

JSNA adult health and wellbeing indicators 2012-13

Demographic groups

Updated: 26/07/2013

All Figures are rates per 1000 unless specified. For indicator definitions, sources and time periods see data definitions tables.

Colour key: Indicator of 'wellbeing'
Indicator of 'people & skills' assets
Indicator of 'physical' assets
Indicator of 'associations' assets

Key to symbols/ abbreviations:	
•	Suppressed due to small numbers
N/A	Not applicable to this row/ column
Nav	Data not available

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Demographic/ people groups	Kirklees overall	Sex		Age group			Ethnic group					
		Males	Females	18-44	45-64	65 years and over	All BME	White	Black	Mixed	South Asian	Non-South Asian
Resident Population Characteristics												
Total adult (18 years and over) population	337982	168514	169468	162624	107977	67064	Nav	Nav	Nav	Nav	51492	286490
Healthy Foundations motivation segments (%)												
Health Conscious Realists (HCR)	263	240	300	250	300	260	230	280	200	220	230	270
Balanced Compensators (BC)	150	170	140	160	150	160	180	150	320	70	160	150
Live for Today's (LFT)	200	210	200	220	180	180	250	190	200	300	260	190
Hedonistic Immortals (HI)	110	100	130	150	90	70	50	130	80	•	40	120
Unconfident Fatalists (UF)	270	290	240	230	270	350	290	260	200	310	310	260
Social connectedness/ capital												
Participation in regular volunteering (at least once per month)	206	200	210	200	210	230	200	210	190	•	190	Nav
Feel lonely/ isolated all or most of the time	63	64	61	77	54	41	97	56	77	159	84	59
Social connectedness (have someone to rely on in a crisis or to comfort them when upset)	898	871	925	897	886	925	801	917	815	812	805	912
Have someone to comfort them when upset	847	809	885	848	831	875	742	868	757	764	748	862
Have someone to rely on in a crisis	861	830	893	861	846	896	739	886	751	726	746	879
Agree that local area is a place where people from different ethnic backgrounds get on well together	434	435	434	458	403	427	599	402	609	556	601	409
Agree that local area is a place where people of different ages get on well together	638	635	644	647	628	635	631	642	690	614	631	641
Agree that local area is a place where people treat each other with respect and consideration	542	532	551	518	526	628	611	529	694	411	601	534
Agree that local area is a place where people trust each other	429	448	411	388	426	536	466	422	373	277	484	421
Agree that local area is a place where people pull together to improve things	380	350	410	340	400	470	350	390	480	•	330	Nav
Place & physical assets												
Satisfied overall with local area as a place to live	760	730	780	730	760	820	680	760	690	740	660	Nav
Think that people being drunk or rowdy in public places is a problem in their local area	260	270	260	310	240	200	390	250	200	440	420	Nav
Feel safe when outside in local area during the day	860	860	860	850	870	860	790	870	910	720	770	Nav
Housing												
Living in overcrowded accommodation	59	63	55	104	24	10	236	24	104	47	258	29
Home perceived as NOT suitable for household's needs (all household types)	155	148	159	193	126	105	224	139	266	310	216	144
Home perceived as NOT suitable for needs of pensioner households	109	102	116	214	128	97	248	94	•	•	263	95
Home perceived as NOT suitable for needs of households with dependent children	197	200	195	214	136	•	250	173	405	•	236	182
Home perceived as NOT suitable for household's needs because it is badly in need of repairs/improvements	258	266	256	266	282	178	241	264	255	•	248	261
Home perceived as NOT suitable for household's needs because it is too large	159	172	148	64	254	398	74	184	•	•	82	174
Families												
Eat with family/ household members 5 or more times per week	524	488	557	548	503	502	580	514	391	560	616	511
Provide unpaid care for someone who is limited in their daily activities	190	182	196	140	258	189	190	189	86	200	211	186
Economic well-being												
Money worries in past few weeks (most or all of time)	230	226	287	357	219	74	381	233	449	482	367	241

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Demographic/ people groups		Kirklees overall	Sex		Age group			Ethnic group						
			Males	Females	18-44	45-64	65 years and over	All BME	White	Black	Mixed	South Asian	Non-South Asian	
Indicator for people aged 18 years and over unless specified (all figures are rates per 100 unless specified)														
Work and skills														
Qualified to at least level 2		aged 18-64 years	719	690	743	759	659	N/A	612	744	658	605	595	740
Workless		aged 18-64 years	204	190	219	209	329	N/A	291	188	185	321	305	190
In routine & manual employment		aged 18-64 years	228	284	182	219	242	N/A	243	226	274	•	248	225
Health behaviours														
Current smoker	current		186	191	184	227	181	102	156	193	149	253	149	193
Physical activity	Meet recommended levels		365	378	354	336	379	412	287	382	413	247	277	380
	Never do 30 minutes moderate physical activity per day		104	125	84	83	111	150	148	96	74	119	156	97
Alcohol	Likely to be drinking at increasing risk levels (Audit C score of 5 or more)		688	746	630	745	724	513	364	712	422	571	305	704
	Binge drinking (Those who consume 7 or more units of alcohol on a typical drinking day)		211	245	180	294	190	75	94	221	163	300	50	219
	Males who drink 7 or more units of alcohol on a typical day who are concerned about their drinking and plan to reduce it		207	207	N/A	185	235	182	452	197	•	•	786	200
	Females who drink 7 or more units of alcohol on a typical day who are concerned about their drinking and plan to reduce it		197	N/A	197	168	342	•	•	349	•	•	•	194
Food and nutrition	Likely to eat 5-a-day		640	607	671	594	679	685	610	643	735	565	587	645
	Eat fast food/take away meals at least once a week		191	219	164	245	156	114	246	181	196	122	257	182
	Very/quite confident cooking from basic ingredients		857	808	907	856	880	822	781	872	944	919	743	874
	Cook from basic ingredients 5 or more times per week		479	424	530	466	488	495	540	465	606	494	535	469
Adults with no unhealthy behaviours			83	68	98	59	78	141	138	79	157	•	143	80
Adults with 1 unhealthy behaviour			297	286	308	245	311	388	348	294	417	296	330	297
Adults with 2 unhealthy behaviours			373	383	363	383	379	341	333	375	270	259	364	372
Adults with 3 or more unhealthy behaviours			247	264	230	314	232	131	181	252	157	370	164	251
Women of child bearing age (WoCBA) - aged 18-44 years														
Smoking	Current smoker		214	N/A	N/A	N/A	N/A	N/A	85	249	•	•	83	243
Physical activity	Meet recommended level		337	N/A	N/A	N/A	N/A	N/A	337	338	377	•	333	339
	Never do 30 minutes moderate physical activity per day		64	N/A	N/A	N/A	N/A	N/A	73	61	•	•	74	61
Alcohol	Likely to be drinking at increasing risk levels (Audit C score of 5 or more)		705	N/A	N/A	N/A	N/A	N/A	354	730	350	•	337	719
	Binge drinking (Those who consume 7 or more units of alcohol on a typical drinking day)		262	N/A	N/A	N/A	N/A	N/A	88	290	•	•	•	286
	Those who drink 7 or more units of alcohol on a typical day who are concerned about their drinking and plan to reduce it		169	N/A	N/A	N/A	N/A	N/A	•	165	•	•	•	165
Food and nutrition	Likely to eat 5-a-day		625	N/A	N/A	N/A	N/A	N/A	611	625	642	632	589	629
	Eat fast food/take away meals at least once a week		208	N/A	N/A	N/A	N/A	N/A	226	203	296	•	236	202
	Very/quite confident cooking from basic ingredients		889	N/A	N/A	N/A	N/A	N/A	919	880	1000	1000	905	885
	Cook from basic ingredients 5 or more times per week		503	N/A	N/A	N/A	N/A	N/A	651	462	654	556	640	472

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Being Healthy													
Overall health good/ very good	646	606	689	736	618	486	594	661	621	674	580	660	
Self-rated health (0-100 scale) mean score (standard deviation in brackets)	74.4 (20.3)	72.9 (20.7)	75.9 (19.6)	76.5 (18.9)	73.9 (21.1)	70.5 (21.1)	72.2 (21.8)	75.0 (19.8)	77.4 (21.1)	69.2 (23.4)	71.3 (22.0)	75.0 (19.8)	
Long-term limiting condition	301	351	250	178	343	519	236	312	278	369	221	311	
People who need support to continue to live in own home	112	129	92	56	107	242	119	107	136	209	113	109	
Any problems with mobility [EQ-5D]	254	307	201	117	278	538	203	261	220	222	206	258	
Any problems with usual activities [EQ-5D]	297	333	260	189	332	493	270	300	225	321	273	298	
People with a long-term health condition/ problem who are confident in managing their own health	775	760	797	750	775	805	667	794	773	684	627	793	
Emotional health & wellbeing													
Positive wellbeing mean score (WEMWBS scale of 14-70)	47.4 (9.6)	47.2 (9.8)	47.7 (9.4)	47.4 (9.8)	47.1 (9.6)	48.3 (9.0)	46.4 (9.9)	47.6 (9.5)	49.1 (9.5)	43.2 (10.7)	46.0 (9.7)	47.6 (9.6)	
Medium/ high rating (score of 7-10) of satisfaction with life overall	626	607	646	649	606	613	548	644	567	494	558	639	
Medium/ high rating (score 7-10) of how worthwhile the things they do are	659	632	686	677	644	646	599	671	605	512	606	668	
Medium/ high rating (score 7-10) of happiness yesterday	613	591	637	625	598	620	536	630	605	412	538	626	
Very low/ low rating (score 0-1) of how anxious they were yesterday	319	306	332	305	307	376	217	339	330	143	202	336	
Biological factors													
Heart disease (self-reported)	53	80	27	4	58	158	37	56	•	•	44	54	
Individuals admitted to hospital in an emergency due to a heart attack													
aged 18 years and over	1.9	2.4	1.4	0.2	1.8	6.3	Nav	Nav	Nav	Nav	Nav	Nav	
High blood pressure (self-reported)	201	257	146	64	258	426	158	208	292	128	145	208	
Stroke (self-reported)	12	17	7	2	13	34	11	12	•	•	13	12	
Individuals admitted to hospital in an emergency due to a stroke													
aged 18 years and over	2.2	2.0	2.4	0.2	1.6	8.4	Nav	Nav	Nav	Nav	Nav	Nav	
CVD (self-reported heart disease, high BP or stroke)	221	291	157	65	283	497	170	233	272	140	162	231	
COPD	25	30	20	4	29	66	11	27	•	•	•	27	
Individuals admitted to hospital in an emergency due to bronchitis, emphysema and other COPD													
aged 18 years and over	2.4	2.4	2.5	0.1	1.9	9.1	Nav	Nav	Nav	Nav	Nav	Nav	
Asthma (self-reported)	106	103	109	112	98	104	125	102	100	140	127	102	
Diabetes (self-reported)	72	99	44	24	90	157	102	65	112	•	107	66	
Incontinence of bladder or bowel (self-reported)	63	57	68	26	76	129	44	66	•	•	46	65	
Short-term pain problems (self-reported)	91	95	87	76	102	110	79	93	106	•	78	93	
Long-term pain problems (self-reported)	145	151	138	84	186	220	120	149	141	186	114	149	
Back pain (self-reported)	162	161	164	116	192	218	97	173	129	174	89	172	
Depression, anxiety or other nervous illness (self-reported)	208	199	216	227	231	127	210	206	140	302	205	207	
Obese - Body Mass Index 30+	187	188	185	168	218	175	205	182	267	221	201	184	
Overweight and Obese - Body Mass Index 25+	535	605	464	453	613	597	535	534	540	649	539	534	
Underweight - Body Mass Index < 20	22	13	30	33	10	15	32	20	•	•	36	20	
WoCBA Obese - Body Mass Index 30+	169	N/A	169	169	N/A	N/A	199	161	267	•	196	163	
WoCBA Overweight and Obese - Body Mass Index 25+	399	N/A	399	399	N/A	N/A	409	394	511	•	408	395	
Deaths													
All causes	2.93	6.71	4.94	0.78	4.69	37.62	Nav	Nav	Nav	Nav	Nav	Nav	
All cancers*	1.09	2.00	1.43	0.12	1.92	10.31	Nav	Nav	Nav	Nav	Nav	Nav	
All circulatory diseases* (CVD)	0.71	2.18	1.35	0.12	1.18	12.55	Nav	Nav	Nav	Nav	Nav	Nav	
Coronary heart disease*	0.37	1.16	0.56	0.05	0.64	5.93	Nav	Nav	Nav	Nav	Nav	Nav	
Stroke*	0.14	0.49	0.41	•	0.21	3.54	Nav	Nav	Nav	Nav	Nav	Nav	
Bronchitis, emphysema & other COPD*	0.13	0.30	0.26	•	0.20	2.00	Nav	Nav	Nav	Nav	Nav	Nav	