

Kirklees Parenting Support Service
Parenting Resources

Parenting Packs

- 1 **Better Beginnings – Brighter Future**
 - a board game for the parents of young children, which can be used as part of a parenting programme or with individual parents.
- 1a **Better Beginnings – Brighter Future**
 - a board game for the parents of young children, which can be used as part of a parenting programme or with individual parents.
- 1b **Better Beginnings – Brighter Future**
 - a board game for the parents of young children, which can be used as part of a parenting programme or with individual parents.
- 2 **Family Caring Trust – Noughts to Sixes Parenting Programme, Pram to Primary**
 Training package: video, 2 leader's guides, certificates, parents' and book.
- 2a **Family Caring Trust – Noughts to Sixes Parenting Programme, Pram to Primary**
 Video for above training pack.
- 3 **Family Caring Trust–Fives to Fifteens Basic Parenting Programme**
 Training package: video, 2 leader's guides, certificates, parents' handbook – What can a parent do?
- 3a **Family Caring Trust–Fives to Fifteens Basic Parenting Programme**
 Video for above training pack.
- 4 **Family Caring Trust – Being Assertive**
 Training materials to deliver a course for parents on developing assertiveness skills.
- 4a **Family Caring Trust – Being Assertive**
 Video for above training pack.
- 4b **Family Caring Trust – Being Assertive**
 Video for above training pack.
- 4c **Family Caring Trust – Being Assertive**
 Video for above training pack.
- 5 **Family Caring Trust – The Teen-Parenting Programme**
 Training package: video, 2 leader's guides, certificates, 1 parents' handbook – What can the parent of a teenager do?
- 5a **Family Caring Trust – The Teen-Parenting Programme**
 Video for the above training (inside book)
- 6 **Parent Information Point Toolkit –**
 Resources for setting up workshops for parents in schools and community centres.

Kirklees Parenting Support Service

Parenting Resources

Parenting Packs

- 7 **Strength Cards –**
A tool using cards that have gentle humour and simplicity to prompt discussion about the strengths we have.
- 7a **Strength Cards –**
A tool using cards that have gentle humour and simplicity to prompt discussion about the strengths we have.
- 8 **Parenttalk** A parenting pack designed for use with a wide range of groups, covering a wide age range, with Leaders guide, video, booklets and activity sheets.
- 8a **Parenttalk** Video for above course.
- 8b **Parenttalk** A parenting pack designed for use with a wide range of groups, covering a wide age range, with Leaders guide, video, booklets and activity sheets.
- 8c **Parenttalk** Video for above course.
- 9 **The Bears –** A tool using cards to generate insight into ourselves and our relationship with family, friends, clients, students, workmates. These cards are pictorial and can be used across most groups and ages.
- 10 **Parenting - A Rough Guide (NSPCC)**
Positive ways of managing children's behaviour. Includes handouts to photocopy - tips on getting started and much more!
- 11 **US -** A set of seven magazines aimed at **young parents** and guidance notes for their use.
- 12 **The Bears –** A tool using cards to generate insight into ourselves and our relationship with family, friends, clients, students, workmates. These cards are pictorial and can be used across most groups and ages.
- 13 **Signpost – Exploring Everyday Spirituality –**
A tool using cards to help build conversation about the big questions in life.
- 14 **Time Out For Parents - Positive Parenting Pack –** Photocopiable masters to use with all Time Out For Parent Packs
- 14a **Time Out For Dads –** Parenting course for coping dads, out of depth dads, distant dads, step dads, expectant dads, potential dads – in short **DADS!**
- 14b **Time Out For Dads –** Parenting course for coping dads, out of depth dads, distant dads, step dads, expectant dads, potential dads – in short **DADS!**
- 14c **Time Out For Teenagers –**
A 6/8 session course for parents of pre-teens and teenagers. It is a practical “user friendly” resource, designed to make the transition from childhood to adolescence as smooth as possible for both young people and parents.

Kirklees Parenting Support Service
Parenting Resources

Parenting Packs

- 14d **Time Out For Teenagers** – Handbook for above (14c)
- 14e **Time Out From Anger** – A course for parents which addresses issues related to feelings of anger and offers a variety of strategies to support parents.
- 14f **Time Out From Anger** – Handbook for above (14e)
- 14g **Time Out For Special Needs** – A course for parents of children with special educational needs. Written by parents for parents with input from many different families.
- 14h **Time Out For Special Needs** – A course for parents of children with special educational needs. Written by parents for parents with input from many different families.
- 14i **Time Out For Special Needs** – Handbook for above 14g & 14h
- 14j **Time Out For Parents** – A course to support parents for the most challenging and important job they may ever have to do. Written by parents for parents, it is a relationship model, encouraging parents to value and work on the relationship with their child.
- 14k **Time Out For Parents** – Handbook for above (14j)
- 14l **Time Out For Parents** – Handbook for above (14j)
- 14m **Time Out For Special Parents** - A Parents guide to Behaviour Management - lots of information to give more insight into children's behaviour
- 14n **Time Out For Special Parents** - A Parents guide to Behaviour Management - lots of information to give more insight into children's behaviour
- 14o **Time Out For Special Parents** - A Parents guide to Behaviour Management - lots of information to give more insight into children's behaviour
- 14p **Time Out For Parents** – Workbook for 14j or other Time Out for Parents packs
- 14q **Time Out For Parents** – Workbook for 14j or other Time Out for Parents packs
- 14r **Time Out For Parents** – Workbook for 14j or other Time Out for Parents packs
- 14s **Time Out For Parents** – Workbook for 14j or other Time Out for Parents packs
- 14t **Time Out For Parents** - Workbook – as above, Urdu version
- 14u **Time Out For Parents** - Workbook – as above, Urdu version
- 14v **Time Out For Parents** - Workbook – as above, Urdu version
- 14w **Time Out For Parents** - Workbook – as above, Urdu version
- 14x **Time Out For Parents** - Workbook – as above, Urdu version
- 14y **Time Out For Parents** - A course to support parents for the most challenging and important job they may ever have to do. Written by parents for parents, it is a relationship model, encouraging parents to value and work on the relationship with their child.
- 14z **Time Out For Parents** – Video for above (14y)
- 15 **Reflections – Ways Of Seeing Ourselves Differently** –
A tool to help get adolescents talking! Comprising of a set of 32 cards using street and techno style, computer enhanced photography to encourage adolescents to explore their lives. This can help with building identity, self-esteems and goals.

Kirklees Parenting Support Service

Parenting Resources

Parenting Packs

- 16 **Teenagers in Trouble – Skills for Parents**
Skills for parents. Video and Booklet for use by all parents – single parents, step-parents and couples who have a teenager in trouble. Can be used individually or as a group.
- 16a **Teenagers in Trouble – Video for 16 - Skills for Parents**
- 17 **‘DAD’ - A pack of 9 magazines and an audio tape provided for fathers and men who care.**
- 17a **‘DAD’- Audio tape for above pack.**
- 18 **Strengths Cards For kids – 40 colour cards - a reminder to children of all ages that they have important strengths – can be used successfully with groups of parents**
- 18a **Strengths Cards For kids – 40 colour cards - a reminder to children of all ages that they have important strengths – can be used successfully with groups of parents**
- 19 **It’s an Illusion – Draw your own Conclusion!**
Explaining issues of young sex, pregnancy and parenthood.
- 19a **It’s an Illusion – Draw your own Conclusion!**
Video for the above course.
- 20 **Family Wise -** is a useful resource which we have split into its 24 separate sections (listed below) to enable you to borrow and use as is appropriate. It can be used as part of a parenting course or with parents on an individual basis.

Number of books in pack

20	Safety	+ Quick Think	2
20a	Family Wise (Assessment)	+ Quick Think	4
20b	Housekeeping	+ Quick Think	4
20c	Happy Families 1	+ Quick Think	4
20d	Happy Families 2	+ Quick Think	4
20e	Temper Tantrums	+ Quick Think	4
20f	Potty Training	+ Quick Think	4
20g	Sleeping Problems	+ Quick Think	4
20h	Eating Problems	+ Quick Think	4
20i	Crying	+ Quick Think	4
20j	Bedwetting	+ Quick Think	4
20k	Happy Hours?	+ Quick Think	4
20l	Which Works?	+ Quick Think	4
20m	Booze	+ Quick Think	4
20n	Quitting?	+ Quick Think	4
20o	Stressed?	+ Quick Think	4
20p	Nosh	+ Quick Think	4
20q	Teeth	+ Quick Think	4
20r	Sexual Health	+ Quick Think	4
20s	Poorly?	+ Quick Think	4
20t	Pregnancy	+ Quick Think	4
20u	Sex Wise	+ Quick Think	4
20v	You, Me & Us	+ Quick Think	4
20w	Us, You & Yours, Me & Mine	+ Quick Think	4

Kirklees Parenting Support Service
Parenting Resources

Parenting Packs

- 21 **Parents Together - A guide to help parents get together for support and encouragement – video and magazine.**
- 21a **Parents Together - Video for above (21)**
- 22 **Developing Parenting Skills Confidence and Self-esteem**
- a parenting pack consisting of 10 sessions designed to empower and raise the self esteem of parents.
 - by Barbara Quartey & Tina Rae.
- 22a **Developing Parenting Skills Confidence and Self-esteem**
- a parenting pack consisting of 10 sessions designed to empower and raise the self esteem of parents.
 - by Barbara Quartey & Tina Rae.
- 23 **All Right at Home?**
- A guide designed to use with groups of parents, which promotes understanding of the rights of children and demonstrates that respecting those rights can enhance the quality of family life.
- 24 **Group Leadership Training Trainer's Pack - This training parenting facilitator's course is based upon the principles underpinning all of the Family Caring Trust's programmes**
- of respect for the individual
 - acknowledgement of difference
 - building upon shared experience
 - **and is aimed at people who wish to be trained as Group Leaders.**
- 24a Booklet for the above course
- 24b Booklet for the above course
- 24c Booklet for the above course
- 24d Booklet for the above course
- 24e Booklet for the above course
- 24f Booklet for the above course
- 24g Booklet for the above course
- 24h Booklet for the above course
- 24i Booklet for the above course
- 24j Booklet for the above course
- 25 **Learning to Step Together - Building and Strengthening Stepfamilies**
- Facilitators Guide (please see also **B21 book**) A series of eight sessions to introduce new ways of looking at relationships in stepfamilies.
- 26 **The Gap – your teenager's future – how parents can help**
- contains a play on video, a resource book and parents' booklets.
- 26a **The Gap – your teenager's future – how parents can help**
- Video for above course.
- 27 **Keeping up with the children - involving parents, children and communities in literacy as well as numeracy.**

**Please note:
This pack is for use with
parenting facilitator's
NOT Parents**

Kirklees Parenting Support Service

Parenting Resources

Parenting Packs

28 **We Can Work it Out** – parenting with confidence (**video**) – essential viewing for parents, prospective parents, families, teachers and professionals involved in the development and promotion of positive parenting – Three packs

	Pack 1	Pack 2	Pack 3
28a	Handbook	Handbook	Handbook
28b	Video	Video	Video
28c	Parent Booklet	Parent Booklet	Parent Booklet
28d	Parent Booklet	Parent Booklet	Parent Booklet
28e	Parent Booklet	Parent Booklet	Parent Booklet
28f	Parent Booklet	Parent Booklet	Parent Booklet
28g	Parent Booklet	Parent Booklet	Parent Booklet
28h	Parent Booklet	Parent Booklet	Parent Booklet
28i	Parent Booklet	Parent Booklet	Parent Booklet
28j	Parent Booklet	Parent Booklet	Parent Booklet
28k	Parent Booklet	Parent Booklet	no K

29 **Let's Work Together – Managing Children's Behaviour (Save the Children)**
A resource to use with any parent offering strategies for managing behaviour without resorting to smacking.

30 **Bullying – Don't Suffer in Silence** – An anti-bullying pack for schools.

31 **Priorities For Practical Parenting** – materials for groups of parents of children from 1 – 10 years.

31a **Priorities For Practical Parenting** – materials for groups of parents of children from 1 – 10 years.

31b **Priorities For Practical Parenting** – materials for groups of parents of children from 1 – 10 years.

32 **TIPS - Tried and tested Ideas for Parent education and Support.**
a collection of ideas contributed by parents and facilitators. It contains grass-roots wisdom from the hands-on experience of parents and providers on setting up and running parenting programmes.

33 **Cultural Competence in Family Support** -
A Toolkit for working with Black, Minority Ethnic and Faith Families.

34 **Coping With Kids** -
contains illustrations showing different situations that parents may find themselves in. The pictures are accompanied by a series of questions designed to trigger discussion. These materials are intended particularly for use with parents who have basic skills need or who don't read English. However, they will be a valuable means of raising issues about parenting with any group of parents.

Kirklees Parenting Support Service
Parenting Resources

Parenting Packs

- 35 **Booklets for Parents & Carers –**
 a 12 booklet series to help parents and carers deal confidently with commonly
 faced problems:-
- 35 aggression
35a anxiety
35b bereavement
35c bullying
35d divorce & separation
35e eating problems
35f encouraging good behaviour
35g school non-attendance
35h sleeping difficulties
35i stealing
35j temper tantrums
35k wetting
- 36 **Family Album** - photos and activities to explore family issues.
- 36a **Family Album** - photos and activities to explore family issues.
- 37 **Even Better Parents**
 - for the parents of children aged 4 to 12 years - the pack comprises:
 - Trainers' Resource Pack
 - Course Workbook
 - Video
- To run this course you will need to:
 • have read the programme and watched the video
 • share the values taught on the course
 • have some experience working with parents
- 37a **Video** for above (37)
- 37b **Even Better Parents**
 - for the parents of children aged 4 to 12 years - the pack comprises:
 - Trainers' Resource Pack
 - Course Workbook
 - Video
- To run this course you will need to:
 • have read the programme and watched the video
 • share the values taught on the course
 • have some experience working with parents
- 37c **Video** for above (37b)
- 37d **Workbooks for Even Better Parents packs** (37 & 37b)
37e **Workbooks for Even Better Parents packs** (37 & 37b)
37f **Workbooks for Even Better Parents packs** (37 & 37b)
- 38 **Pathways to Parenting –**
 a parenting programme for the parents of children of all ages,
 developed through Oldham PCT.

Kirklees Parenting Support Service
Parenting Resources

Parenting Packs

- 39 **The Parenting Puzzle –**
 How to get the Best out of Family Life – can be used with parents and carers in either individual or group work in order to build confidence around ensuring our children get off to a good start in life.
- 39a **The Parenting Puzzle –**
 How to get the Best out of Family Life – can be used with parents and carers in either individual or group work in order to build confidence around ensuring our children get off to a good start in life.
- 40 **Making Changes Parenting Programme –**
 this programme concentrates on resolving the underlying problems within the family, rather than on the symptoms in the children’s behaviour. It is therefore a good precursor to many behaviour modification programmes – includes video
- 40a **Making Changes Parenting Programme –**
 Video for above course (40)
- 41 **The Family Dinner Game –**
 The “getting to know you” game that helps families communicate better over a meal. Helps you listen, laugh and enjoy – gives everyone a chance to be heard!
- 42 **POSITIVELY ME!** A resource pack for people living and working with mixed race children.
- 43 **Birth To Three Matters –**
 Information around the development of Babies birth to 3 year. Covers four areas:-
 A strong child
 A skilful communicator
 A competent learner
 A healthy child
 The pack includes a booklet, 16 action cards, poster, Video and DVD.
- 44 **Baby Think It Over –**
 Virtual Parenting – a lifelike baby doll to help teenagers find out about what being a parent is really like. (Batteries not supplied)
(please see information regarding the use and effectiveness of virtual baby programmes – inside pack)
- 45 **Strength in Teams –**
 Helps teams to look at areas which can help build a successful team. Designed to be used with any team eg families, sporting teams, school classes, work teams, large or small teams. Includes a work book and 28 A4 prompt cards.
- 45a **Strength in Teams –**
 Helps teams to look at areas which can help build a successful team. Designed to be used with any team eg families, sporting teams, school classes, work teams, large or small teams. Includes a work book and 28 A4 prompt cards.
- 46 **Angles With Attitude –**
 A tool designed to help people think differently about themselves and the struggles they face. The cards are used in a humours way to help as a starting point for conversation.

Kirklees Parenting Support Service

Parenting Resources

Parenting Packs

- 46a **Angles With Attitude –**
A tool designed to help people think differently about themselves and the struggles they face. The cards are used in a humorous way to help as a starting point for conversation.
- 47 **Stones Have Feelings Too –**
A tool designed to help people think and talk about feelings. The cards are used in a humorous way using stones to show expression of feelings. The cards help as a starting point for conversation about feelings.
- 47a **Stones Have Feelings Too –**
A tool designed to help people think and talk about feelings. The cards are used in a humorous way using stones to show expression of feelings. The cards help as a starting point for conversation about feelings.
- 48 **Our Scrapbook Of Strengths -**
The collection presents a powerful window into the strengths that bind families, groups and communities together. The cards are designed like a family scrap book and are a versatile resource for creating conversation for people living and working together.
- 48a **Our Scrapbook Of Strengths –**
The collection presents a powerful window into the strengths that bind families, groups and communities together. The cards are designed like a family scrap book and are a versatile resource for creating conversation for people living and working together.
- 49 **Early Support – Family Pack –**
This pack has been developed by the Early Support programme. The pack is for families with children who need additional support during the first three years of life.
- 50 **Preventing breakdown - Mark Hammer**
A manual for those working with families and the individuals within them. Aimed at front line works it offers tools and ideas that workers can use to help build on family's strengths. It focus on solutions and a determination to succeed.
- 50a **Preventing breakdown - Mark Hammer**
A manual for those working with families and the individuals within them. Aimed at front line works it offers tools and ideas that workers can use to help build on family's strengths. It focus on solutions and a determination to succeed.
- 51 **Father Photos – Reflecting on realities**
A pack of photos showing Dads and children a useful resource which can used with all parents
- 52 **The Nurturing Game – Family Links**
This game is based on ideas explored in the Nurturing Programme, The game helps explore feelings and helps players listen and talk, discover more about themselves and other people. This is a great game to play with parents or as a family and can be used in a verity of settings

Kirklees Parenting Support Service

Parenting Resources

Parenting Packs

- 53 **Ask it Tell it – Family Links**
Find out more about yourself and other people. This is an easy question and answers card game and encourages players to talk about themselves and listen to others.
- 54 **Wonderful You – St Luke’s Innovation Resource**
An Alphabet of way to say ‘Well Done’. A pack of 26 cards which provide different ways of saying ‘Well done’, colourful and fun to use in a variety of ways. Includes 26 cards and information booklet.
- 55 **A Pocket of Stones –**
A tool designed to help people think and talk about feelings. The 12 stones are used **in a humorous way the figures represent emotions and feelings. The Stones help as a starting point for conversation about feelings.**
- 56 **Kids Need... – Parenting cards**
Parenting cards for families and the people who work with them. What is the difference between children’s ‘needs’ and ‘wants’? The cards are designed to be flexible and adaptable each card features a child’s ‘need’ the cards and then separated it to wants and needs. This is a great tool to get people talking about what children really need. The pack contains 52 cards and instruction booklet.
- 56a **Kids Need... – Parenting cards**
Parenting cards for families and the people who work with them. What is the difference between children’s ‘needs’ and ‘wants’? The cards are designed to be flexible and adaptable each card features a child’s ‘need’ the cards and then separated it to wants and needs. This is a great tool to get people talking about what children really need. The pack contains 52 cards and instruction booklet.
- 56b **Kids Need... – Parenting cards**
Parenting cards for families and the people who work with them. What is the difference between children’s ‘needs’ and ‘wants’? The cards are designed to be flexible and adaptable each card features a child’s ‘need’ the cards and then separated it to wants and needs. This is a great tool to get people talking about what children really need. The pack contains 52 cards and instruction booklet.
- 57 **Childs Play -**
The pack is aimed at practitioners in a wide range of settings who work with young people. It provides materials to help explore issues relating to being a young parent and can be used with young people who are parents as well as those who are not. Includes dvd and resources, practitioners manual, practitioners resource manual, learns idea book and a shapes template.
- 58 **Parachute –** 12ft parachute which can be used in a verity of setting to encourage participation.
- 59 **Change – Training Cards**
8 sets of cards with positive and negative images looking at Communication, Support, Working Together, Assessments, What is a learning Disability, After Adoption, Child Protection and Our Lives, Our Rights.

Kirklees Parenting Support Service

Parenting Resources

Parenting Packs

60 My Life My Home – Wywurree

An Independent living pack, broken into 12 areas to help people to live independently in any easy read format. It can be used by practitioners to tailor make individual support plans.

61 Skills for living – Wywurree

An Independent living pack, broken into 8 areas to help skills for living independently in any easy read format. It can be used by practitioners to tailor make individual support plans.

62 My Pregnancy My Choice - CHNAGE

A guide to pregnancy in pictures & easy words. This guide will help to support parents with learning disabilities and parents who find reading hard, to make choices about their pregnancy.

Kirklees Parenting Support Service
Parenting Resources

Books

- B1 **‘Parenting – What really counts’** – Susan Golombok
Examines the scientific evidence on what really matters for the children’s healthy psychological development.
- B2 **‘101 Ways to deal with bullying’** – Michele Elliott
A guide for parents - This easy to follow book looks at the questions many parents ask.
- B3 **Supporting Young Parents – Models Of good Practice –**
A YWCA guide to highlight models of good practice for working with **young parents**.
- B4 The Parenttalk **Guide to “Being a Mum”** - Steve Chalke
This guide is packed full of practical, down-to-earth information and advice on how to make the most of all the important stages of a child growing up.
- B5 The Parenttalk **Guide to “Your Child & Sex”** - Steve Chalke
This guide is packed full of practical, down-to-earth information and advice on how to make the most of all the important stages of a child growing up.
- B6 The Parenttalk **Guide to “Sleep”** – Steve Chalke
This guide is packed full of practical, down-to-earth information and advice on how to make the most of all the important stages of a child growing up.
- B7 **Innovations In Parenting Support** – Debi Roker, Helen Richardson and John Coleman
An evaluation of the YMCA Parenting Teenagers Initiative by the Trust For The Study of Adolescence.
- B8 **Tomorrow’s Parents – Developing Parenthood Education In Schools** –Philip Hope and Penny Sharland - A report of a project which implemented **parenthood education in 5 secondary schools in Manchester**.
- B9 **Parenting Programmes For Families At Risk – A Source Book – Helen Barrett**
A guide for funders and managers, helping them to make an informed choice when considering the provision of programmes for families at risk.
- B10 **Adults... Ready or NOT!** - Stepping stones to maturity - Parenting in the Teen Zone - Eileen Jones – How to help the family through the challenges as children move into adolescence. (Audio tape missing)
- B11 **Bringing up Boys** – A Parents Guide: Tim Kahn
Ways of approaching the problems, pressures and understanding boys. To try and ensure they have happy and balanced lives.
- B12 The **Good the Bad and the Irritating**: Dr Nigel Mellor
A practical approach for parents of children who are attention seeking.
- B13 **Understanding Discipline** - Clem Henricson & Anna Grey - an overview of child discipline practices and their implications for family support.
- B13a **Understanding Discipline** – Clem Henricson & Anna Grey – an overview of child discipline practices and their implication for family support.

Kirklees Parenting Support Service
Parenting Resources

Books

- B14 **What Works With Fathers** – Trefor Lloyd – Working With Men
A series of in-depth interviews with ten established fathers' projects and a consolidation of their experience.
- B15 **Read Me Another Dad** - David Orme - an activity book for fathers & their sons, aged 3-5.
- B16 **WYM - Working With Young Men** – for anyone developing (or interested in) work with boys and young men, but especially for those working in education, inclusion initiatives and offending settings.
- B16a **WYM - Working With Young Men** – for anyone developing (or interested in) work with boys and young men, but especially for those working in education, inclusion initiatives and offending settings.
- B17 **Understanding parents' needs** - Adrian Moorman and MogBall - a review of surveys with parents. An overview of surveys in this field and examines scope, reliability and gaps in current research.
- B18 **Working with Parents** - Ann Wheal - learning from other people's experiences. New ideas for those already working with parents and a comprehensive introduction for those new to this type of work. Looking at different approaches and the way groups and organisations interact with parents.
- B19 **Hearing the Voice of the Child** - Maria Ruegger - The representation of children's interests in public law proceedings –
The book is for everyone who is involved with the representation of children in civil law proceedings.
- B20 **Can't Smack? Won't Smack?** – Noel Janis-Norton
New ways to bring harmony to families – and why the old ways don't work.
- B21 **Learning to Step Together** – building and strengthening stepfamilies – National Stepfamily Association – (See Resource 25)
Tips and activities to help you look at the feelings and expectations of both adults and children.
- B22 **All Together Now** – what to expect when stepfamilies get together – Claire Salisbury and Cheryl Walters - Looking at when families get together and tips on how to work through these times together.
- B23 **Little Darlings – good parenting through good communication**
a Channel 4 publication - An approach to help you communicate with your children so you get more of the good times and fewer of the bad.
- B23a **Little Darlings – good parenting through good communication**
a Channel 4 publication - An approach to help you communicate with your children so you get more of the good times and fewer of the bad.
- B24 **Families in Context** – Emerging trends in family support and early intervention – Barry Carpenter - Looking at early intervention and working with families and children with special needs.
- B25 **Teenage Life** – Edited by Marcia Hutchinson & Pete Tidy
An account of the life and times of modern teenagers.

Kirklees Parenting Support Service
Parenting Resources

Books

- B26 **Parent Problems!** – Children's views on life when parents split up – Young Voice – Bren Neale and Amanda Wade - A group of children and young people share their varied experiences and knowledge of life after parents split up.
- B27 **Good to Talk** – conversations with **Children after Divorce** - Young Voice – Bren Neale and Carol Smart - A report that presents some of the findings from a Nuffield Foundation funded study of children's perspectives on post divorce family life.
- B28 **Bullying in Britain** – Testimonies from Teenagers – Young Voice – Adrienne Katz, Ann Buchanan and Victoria Bream - A report looking at bullying. The research is based on the responses of 7000 young people.
- B29 **Childhood Experiences of Domestic Violence** – Caroline McGee
Based on the first-hand accounts of children and their mothers regarding their experiences of both domestic violence and support services.
- B30 **What Really Happened?** – Child protection case management of infants with serious injuries and discrepant parental explanations – Policy Practice Research Series - NSPCC
- B31 **The Physical Punishment of Children** – some input from recent research – Policy Practice Research Series – NSPCC - This paper contributes to the debate on the need for reform of the law on physical punishment of children.
- B32 **Protecting Children from Racism and Racial Abuse** – A Research Review - Policy Practice Research Series – NSPCC – a review around protecting children from racism and racial abuse.
- B33 **Child Neglect** – Practitioners' Perspectives – Policy Practice Research Series – NSPCC
- B34 **Voices From Childhood** – A survey of childhood experiences and attitudes to child rearing among adults in the UK – Policy Practice Research Series – NSPCC
- B35 **A Third Way?** – A European perspective on the child protection/family support debate – NSPCC
- B36 **Tackling Bullying** – Don't ignore it! – NSPCC
This is designed for primary school teachers to address bullying and create an atmosphere in which children know they are listened to and taken seriously.
- B37 **Think Parent: Supporting Disabled Adults as Parents** – Richard Olsen & Helen Tyers – National Family & Parenting Institute -
A guide for all social care professionals working with disabled adults who are parents.
- B38 **The Essential Groupworker** – teaching and learning creative groupwork – Mark Doel and Catherine Sawdon - How to set up, run and maintain effective groups.
- B39 **Disabled parents and schools** – Barriers to parental involvement in children's education – Joseph Rowntree Foundation
Information for Disabled parents and the problems they face in supporting their children through school.

Kirklees Parenting Support Service
Parenting Resources

Books

- B40 **Reaching parents** – producing and delivering parent information resources – Clem Henricson -
Research study looking at parents information needs - are these needs being met?
- B41 **The right support** – report of the Task Force on Supporting **Disabled Adults**
in their Parenting Role – Joseph Rowntree Foundation.
A report on the Task force looking at supporting disabled adults in their parenting roles,
aimed to highlight and challenge the barriers facing disabled parents.
- B42 **The Rough Guide to Pregnancy and Birth** – the soundest, sanest, wittiest advice you'll ever get –
Kaz Cooke -
A humorous guide to pregnancy, birth and coping.
- B43 **Developing Parenting Programmes** – Celia Smith
A study on the effectiveness of 38 parenting programmes.
- B44 **Confident Parents, Confident Children** – Policy & practice in parent education and support
– Gillian Pugh - The book looks at the challenges, changes in society and family patterns
and how parenting can be more enjoyable, satisfying and better supported.
- B45 **The Greatest Gift – A Guide to Parenting from an Islamic perspective** – Muhammad Abdul Bari. -
This book looks to address Parenting in a holistic way from an Islamic perspective.
- B46 **Supporting disabled adults in their parenting role** – Joseph Rowntree Foundation. -
This study looks at the service provision in place to help support disabled adults in their
parenting role.
- B47 **Enhancing Parenting Skills** – A guide for professionals working with
Parents – Kedar Nath Dwivedi
A team of multi disciplinary experts offer practical solutions to a variety of challenges.
- B48 **Self-esteem Games** – Barbara Sher – 300 fun activities that make children
feel good about themselves. Can be adapted to use with parents.
- B49 **Fun & Families** booklet - I've Tried That and it Doesn't Work
A booklet to help professionals overcome barriers when working with families.
- B50 **Fun & Families** booklet - Parent Support Groups
A booklet looking at the why and how support groups are useful.
- B51 **Fun & Families** booklet: - Working Together
A booklet on the balance of family dynamics.
- B52 **Fun & Families** booklet - Evaluation
Measuring effectiveness in work with children and families.
- B53 **Staying On Top And Keeping The Sand Out Of your Pants** –
A surfer's guide to the good life! A witty up beat book on prompting and maintaining positive
change in your life.

Kirklees Parenting Support Service
Parenting Resources

Books

- B53a **Staying On Top And Keeping The Sand Out Of your Pants** –
A surfer's guide to the good life! A witty up beat book on prompting and maintaining positive change in your life.
- B54 **Solution** – Focused Group work (Brief Therapies Series) –
A guide for professionals who use groups to help people.
- B55 **Why are they so weird?** - Barbara Strauch. What's really going on inside a teenager's brain?
- B56 **What Teens Need To Succeed** – Peter L Benson PhD, Judy Galbraith MA and Pamela Espeland - Proven practical ways to shape your own future.
- B57 **Early Prediction And Prevention Of Child Abuse** – Kevin D Browne, Helga Hanks, Peter Stratton and Catherine Hamilton - Vital for professional dealing with child protection from both an offender and victim perspective.
- B58 **The Miracle Question** – Linda Metcalf PhD
This is a step by step approach for people who feel stuck and overwhelmed by their lives.
- B59 **Do One Thing Different – 10 different ways to change your life** - Bill O'Hanlon
Focusing on the solution orientated approach to life.
- B60 **Solution Focused Therapy With Children** - Matthew D Selekman -
Providing solid tools for working effectively and respectfully with children and families in today's cost conscious environment.
- B61 **Anger Management With Children** – Berni Stringer and Madan Mall –
Solution focused brief therapy , A tried and tested package offering practitioners the scope and flexibility to adapt to the needs of specific groups.
- B62 **How To Get kids To Do What you Want** - Bill Crawford PhD –
The power and promise of solution focused parenting - How to avoid the power struggle that has kids becoming more resistant and parents more stressed.
- B62a **How To Get kids To Do What you Want** - Bill Crawford PhD –
The power and promise of solution focused parenting - How to avoid the power struggle that has kids becoming more resistant and parents more stressed.
- B63 **Kids' Skills** - Ben Furman –
Playful and practical solution finding with children – At the heart of kids skills is one significant notion – practically all problems can be seen as skills that need to be developed.
- B63a **Kids' Skills** - Ben Furman –
Playful and practical solution finding with children – At the heart of kids skills is one significant notion – practically all problems can be seen as skills that need to be developed.
- B64 **Try And Make me!** – Ray Levy PhD, and Bill O'Hanlon MS, L.M.F.T
A revolutionary new programme for raising your defiant child – without losing control. Simple strategies that turn off the tantrums and create cooperation.

Kirklees Parenting Support Service
Parenting Resources

Books

- B64a **Try And Make me!** – Ray Levy PhD, and Bill O’Hanlon MS, L.M.F.T
A revolutionary new programme for raising your defiant child – without losing control.
Simple strategies that turn off the tantrums and create cooperation.
- B65 **Positive Not Pushy** – How to make the most of your child’s potential – Cassandra Jardine
An easy-to-use guide giving sensible advice on the practicalities and psychology of
encouraging a talent, while keeping your child happy and well-balanced.
- B66 **The A to Z of parenting** – An essential guide to effective parenting – Karlene Rickard
The book nourish yours parenting skills with easy to digest guide to happy parenting.
- B67 **You and Your Baby – 0 – 1 year** – A book for parents who find it hard to read. It is written in clear
language with large pictures and there are sections on different topics to help you look after
your baby in the first year.
- B67a **You and Your Baby – 0 – 1 year** – A book for parents who find it hard to read. It is written in clear
language with large pictures and there are sections on different topics to help you look after
your baby in the first year.
- B68 **The Family Group Conference toolkit** – Cathy Ashley, Liz Holton, Hilary Horan & Jane Wiffin
A toolkit for anyone interested in family group conferencing. For families and practitioners
involved in family group conferencing
- B69 **Conduct Disorder and Behavioural Parent Training** – Research and Practice – Dermot O’Reilly
The book provides social care workers and professionals with a comprehensive introduction
to teaching and encouraging parents to use behavioural parent training with children with
conduct disorder.
- B70 **“How To Talk So Kids Will Listen & Listen so Kids Will Talk”** – Adele Faber & Elaine Mazlish
A sensible guide and effective communication with your children. Using logical approaches
to common problems Faber and Mazlish demonstrate how to improve relationships with
children, to make them less stressful and more rewarding.
- B71 **“How To Talk So Teens Will Listen & Listen so Teens Will Talk”** – Adele Faber & Elaine Mazlish
This book offers innovative suggestions that can be put into immediate action and practical
ways to build foundation for lasting relationships with your teenagers.
- B72 **Managing Pupil Behaviour** – Key Issues In Teaching and Learning – Terry Hayden
Why are some teachers better at managing pupil behaviour than others?
This book provides routes through the classroom management maze and will help practising
and aspiring teachers to learn to manage behaviour in the classroom.
- B73 **Working With Fathers – A Fatherhood Guide For Drug And Alcohol Services** –
Nicolay Sorensen & Rachel Nicholson – This booklet is aimed at workers and volunteers
engaging with families touched by substance use, and is a tool to help you work, support,
involve and engage fathers more effectively.
- B74 **Working With Muslim Fathers** – A Guide For Practitioners – Humera Khan
This guide offers an introduction to Muslim parenting, with a focus on fatherhood. It focuses
on the challenges and strengths of Muslim fatherhood in the UK, placing these in the
context of an Islamic faith based perspective. It will help agencies working with Muslim
communities to develop father – friendly services in line with the criteria in the Fatherhood
Quality Mark

Kirklees Parenting Support Service
Parenting Resources

Books

- B75 **Your Child Your Way** – Dr Tanya Byron
Be your own expert! - This book will give you tools to turn difficult behaviours around and help you develop confidence as a parent and an instinctive connection to what works for you and your child.
- B76 **Every Step Counts** – Building a healthy stepfamily - Christine and Tony Tufnell
Taking a positive yet realistic approach this book uses a range of real-life scenarios and questions to help readers address the issues of becoming a step parent and family
- B77 **Creative Therapy** – Activities with Children and Adolescents Angela Hobday and Kate Ollier
Containing over 100 activities and variations which can be used in working with children, adolescents and families. The author's aim is to encourage creativity in therapy.
- B78 **Creative Therapy 2** – Working with Parents - Kate Ollier and Angela Hobday
A practical book which outlines ways of gaining rapport, working with parents and creating a useful resource of materials. It covers a wide range of children's problems and how parents can help them.
- B79 **Counselling Adolescents** – second edition - Kathryn Geldard and David Geldard
The book is an introduction to the specific issues associated with counselling adolescents.
- B80 **Counselling Children** – *A practical Introduction – Second edition*
Kathryn Geldard and David Geldard
Featuring over 30 photocopiable worksheets to use when helping children in specific area such as developing self-esteem or managing emotions.
- B81 **Teenage Parents Next Steps: Guidance for local Authorities and Primary Care Trusts**
Department for children, schools and families.
This document looks at how to improve outcomes for teenage parents in the here and now, but also has an eye to how better support for teenage parents will help to sustain much lower rates of teenage pregnancy in the future.
- B81a **Teenage Parents Next Steps: Guidance for local Authorities and Primary Care Trusts**
Department for children, schools and families.
This document looks at how to improve outcomes for teenage parents in the here and now, but also has an eye to how better support for teenage parents will help to sustain much lower rates of teenage pregnancy in the future.
- B82 **Positive Parenting – Managing your 8 – 12 year old**
Stockton-on-Tees Educational Psychology Service
A practical guide for parents on how to manage their children's behaviour.
- B83 **The Incredible Years – A trouble shooting guide for parents of children aged 3 – 8 -**
Carolyn Webster-Stratton (PhD)
A handbook to assist Parents to understand and cope with behavioural problems of children aged 3 – 8 years.
- B84 **The Good the Bad and the Irritating** - A practical approach for parents of children who are attention seeking - Dr Nigel Mellor
This book provides a unique, user friendly, practical guide to the perplexing problem of attention seeking.
- B85 **Child Development** – Birth to 8 years, an illustrated guide –
Carolyn Meggitt and Gerald Sunderland.
This book provides a guide to all the stages of a child's development from birth to eight years.

Kirklees Parenting Support Service
Parenting Resources

Books

- B86 **Helping Adolescents and Adults to Build Self-Esteem** – A photocopiable Resource Book
Deborah Plummer
The easy to use photocopiable activity sheets encourage participants to draw on existing skills and to develop new approaches to building confidence and feelings of self-worth. These materials can be used with groups or individuals and are suitable for use with adolescents and adults
- B87 **Shattered Lives** – Children who live with courage and dignity – Camila Batmanghelidjh
This book bears witness to the lives of children who have experienced abuse and neglect, and highlights the effects of early traumatic episodes. The author offers understanding for those baffled by these hard to reach children. This is a thought provoking book and is essential for all who work with children.
- B88 **Extreme parenting** – Parenting Your Child with a Chronic Illness – Sharon Dempsey
This book provides an in depth understanding of the path through chronic illness, illustrating the obvious effects on the child, but also the parents, siblings and family as a whole. This is suitable book for both parents and professionals alike.
- B89 **No More Stinking Thinking** – A workbook for teaching Children Positive Thinking. – Joann Altiero
An easy to use workbook for use by parents, teachers and therapists to teach children how to develop the cognitive skills and resilience that will help them cope with daily adversity. Using a fun way of applying to become a wizard this is an ideal tool the develop positive thinking skills.
- B90 **Cool Connections with Cognitive Behavioural Therapy** – Laurie Seiler
This is an engaging programme that provides cognitive behavioural therapy approach to positively modifying the everyday thoughts, feelings and behaviours of children and young people aged 9 -14, particularly those who are vulnerable or at risk. This programme is split in to 10 sessions with step by step games, exercise and handouts. This book should only be used by people who are trained in working with children.
- B91 **Understanding Street Drugs** – A handbook of substance Misuse for Parents, teachers and Other Professionals – Second Edition – David Emmett and Graeme Nice.
Providing a complete overview of the key facts and core issues surrounding substance misuse. This book is easy to use, interesting and informative for everyone working with young people and parents.
- B92 **Understanding Drug Issues** – A Photocopiable Resource Workbook of substance Misuse for Parents, teachers and Other Professionals – Second Edition – David Emmett and Graeme Nice.
18 practical exercises to help engage young people and help them look at key issues involved in substance misuse.
- B93 **Getting Wise to Drugs** – A resource for Teaching Children about drugs, dangerous Substances and Other Risky Situations - David Emmett and Graeme Nice.
This resource is designed to be used with children aged 8 – 12 with photocopiable material it features a comprehensive introduction to drugs, dangerous substances and other risky situations with 20 exercises covering knowledge and information, risk assessment, consequences and handling situations.
- B94 **Games for Groups** – Future Childcare Training Limited
This book contains helpful suggestions to create some fun and laughter within the group framework and can be used within most structured group[programmes
- B95 **The Esteem Builder's Workbook** - Future Childcare Training Limited
This book contains exercises to help build self esteem. These can be used with individualS, groups or as part of training professionals.

Kirklees Parenting Support Service
Parenting Resources

Books

- B96 **A Parent's Guide to Handling Children's Behaviour** - Future Childcare Training Limited
This guide is to help parents become aware of their parenting skills and provide techniques to help them manage children's behaviour effectively.
- B97 **A Parents Guide to Handling Teenage Behaviour** - Future Childcare Training Limited
This guide is to help parents become aware of their parenting skills and provide techniques to help them manage their teenager's behaviour effectively.
- B98 **A Parents Guide to Building Self Esteem** - Future Childcare Training Limited
This guide has been created as a guide to parents. It will help with identifying a loss of self esteem and give a structured approach to understanding children and the impact the world around them has on their self esteem.
- B99 **Supporting Parents with Learning Disabilities – Good Practice Guide easy read** – Valuing people
A good practice guide from the Government for parents with learning disabilities. This is produced in easy read format and gives advice and information to support parents the safe guard their children from harm and obtain support.
- B99a **Supporting Parents with Learning Disabilities – Good Practice Guide easy read** – Valuing people
A good practice guide from the Government for parents with learning disabilities. This is produced in easy read format and gives advice and information to support parents the safe guard their children from harm and obtain support.
- B99b **Supporting Parents with Learning Disabilities – Good Practice Guide easy read** – Valuing people
A good practice guide from the Government for parents with learning disabilities. This is produced in easy read format and gives advice and information to support parents the safe guard their children from harm and obtain support.
- B99c **Supporting Parents with Learning Disabilities – Good Practice Guide easy read** – Valuing people
A good practice guide from the Government for parents with learning disabilities. This is produced in easy read format and gives advice and information to support parents the safe guard their children from harm and obtain support.
- B99d **Supporting Parents with Learning Disabilities – Good Practice Guide easy read** – Valuing people
A good practice guide from the Government for parents with learning disabilities. This is produced in easy read format and gives advice and information to support parents the safe guard their children from harm and obtain support.
- B99e **Supporting Parents with Learning Disabilities – Good Practice Guide easy read** – Valuing people
A good practice guide from the Government for parents with learning disabilities. This is produced in easy read format and gives advice and information to support parents the safe guard their children from harm and obtain support.

Kirklees Parenting Support Service
Parenting Resources

Books

- B99f **Supporting Parents with Learning Disabilities – Good Practice Guide easy read – Valuing people**
A good practice guide from the Government for parents with learning disabilities. This is produced in easy read format and gives advice and information to support parents the safe guard their children from harm and obtain support.
- B99g **Supporting Parents with Learning Disabilities – Good Practice Guide easy read – Valuing people**
A good practice guide from the Government for parents with learning disabilities. This is produced in easy read format and gives advice and information to support parents the safe guard their children from harm and obtain support.
- B99h **Supporting Parents with Learning Disabilities – Good Practice Guide easy read – Valuing people**
A good practice guide from the Government for parents with learning disabilities. This is produced in easy read format and gives advice and information to support parents the safe guard their children from harm and obtain support.
- B100 **‘They said what’ – Jenny Morris –**
Some common myths about disabled parents and community care legislation.
This booklet is made up of a series of questions and answers which identify and explain common misconceptions about the assistance and equipment available to disabled parents to help them look after their children
- B101 **Planning a Baby, Contraction, Depression & Dogmatic Violence – Change**
Four booklets in easy read format for parents with a learning disabilities
- B102 **You and Your Little Child aged 1 – 5 - Change**
A guide to support parents of children aged 1 – 5 years, in pictures and easy words showing how to look after their children.
- B103 **Valuing People: A new strategy for learning disability for the 21st Century –**
Department of Health
A guidance for implantation groups on how to plan and work effectively with people with a learning disability
- B104 **The Court and Your Child: When social works get involved**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B104a **The Court and Your Child: When social works get involved**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B104b **The Court and Your Child: When social works get involved**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard

Kirklees Parenting Support Service
Parenting Resources

Books

- B104c **The Court and Your Child: When social works get involved**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B105 **The Court and Your Child : When Mum and Dad Split up –**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B105a **The Court and Your Child : When Mum and Dad Split up –**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B105b **The Court and Your Child : When Mum and Dad Split up –**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B105c **The Court and Your Child : When Mum and Dad Split up –**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B105d **The Court and Your Child : When Mum and Dad Split up –**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B105f **The Court and Your Child : When Mum and Dad Split up –**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B105g **The Court and Your Child : When Mum and Dad Split up –**
– David Hawkins Barrister and Sarah Jane Lynch Solicitor
A booklet in easy words and pictures to give advice to parents with learning disabilities or who find reading hard
- B106 **The Citizens Advice Guide To Your Rights** – Penguin Books
Whatever your question, this book will help you find the answer –Debt, benefits, your rights etc
- B107 **Working With Black Young People** – Trust for Study of Adolescence
The book charts the shifts in British social policy – recruitment, restriction, repatriation, multiculturalism and mainly now integration. It shows how, before meaningful work around integration and cohesion can begin, there must be greater understanding of the “realities” Black young people face.

Kirklees Parenting Support Service
Parenting Resources

Books

- B108 **Understanding Youth: Perspective, identities and practices** – Edited by Mary Jane Kehily
Drawing on recent research and the insights of young people, it provides a clear and comprehensive overview of youth in late modernity. This book adopts an interdisciplinary approach and presents complex issues in an accessible and interactive way.
- B109 **‘Everyone assumed it was an accident’** – Trust for the Study of Adolescence (TSA)
TSA guide to ‘planned’ teenage pregnancy for those working with young people
- B109a **‘Planned teenage pregnancy’** –Suzanne Cater and Lester Coleman
Perspective of young parents from disadvantaged backgrounds. This study explored the motivations for ‘planned’ teenage pregnancy among those facing poverty and disadvantage in England
- B110 **Working with disabled parents of teenagers** - Trust for the Study of Adolescence (TSA)
TSA guide for parenting practitioners and covers issues facing disabled parents of teenagers, reaching and engaging disabled parents, support young carers too, useful organisations and websites
- B111 **Parenting Young People – Black Families In Focus** - Trust for the Study of Adolescence (TSA)
This TSA guide was written for Black parents and those that work with them. It includes articles, information, advice, stories and sources of support for Black parents.
- B112 **Parenting Young People – Black Parents Speak Out** - Trust for the Study of Adolescence (TSA)
This TSA guide was written for Black parents by Black parents. It’s all about parents’ experience of having young people. It includes articles, information, advice, stories and sources of support for Black parents.
- B113 **Parenting Teenagers: Information and support for disabled parents** –
Trust for the Study of Adolescence (TSA)
This guide includes the relationship between disabled parents and teenagers, the challenges of being a single disabled parent, disabled parents and school, being with a parent with visual impairment, resources for young people and parents, useful organisations and websites.
- B114 **Talking About Alcohol** - Trust for the Study of Adolescence (TSA)
Information and support for the parents of young people - The purpose of the guide is to provide information for parents, and share parents’ worries, ideas and ‘hints and tips’. The main aim is to help young people and parents to communicate effectively about alcohol, in order to keep young people safe.
- B115 **Supporting Young Fathers, Examples of Promising Practice** –
Trust for the Study of Adolescence
This book offers an excellent opportunity to see how young fathers’ projects and other agencies delivering services to young fathers from around England have approached their work with young men.
- B116 **Curriculum toolkit – Young men understanding fatherhood** – UK Youth
This toolkit sets out how to work with young men in order to find new ways to engage them in exploring their futures and in particular the types of relationships they would like to have with their partners, peers and children.

Kirklees Parenting Support Service
Parenting Resources

Books

- B117 **Becoming Adult: Changing Youth Transitions in the 21st Century -**
Trust for the Study of Adolescence
This book is aimed to improve the understanding of ways in which young people aged 16-25 make the transition to adult life and to identify the kinds of support and resources they need to become effective citizens of the 21st century.
- B118 **Anger Management Games for Children-** Deborah m. Plummer
The handbook helps adults to understand, manage and reflect constructively on children's anger. Featuring easy-to-learn games, it is designed to foster successful anger management strategies for children aged 5-12
- B119 **Next Steps in Parenting the Child Who Hurts – Tykes and Teens –** Caroline Archer
Accessible account of contemporary research and theory on the effects of trauma in infancy and childhood, along with a wealth of tested ideas, approaches and techniques for living and working effectively with children who have suffered such trauma.
- B120 **Get Out of My Life –** But first take me and Alex into town - Tony Wolf and Suzanne Franks
A Survival manual for parents who find themselves marooned among volatile and incomprehensible aliens on Planet Teen. Looking at school, sex, drugs and more.
- B121 **Bringing Up Boys –** Dr. James Dobson
Practical advice and encouragement for those shaping the next generation of men.
- B122 **Supporting Young Parents –** Elaine Chase, Ian Warwick, Abigail Knight and Peter Aggleton
Pregnancy and Parenthood among Young People from Care.
This book looks at early pregnancy and parenthood from the perspectives of young men and women living in care.
- B123 **The Child's World – Assessing Child in Need –** Jan Horwath
Written for professionals involved in the assessment of children in need, this book looks at the policy framework for assessment and the process of assessment as well as how to assess the development needs of children and their parents, and family's capacity to meet those needs.
- B124 **What works for parents with learning disabilities? –** Sue McGaw & Tony Newman
The book explores the delicacy of balancing their rights and responsibilities of parents with learning disabilities with the welfare of their children.

Kirklees Parenting Support Service
Parenting Resources

Videos

- V1 **Bridging The Gap** - Video + Booklet
A 12 minute video offering an amusing and thought provoking guide to the communication difficulties which can arise between parents and their teenage children. Suitable for use as part of a parenting course to stimulate discussion and also for viewing by parents at home, with or without teenage children. By Leeds Animation Workshop
- V1a **Bridging The Gap** - Video + Booklet
A 12 minute video offering an amusing and thought provoking guide to the communication difficulties which can arise between parents and their teenage children. Suitable for use as part of a parenting course to stimulate discussion and also for viewing by parents at home, with or without teenage children. By Leeds Animation Workshop
- V1b **Bridging The Gap**
A 12 minute video offering an amusing and thought provoking guide to the communication difficulties which can arise between parents and their teenage children. Suitable for use as part of a parenting course to stimulate discussion and also for viewing by parents at home, with or without teenage children. By Leeds Animation Workshop
- V1c **Bridging The Gap**
A 12 minute video offering an amusing and thought provoking guide to the communication difficulties which can arise between parents and their teenage children. Suitable for use as part of a parenting course to stimulate discussion and also for viewing by parents at home, with or without teenage children. By Leeds Animation Workshop
- V2 **Joined-Up Families A** resource booklet and video about parenting in Stepfamilies.
- V2a **Joined-Up Families A** resource booklet and video about parenting in Stepfamilies.
- V2b **Joined-Up Families A** resource booklet and video about parenting in Stepfamilies.
- V3 **DADS INSIDE AND OUT** - A film designed for prisoners and their families, in groups or at home. It also provides a resource for professionals and volunteers, and a way of raising awareness and starting discussion in education, training or conferences for those working with prisoners and their families.
- V4 **One in Five** - a video for parents and carers -
This video highlights the important role which all families play in their child's education. It explains the ways in which parents and schools can work together to support children who may have special educational needs, and sets out what will happen when a formal assessment is made.
- V4a **One in Five** - a video for parents and carers -
This video highlights the important role which all families play in their child's education. It explains the ways in which parents and schools can work together to support children who may have special educational needs, and sets out what will happen when a formal assessment is made.

Kirklees Parenting Support Service
Parenting Resources

Videos

- V5 **One in Five - a video for parents and carers – in Urdu**
This video highlights the important role which all families play in their child's education. It explains the ways in which parents and schools can work together to support children who may have special educational needs, and sets out what will happen when a formal assessment is made.
- V6 **One in Five - a video for parents and carers – with subtitles**
This video highlights the important role which all families play in their child's education. It explains the ways in which parents and schools can work together to support children who may have special educational needs, and sets out what will happen when a formal assessment is made.
- V7 **From Breakfast to Bedtime – helping you and your children through the day – video and booklet.**
- V7a **From Breakfast to Bedtime – helping you and your children through the day – video and booklet.**
- V8 **Circle Of Support – What Can I Do To Help?** This 60 minute videotape helps others to understand the problems a family faces while living with a child suffering from **Reactive Attachment Disorder**.
- V9 **Rebuilding the Broken Bond – a two videotape set for people living and working with children suffering from Reactive Attachment Disorder – Tape 1**
- V9a **Rebuilding the Broken Bond – a two videotape set for people living and working with children suffering from Reactive Attachment Disorder – Tape 2**
- V10 **A Good Start with Reading – Families make a difference video.**
- V11 **Living in Harmony - A starting point for discussion on family and parenting issues – video (48 minutes) and booklet containing 30 sketches.**
- V12 **7 EXCERPTS VIDEO – fun but relevant to working with parents!**
- V12a **7 EXCERPTS VIDEO – fun but relevant to working with parents!**
- V13 **Save a Life – a quick and easy video guide to First Aid.**
- V14 **The Social Baby –**
A video based on the development of infant communication. To help both parents and professionals relate more sensitively and responsively to babies needs.
- V15 **Dads & Lads – Playing For Time**
A video Sharing ideas and memories from the project encouraging carers to share activities with their sons and daughters.
- V16 **Parenting Wisely – Young Children – Part 1 of 2**
This shows three scenarios in which children aged 3 - 5, don't comply when they are told to do something. Effective and non-effective methods, routinely used by parents to deal with these challenges, are shown and critiqued.
- V16 a **Parenting Wisely – Young Children – Part 2 of 2**
This shows four scenarios in which children aged 6 - 9, depicting common parenting challenges. Effective and non-effective methods, routinely used by parents to deal with these challenges, are shown and critiqued.

Kirklees Parenting Support Service
Parenting Resources

Videos

- V17 **Parenting Wisely – Teenagers – Volume 1 of 3**
This shows three scenarios to illustrate the challenges families face in teenage years. Parents demonstrate how to resolve these challenges.
- V17a **Parenting Wisely – Teenagers – Volume 2 of 3**
Three scenarios depicting parents and teenagers working through conflict together.
- V17b **Parenting Wisely – Teenagers – Volume 3 of 3**
Three scenarios demonstrating how parents can effectively resolve conflict.
- V18 **Bully for you – Kirklees Advisory Service**
A video for interactive classroom sessions to raise awareness of different types of bullying and what to do about it.
- V19 **A little Bit Of respect - Trust for the Study of Adolescence**
The purpose of the video is to provide learning material for parents and professionals. The focus is on what young people want from the adults around them and deals specifically with support, assistance and help.

Kirklees Parenting Support Service
Parenting Resources

DVD

- DVD1 **The Human Body** – a DVD showing the making of The Incredible Journey From Birth To Death
– presented by Robert Winston.
- DVD1a **The Human Body** – a DVD showing the original series The Incredible Journey From Birth To Death
– presented by Robert Winston.
- DVD2 **Descriptive Praise** - Noel Janis-Norton
CD looking at and using positive praise.
- DVD3 **Importance of Play** – Kirklees Metropolitan Council - Extended Learning.
How play can make a difference to your child's achievement and enjoyment.

By Extended Learning in partnership with Manorfield I & N school and Kirkroyds Infant School
- DVD4 **Just One More** - Young Voice
Parental alcohol misuse is often hidden, young people do not like people talking about their parents, are protective towards them and their drinking is often a source of shame. This DVD brings out the issue of teenagers becoming young carers because they hide the fact that their parents misuse alcohol.
- DVD5 **Crossing The Line** – Kirklees Safer Communities Partnership and KGB Productions Ltd
This resource is a hard hitting and uncompromising drug education package, with real life interviews and reconstructions which combing in a compiling way to tell the stories of former heroin and crack cocaine users. The DVD is intended for audiences 14 (key stage 4) and over and should be used in conjunction with the lesson plans and extension resources provided. Including pack of resources.
- DVD6 **AA Adolescents Anonymous** - Kirklees Safer Communities Partnership and KGB Productions Ltd
Three friends, three stories one drug – Alcohol. It is a dramatic and moving portrayal of the effects of alcohol on three young people at different times in their lives. The DVD and lesson plans and designed to be used with years 7.8 & 9. Including pack of resources
- DVD7 **Our Lives – CHANGE + Good Practise Guidance** – by CHANGE
A Dvd about the lives of parents with learning disabilities. A power full dvd using true stories and acted out by workers at CHANGE. To be used with the Good Practice Guide.

Kirklees Parenting Support Service
Parenting Resources

CDROM - (Interactive)

- CDR1 **Billy Breaks the Rules** –
A CDROM featuring problems, options and consequences in a family situation. Helps children talk about behavioural issues in family settings.
- CDR2 **Parenting Snakes & Ladders** –
An interactive (CDROM) Social Learning Game, covering 5 developmental stages with 75 parenting problems, 75 health and development questions, 42 general talkabout topics and over 1000 voice clips.
- CDR3 **CHANGE – Picture Bank CD Rom and Book** – published by CHANGE
Over 500 pictures to make your information easier to understand. Covering several topics including people and places. A great way of engaging with parents with a learning disability or people with who have English as a second language.

Audio Tapes

- A1 [Spare](#)
- A2 **Healing Trust** - Rebuilding the Broken Bond – for the child with **Reactive Attachment Disorder** – a pack of 2 audio tapes
- A3 **RELAXATION AUDIO TAPE** – Tape to use to help with relaxation
- A4 **Positive Discipline:** What to do when your child says no – Noel Janis-Norton
Tape looking at and using positive discipline.
- A5 **Reflective Listening-** Understanding your child - Noel Janis-Norton
Tape looking at and using reflective listening.

Kirklees Parenting Support Service
Parenting Resources

Resource Bank Loan Scheme

This selection of parenting resources is kept at 37 Northorpe Lane, Mirfield – Tel 01924 326628.

Opening times are 09.30 - 16.30 by appointment only. You are advised to telephone the above number before you visit, to check that what you want to see/borrow is available and to make an appointment.

Loans can be made for the length of time required by you to set up and deliver a parenting course – **please do not borrow more than 6 items at the same time.** You will be asked to say approximately how long you wish to keep the item.

No charge is made to professionals and interested parents within the Kirklees area to borrow these excellent resources - please return the resources by the agreed time.

Please note a charge may apply if items are lost or not returned.

The resource room has a sitting area for you to look at the resources in comfort. Writing materials are available and there is a television/video/DVD to enable you to look at the parenting materials if necessary.

Please ensure that all items borrowed are booked out with our staff before taking them away.

Upon returning the materials we welcome feedback on each resource borrowed – easy to use forms are available for this.

By “parents” we mean anyone in the role of caring for children. This includes mothers, fathers, step-parents, lone parents, parents who don't live with their children, grandparents, other family members and both adoptive and foster parents.

Recommendations

We are constantly buying new resources and will send out an updated list on request. If you know of any resource not currently in the bank, but which you would recommend, could you please send details to: -

Kirklees Parenting Support Service
47 Northorpe Lane
Mirfield
WF14 0QL

Tel: 01924 326628

e mail: info.parentingsupport@kirklees.gov.uk