

Walking your way to health



Milnsbridge Family Walks

1st Saturday in the month – Colne Valley Garden Centre, Scar Lane (Starts 7th Dec 2019 – NO walk 1st week in January 2020)

3rd Saturday in the month – Central Café, Yates Lane (Starts 16th Nov 2019)

Prompt start at 10 am for approx. 1 hour

Family friendly walks exploring the local area

The walk will last approx. 1 hour and is free to attend.
Please wear supportive footwear and well behaved dogs welcome



Walking is a great way to get more active whilst enjoying the outdoors!

For further information please contact:

Lesley on 07525664862

For further information visit: www.kirklees.gov.uk/walking

