



Your children at the heart of all we do

# Kirklees School Meals Service

Two week winter menu 2018/19

## Heckmondwike Primary School



All our menus are planned in-line with the Government's **Food Based Standards**.

We serve a tasty 2 course meal, freshly prepared on site for **£2.20**

We hold the Soil Association **'Silver Food For Life Served Here'** accreditation, which means:

- At least **75%** of dishes on the menu are **freshly prepared**
- We use **local and seasonal** produce
- All eggs are **free range**
- Meat is **'farm assured'** as a minimum
- All fish comes from **sustainable** stocks
- No undesirable additives or artificial trans fats are used.

To find out more about school meals and view your child's school menu online go to: [www.kirklees.gov.uk/schoolmeals](http://www.kirklees.gov.uk/schoolmeals)

We cater for special diets and provide halal choices

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week.

This menu runs from **Monday 5 November 2018** until schools break up for **Easter 2019**

### WINTER THEME DAYS

- 4 October 2018 – Munch's Brunch
- December 2018 – Christmas Lunch
- 7 March 2019 – World Book Day



Week  
1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Tasty Meat Pie</b> <i>served with</i> Herby Diced Potatoes &amp; Broccoli Florets</p>	<p><b>Oven Baked Sausage or Vegetarian Sausage</b> <i>served with</i> Creamed Potatoes Garden Peas Baton Carrots &amp; Gravy</p>	<p><b>Roast of the Day</b> <i>served with</i> Traditional Accompaniments Oven Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Flame Grilled Chicken Fillet in a Bread Bun</b> <i>served with</i> Mega Potato Wedges &amp; Crunchy Red Cabbage Coleslaw</p>	<p><b>Crispy Crumbed Fish</b> <i>served with</i> Chunky Chips &amp; Mushy Peas</p>
<p><b>Quorn Dippers &amp; Barbecue Dip</b> <i>served with</i> Herby Diced Potatoes &amp; Golden Sweetcorn</p>	<p><b>Quiche of the Day</b> <i>served with</i> Crispy Sliced Potatoes &amp; Garden Peas &amp; Baton Carrots</p>	<p><b>Breaded Salmon Fillet</b> <i>served with</i> Oven Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Spicy Bean Burger in a Bread Bun</b> <i>served with</i> Mega Wedges &amp; Crunchy Red Cabbage Coleslaw</p>	<p><b>Margherita Pizza Swirls</b> <i>served with</i> Chunky Chips &amp; Baked Beans</p>
<p><b>Penne Pasta</b> <i>served with a choice of</i> Tomato &amp; Basil Sauce or Carbonara Sauce &amp; Garlic Bread</p>	<p><b>Jacket Potatoes</b> <i>served with a choice of</i> Cheese &amp; Coleslaw or Vegetable Chilli</p>	<p><b>Fusilli Pasta</b> <i>served with a choice of</i> Spicy Tomato Sauce or Vegetarian Bolognese &amp; Garlic Bread</p>	<p><b>Jacket Potatoes</b> <i>served with a choice of</i> Tuna Mayonnaise or 'Boston' Baked Beans</p>	<p><b>Penne Pasta</b> <i>served with a choice of</i> Beef Bolognese or Quorn Balls in Italian Tomato Sauce &amp; Garlic Bread</p>
<p><b>Sponge of the Day with Creamy Custard</b> <i>or</i> <b>Cheesecake</b> <i>or</i> <b>Chunky Fruit Pots</b></p>	<p><b>Creamy Rice Pudding with Fresh Fruit</b> <i>or</i> <b>Homemade Biscuits &amp; Fresh Fruit Juice</b> <i>or</i> <b>Fresh Fruit Salad</b></p>	<p><i>A selection of</i> <b>Reduced Sugar Desserts</b> <i>or</i> <b>Organic Yoghurts</b></p>	<p><b>Seasonal Fruit Crumble with Creamy Custard</b> <i>or</i> <b>Assorted Cupcakes</b> <i>or</i> <b>Fresh Fruit Kebabs</b></p>	<p><b>Chocolate &amp; Pear Pudding with Chocolate Sauce</b> <i>or</i> <b>A Selection of Homebaking</b> <i>or</i> <b>Chunky Fruit Pots</b></p>

Week  
2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Meat Casserole</b> <i>or</i> <b>Quorn Casserole &amp; Dumplings</b> <i>served with</i> Parsley Potatoes &amp; Seasonal Vegetables</p>	<p><b>Chicken Tikka Masala</b> <i>served with</i> Fluffy Wholegrain Rice &amp; Naan Bread</p>	<p><b>Roast of the Day</b> <i>served with</i> Traditional Accompaniments Oven Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Southern Style Chicken</b> <i>served with</i> Crispy Sliced Potatoes &amp; Golden Sweetcorn</p>	<p><b>Golden Crumbed Fish Fingers</b> <i>served with</i> Jacket Wedges &amp; Petit Pois</p>
<p><b>Homemade Loaded Vegetable Pizza</b> <i>served with</i> Spicy Potato Wedges &amp; Winter Salad</p>	<p><b>Salmon Fishcake</b> <i>served with</i> A Lemon &amp; Parsley Mayo Herby Diced Potatoes &amp; Garden Peas</p>	<p><b>Quorn Sausages</b> <i>served with</i> Oven Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</p>	<p><b>Vegetarian Mexican Enchiladas</b> <i>served with</i> Crispy Sliced Potatoes &amp; Golden Sweetcorn</p>	<p><b>Freshly Prepared Hot Filled Baguettes &amp; Wraps</b> <i>served with</i> Jacket Wedges &amp; Crunchy Red Cabbage Coleslaw</p>
<p><b>Fusilli Pasta with Tomato &amp; Garlic Sauce</b> <i>or</i> <b>Mac 'N' Cheese</b> <i>served with</i> Garlic Bread</p>	<p><b>Jacket Potatoes</b> <i>served with a choice of</i> Cheesy Beans or Crunchy Coleslaw</p>	<p><b>Penne Pasta</b> <i>served with a choice of</i> Tomato &amp; Basil Sauce or Vegetarian Chilli &amp; Garlic Bread</p>	<p><b>Jacket Potatoes</b> <i>served with a choice of</i> Tuna Crunch or Cheese Savoury</p>	<p><b>Fusilli Pasta with Arriabiatta Sauce</b> <i>or</i> <b>Classic Lasagne</b> <i>served with</i> Garlic Bread</p>
<p><b>Fresh Milkshake &amp; Homemade Biscuit</b> <i>or</i> <b>Fresh Fruit Kebabs</b> <i>or</i> <b>Organic Yoghurts</b></p>	<p><b>Steamed Chocolate Sponge with Chocolate Sauce</b> <i>or</i> <b>Fruit in Jelly</b> <i>or</i> <b>Chunky Fruit Pots</b></p>	<p><i>A selection of</i> <b>Reduced Sugar Desserts</b> <i>or</i> <b>Organic Yoghurts</b></p>	<p><b>Sponge of the Day with Creamy Custard</b> <i>or</i> <b>Jam &amp; Cream Scones</b> <i>or</i> <b>Chunky Fruit Pots</b></p>	<p><b>Fruit Shortcake served with Creamy Custard</b> <i>or</i> <b>A Selection of Homebaking</b> <i>or</i> <b>Fresh Fruit Salad</b></p>