Directory of Sport and Physical Activity for Disabled People in Kirklees
Need Help

Getting Disabled People in Kirklees More Active? Funding Available!

The Federation of Disability Sports Organisations and Kirklees Community Partnerships are working closely together to help disabled people into sport and physical activity. Funding is available to support clubs and organisations that want to provide sport & physical activity for disabled people. Funding is available to support costs of venue hire, coaches, training courses, equipment and transport. Whether you are an existing club or group, or you have an idea for a new club, we are here to help! For further details about small grants for clubs, and coaching bursaries, please contact Fiona Hall at FDSO
Tel: 01924 372382 fhall@fdso.co.uk
Details also available via www.fdso.co.uk
Directory of Sport and Physical Activity for Disabled People in Kirklees

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Activity Key to Facilities

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- Child Protection Policy
- Qualified Coaches
- Accessible Parking
- Level Access
- Ramped Access
- Lift Access
- Accessible Changing Room
- Accessible Toilet
- Accessible Shower
- Assistance Provided
- Refreshments Available
- Competitive Opportunities
- Loop System
- Beached Entry
- Pool Temperature
- Pool Hoist
- Pool Chair
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<td>Rawthorpe St James Armchair Aerobics</td>
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<td>Singing for Well-being</td>
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<td>Special Needs North Kirklees Gym Club</td>
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<td>The Watershed Drama Group</td>
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</table>
### Summary of Kirklees Clubs and Sessions

<table>
<thead>
<tr>
<th>Name of Club/Activity</th>
<th>Multi Sports</th>
<th>Swimming</th>
<th>Exercise Sessions</th>
<th>Specialised Sessions</th>
<th>Leisure/Social Group</th>
<th>Senior Citizens/Elderly</th>
<th>Adults</th>
<th>Children</th>
<th>Learning Disability</th>
<th>Physical Disability</th>
<th>Blind/Visually Impaired</th>
<th>Deaf/Hearing Impaired</th>
<th>Inclusive Generally</th>
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</tbody>
</table>
Actionnaires - Huddersfield

**Address**
Actionnaires visit different venues within Kirklees, though currently mostly use Huddersfield Sports Centre as a base for most sports activities.
Huddersfield Sports Centre
Southgate
Huddersfield
HD1 1TW

**Contact Details**
mailto:karen.boyes@actionforblindpeople.org.uk
mailto:nicole.sprent@actionforblindpeople.org.uk
Karen Boyes on 0113 3862800

**Website**
www.actionforblindpeople.org.uk

**Activities**
Our Actionnaires clubs offer a range of activities and ensure children of all abilities can take part regardless of their vision.

**Session Details**
We meet every second and fourth Saturday from 10am until 12pm

**Cost**
FREE

**Age Group**
Children aged 4-16

**Who can Attend**
Blind or partially sighted (under 8’s must be accompanied by an adult). Siblings or a friend are also welcome to come along.

**Affiliation Details**
Action for Blind People

Almondbury Disabled Leisure Group 97

**Address**
Audrey Robinson
1 Alms Row
off Northgate
Almondbury
Huddersfield
HD5 8UZ

**Contact Details**
Tel: 01484 535622

**Website**
www.actionforblindpeople.org.uk

**Activities**
Social and leisure club for disabled people and carers.

**Session Details**
Meet every Tuesday from 1.30pm to 5pm.

**Who can Attend**
Members Only
## Almondbury Wesleyan Cricket Club

### Contact Details
- Ian Hales
- Email: thewes@btinternet.com
- Ian R Hales
- Almondbury Wesleyan CC
- Phone 01484 305889
- Mobile 07966 723568

### Website
- [www.almondburywesleyans.play-cricket.com](http://www.almondburywesleyans.play-cricket.com)

### Activities
The club has an integrated approach to cater for all abilities. Each player is integrated into the most appropriate age/ability group, subject to capacity.

---

## Ambitions for Kirklees

### Address
- Mrs Liz Feeny and Mrs Bev Sissons
- 89 Shillbank Lane
- Mirfield
- WF14 0QW

### Contact Details
- info@ambitions4kirklees.co.uk

### Website
- [www.ambitions4kirklees.co.uk](http://www.ambitions4kirklees.co.uk)

### Activities
Ambitions is a registered Community Interest Company (CIC) committed to empowering and building the skills for work and independent living of young people and adults with learning difficulties and disabilities through practical experiences and supported work placements within their own local community and culture.

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### Session Details
- **Call for details**

### Cost
- **Call for details**

### Age Group
- **Adults**

### Who can Attend
- **Adults with a disability**
Batley and District Mencap Society

Contact Details
John Dewhurst
49 Latham Lane
Gomersal
Cleckheaton
BD19 4AL
Email: jcdewhirst@hotmail.com

Website
www.batleymencap.co.uk

Activities
1. Social and Games Evening
2. Swimming

Session Details
1. Monday 7-8pm
2. Tuesday 8-9pm

Cost
1. £1.00
2. £2.00

Age Group
Adults with Learning Disabilities

Who can Attend
Call for details

Batley Sports Association for The Disabled

Address
Batley Sports and Tennis Centre
Windmill Lane
Howden Clough
Batley
WF17 0QD
01924 326181

Activities
Swimming for adults and children with disabilities. We also welcome anyone recovering from illness or an operation.

Session Details
Meetings Sunday from 12 noon to 1pm

Age Group
Any

Who can Attend
Anyone

Affiliation Details
Mencap

Better futures for the blind

Address
Mrs Jean Goodison
132 Lockwood Scar
Newsome
Huddersfield
HD4 6EA

Contact Details
Tel: 01484 542320

Email: jg132@hotmail.co.uk

Activities
Our aims are to provide activities and events for blind and partially-sighted people weekly or monthly throughout the year, to help overcome social isolation and bring people together, to deal with and overcome the potential
problems associated with disability.

**Session Details**

This will involve a weekly visiting befriending service, weekly exercise sessions at the Nerve Centre, and a monthly activity club with a range of activities and transport included.

**Cost**

Exercise group £1.50

Befriending Service £1.00

Trips out £2.00 (Cost will cover fuel)

**Who can Attend**

Call for details

**Other Information**

Exercise group is held at Huddersfield Town Hall

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**Borough of Kirklees Disability Swimming Club**

**Address**

Stadium Leisure Complex, Huddersfield

**Contact Details**

Tel: 01484 234098
Email: gemma.hill-wood@kirklees.gov.uk

**Activities**

The session includes ‘learn to swim’ and performance squad training for disabled swimmers.

**Session Details**

Saturday evenings from 4:00 - 6:00pm.

**Age Group**

Call for details

**Who can Attend**

Call for details

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**Bowling Club for Visually Handicapped People**

**Address**

Whitcliffe Mount Sports Centre
Turnsteads Avenue
Cleckheaton
BD19 3AQ

**Contact Details**

Tel: 01274 335130
Fax: 01274 335129
Email: whitcliffe.mountsc@kirklees.gov.uk

**Activities**

Flat green indoor bowling for people who are blind or visually handicapped.

**Session Details**

Meetings weekly. Please ring for details.

**Who can Attend**

Call for details
### Bradley Park Golf Course & Driving Range

**Address**
Bradley Road  
Huddersfield  
HD2 1PZ

**Contact Details**
Tel: 01484 223772

**Activities**
Inclusive Golf Sessions for people of all ability available via arrangement. The club is in the process of making its facilities more disability friendly.

**Session Details**
- Tri Golf sessions for beginners  
- Extreme Golf for more experienced players  
- The club will welcome disabled players in groups or as individuals

**Cost**
TBC

**Age Group**
All ages

**Who can Attend**
Anyone

---

### Buddies Scheme

**Address**
Mencap in Kirklees  
The Stables  
Buckden Mount  
8 Thornhill Road  
Huddersfield  
HD3 3AU

**Contact Details**
Tel: 01484340811 / Fax: 01484340822

**Website**
www.mencapinkirklees.org.uk

**Who can Attend**
Call for details

**Other Information**
Helps people with learning difficulties access leisure and social activities with a volunteer who has similar interests.

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### Canalside Sports Complex

**Address**
509 Leeds Road  
Huddersfield  
HD2 1YJ

**Contact Details**
info@canalsidesport.com

**Activities**
Snooker Club, the complex hosts weekly meetings for disabled individuals to meet and play Snooker

**Session Details**
10 – 12 (Day to be confirmed)

**Cost**
£1.00 for 30 mins

**Age Group**
All

**Who can Attend**
Anyone - please email for details
### Cardinals Wheelchair Sports Club

**Address**
Newsome High School, Castle Avenue
Huddersfield HD4 6JN

**Contact Details**
daveheatherill@fsmail.net

**Website**
thecardinals.info/home

**Activities**
The group is a sports and social club that promotes wheelchair sports. We try and cater for all our members interests in wheelchair disabled sports including basketball and rugby. Provides training, coaching and fixtures. We have a basketball team and a rugby team that competes in a national league.

### Central Stars

**Address**
Huddersfield Central Youth Club,
Prospect Street, Huddersfield HD1 2NX

**Contact Details**
Integrated Youth Support Services
54 Huddersfield Road
Meltham
Holmfirth
West Yorkshire HD9 4AG
Brian Jackson Centre Office
Brian Jackson Centre
New North Parade, Huddersfield HD1 5JP
Tel: 01484 223348 / Fax: 01484 223601
Email: yps@kirklees.gov.uk

**Activities**
A youth club for 13 to 25 olds with mild and moderate disabilities.

**Session Details**
The Central Stars is a youth club in Huddersfield. There are a variety of activities and the opportunity to socialise. Weekly subscription.
Meets Wednesdays 6.15pm to 8.45pm.

**Age Group**
For children and young adults aged 13 to 25 years old

**Who can Attend**
13 to 25 olds with mild and moderate disabilities.
Chair Exercise Class

**Address**
Huddersfield Town Hall

**Contact Details**
Dennis Killin 01484 460568

**Activities**
Chair exercise for elderly/ people with disabilities

**Session Details**
Wednesdays 1-30 to 2.30pm

**Who can Attend**
Session currently running at capacity, but anyone interested should ring for details.

Cloverleaf Advocacy

**Address**
Kirklees Advocacy Office
26 Bond Street
Dewsbury WF13 1HF

**Contact Details**
Email: kirklees@cloverleaf-advocacy.co.uk
Phone: 01924438438
Fax: 01924438444

**Website**
www.cloverleaf-advocacy.co.uk/

**Other Information**
We provide person centred advocacy services for people with mental health needs, people with learning disabilities, people with physical or sensory impairments, acquired brain injury, older people and carers. This includes self-advocacy and service user involvement initiatives.

Colne Valley Yoga for Health Self Help Group

**Address**
Mrs L Kelly
25 Ingfield Avenue
Dalton
Huddersfield HD5 9HE

**Contact Details**
Tel: 01484 310075

**Activities**
A support group for older and less able people, with gentle exercise from a chair.

**Session Details**
Meetings on Wednesday at 10.30am for 11am start prompt, 1 hour yoga, 20 minutes relaxation, finish at 12.30pm.

**Cost**
£4 per Session
Dial Wood Carriage Driving Flockton

**Address**
RDA Stables, Flockton

**Contact Details**
Audrey Honeyman 0845 450 7138

**Website**
www.dialwood.btik.com/

**Activities**
Offers carriage driving and activities with ponies to disabled people in the Wakefield and Kirklees area. We run sessions on a Tuesday, Thursday and Sunday afternoons. We have 2 quiet ponies and specially designed carriages with ramps for loading wheelchairs.

**Session Details**
Tues/ Thurs/ Sun afternoons

**Cost**
£6 approx

**Age Group**
All

**Who can Attend**
Applicants who have completed a registration form

**Affiliation Details**
Part of Riding for Disabled Association
### Disport

**Address**
Federation of Disability Sports Organisations  
South Side Hospitality Suite  
Wakefield Trinity Wildcats  
Rapid Solicitors Stadium  
Doncaster Rd  
Wakefield

**Contact Details**
Email: fhall@fdso.co.uk

**Website**
www.fdso.co.uk

**Activities**
The role of Disport is to address the sporting needs of people with a learning disability, who live in the Yorkshire and Humber area.

### Federation of Disability Sports Organisations

**Address**
Federation of Disability Sports Organisations  
South Side Hospitality Suite  
Wakefield Trinity Wildcats  
Rapid Solicitors Stadium  
Doncaster Rd  
Wakefield

**Contact Details**
Tel: 01924 372382  
Email: Staff@fdso.co.uk

**Website**
www.fdso.co.uk

**Activities**
FDSO develops and promotes sporting opportunities for disabled people in the Yorkshire region, including running projects, delivering training, and a comprehensive events programme.

### Session Details

**FDSO**

- **Annual Events calendar**

**Cost**
Depends on event

**Age Group**
All ages

**Who can Attend**
All ages and disabilities covered, with some restrictions at some events.

**Other Information**
Events programme and news available on www.fdso.co.uk
Flame Club Deighton

Address
Deighton Sports Arena,
Deighton Road
HD2 1JP

Contact Details
Tel: 01484 234098

Website
sport.development@kirklees.gov.uk

Activities
The Flame Club offers young people aged 14 years and over the chance to try out a variety of sports including boccia, athletics, cricket and basketball

Session Details
12noon -2pm (Except the first Saturday of each month)

Age Group
14 years and over

Who can Attend
People with a disability

Affiliation Details
Flame Club is a brand of Clubs supported by Kirklees Council, giving assurances on Child/ Vulnerable Adult Protection, coaching standards and enjoyment

Flame Club (Goalball)

Address
Royds Hall School
Victory Ave
Huddersfield
HD3 4HA

Contact Details
Tel: 07956 126044
javedjav@hotmail.com
Javed Mohammed, Chairperson

Activities
Newly establish Goalball club for players with visual impairments. Currently catering for experienced players, but hoping to introduce a junior/ beginner section in the near future.

Session Details
Meets every other Sunday 2.30pm -4.30pm. Please check that the session is on before attending.

Cost
Membership fee £20 per year; session fee £2-£3 Includes kit, tape, goggles etc

Age Group
Currently 14+, but junior section to be set up in future

Who can Attend
Anyone with an interest

Affiliation Details
Goalball UK - Flame Club is a brand of Clubs supported by Kirklees Council, giving assurances on Child/ Vulnerable Adult Protection, coaching standards and enjoyment

Other Information
This is a newly established club
### Flame Club Batley (formerly Dis Sport)

| **Address** |  
| Batley Tennis and Leisure Centre  |
| **Contact Details** |  
| 01924 221799 (Batley Tennis & Leisure)  
07836 226545 (Helen Calverley)  |
| **Website** | www.vivesport.co.uk  |
| **Activities** | Multi- Sports Activities, movement and co-ordination / skills in a fun and safe environment.  |
| **Session Details** | Saturdays 10.30am -12noon  |
| **Cost** | Approx. £2 per session  |
| **Age Group** | 10-15 yrs  |
| **Who can Attend** | Children with disabilities  |
| **Affiliation Details** | Flame Club is a brand of Clubs supported by Kirklees Council, giving assurances on Child/ Vulnerable Adult Protection, coaching standards and enjoyment  |

### Flame Club (Table Tennis)

| **Address** |  
| Deighton Sports Arena, Deighton Road HD2 1JP  |
| **Contact Details** |  
| Paul Simpson 01484 304856, 07879 248635  |
| **Activities** | Table Tennis for children and adults with a disability 14+  |
| **Session Details** | To be launched in Summer 2013  |
| **Cost** | TBC  |
| **Age Group** | 14+  |
| **Who can Attend** | Anyone  |
| **Affiliation Details** | Flame Club is a brand of Clubs supported by Kirklees Council, giving assurances on Child/ Vulnerable Adult Protection, coaching standards and enjoyment  |
### Gymnasiums – Fitness (Inclusive Fitness Initiative)

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<tr>
<th>Address</th>
<th>Who can Attend</th>
<th>Affiliation Details</th>
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<tbody>
<tr>
<td>Galpharm Stadium</td>
<td>Anyone</td>
<td>Customers can access discounts through the KAL card scheme</td>
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<tr>
<th>Contact Details</th>
<th>Affiliation Details</th>
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<td>01484 234120</td>
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<th>Website</th>
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<td><a href="http://www.kirkleesactive.co.uk/">www.kirkleesactive.co.uk/</a></td>
<td>The centre is an approved IFI Centre</td>
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<th>Activities</th>
<th>Who can Attend</th>
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<tr>
<td>Exercise / Health &amp; Fitness</td>
<td>Anyone</td>
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### Hollybank Trust

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<th>Address</th>
<th>Who can Attend</th>
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<td>Roe Head</td>
<td>Depends on service as some services are for residents only. Facilities may be booked privately.</td>
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<td>Far Common Road</td>
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<td>Mirfield</td>
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<td>West Yorkshire WF14 0DQ</td>
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<td>01924 490833</td>
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<th>Contact Details</th>
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<td><a href="mailto:admin@hollybanktrust.com">admin@hollybanktrust.com</a></td>
<td>Depends on service</td>
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<th>Activities</th>
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<td>School, residential, therapies,</td>
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<td>and outdoor activities. Hydrotherapy, sensory therapies.</td>
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<th>Session Details</th>
<th>Cost</th>
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<tr>
<td>Hollybank is a special School, and residential unit catering for children and adults with disabilities. The trust</td>
<td>Depends on service</td>
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also provides therapies and sessions to disabled people who are not residents. Services for all disabilities, including PMLD.
### Huddersfield Town Ability Counts (Football)

| **Address** | The Zone Centre, Huddersfield Saint Andrew’s Road, Huddersfield, West Yorkshire HD1 6PT 01484 484 134 |
| **Contact Details** | West Riding County FA, Fleet Lane, Woodlesford LS26 8NX, James Doyle 07540 127 683 |
| **Website** | thezonehct.com/htafc-community-trust-2/ |
| **Activities** | Football sessions for People with Learning Disabilities, plus teams. |
| **Session Details** | Low Ability / Beginners Sun 4-5pm, Juniors Sun 3-4pm, Adults Wed 5-6pm |
| **Age Group** | All ages, but must attend the appropriate sessions |
| **Who can Attend** | People with a learning disability |
| **Affiliation Details** | West Riding County FA, Ability Counts Football |
| **Other Information** | Contact James Doyle 07540 127 683 |

### Huddersfield Deaf Club

| **Address** | Huddersfield Deaf Centre, 53a Trinity Street, Huddersfield, HD1 4DN |
| **Contact Details** | Tel: 01484 542713, Email: huddsdeafcentre@talktalk.net |
| **Website** | www.facebook.com/huddersfielddc |
| **Activities** | Social Club/ meeting place for Deaf/ Hearing Impaired People |
| **Session Details** | Email for details |
### Huddersfield Tennis & Squash Club

**Address**  
Cemetery Road  
Edgerton  
Huddersfield HD1 5NF

**Contact Details**  
Telephone: 01484 422541  
Email: admin@hltsc.co.uk

**Website**  
www.hltsc.co.uk/contact.htm

**Activities**  
Huddersfield Tennis & Squash Club is inclusive in its approach and will soon be offering special sessions for disabled people, including PADEL (tennis for all abilities)

**Session Details**  
TBC

**Who can Attend**  
Ring for further details

### Kirklees Athletics Club – Longwood Harriers

**Address**  
Leeds Road Playing Fields

**Contact Details**  
David Owen – Secretary  
Tel: 01484 426296  
Email: info@longwoodhac.org.uk

**Website**  
www.longwoodhac.org.uk

**Session Details**  
Summer time training  
(April to September) Tuesday & Thursdays  
6.30pm to 8.30pm  
Winter time training (October – March)  
Tuesday & Thursday – 6.30pm – 8pm

**Cost**  
£1.35 for under 17’s & £2.50 for 17 yrs+

**Age Group**  
All

**Who can Attend**  
Call for information

**Other Information**  
Call for information

### Kirklees Involvement Network

**Address**  
Meetings at Dewsbury Minster and in Huddersfield

**Contact Details**  
sarah.roberts@cloverleaf-advocacy.co.uk  
07796 948 736

**Activities**  
Self Advocacy group for adults with a learning disability.

**Session Details**  
The groups meet on a regular basis to discuss issues of common need, including leisure and sporting activities.

**Age Group**  
Adults

**Who can Attend**  
Call for information

**Other Information**  
Call for information

---

Directory of Sport and Physical Activity for Disabled People in Kirklees
### Kirklees Sports Association for the Disabled

<table>
<thead>
<tr>
<th><strong>Address</strong></th>
<th><strong>Activities</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Huddersfield Sports Centre, Kirklees Active Leisure Southgate Huddersfield HD1 1TW</td>
<td>Sports include badminton, bowls, curling, swimming, football and table tennis.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Contact Details</strong></th>
<th><strong>Session Details</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mr R P Dyson 9 Coach House Drive Dalton Huddersfield HD5 8EG 01484 514552</td>
<td>Meetings on Monday from 7.15pm to 9.30pm</td>
</tr>
</tbody>
</table>

| **Age Group** | All ages welcome |

### Longley Park Golf Club

<table>
<thead>
<tr>
<th><strong>Address</strong></th>
<th>The club is in the process of making its facilities more disability friendly.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Longley Park Golf Club Maple Street Aspley Huddersfield HD5 9AX</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Contact Details</strong></th>
<th><strong>Session Details</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="mailto:info@longleyparkgolfclub.com">info@longleyparkgolfclub.com</a> Clubhouse: 01484 426932</td>
<td>Tri Golf sessions for beginners Extreme Golf for more experienced players</td>
</tr>
</tbody>
</table>

To arrange a session for Disabled players, please ring Adam Walker 07808473079

<table>
<thead>
<tr>
<th><strong>Website</strong></th>
<th><strong>Cost</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.longleyparkgolfclub.com">www.longleyparkgolfclub.com</a></td>
<td>TBC</td>
</tr>
</tbody>
</table>

| **Age Group** | All ages |

<table>
<thead>
<tr>
<th><strong>Activities</strong></th>
<th><strong>Who can Attend</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Inclusive Golf Sessions for people of all ability available via arrangement.</td>
<td>Anyone</td>
</tr>
</tbody>
</table>
**Luv2MeetU**

**Contact Details**
Carol Hazeldine  
Email: luv2meetu@hft.org.uk  
Email: carol.hazeldine@hft.org.uk  
01924 229120

**Website**
www.luv2meetu.com/index.php/contact-us

**Activities**
Social meeting events for people with a learning disability.  
Opportunity to make new friendships, based around leisure activities.

**Session Details**
Regular meetings, get togethers and outings

**Cost**
Annual Membership fee

**Age Group**
Adults with a learning disability

**Who can Attend**
Adults with a learning disability and their carers

**Affiliation Details**
HFT

---

**Meltham Sports and Community Group Ltd**

**Address**
Meltham Sports and Community Centre  
Mean Lane  
Meltham  
Holmfirth  
HD9 5QT

**Contact Details**
Paul White 01484 308995

**Session Details**
Over 55’s Leisure and Activity Club – offers sports activities such as crown green bowling, indoor kurling, badminton, table tennis, cards, dominoes and quizzes 3 days a week. A lunch is also provided at the Tuesday session and pie and peas are offered in the winter to encourage people to attend the sessions. The club works with Friend2Friend and Bridgewood Trust. Members pay

**Cost**
£1 contributions per session

**Age Group**
Over 55s

**Who can Attend**
Over 55s

**Other Information**
The Meltham Sports and Community Centre is available to all  
Tel: 01484 850198
## More Fun Club (Mencap)

**Address**
Branches Day Opportunities Centre in Batley  
Branches building is Unit 9, Carlinghow Mills, 499 Bradford Road, Batley, WF 8LN

**Contact Details**
Sue Crabtree, Mencap in Kirklees on 01484 340811

**Website**
www.mencap.org.uk/local-groups/group/mencap-kirklees

**Activities**
Fun activities. Everyone who comes along has a say in choosing what they would like to do and where they would like to go

**Session Details**
Thursday evening from 6pm to 9pm. More Fun Club is a leisure club for older children who have a moderate learning disability, who are aged from 13 to 18 and who live in the North Kirklees area. The club meets on a Thursday evening from 6pm to 9pm at Branches Day Opportunities Centre in Batley

**Age Group**
13 - 18

**Who can Attend**
Young People with Learning Difficulties

**Affiliation Details**
Mencap

---

## Mencap in Kirklees

**Address**
Jill Robson  
Mencap in Kirklees  
Brunswick House  
33 East Street  
Lindley  
Huddersfield HD3 3DT

**Contact Details**
Tel: 01848340811  
Fax: 01484340822  
Email: info@mencapinkirklees.org.uk

**Website**
www.mencapinkirklees.org.uk

**Activities**
Campaigning for the rights of people with learning disability and their family and carers. Advice and information, befriending, residential care, day care and community support, leisure activities.

**Session Details**
Office open Monday to Friday 9am to 5pm
North Kirklees Phab Club

**Address**
Options Centre  
7 George Street  
Dewsbury WF13 2LX

**Contact Details**
01924 438239  
Email: options.centre2@hotmail.com

**Website**
www.phabengland.org.uk/

**Activities**
Phab creates opportunities for children and adults of all abilities to enjoy life together. Open to all. Fully equipped for those with special needs.

**Session Details**
Open Monday and Thursday from 7pm to 9pm

**Age Group**
Ages 7 years and upwards

**Who can Attend**
Anyone, 7+

Parallel Motion & Dance

**Address**
The Stadium Dance Studio  
Business and Leisure Complex  
Stadium Way  
Huddersfield HD1 6PG

**Contact Details**
Kirsti Larder  
Communities and Leisure Services  
Sport and Physical Activity Development Team  
Red Doles Lane  
Huddersfield HD2 1YF

**Activities**
Movement & Dance Session for people with Learning disabilities

**Session Details**
Tuesdays 4pm-5pm

**Age Group**
18+
### Ponderosa: Rural Therapeutic Centre

**Address**

Ponderosa Park  
Off Smithies Lane  
Heckmondwike WF16 0PN

**Contact Details**

Tel/Fax: 01924 235276  
Email: info@ponderosa-centre.co.uk

**Website**

www.ponderosa-park.co.uk

**Activities**

Ponderosa Rural Crafts offers a wide range of work based activities that can help and develop lots of different needs. We offer this service to people who have different needs i.e. physical disabilities, learning disabilities, depression, stroke victims and anyone who feels that we can offer them a service.

**Session Details**

1st April - 31st October (Including Easter Holidays and October half term) 10am-5pm (last entry at 4pm)  
We are open all bank holidays and school holidays 10am-5pm (last entry at 4pm)  
Last admittance to the playbarn is 3.30pm

**Cost**

See Website

**Age Group**

Any Age

---

### Rawthorpe St. James Armchair Aerobics

**Address**

Derek Liddell  
1 St James Way  
Rawthorpe  
Huddersfield HD5 9SH

**Contact Details**

Tel: 01484 534479  
Email: transformation@stjames247.co.uk

**Activities**

Provides gentle exercise whilst sat, as well as socialising and fellowship. Open to disabled people and their carers.

**Session Details**

Held on Monday 12 noon to 1pm

---

### Riding for The Disabled (Emley Moor)

**Contact Details**

P Hampshire  
Factory Farm, Factory Lane  
Emley Moor  
Huddersfield  
West Yorkshire  
HD8 9TE

**Activities**

Horse Riding

**Session Details**

Mondays: 5.30 & 6pm approx 1 hour  
Tuesdays: 5.30pm approx 1 hour

**Cost**

FREE
Riding for the Disabled (Lepton)

**Address**
Low Fold Equestrian Centre  
Low Fold Farm  
Green Bark Lane Lepton  
Huddersfield

**Contact Details**
0845 241 5363

**Website**
www.rda.org.uk/

**Affiliation Details**
Part of Riding for Disabled Association

Safe Anchor Trust

**Address**
Mirfield Marina

**Contact Details**
www.safeanchor.org.uk/

**Website**
www.safeanchor.org.uk/

**Activities**
The Safe Anchor Trust, a registered charity providing boat trips particularly to disadvantaged people in Kirklees.

Saturday Fun Club (Mencap)

**Address**
Healy Community Centre, Batley

**Contact Details**
Sue Crabtree,  
Mencap in Kirklees 01484 340811

**Website**
www.mencap.org.uk/local-groups/group/mencap-kirklees

**Activities**
Arts and crafts, baking, board games, dance, music, story telling and visits to places in the local community

**Session Details**
Saturdays 10 am to 12 noon. The club does not open during the school holidays.

The club aims to provide a fun and safe environment for the children who attend with activities that are suited to the needs of each child. We always try and provide opportunities for learning new skills and developing existing abilities.

**Cost**
£3

**Age Group**
6-13

**Who can Attend**
Young People with Learning Difficulties

**Affiliation Details**
Mencap
**Saturday Live**

**Address**
Young Batley Centre  
Thomas Street  
Batley

**Contact Details**
Tahir Khan 01924 326234

**Session Details**
Youth Club activities for young people with mild to moderate disabilities including Multi sports, Healthy cooking, Arts & crafts, Dance project and ICT  
Saturday 11.15-2.15pm  
Cost  
£1.50 (includes lunch)  
Age Group  
Children aged 13+  
Who can Attend  
Young People with Mild/ Moderate Learning Difficulties  
Part of the Integrated Youth Support Services

---

**Singing for Wellbeing**

**Address**
Brian Jackson Centre, Huddersfield

**Contact Details**
Phil Wootton 01484 663521

**Website**
www.poperetta.co.uk

**Activities**
Using performing arts as a vehicle  
We promote independent living and personal development for adults with learning disabilities - focussing on inclusion and health-related topics.

**Session Details**
Meetings on Monday afternoons 1pm to 3pm  
Who can Attend  
Anyone

---

**Skills 4 U 2**

**Address**
c/o St Mary’s Social Club  
Melton Street  
Crossbank  
Batley WF17 8PT

**Contact Details**
mailto:karen.boyes@actionfor

**Activities**
Singing for physical well being/enjoyment  
Thursdays 2-4pm  
Who can Attend  
Anyone
### SNAP Club

<table>
<thead>
<tr>
<th><strong>Address</strong></th>
</tr>
</thead>
</table>
| Phoenix Centre  
Dunford Road  
Holmfirth |

<table>
<thead>
<tr>
<th><strong>Contact Details</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>For more information please email: <a href="mailto:mlangdon11@hotmail.com">mlangdon11@hotmail.com</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Activities</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Various activities, e.g. drama workshops, dancing, football, games, social activities at the Centre and also theatre trips and days out occasionally. Residential trips every couple of years.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Session Details</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Meetings on Thursday evenings from 7pm to 9pm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Age Group</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>For all ages of special needs along with their siblings</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Who can Attend</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Anyone</td>
</tr>
</tbody>
</table>

### Snooker at Canalside Snooker Club

<table>
<thead>
<tr>
<th><strong>Address</strong></th>
</tr>
</thead>
</table>
| Canalside Sports Complex  
509 Leeds Road  
Huddersfield  
HD2 1YJ |

<table>
<thead>
<tr>
<th><strong>Contact Details</strong></th>
</tr>
</thead>
</table>
| Tel: 01484 537720  
Fax: 01484 537720  
Email: info@canalsidesports.com |

<table>
<thead>
<tr>
<th><strong>Activities</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Snooker tables available for hire</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Who can Attend</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Anyone with a disability welcome</td>
</tr>
</tbody>
</table>

### Spenborough Adapted Cycle Scheme

<table>
<thead>
<tr>
<th><strong>Address</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Spenborough Leisure Centre</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Contact Details</strong></th>
</tr>
</thead>
</table>
| Spenborough.pool@kirklees.gov.uk  
Tel: 01274 335140 |

<table>
<thead>
<tr>
<th><strong>Website</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>kirkleesactive.co.uk/spenborough</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Activities</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>The adapted cycle project has been started by Kirklees Council’s Learning and Disabilities Day. Opportunities and Kirklees Active Leisure to open up exercise to people of all abilities. Sessions are coordinated through Spenborough Pool &amp; Fitness Complex. The scheme now boasts two tricycles, two hand cycles and a wheelchair carrying cycle to ensure there is something for all abilities.</td>
</tr>
</tbody>
</table>
Special Needs North Kirklees Gym Club

Address

c/o Batley Baths
Cambridge Street
Batley WF17 5JH

Contact Details

For a members pack please phone
07801 101998 or email
jacky@eva1961.freeserve.co.uk

Session Details

Meetings Tuesday from 6.45pm to
8.45pm (term time only).
A gym club which meets every Tuesday
in term time from 6.30pm to 9pm. The
children are supported by coaches and
helpers (it is a voluntary group – new
volunteers always welcome).

All members are
registered with the British Disabled
Gymnastics Association.

Cost

£2.50 a Week

Age Group

Children with special needs aged 5 years
and over

Who can Attend

Children with special needs aged 5 years
and over

Affiliation Details

British Disabled Gymnastics Association/
Special Olympics

Swing-in-Schools Golf Sessions

Address

Sessions delivered at Bradley Park Golf
Club or Longley Park, or by arrangement
at a venue to suit a group

Contact Details

Adam Walker Tel: 07979 184982
Tom Wild Tel: 07725 516140

Email: swinginschools@gmail.com
Web: www.swinginschools.com

Activities

Inclusive golf sessions for anyone with
any disability.

Age Group

All ages welcome. Groups or individuals.

The Bridgewood Trust

Address

Mrs Dawn Langford
The Bridgewood Trust Registered Office
St Paul’s House
Armitage Bridge
Huddersfield HD4 7NR

Contact Details

Tel: 01484667866
Fax: 01484667747
Email: dlangford@bridgewoodtrust.co.uk

Activities

 Provision of residential, domiciliary and
day services to people with learning
disabilities. In addition we provide
advice, advocacy, support and care
guidance to those with or those caring
for a person with a learning disability.

Session Details

Head Office open Monday to Friday
from 9am to 5pm.
### The Up Club

**Address**
The Watershed

**Activities**
A weekly drama club for children with Down syndrome.

**Session Details**
Sessions run on Mondays from 5 - 6.30pm

### U- Turn

**Address**
Quarry Hill Centre, Almondbury

**Contact Details**
uturnproject@live.com  
Tel: 07980 692766

**Activities**
A youth club for young adults with additional needs.

**Session Details**
Every Tuesday evening.

**Age Group**
Age 14 and over

### United Response

**Address**
Stephen Cotton  
United Response  
42 - 45 Byram Arcade  
Westgate  
Huddersfield  
HD1 1ND

**Contact Details**
Tel: 01484531965  
Fax: 01484452204

**Website**
www.unitedresponse.org.uk

**Activities**
United Response is a national charity that supports people with learning disabilities, mental health needs and physical disabilities to take control of their lives.
## Xylosound

<table>
<thead>
<tr>
<th>Address</th>
<th>Activities</th>
</tr>
</thead>
</table>
| Liz Challenger  
c/o The Watershed  
22 Bridge Street  
Slaithwaite  
Huddersfield  
HD1 2PB | Xylosound is a group of musicians with a learning disability. |

<table>
<thead>
<tr>
<th>Contact Details</th>
<th>Session Details</th>
</tr>
</thead>
</table>
| Tel: 07753957992  
Email: lizchallenger@hotmail.com | Meet Friday 10.30am-2.30pm |
Apna Venue (Sikh Leisure Centre)

**Address**
Prospect Street
Springwood
Huddersfield HD1 2NX

**Phone number (reception/enquiries)**
01484 450650

**Email**
sikhleisurecentre@hotmail.co.uk

**Fax**
01484 450750

**Venue Facility Details**
Fitness Suite, Gym, Sauna, Sports Hall
Close to main bus station in Huddersfield

Batley Baths & Recreation Centre

**Address**
Batley Baths & Recreation Centre, Cambridge Street, Batley, WF17 5JH

**Phone number (reception/enquiries)**
01924 326167

**Email**
batley.baths@kirklees.gov.uk

**Venue Facility Details**
Swimming Pool – 10 metres
Sports Hall, Studio, Sauna and Steam Room
Fitness Suite - newly refurbished in September 2009 with 11 Technogym cardiovascular stations, 2 Concept Rowers, 8 Technogym resistance machine stations and free weights area
Centre open to the general public, disabled users welcome
Disability Friendly Sessions: Mencap Swimming Session – Tuesday 8pm – 9pm

Special Needs North Kirklees Gym Club
Tuesday from 6.45pm to 8.45pm (term time only)
Plus 1 scheme in operation for carers.

**Directory of Sport and Physical Activity for Disabled People in Kirklees**
**Batley Sports and Tennis Centre**

**Address**
Windmill Lane, Birstall, Batley WF17 0QD

**Phone number (reception/enquiries)**
01924 326181

**Venue Facility Details**
25m Main Pool plus 10m Small Pool including Splash Factory – children’s interactive water feature
Sports Hall, Tennis Centre, Astroturf, Gymnasium, Squash, Multi purpose room, Bar/conference – Fitness suite

Disability Friendly Sessions:
Junior Flame Club – Multisports for Children with a disability 10.30-12noon Saturdays
Batley Sports Association for Disabled Swimming sessions Sunday from 12noon to 1pm

Plus 1 scheme in operation for carers.

---

**Accessible Parking**

**Level Access**

**Accessible Toilet**

**Accessible Changing Room**

**Pool Hoist**

**Pool Chair**

**Pool Temperature** 29°C main pool 31°C small pool

**Accessible Shower**

**Loop System**

**Assistance Provided**

**Refreshments Available**

---

**FLAME CLUB**

8-15 multisports session for children with disabilities
Batley Sports and Tennis Centre
Windmill Lane
Batley, WF17 0QD

Every Saturday, £2.50 per session
10.30-12noon

For more details please contact Damian Ives
01924 326181
email: damian.ives@kirklees.gov.uk

**Booking essential**
Colne Valley Leisure Centre

**Address**
New Street, Slaithwaite Huddersfield
HD7 5AB

**Phone number (reception/enquiries)**
01484 222522

**Email**
colnevalleylc@kirklees.gov.uk

**Venue Facility Details**
Swimming Pool – 25m
Sports Hall – badminton, table tennis, available for functions
Fitness suite – 50-station state of the art gym – all Technogym equipment
Dry and wet changing facilities and showers, hair dryers and lockers
Open to the general public, with disabled users welcome
Bus Routes 335, 937, 938, 181

Deighton Sports Arena

**Address**
Deighton Road, Hudderfield, West Yorkshire, HD2 1JP

**Phone number (reception/enquiries)**
01484 221799

**Email**
deighton.sportsarena@kirklees.gov.uk

**Venue Facility Details**
Nearest rail station: Deighton
Dry and wet changing facilities Sports Hall – large multi-purpose area 33m x 18m
Newly Refurbished Fitness Suite
Technogym and power sport equipment
Dance Studio – 14m x 7m, Class Room – available for seminars, meetings and Table Tennis and showers, hair dryers and lockers
Open to the general public, with disabled users welcome
Bus Routes 335, 937, 938, 181

Disability Friendly Sessions:
Deighton Centre runs the FLAME CLUB Saturdays 12.00-14.00 (except 1st Saturday of the month) for young disabled adults. Disability Table Tennis Club coming soon.

Continued overleaf
Deighton Sports Arena

Accessible Parking
Level Access
Accessible Toilet
Accessible Changing Room
Lift Access
Assistance Provided

Deighton Sports Arena,
Deighton Road, HD2 1JP
Every Saturday
(apart from the first Saturday in every month)
12-2pm
For more details please contact 01484 234093
or email sport.development@kirklees.gov.uk
Booking essential

Dewsbury Sports Centre

Address
Long Causeway, Dewsbury WF12 8EN

Phone number (reception/enquiries)
01924 325020

Email
dewsbury.sc@kirklees.gov.uk

Venue Facility Details
Main Pool (33m x 12.5m) and Small Pool (12.5m x 12.5m) offering a wide range of sessions at various times.
Health Suite including sauna, steam room and spa pool, offering mixed, ladies only and male only sessions.
Sports Hall Fitness suite consisting of 80 state of the art Technogym stations and free weights area.
2 indoor Squash courts available for public hire on a daily basis
Nearest Bus / Rail Station – Dewsbury
Plus 1 scheme in operation for carers

Accessible Parking
Level Access
Accessible Toilet
Accessible Changing Room
Pool Hoist
Ramped Access
Accessible Shower
Lift Access
Pool Temperature 29.5°C
Assistance Provided
Refreshments Available
Holmfirth Pool & Fitness

Address
Holmfirth Pool & Fitness, Huddersfield Road, Thongsbridge, Holmfirth, HD9 3JL

Phone number (reception/enquiries)
01484 222440

Email
holmforth.pool@kirklees.gov.uk

Venue Facility Details
20m Swimming Pool and Fitness Centre
30 station fitness suite including cardio, resistance and functional area.
Dance Studio
New reception area with PALS office
Multi Use Games Area (outside)
Free parking
No specific sessions or lessons for Disabled currently
On main bus route from Huddersfield

P
Accessible Parking

WC
Level Access

WC
Accessible Toilet

WC
Accessible Changing Room

WC
Pool Hoist

WC
Pool Temperature

WC
Assistance Provided

WC
Refreshments Available

Huddersfield Sports Centre

Address
Southgate, Huddersfield HD1 1TW

Phone number (reception/enquiries)
01484223630

Email
huddersfield.sc@kirklees.gov.uk

Venue Facility Details
Nearest Bus & Train Station - Huddersfield
25m Main Pool, Teaching Pool
Health Suite, Sauna, Steam Room, 3 Squash Courts, Indoor Bowling Green
Sports Hall, Fitness Suite, Studio Cycling Room, Combat Room, Climbing Wall
Moveable bed and transfer chair within the changing facility
Plus 1 scheme in operation for carers
Disability Friendly Sessions:
Swimming lessons for Disabled
Kirklees Sports Association for Disabled (Monday evening),
Actionnaires for Visually Impaired (Saturday Mornings), Kirklees Disability Swimming Club learn to swim’ and performance squad training for disabled. (Saturday Evenings)

Continued overleaf
Huddersfield Sports Centre

Accessible Parking
Level Access
Accessible Toilet
Accessible Changing Room
Pool Hoist
Pool Chair
Pool Temperature 28°C main pool 31°C small pool
Accessible Shower
Loop System
Assistance Provided
Refreshments Available

Leeds Road Sports Complex

Address
Leeds Road Sports Complex, Leeds Road, Huddersfield, HD2 1YY

Phone number (reception/enquiries)
01484 223178

Email
leeds.rdpf@kirklees.gov.uk

Venue Facility Details
Sports Barn, Athletics Track, Indoor Crown Green Bowling Dome, Outdoor Gym, Outdoor Play Area, Sports pitches
Plus 1 scheme in operation for carers

Accessible Parking
Level Access
Accessible Toilet
Accessible Changing Room
Accessible Shower
Refreshments Available
<table>
<thead>
<tr>
<th>Mirfield Free Grammar School Sports Centre</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
</tr>
<tr>
<td>Kitson Hill Road, Mirfield, WF14 9EZ</td>
</tr>
<tr>
<td><strong>Phone number (reception/enquiries)</strong></td>
</tr>
<tr>
<td>07805 754868</td>
</tr>
<tr>
<td><strong>Email</strong></td>
</tr>
<tr>
<td><a href="mailto:sportscentre@themfg.co.uk">sportscentre@themfg.co.uk</a></td>
</tr>
<tr>
<td><strong>Venue Facility Details</strong></td>
</tr>
<tr>
<td>Facilities are available to hire: Monday to Friday 6pm to 10pm</td>
</tr>
<tr>
<td>Saturday and Sunday 9am to 4pm</td>
</tr>
<tr>
<td>Facilities include:</td>
</tr>
<tr>
<td>Members-only gym with the latest modern equipment</td>
</tr>
<tr>
<td>Floodlit synthetic turf pitches</td>
</tr>
<tr>
<td>Indoor cricket nets, Dance studio, Sports Halls, Trampolines</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scissett Swimming Pool</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
</tr>
<tr>
<td>Wakefield Rd, Scissett, Huddersfield HD89HU</td>
</tr>
<tr>
<td><strong>Phone number (reception/enquiries)</strong></td>
</tr>
<tr>
<td>01484 222907</td>
</tr>
<tr>
<td><strong>Email</strong></td>
</tr>
<tr>
<td><a href="mailto:scissett.baths@kirklees.gov.uk">scissett.baths@kirklees.gov.uk</a></td>
</tr>
<tr>
<td><strong>Venue Facility Details</strong></td>
</tr>
<tr>
<td>23m Swimming Pool</td>
</tr>
<tr>
<td>Fitness Suite</td>
</tr>
<tr>
<td>No specific sessions or lessons for Disabled currently</td>
</tr>
<tr>
<td>Plus 1 scheme in operation for carers</td>
</tr>
</tbody>
</table>
Spenborough Pool and Sports Complex

**Address**
Spenborough Pool and Sports Complex, Bradford Road, Liversedge
WF15 6LW

**Phone number (reception/enquiries)**
01274 335140

**Email**
spenborough.pool@kirklees.gov.uk

**Fax**
01274 335160

**Venue Facility Details**
Bus Route 268
33m Main Pool with flume and spring board Additional Smaller pool
Disability Friendly Sessions:
Fridays - public swim from 15.15-16.00 of which half the pool is allocated to blind/ visually impaired swimmers.
Outdoor Athletics Track
Adapted Cycle Sessions (Outdoor Track)
Tues: 10.30-2.30
Thurs: 10.30-2.30
Friday: 10.30-2.30

1 Hour bookings
Plus 1 scheme in operation for carers.

- Accessible Parking
- Level Access
- Accessible Toilet
- Accessible Changing Room
- Pool Hoist
- Pool Chair
- Pool Temperature 29°C main pool 32°C small pool
- Lift Access
- Assistance Provided
- Refreshments Available
# Stadium Health and Fitness Centre

**Address**

John Smith’s Stadium Business and Leisure Complex, Stadium Way, Huddersfield, HD1 6PG

**Phone number (reception/enquiries)**

01484 234110

**Email**

stadium.pool@kirklees.gov.uk

**Venue Facility Details**

- 25m Swimming Pool, Exercise Studio, Health Club, Sauna & Steam room
- 8m free-form leisure pool with spa
- Buses – Use Buses for Leeds Road
- Nearest Rail Station – Huddersfield
- Swimming Lessons for Disabled Swimmers Available
- Plus 1 scheme in operation for carers
- Moveable bed and transfer chair within the changing facility

<table>
<thead>
<tr>
<th>Accessible Parking</th>
<th>Level Access</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accessible Toilet</td>
<td>Accessible Changing Room</td>
</tr>
<tr>
<td>Pool Hoist</td>
<td>Pool Chair</td>
</tr>
<tr>
<td>Pool Temperature</td>
<td>Accessible Shower</td>
</tr>
<tr>
<td></td>
<td>29.5°C main pool</td>
</tr>
<tr>
<td></td>
<td>31°C small pool</td>
</tr>
<tr>
<td>Loop System</td>
<td>Assistance Provided</td>
</tr>
<tr>
<td>Refreshments Available</td>
<td>Qualified Coaches</td>
</tr>
</tbody>
</table>
Whitcliffe Mount Sports Centre

Address
Turnsteads Avenue, Cleckheaton, West Yorkshire, BD19 3AQ

Phone number (reception/enquiries)
01274 335130

Email
Whitcliffe.mountsc@kirklees.gov.uk

Fax
01274 335129

Venue Facility Details
Bus Route 255
2 Sports Halls, 4 x Squash Courts, Studio Cycling Studio
Gymnasium, 3 Lane Indoor Bowling Rink, Fitness Suite
Multi Purpose Activity Room, SHOKK Activity Area
Bar Lounge and Function Suite
Outdoor Floodlit Redgra, 5 x Outdoor Tennis Courts
Disability Friendly Sessions:
Pennine Bowling Club for the visually impaired
Dewsbury Society for the blind

The Zone

Address
Saint Andrew’s Road, Huddersfield, West Yorkshire HD1 6PT

Phone number (reception/enquiries)
01484 484134

Venue Facility Details
Indoor Synthetic Football/Rugby Pitches, Dance Studios, Play Area, Gym.
Disability Friendly Sessions (Football)
Low Ability/Beginners Sun 4-5pm
Juniors  Sun  3-4pm
Adults Wed 5-6pm
Moveable bed and transfer chair within the changing facility

Accessible Parking
Accessible Toilet
Accessible Changing Room
Ramped Access
Refreshments Available

Directory of Sport and Physical Activity for Disabled People in Kirklees
Useful Contacts

The Federation of Disability Sports Organisations

Address
South Side Hospitality Suite
Wakefield Trinity Wildcats
Rapid Solicitors Stadium
Doncaster Road
Wakefield
WF1 5EY

Contact Details
Tel: 01924 372382

Details
FDSO promotes sporting opportunities for people with a disability who live in Yorkshire and the Humber. Providing competitive opportunities, events, training, and campaigning for inclusion,

FDSO works closely with partners in the region to ensure that disabled people are at the forefront of sport.

FDSO manages the listings for this directory, so if you have any additional information or amendments, please contact

Fiona Hall fhall@fdso.co.uk
www.fdso.co.uk
### Kirklees Council Sports Development Team

| Address                  | Fax: 01484 234099  
|--------------------------|---------------------|
| Communities and Leisure  | Email: claire.howe@kirklees.gov.uk  
| Red Doles Lane           |                     |
| Huddersfield             |                     |
| HD2 1YF                  |                     |
| **Contact Details**      |                     |
| Tel: 01484 234082        |                     |
| Mob: 07812 106782        |                     |

**Details**
Kirklees Council Sports Development team is fully committed to promoting inclusion of people with a disability in sports and Physical Activities.

### Kirklees Council Community Partnerships

<table>
<thead>
<tr>
<th>Address</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Partnerships and Altogether Better Kirklees</td>
<td>Community Partnerships provide funding and development support to organisations which support adults who have a social care need.</td>
</tr>
<tr>
<td>2nd Floor</td>
<td></td>
</tr>
<tr>
<td>Civic Centre 1</td>
<td></td>
</tr>
<tr>
<td>High Street</td>
<td></td>
</tr>
<tr>
<td>Huddersfield</td>
<td></td>
</tr>
<tr>
<td>HD1 2YU</td>
<td></td>
</tr>
<tr>
<td><strong>Contact Details</strong></td>
<td></td>
</tr>
<tr>
<td>Tel: 01484 225142</td>
<td></td>
</tr>
</tbody>
</table>
West Yorkshire Sport

**Contact Details**
Development Manager - West Yorkshire
James Brown
Tel: 07533 769787
james.brown@wysport.co.uk
www.wysport.co.uk/play/disability/

**Details**
West Yorkshire Sport is dedicated to improving the access to sport and physical activity for all disabled people within West Yorkshire.

Kirklees Active Leisure

**Address**
Kirklees Active Leisure Head Office
Stadium Business & Leisure Complex
Stadium Way
Huddersfield
HD1 6PG

**Contact Details**
Tel: 01484 234110
gareth.watson@kirklees.gov.uk
www.kirkleesactive.co.uk/

**Details**
Kirklees Active Leisure (KAL) is the charitable trust which manages 12 major sports centres and swimming pools on behalf of Kirklees Council. The KAL card enables people to access facilities at a discounted rate, and KAL also operates a “Plus 1” Scheme, to enable carers of people with a disability free access to facilities, when supporting a disabled person.
### Branches Day Centre (Batley)

<table>
<thead>
<tr>
<th>Address</th>
<th>Session Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carling Mills, Unit C9 499 Bradford Road Batley WF178LL</td>
<td>Drop in</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contact Details</th>
<th>Age Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tel: 01924 326334 Email: <a href="mailto:elaine.richardson@mencapinkirklees.org.uk">elaine.richardson@mencapinkirklees.org.uk</a></td>
<td>Over 40 Years</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Who can Attend</th>
<th>Other Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults with a disability</td>
<td>Covers North Kirklees</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday Fun Club, Walking Groups &amp; Residentials</td>
</tr>
</tbody>
</table>

### Day opportunities in North Kirklees for people with learning disabilities

<table>
<thead>
<tr>
<th>Address</th>
<th>Session Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Access Centre Red Laithes Court Ravensthorpe Dewsbury Habib Base, Dewsbury Heckmondwike Scouts and Community Centre Turnsteads Community Centre, Cleckheaton</td>
<td>All these day-centres are Council-run, and are open Monday to Friday.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trish Harland: 01924 326422 Email: <a href="mailto:trish.harland@kirklees.gov.uk">trish.harland@kirklees.gov.uk</a></td>
</tr>
</tbody>
</table>
## Day opportunities in South Kirklees for people with learning disabilities

<table>
<thead>
<tr>
<th>Address</th>
<th>Contact Details</th>
<th>Session Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Highfields Community Resource Centre, Huddersfield</td>
<td>June Bell Tel: 01484223750 Email: <a href="mailto:june.bell@kirklees.gov.uk">june.bell@kirklees.gov.uk</a></td>
<td>All these day-centres are Council-run, and are open Monday to Friday.</td>
</tr>
<tr>
<td>Highfields Garden Project</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brian Jackson House, New North Parade, Huddersfield</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fartown Village Hall, Huddersfield</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Honley Village Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Slaithwaite Civic Hall</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The Directory of Sports and Physical Activity for Disabled People in Kirklees, has been compiled by the Federation of Disability Sports Organisations, using information supplied by clubs, facilities and organisations.

If you know of any additional information, or amendments for future issues of this directory, please contact:

Fiona Hall, Regional Officer, FDSO
Tel: 01924 372382 fhall@fdso.co.uk