



Your children at the heart of all we do

# Kirklees School Meals Service

Two week winter menu 2018/19

## Headfield CE (C) Junior School



All our menus are planned in-line with the Government's **Food Based Standards**.

We serve a tasty 2 course meal, freshly prepared on site for **£2.20**

We hold the Soil Association **'Silver Food For Life Served Here'** accreditation, which means:

- At least **75%** of dishes on the menu are **freshly prepared**
- We use **local and seasonal** produce
- All eggs are **free range**
- Meat is **'farm assured'** as a minimum
- All fish comes from **sustainable** stocks
- No undesirable additives or artificial trans fats are used.

To find out more about school meals and view your child's school menu online go to: [www.kirklees.gov.uk/schoolmeals](http://www.kirklees.gov.uk/schoolmeals)

We cater for special diets and provide halal choices

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week.

This menu runs from **Monday 5 November 2018** until schools break up for **Easter 2019**

### WINTER THEME DAYS

- 4 October 2018 – Munch's Brunch
- December 2018 – Christmas Lunch
- 7 March 2019 – World Book Day



Week  
1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Halal Chicken Tikka Masala</b> <i>or</i> <b>Quorn Tikka Masala</b> <i>served with</i> Fluffy Wholegrain Rice & Naan Bread	<b>Halal Meat Lasagne</b> <i>served with</i> Herby Diced Potatoes & Golden Sweetcorn	<b>Halal Chicken Pie</b> <i>served with</i> Creamed Potatoes & Seasonal Vegetables	<b>Homemade Halal Lamb Burger in a Bread Bun</b> <i>served with</i> Crispy Sliced Potatoes & Crunchy Red Cabbage Coleslaw	<b>Halal Keema Curry</b> <i>served with</i> Rice & Peas
<b>Tuna Fishcake</b> <i>served with</i> Spicy Wedges & Winter Salad	<b>Margherita Pinwheels</b> <i>served with</i> Herby Diced Potatoes & Baked Beans	<b>Breaded Salmon Fillet</b> <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables	<b>Quiche of the Day</b> <i>served with</i> Crispy Sliced Potatoes & Crunchy Red Cabbage Coleslaw	<b>Crispy Crumbed Fish</b> <i>served with</i> Chunky Chips & Garden Peas
<b>Penne Pasta</b> <i>served with a choice of</i> Tomato & Basil Sauce or Carbonara Sauce & Garlic Bread	<b>Jacket Potatoes</b> <i>served with a choice of</i> Cheese & Coleslaw or Vegetable Chilli	<b>Fusilli Pasta</b> <i>served with a choice of</i> Spicy Tomato Sauce or Vegetarian Bolognaise & Garlic Bread	<b>Jacket Potatoes</b> <i>served with a choice of</i> Tuna Mayonnaise or 'Boston' Baked Beans	<b>Penne Pasta &amp; Quorn Balls in Italian Tomato Sauce</b> <i>served with</i> Garlic Bread
<i>A selection of freshly prepared</i> <b>Paninis</b> <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> <b>Filled Wraps</b> <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> <b>Hot Filled Baguettes</b> <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> <b>Paninis</b> <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> <b>Hot Filled Sandwiches</b> <i>served with</i> Side Salad
<b>Sponge of the Day with Creamy Custard</b> <i>or</i> <b>Cheesecake</b> <i>or</i> <b>Chunky Fruit Pots</b>	<b>Creamy Rice Pudding with Fresh Fruit</b> <i>or</i> <b>Homemade Biscuits &amp; Fresh Fruit Juice</b> <i>or</i> <b>Fresh Fruit Salad</b>	<i>A selection of</i> <b>Reduced Sugar Desserts</b> <i>or</i> <b>Organic Yoghurts</b>	<b>Seasonal Fruit Crumble with Creamy Custard</b> <i>or</i> <b>Assorted Cupcakes</b> <i>or</i> <b>Fresh Fruit Kebabs</b>	<b>Chocolate &amp; Pear Pudding with Chocolate Sauce</b> <i>or</i> <b>A Selection of Homebaking</b> <i>or</i> <b>Chunky Fruit Pots</b>

Week  
2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Halal Southern Style Chicken</b> <i>served with</i> Crispy Sliced Potatoes & Golden Sweetcorn	<b>Golden Crumbed Fish Fingers</b> <i>served with</i> Herby Diced Potatoes & Garden Peas	<b>Halal Chicken Curry</b> <i>served with</i> Fluffy Wholegrain Rice & Riata Sauce	<b>Halal Lamb Kofta</b> <i>served with</i> Coconut Rice & Homemade Flat Bread	<b>Halal Tasty Meat Pie &amp; Gravy</b> <i>served with</i> Creamed Potatoes & Seasonal Vegetables
<b>Salmon Fishcake</b> <i>served with</i> Parsley Sauce Crispy Sliced Potatoes & Golden Sweetcorn	<b>Halal Chicken Sausages</b> <i>or</i> <b>Vegetarian Sausages</b> <i>served with</i> Gravy Creamed Potatoes & Garden Peas	<b>Cheese &amp; Onion Rolls</b> <i>served with</i> Jacket Potato & Crunchy Coleslaw	<b>Quorn Dippers &amp; Barbecue Dip</b> <i>served with</i> Chunky Chips & Baked Beans	<b>Homemade Loaded Vegetable Pizza</b> <i>served with</i> Jacket Wedges & Crispy Mixed Salad
<b>Fusilli Pasta with Tomato &amp; Garlic Sauce</b> <i>or</i> <b>Mac 'N' Cheese</b> <i>served with</i> Garlic Bread	<b>Jacket Potatoes</b> <i>served with a choice of</i> Cheesy Beans or Crunchy Coleslaw	<b>Penne Pasta</b> <i>served with a choice of</i> Tomato & Basil Sauce or Vegetarian Chilli & Garlic Bread	<b>Jacket Potatoes</b> <i>served with a choice of</i> Tuna Crunch or Cheese Savoury	<b>Fusilli Pasta</b> <i>served with a choice of</i> Spicy Tomato Sauce or Quorn Bolognaise & Garlic Bread
<i>A selection of freshly prepared</i> <b>Filled Wraps</b> <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> <b>Paninis</b> <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> <b>Hot Filled Sandwiches</b> <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> <b>Paninis</b> <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> <b>Hot Filled Baguettes</b> <i>served with</i> Side Salad
<b>Fresh Milkshake &amp; Homemade Biscuit</b> <i>or</i> <b>Fresh Fruit Kebabs</b> <i>or</i> <b>Organic Yoghurts</b>	<b>Sponge of the Day with Creamy Custard</b> <i>or</i> <b>Fruit in Jelly</b> <i>or</i> <b>Chunky Fruit Pots</b>	<i>A selection of</i> <b>Reduced Sugar Desserts</b> <i>or</i> <b>Organic Yoghurts</b>	<b>Steamed Chocolate Sponge with Chocolate Sauce</b> <i>or</i> <b>Jam &amp; Cream Scones</b> <i>or</i> <b>Chunky Fruit Pots</b>	<b>Fruit Shortcake with Creamy Custard</b> <i>or</i> <b>A Selection of Homebaking</b> <i>or</i> <b>Fresh Fruit Salad</b>