



Your children at the heart of all we do

Kirklees School Meals Service

Two Week Menu 2021-22

Golcar J I & N School



All our menus are planned in line with the Government's **Food Based Standards**

We serve a tasty 2 course meal, freshly prepared on site for **£2.35**

We hold the Soil Association **'Silver Food For Life Served Here'** accreditation, which means:

- At least **75%** of dishes on the menu are **freshly prepared**
- We use **local and seasonal** produce
- All eggs are **free range**
- Meat is **'farm assured'** as a minimum
- All fish comes from **sustainable** stocks
- No undesirable additives or artificial trans fats are used

To find out more about school meals and view your child's school menu online go to: www.kirklees.gov.uk/schoolmeals

We cater for special diets

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week

THEME DAYS
Theme days will be held throughout the year

This menu will commence from the start of the September 2021 Term



munchin



Week
1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Pie & Gravy <i>served with</i> Creamed Potatoes & Seasonal Vegetables</p>	<p>Homemade Loaded Vegetable Pizza <i>served with</i> Jacket Wedges & Crunchy Coleslaw</p>	<p>Roast of the Day <i>or</i> Quorn Fillet <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables</p>	<p>Sausage <i>or</i> Vegetarian Sausage & Gravy <i>served with</i> Herby Diced Potatoes & A Medley of Peas & Golden Sweetcorn</p>	<p>Harry Ramsden's Battered Fish <i>served with</i> Oven Baked Chips & Mushy Peas</p>
<p>Vegetarian Meatballs in Italian Tomato Sauce <i>served with</i> Penne Pasta</p>	<p>Quorn Balti <i>served with</i> Wholegrain Rice</p>	<p>Salmon Fillet <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables</p>	<p>Savoury Cheese Pinwheel <i>served with</i> Herby Diced Potatoes & A Medley of Peas & Golden Sweetcorn</p>	<p>Mac 'n' Cheese <i>served with</i> Garlic Bread</p>
<p>Creamy Rice Pudding & Fruit Compote</p> <p>Homemade Biscuit <i>served with</i> Fresh Fruit Juice</p> <p>Fresh Fruit Salad</p>	<p>Fruit Crumble <i>served with</i> Creamy Custard</p> <p>Ice Cream Sundae</p> <p>Chunky Fruit Pots</p>	<p>A Selection of Reduced Sugar Desserts</p> <p>Fruit Yoghurts</p>	<p>Assorted Cupcakes</p> <p>Fruit Yoghurts</p> <p>Fresh Fruit Kebabs</p>	<p>Sponge of the Day <i>served with</i> Creamy Custard</p> <p>A Selection of Home Baking</p> <p>Fresh Fruit Salad</p>

Week
2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Cottage Pie <i>served with</i> Carrot Batons & Garden Peas</p>	<p>Chicken Tikka Masala <i>served with</i> Wholegrain Rice</p>	<p>Roast of The Day <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables</p>	<p>Homemade Sausage Roll <i>or</i> Quorn Sausage Roll <i>served with</i> Crispy Sliced Potatoes & Baked Beans</p>	<p>Golden Crumbed Fish Fingers <i>served with</i> Oven Baked Chips & Garden Peas</p>
<p>Quorn Dippers & Barbecue Dip <i>served with</i> Herby Diced Potatoes & Garden Peas</p>	<p>Stuffed Calzone Pizza <i>served with</i> Jacket Wedges & Crispy Mixed Salad</p>	<p>Cheddar Cheese Quiche <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables</p>	<p>Jacket Potato <i>served with</i> Tuna Mayonnaise & Side Salad</p>	<p>Vegetarian Spaghetti Bolognese <i>served with</i> Garlic Bread</p>
<p>Syrup Sponge <i>served with</i> Creamy Custard</p> <p>Fresh Fruit Kebabs</p> <p>Fruit Yoghurts</p>	<p>Eve's Pudding <i>served with</i> Creamy Custard</p> <p>Homemade Biscuit <i>served with</i> Fresh Milkshake</p> <p>Chunky Fruit Pots</p>	<p>A Selection of Reduced Sugar Desserts</p> <p>Fruit Yoghurts</p>	<p>Carrot Cake</p> <p>Fruit in Jelly</p> <p>Fresh Fruit Salad</p>	<p>Chocolate Victoria Sponge <i>served with</i> Creamy Custard</p> <p>A Selection of Home Baking</p> <p>Chunky Fruit Pots</p>