

Top-Level Findings



Public Health Intelligence

We're **Kirklees**

What is the Young People's Survey?

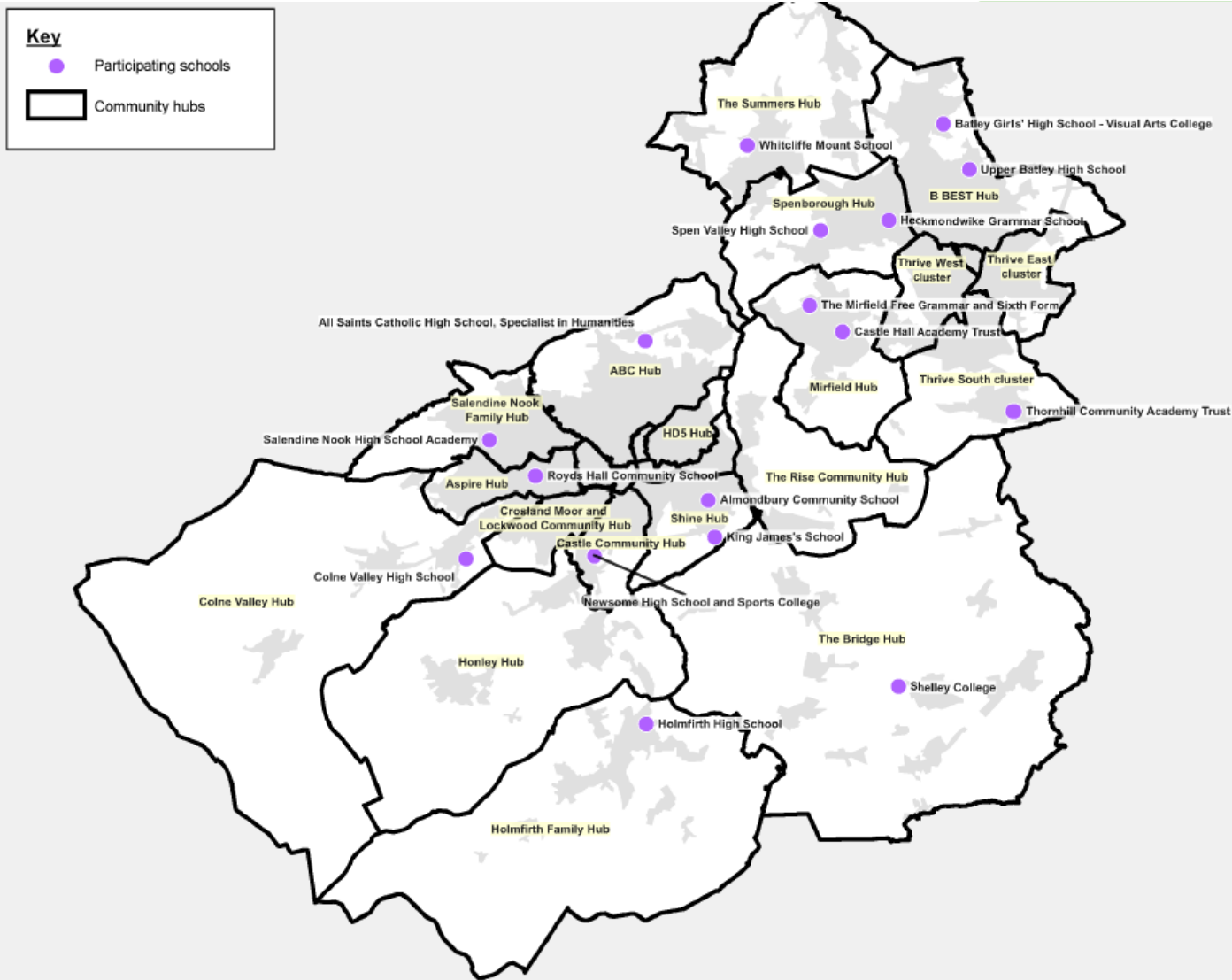


- An online survey of Year 9 pupils, completed within school during lesson time
- The survey is run by Kirklees Council's Public Health Intelligence team, under the guidance of a project board comprising of stakeholders from across the council and partner organisations
- 44 questions covering:
 - General health, emotional wellbeing, behaviours, social media, bullying, perceptions of local area, career aspirations
- The questions were shaped by young people, informed by focus groups and pilot sessions at three secondary schools
- Previously carried out every 4 years, but now looking to make it an annual survey
- Promoted the survey in advance via meetings, bulletins, direct emails, etc
- Most schools in Kirklees with a Year 9 cohort signed up to take part
- The survey ran from 25 June to 20 July 2018

Just over
2000
pupils
from **17**
schools
took part



About
40%
of all Year
9 pupils

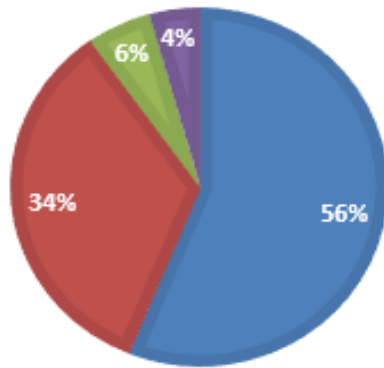


Geographical Coverage

44% of respondents did not give their postcode

WHAT IS YOUR HOME POSTCODE?

■ Postcode given ■ I'd rather not say ■ Don't know ■ Didn't answer



Of those who
did...

Ward level analysis not possible as some wards were very underrepresented

District Quarters

Batley & Spen	25%
Dewsbury & Mirfield	20%
Huddersfield	30%
Kirklees Rural	25%

Clinical Commissioning Groups (CCG)

Greater Huddersfield	55%
North Kirklees	45%

Demographics

Ethnicity	KYPS sample	Kirklees state-funded secondary schools
White British	57%	60%
White Other	5%	2%
Indian	9%	7%
Pakistani	17%	19%
Black	2%	2%
Mixed	5%	6%
Other	5%	5%

Deprivation Quintile (IMD)	KYPS sample
Worst 20 percent	25%
Worst 20-40 percent	21%
Worst 40-60 percent	19%
Least deprived 60-80 percent	23%
Least deprived 80-100 percent	12%

- **9%** of pupils said they had a **Special Educational Need or Disability (SEND)**
- **12%** of pupils said that they are a **carer**

Gender and Sexual Orientation

- **44% boys** and **51% girls**
- **5%** of respondents didn't describe themselves as a boy or a girl...
 - 2.2% would describe themselves some other way
 - 1.4% did not answer
 - 0.6% trans boys
 - 0.7% trans girls



Further research needed to understand these results!

- Students were asked whether they would be willing to answer a question about their sexual orientation. Nearly **30% chose not to answer**.
- Of those who did answer...
 - **86% heterosexual** (including those identifying as trans and heterosexual)
 - **9% lesbian, gay or bisexual (LGB)**
 - **3.3% not sure** and **1.8% other**
- Overall, **14% of respondents were LGBT+** (LGB and/or not boy/girl gender, where gender and sexual orientation known)



LGBT+ respondents performed worse on the majority of indicators of health and wellbeing. Although concerning, this corresponds with similar national trends for both LGBT+ adults and young people.

Health

- **75%** of pupils rate their health as **good or very good...**



- Only **5%** rate their health as **bad**
- And **19%** rate their health as **fair**

White British and **Indian** pupils are **more likely** to rate their health as good/very good



Black ethnicity pupils and **LGBT+** pupils are **less likely** to rate their health as good/very good



52% of **LGBT+** pupils compared to **79%** of **hetero/binary** pupils

- **16%** of pupils **worry about a health problem**

Oral Health

- **87%** had visited the dentist in the last 12 months
- **96%** brush their teeth everyday;
81% brush teeth two or more times a day



Boys are much **less likely** to brush their teeth twice a day than **girls**
74% vs **88%**

Black ethnicity pupils and **LGBT+** pupils are also **less likely** to brush their teeth twice a day

Wellbeing

- 62% reported **high life satisfaction**



Boys much **higher** than girls
72% vs **56%**

LGBT+ pupils very **low**
29%

- Pupils living in the **most deprived quintile** were **less likely** to have very high overall wellbeing scores



20% most deprived	10%
20 – 40% most deprived	16%
40 – 60% most deprived	12%
60 – 80% least deprived	19%
80 – 100% least deprived	15%

- 60% gave a **high rating** when asked **how happy they were yesterday**



Indian ethnicity significantly **higher**
70%

LGBT+ pupils very **low**
35%

Feeling anxious or worried

- Nearly three quarters (72%) say they have ever felt anxious or worried



Girls worry **more** than boys
81% vs **62%**

White British ethnicity **higher** (77%)
Pakistani ethnicity **lower** (61%)

- Over a third (36%) worry most days



Girls **more likely** to worry most days than boys
45% vs **24%**

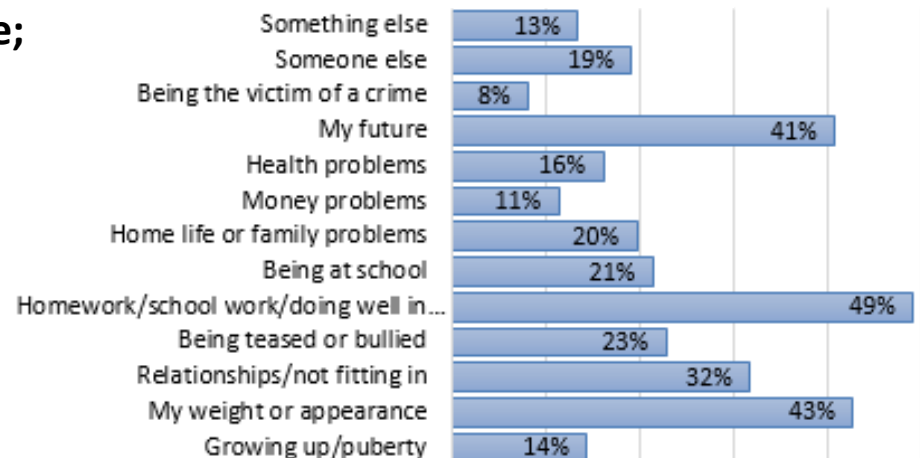
LGBT+ worry most often
64% most days

- The most common worries were **school work/doing well in exams; the future; weight or appearance**



56% of girls worry about their weight/appearance...
Compared to just **27%** of boys

What do you worry about?



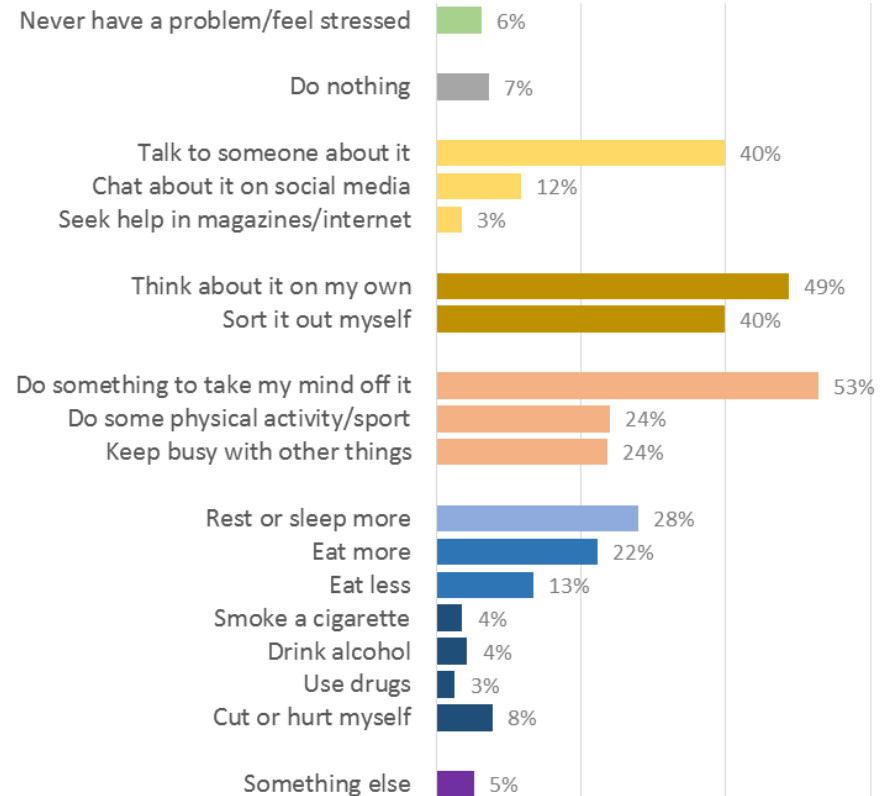
Dealing with problems

What do you do if you have a problem or feel stressed?

- The most common responses were: do something to **take my mind off it**; think about it on my own; talk to someone about it; sort it out myself

Girls **more likely** to talk about problems than boys – nearly half of girls (46%) compared to 1 in 3 boys (33%)

LGBT+ **least likely** to talk about problems only 1 in 4 (25%)



Dealing with problems

What do you do if you have a problem or feel stressed?

8% said they cut or hurt themselves if they have a problem or feel stressed



Girls nearly **three times more likely** to say this than **boys**
10% vs 4%

- **22% said they eat more and 13% said they eat less if they have a problem or feel stressed**
- **Girls are more likely to change their eating habits**



Eat more:
28% of girls vs 16% boys

Eat less:
19% of girls vs 6% boys

- **LGBT+ pupils are also more likely to change their eating habits, smoke, drink and take drugs**



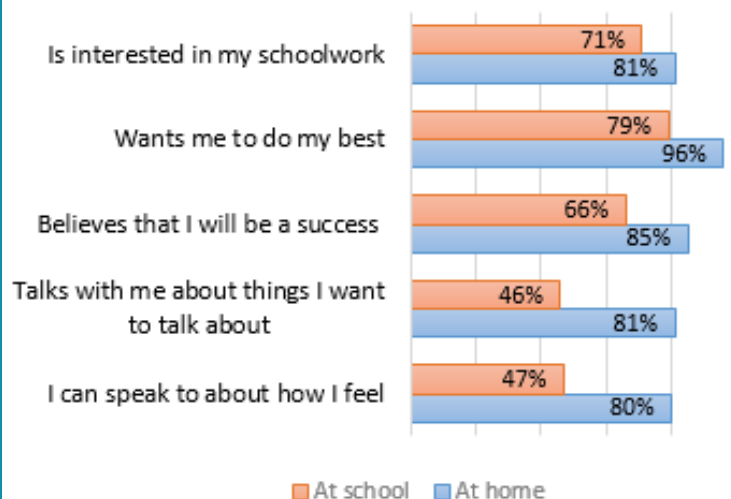
**32% eat more and
31% eat less**

13% smoke (compared to 3% hetero/binary)
16% drink (compared to 3% hetero/binary)
10% take drugs (compared to 2% hetero/binary)

Being supported

- **88%** of pupils are **well supported** by an adult **at home** (net positive score across five questions)
- **66%** say they are **well supported** by a teacher or other adult **at school**

There is an adult who...



Black ethnicity pupils and LGBT+ pupils are **less likely to feel supported **both at home and at school****

For those with **SEN/learning difficulty**:

- **37% get enough support** from school
- **38% don't get enough support**

For those with a **long-term health condition**:

- **49% get enough support** from health services
- **27% don't get enough support**

Bullying

- **3 in 10** pupils have suffered **any kind of bullying** in the last 6 months
 - **27%** say their bullying **problem has been sorted out**
 - **22%** say the **problem is the same**
 - **51%** say it is **better but not completely sorted**
- **12%** have been **physically bullied** recently



More boys than girls
14% vs **8%**

More White Other
ethnicity pupils
22%

More LGBT+ pupils
30%

- **28%** have been **bullied in other ways**



More girls than boys
30% vs **24%**

More White Other
ethnicity pupils
42%
Fewer Asian ethnicity
pupils **22%**

Over half of **LGBT+**
pupils

- **1 in 5** say that their **school deals badly** with bullying

- Around **1 in 5** say that their **school deals well** with bullying

Online bullying

- **12%** said they have been **affected by online bullying**
- **A further 9%** said they **weren't sure whether they had been affected** by online bullying
- **Some groups** are **more likely to have been affected** than others...



More girls than boys
13% vs **8%**

More White Other
ethnicity pupils
23%

More LGBT+ pupils
27%



Asian ethnicity pupils
less likely to be affected
7%

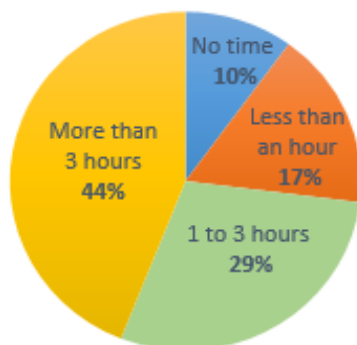
Social media use

- The 2018 survey asked about social media use for the first time

86% use social media on a school day



90% use social media on a weekend



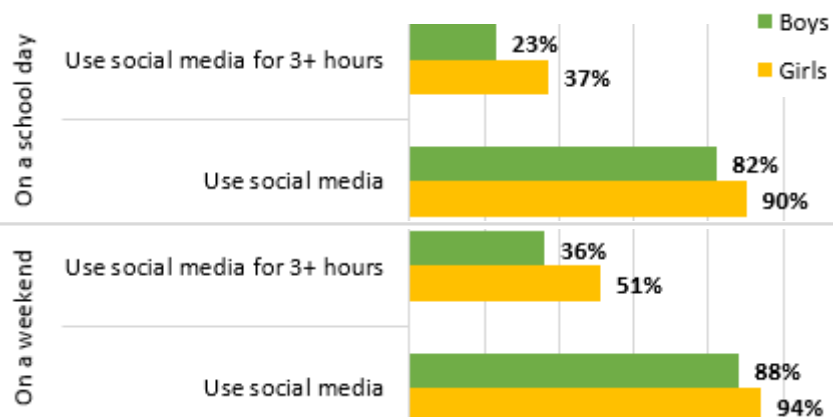
- 26% have uploaded a video to YouTube** →

More boys have uploaded a video to YouTube than **girls...**
44% vs 16%

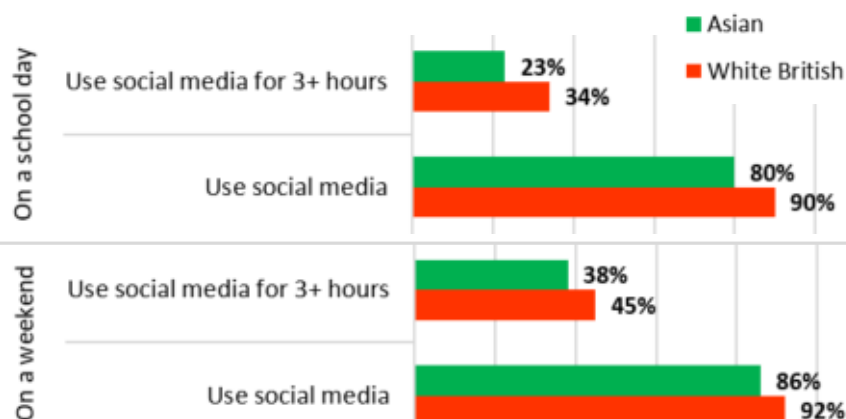
Half (49%) of LGBT+ pupils have uploaded a video to YouTube

Social media use

Girls use social media more than boys...



Asian ethnicity pupils use social media less...



Social media impact

- **Over half (55%)** say they can go without using social media for a day without it affecting their mood
- **But 1 in 4 (25%)** said that their mood would be affected



Higher amongst **LGBT+** pupils
37%

- **14% worry** about **getting enough likes** on social media and **27% feel like they are missing out** when they see things on social media



Girls are **twice as likely** to worry about 'likes' than **boys**
18% vs **9%**

1 in 3 girls feel they are missing out when they see things on social media, **compared to 1 in 5 boys**
32% vs **20%**

- **27% worry** about some of the **things they see** on social media



Higher amongst **LGBT+** pupils
40%

Higher amongst **mixed ethnicity** pupils
40%

- **1 in 10 (12%)** want **more information about staying safe online**

Other screen time

- The survey also asked about additional screen time (not including social media)

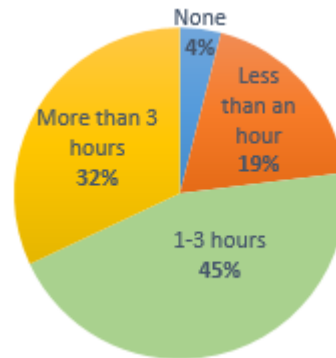
13% spend 3+ hour on social media and 3+ on other screen time on a school day

Rises to **25%** in **LGBT+ pupils**

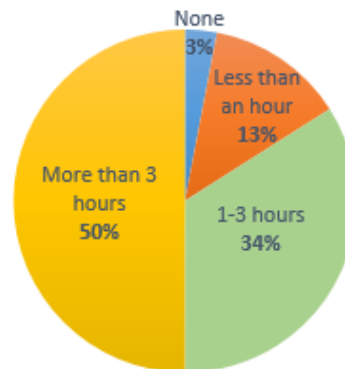
26% spend 3+ hour on social media and 3+ on other screen time on a weekend

Rises to **39%** in **LGBT+ pupils**

Amount of **other screen time** on a **school day**:



Amount of **other screen time** on a **weekend**:

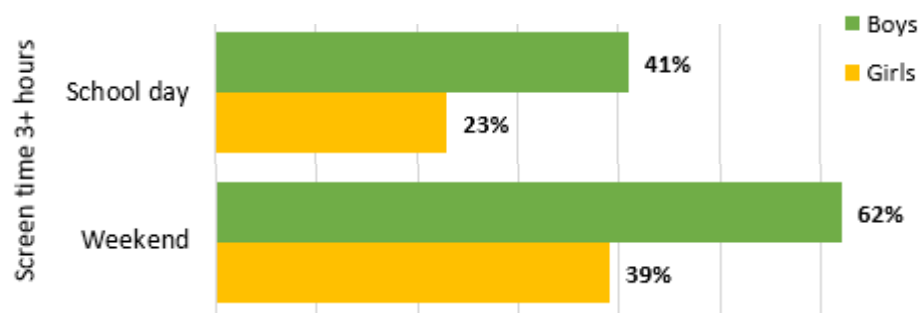


Asian ethnicity pupils are less likely to spend 3+ hours on screen time on a school day
23%

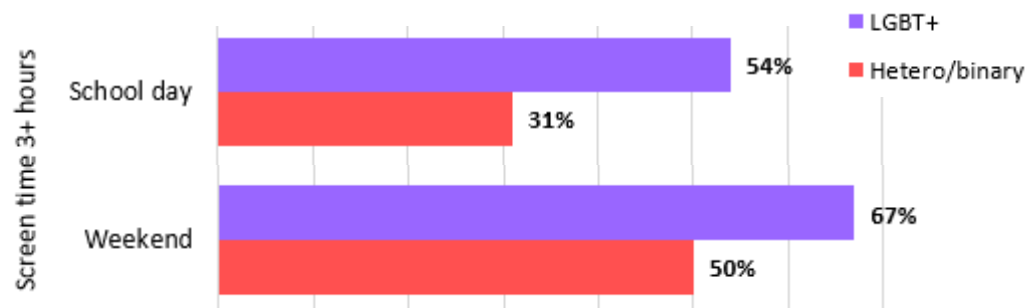
But around the same as the average pupil on a weekend
47%

Other screen time

Boys spend more time on other screen time than girls...



LGBT+ pupils spend more time on other screen time than any other group...



Food & physical activity

- **65%** eat breakfast most days or everyday
- **20%** hardly ever or never eat breakfast



Girls are much **less likely** than boys to eat breakfast
59% vs 73%

- **86%** say that there is food in their house for them all/most of the time when they are hungry

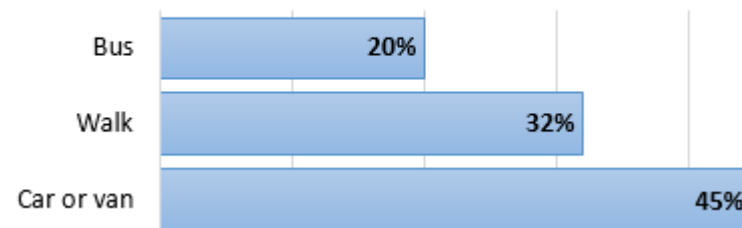
- **22%** say that they eat more when they are worried



28% of girls compared to
16% of boys

- **A third** of pupils **walk to school**

Main method of travel to school



Smoking – cigarettes

Tried cigarettes	14%
Current cigarette smokers	4%
Smoke weekly but not everyday	1%
Smoke daily	3%
Ex-smokers	2%



More boys have tried smoking than girls (16% vs 11%)

But the proportion of **boys and girls** who are **current smokers** is the **same** (4%)



White other ethnicity pupils **more likely** to have tried smoking (26%)

But only **7%** of **white other ethnicity** pupils are **current smokers**



Asian ethnicity pupils **less likely** to have tried smoking (8%)

15% of **black ethnicity** pupils are **current smokers**



LGBT+ pupils **twice as likely** than the average to have tried smoking
28%

And **LGBT+** pupils are more than **four times as likely** to be current smokers
17%

Smoking – e-cigs and vaping

Tried e-cigs	28%
Current e-cig users	7%
Vape less than once a week	2%
Vape weekly but not everyday	2%
Vape everyday	3%
Ex e-cig users	6%

Tried cigarettes	14%
Current cigarette smokers	4%



More boys have tried e-cigs than girls (**37%** vs **22%**)

But only **slightly more boys** are current e-cig users than girls (**8%** vs **5%**)



Black ethnicity and **white other** pupils **more likely** to have tried e-cigs (**49%** and **42%**)

Black ethnicity and **white other** pupils more than **twice as likely** than average to be current e-cig users (both **16%**)

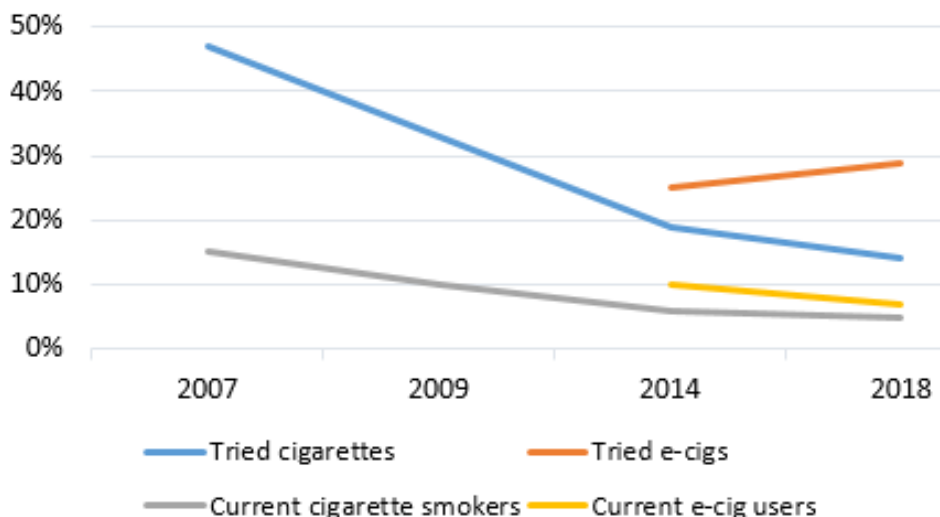


LGBT+ pupils more than **twice as likely** than average to be current e-cig users
16%

Smoking trends

- The number of pupils who have tried and currently smoke cigarettes continues to decline
- The number of pupils who are current e-cig users has also declined since 2014, although those who have tried e-cigs increased from 25% of pupils to 29%


Smoking & e-cig trends




- **67% of current smokers are also e-cig users**
- **20% of e-cig users have never tried tobacco smoking**
- Of those who use or have used both...
 - 59% smoked tobacco first and moved onto e-cigs
 - 41% used e-cigs first and moved on to tobacco

Alcohol

- **Half** of those answering the question said that they have tried alcohol
 - **1 in 16** (6%) have **tried** alcohol but don't drink now
 - **1 in 5** (22%) drink **less than monthly**
 - **1 in 5** (19%) drink **monthly or more**
 - **1 in 10** (10%) drink about **once a month**
 - Nearly a further **1 in 10** (9%) **drink weekly**



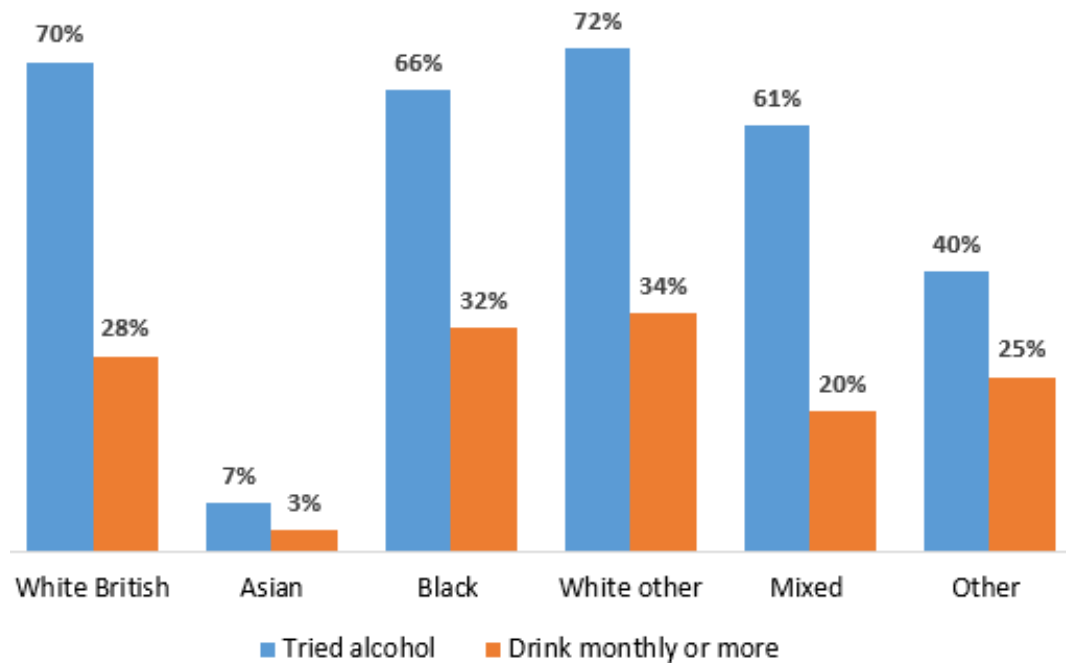
Pupils living in the **most deprived** areas of the District are **twice as likely** to **drink monthly or more** compared to those living in the least deprived areas



LGBT+ pupils **more likely** to have **tried alcohol (67%)**
And **more likely** to drink **monthly or more (34%)**

Alcohol

There are **significant differences** in alcohol use **amongst ethnic groups...**



Sexual health

- **5%** of pupils said that they **have had sex**
- A further **5%** **did not answer the question**



Of those who have had sex...

- **Over half (54%)** always or usually **use condoms**
- But **nearly 1 in 3 (29%) never use condoms**



Asian ethnicity pupils **less likely**
to have had sex **(3%)**

Black ethnicity pupils **more likely**
to have had sex **(23%)**

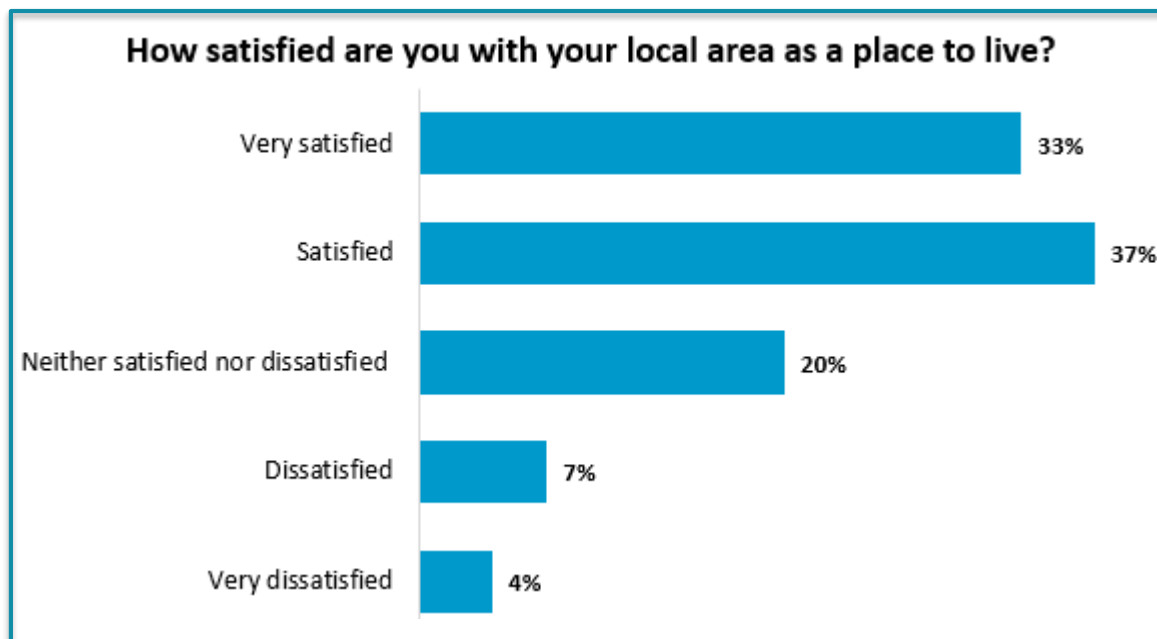


1 in 5 LGBT+ (20%) pupils said
they **have had sex**

- **71%** know where to go for sexual health advice
 - **13% didn't know** where to go
 - And **16% weren't sure**

Feelings about local area

- The **majority** of pupils are satisfied with their local area:
69% net satisfied

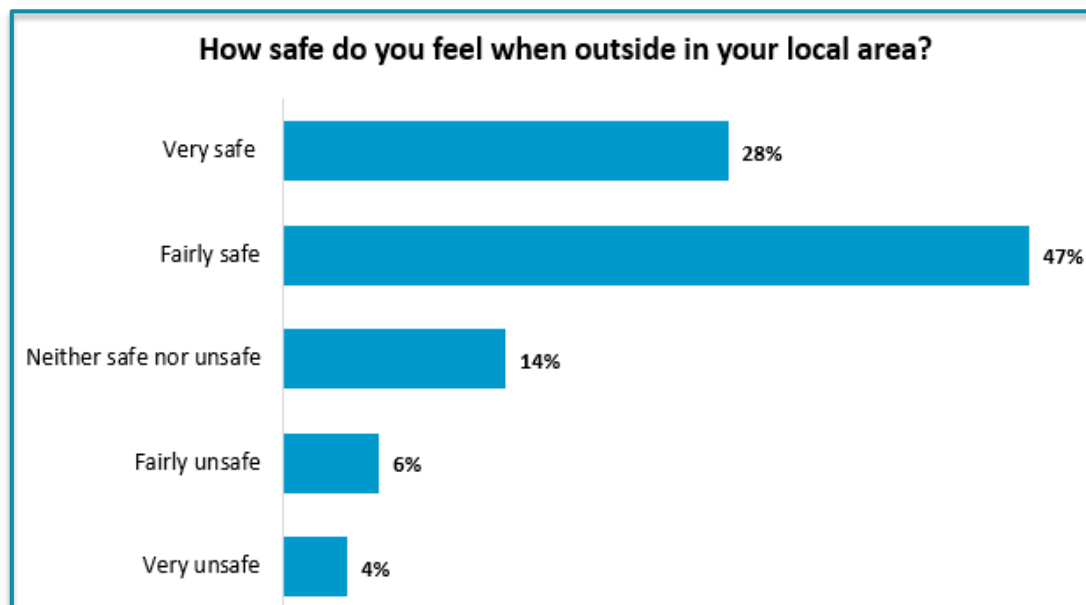


Asian ethnicity pupils
more likely to be satisfied
with their local area
76%

LGBT+ pupils **less likely** to
be satisfied with their
local area
53%

Feeling safe

- The **majority** of pupils feel safe in their local area:
74% net feel safe



Certain groups are **less likely** to feel safe...

Huddersfield DC locality (70%)

Black ethnicity (51%)

LGBT+ (55%)

Some groups are **more likely** to feel safe...

Kirklees Rural DC locality (82%)

Indian ethnicity (85%)

Crime

- Pupils were asked whether they **had been a victim of crime...**
 - **12% did not answer**
- **Of those who did answer...**
 - **16% said they had been a victim of crime**
 - **79% said they had not**
 - **5% would 'rather not say'**



Certain groups were **more likely** to have been a victim of crime...

Black ethnicity (37%)

White other ethnicity (31%)

LGBT+ (31%)

- Pupils were also asked whether they **had seen a crime** in their local area...
 - **11% did not answer**
- **Of those who did answer...**
 - **50% said they had seen a crime**
 - **43% said they hadn't seen a crime**
 - **7% would 'rather not say'**

Money management

- Of those who said they do have money, **75% save their money** and **22% spend it as soon as they get it**

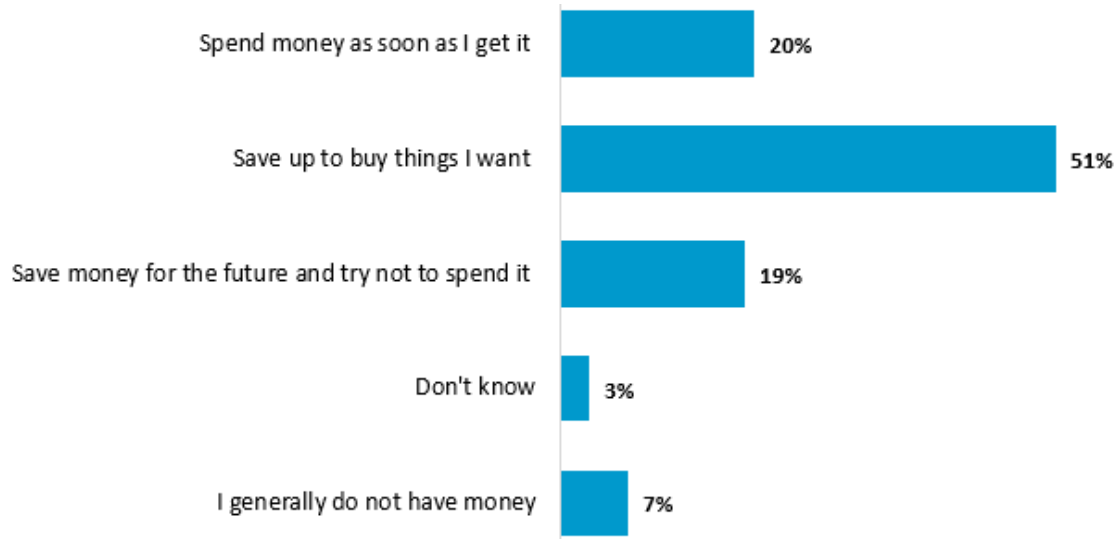


Money saving is **most common** in young people living in the least deprived areas (**83%**)

LGBT+ pupils are less likely to save their money (67%)

LGBT+ pupils are also more likely to say they generally don't have money (16% compared to 6% of hetero/binary pupils)

What best describes what you usually do with money?

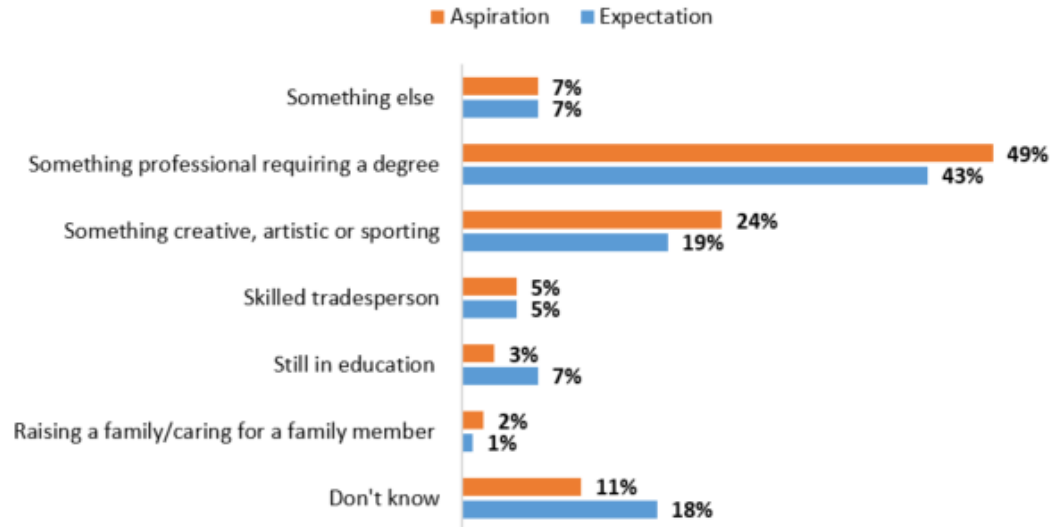


Thinking about the future

Thinking about what students might be doing in 10 years' time...

- **1 in 5** said they **didn't know** what they expected to be doing...
- Compared to **1 in 10** who didn't know what they would like to be doing
- **3 in 10** have a career aspiration **different** to their expectation
- **8 in 10** would like more careers advice (either now or in the future)

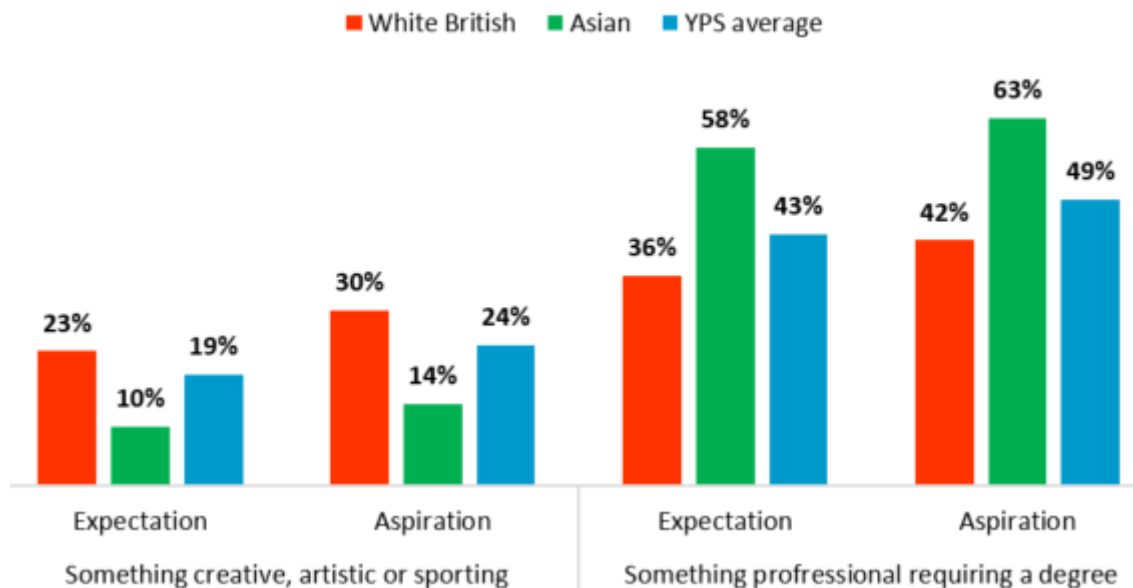
What would you like to be doing in 10 years (aspiration) and what do you expect to be doing (expectation)?



- **Just under half** expect (and would like) to be doing **something professional requiring a degree**
- **1 in 5** think they'll be doing something **creative, artistic or sporting**
 - A higher proportion (**1 in 4**) would like to be doing this

Thinking about the future

Thinking about the future - differences in ethnic groups



White British pupils are **less likely** to expect and want to be doing something **professional requiring a degree**
And **more likely** to expect and want to be doing something **creative, artistic or sporting**

Asian pupils are **more likely** to expect to and want to be doing something **professional requiring a degree**
And **less likely** to expect and want to be doing something **creative, artistic or sporting**

Thinking about the future



Boys are **10 times more likely** than girls to expect to be a **skilled tradesperson** (**10%** compared to less than **1%**)

And **8 times more likely** than girls to want to be a **skilled tradesperson** (**8%** compared to **1%**)



LGBT+ pupils are **more likely** to expect to be doing '**something else**' (**16%**)

But **less** than this want to be doing '**something else**' (**11%**)

LGBT+ pupils are **more likely** to expect and want to be raising a family/caring for a family member (**4%** for both)

More information



Further findings from the survey and the technical report will be published here:

www.kirklees.gov.uk/KYPS2018

Each school that took part in the survey has received a bespoke report detailing their individual school's survey results

For any further information or analysis requests please contact:

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