

Getting out and about

There are many local dementia support groups and services available from befriending and dancing to lunch clubs and exercise classes. To find out about what is going on in your area please take a look at our factsheets Kirklees Community Dementia Support or contact Gateway to care on **01484 414933** who will send you a copy for your area.

Driving

Once you have a diagnosis of dementia, by law, you have to let the DVLA know, as well as your insurance company. The DVLA may decide to assess you and may issue you with a limited licence. You can appeal against any decision made. Contact William Merritt for more information (details in Useful Contacts section). As dementia progresses it is important that you have your driving reassessed. It is possible that at some point you will need to stop driving. Take a look at the Alzheimer's Society booklet: **Driving**.

Travel

You may qualify for a Freedom Pass, a discount mainline train card, a blue badge or you may be able to get taxi assistance - these can all help towards you remaining independent for as long as possible. For more information ask Gateway to care telephone **01484 414933**.

Kirklees Caring Cars scheme

Caring Cars is an agreement between Kirklees Council and local taxi companies. It promotes safe and confident taxi travel for older people in Kirklees. Participating companies display the Caring Cars code of practice and sticker in a public area of their premises. See **Caring Cars** for information.

Yorkshire Children's Centre - Travel Companions

Travel companions accompany people on public transport to build independence and provide lifts in private cars where public transport is not possible. For more information contact Brian Jackson House, New North Parade, Huddersfield, HD1 5JP, telephone **01484 519988**.

Cloverleaf Travel Training

Cloverleaf Travel train and accompany people on public transport until they are confident to use it independently. Primarily younger and learning disabled people (16+). They are based at Kirklees Advocacy Office, First Floor 9 Wellington Road, Dewsbury, WF13 1AU. To contact them telephone **01924 438438** or email: **kirklees@cloverleaf-advocacy.co.uk**

Cameo

Cameo is a small service which covers the residents of Denby Dale and Kirkburton Monday – Friday. It provides transport to doctors' surgeries etc for those unable to use public transport. For more information telephone **01484 609122**.

Car companions

Batley Resource Centre have volunteers who offer their time to accompany clients to appointments, such as hospital visits, or even social groups. They may drive a client in their own car or go with them in a taxi. They offer company and friendship, not just a lift. To find out more or request a membership pack telephone **01924 479082**



Travel assistance cards

You may qualify for a Freedom Pass, a discount mainline train card, a blue badge or you may be able to get taxi assistance. For more information ask Gateway to care telephone **01484 414933**.

West Yorkshire Combined Authority is working hard to provide dementia friendly public transport in West Yorkshire, and many of the staff working at Metro Bus Stations and Travel Centres are dementia aware. Travel assistance cards have been designed for you to easily let the bus driver know if you have a problem or disability that is not easy to recognise.

You can collect the travel cards from Huddersfield or Dewsbury bus stations or print off your own copy at:

Travel Assistance Cards



Denby Dale Centre

The Denbydale Centre operates a 'ring and ride' scheme for residents of Denby Dale, Kirkburton, and the Colne/Holme Valleys. People need to register and are charged an initial fee and a pence per mile fee, telephone **01484 860077**. They also have community transport buses for hire

Safe Places Scheme

A Safe Place is a place you can go to for help when you are out and about. You will need to get a free Safe Place card and write on it vital telephone numbers of people who can help you such as a relative or carer. When you need help, take the card into any shop or building showing the sign in their window and ask them for help. For more information, contact Samantha Jones telephone **01484 340811** or email samantha.jones@mencapinkirklees.org.uk

Access bus

Access bus is a door-to-door, dial-a-ride bus service that runs within each of the five districts of West Yorkshire. The buses are either low floor ramped access design or have passenger lifts. The service is free to people living in West Yorkshire and runs Monday to Saturday between 8.15am and 3.15pm. Access bus also provides an evening service, but with limited availability. Anyone of any age, who is unable to use conventional public transport, or who has extreme difficulty in doing so because of a disability is able to use the access bus.

For further information telephone **0113 3481903** or write to Access bus, Wellington House, 40-50 Wellington Street, Leeds, LS1 2DE or take a look at webpage

Access bus

WRVS Kirklees Good Neighbours

WRVS Kirklees Good Neighbours is a community scheme which offers befriending and social transport across Kirklees. For information telephone **01484 453679**.