Corona virus COVID-19
Community Response

Need help and support?

• if you’re struggling to get food/supplies and don’t have anyone to help
• if you know someone who might need support
• if you want to offer help in your community

Call our helpline: 01484 226919

8am – 6pm weekdays and currently 10 – 4 pm on bank holidays and weekends

Or go to www.kirklees.gov.uk/covid19response
Communities in action

Larger community organisations are also coordinating efforts across Kirklees:

- Yorkshire Children’s Centre
- More in Common
- Paddock Trust
- Holmfirth Tech
- Colne Valley Care Co-operative
- Denby Dale Centre
- Huddersfield Mission
- Local Services 2 You
- Chestnut Centre Centre

To get in touch with them, visit our website or call our helpline on 01484 226919.

For more information go to https://covidmutualaid.org/local-groups

Keep up with all the latest local information and support at:

- www.kirklees.gov.uk/coronavirus
- @KirkleesCouncil
Stay at home
unless you need to leave for:
- essential shopping
- exercise once a day
- helping the vulnerable
- work - if you can’t work from home

2m social distancing when among other people

Wash your hands
with soap and water often, for at least 20 seconds especially when you ...
- arrive home
- use the toilet
- eat or handle food
- sneeze or cough

Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze. Put used tissues in the bin immediately and wash your hands afterwards.
Do not touch your eyes, nose or mouth if your hands are not clean.

Look after yourself
It’s important during these difficult times to stay healthy
- Stay in contact
- Quality sleep
- Keep a routine
- Mental health