

Primal Eden supporting statement

Primal Eden is a community interest company that aims to help support children, young adults and adults with health conditions understand the basic principles of nutrition and help get them more physically active.

Primal Eden is a revolutionary new type of training facility and movement concept combining full body strength, functional movement patterns and fluid motion, to build a truly functional body. There is nothing like this in the UK at this time.

I am part of an internationally competing team in a new sport called calisthenics. Calisthenics has emerged and taken the world by storm, with teams coming together from all over the world to compete in major international competitions.

I am wanting to convert unit F of Wheatley business park into this revolutionary type of fitness training facility. Not only will this benefit the business park itself by having an on-site training facility and ancillary café serving healthy food, but it will benefit the wider community of Mirfield and surrounding areas.

I also intend to work with local schools, families and community groups to help people become more active and make healthier nutritional choices.

Unit F is currently an unused unit, that I am planning to bring back to life. I am passionate about my work and the local area.

Me and my fiancé met in Hopton woods opposite Wheatley business park, so this area in particular holds special meaning, and would therefore be perfect for me to start my own business.