Custard                                    | <b>A Selection of Home Baking</b>  |
| <b>Fruit Yoghurts</b>   | <b>Fruit in Jelly</b>  | <b>A Selection of Reduced Sugar Desserts</b>   | <b>Fresh Fruit Juice</b><br><i>served with</i><br>Homemade Biscuit                                  | <b>Chunky Fruit Pots</b>   |
| <b>Chunky Fruit Pots</b>  | <b>Fresh Fruit Salad</b>   |  | <b>Fresh Fruit Kebabs</b>   |  |

All fish is from sustainable stocks. At least 75% of dishes are freshly prepared.