



## Walk 1: From Rawthorpe to Moldgreen and back

**Duration:** 30 mins approx.

**Start point:** St. James Church & Parish Centre, near Rawthorpe Lane.

From St. James Church & Parish Centre walk along Rawthorpe Lane towards Moldgreen. Upon reaching the Rawthorpe Infant School turn left onto Ridgeway. Proceed downhill taking the first right onto Longfield Avenue. After approximately 600 metres Longfield Avenue reaches a crossroads at Long Lane, marked by a fish and chip shop.

Go straight across Long Lane onto Grand Cross Road, and take the first right turn (Ingfield Avenue). At the end of Ingfield Avenue turn right onto Standiforth Road and after a short distance emerge onto Broad Lane at Moldgreen.

Turn right onto Broad Lane and shortly after the Jolly Sailor Pub bear left onto Carr Green Lane as it heads uphill. Follow the road as it curves to the right and passes the entrance to Rawthorpe Junior School. Continue along this road (Rawthorpe Lane) for approximately 800 metres until the start point at St. James Church & Parish Centre is reached.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.



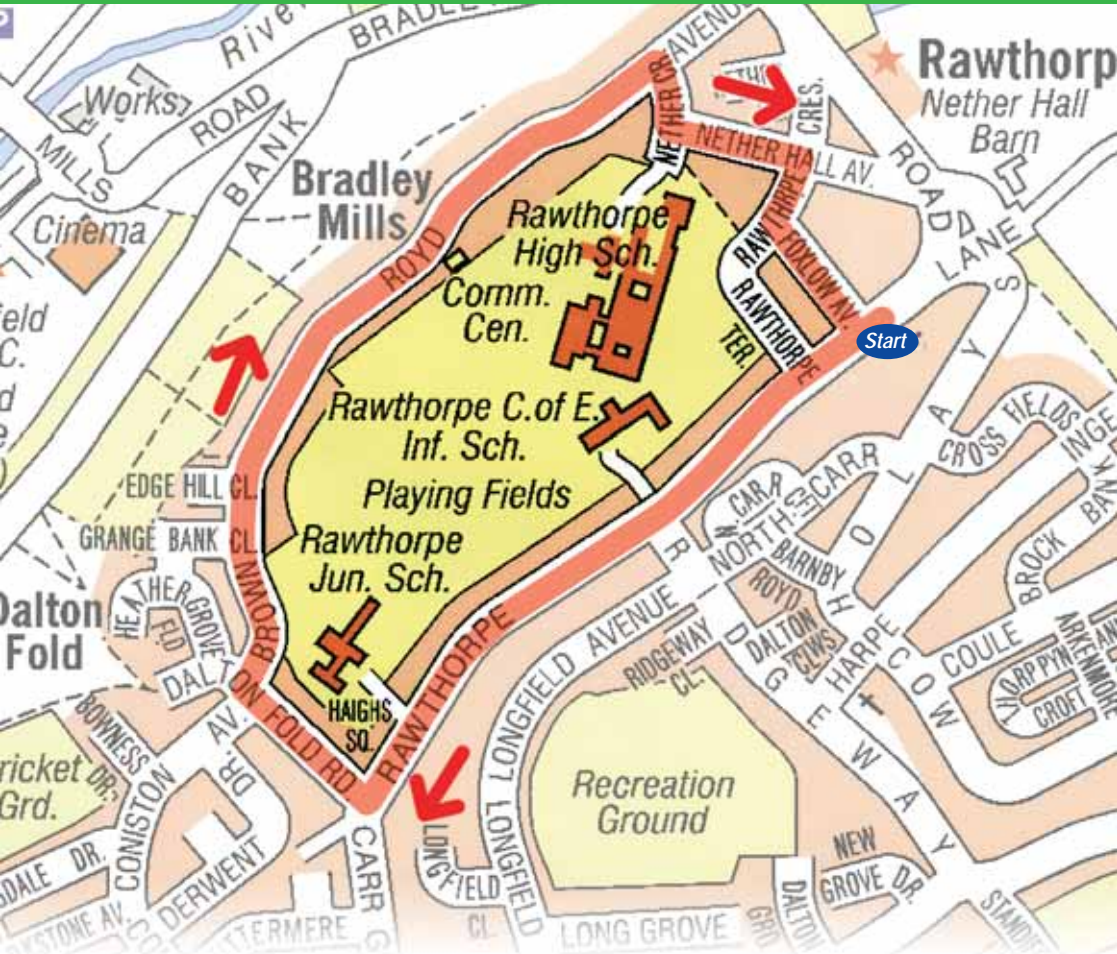
**Surface quality - A: Smooth: Tarmac, paving or similar**  
**Gradient - 2: Quite gentle: Up to 1:16**

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.

# Dalton & Rawthorpe Pathways to Health

## Walk 2: A circuit of three schools

30 mins approx



## Walk 2: A circuit of three schools

**Duration:** 30 mins approx.

**Start point:** St. James Church & Parish Centre, near Rawthorpe Lane.

From St. James Church & Parish Centre walk along Rawthorpe Lane towards Moldgreen. Walk past the entrance to Rawthorpe Infant School on the right. Continue along the lane and just after Rawthorpe Junior School (also on the right), turn right into Dalton Fold Road.

Follow Dalton Fold Road it heads slightly uphill, bearing right onto Brown Royd Avenue. Walk along Brown Royd Avenue for approximately 800 metres to the junction with the first road on the right (Nether Crescent). Walk along Nether Crescent towards Rawthorpe High School, then turn left and head downhill along Nether Hall Avenue.

Upon reaching the crossroads take a right turn onto Rawthorpe Crescent and shortly afterwards left along Foxlow Avenue. Carefully cross Rawthorpe Lane and return to the start point at St. James Church & Parish Centre.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.



**Surface quality - A: Smooth: Tarmac, paving or similar**  
**Gradient - 2: Quite gentle: Up to 1:16**

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## Walk 3: A short, medium or longer Dalton loop

**Duration:** 25, 30 or 50 mins approx.

**Start point:** DRAM Sports & Community Centre, Ridgeway.

Leave the DRAM Centre, cross Ridgeway and follow Harpe Inge downhill to the end. Pass through a green gate and bear to the right, going uphill towards an electricity pylon. Join a small path, pass through another green gate and between some bungalows to emerge on Cow Heys.

**Short loop** - turn right and head slightly uphill following Cows Heys back to Harpe Inge. At the crossroads turn left to return to the DRAM Centre.

For the medium or longer options walk on to Long Lane and turn right.

**Medium loop** - continue past Tesco Express turning right upon reaching the junction with Ridgeway. Return to the DRAM Centre.

**Longer loop** - turn left at Tesco Express onto Tolson Crescent. Where the road bends to the left look for four steps leading to a path on the right. Follow this path passing between the sports field on the left and playground/car park on right to emerge on Grosvenor Road. From here turn right, passing a school and then a telephone box. At this point look carefully for lamppost numbered 18 and an ivy covered wall marking a path on the right between houses. Follow this path as it continues between green railings and a wooden fence and then along a track to eventually emerge on Long Lane opposite Ridgeway. Carefully cross the road and return along Ridgeway to the DRAM Centre.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.



**Surface Quality - C: Uneven: Less compact stones, occasional ruts and stones**

**Gradient - 2: Quite Gentle: Up to 1:16**

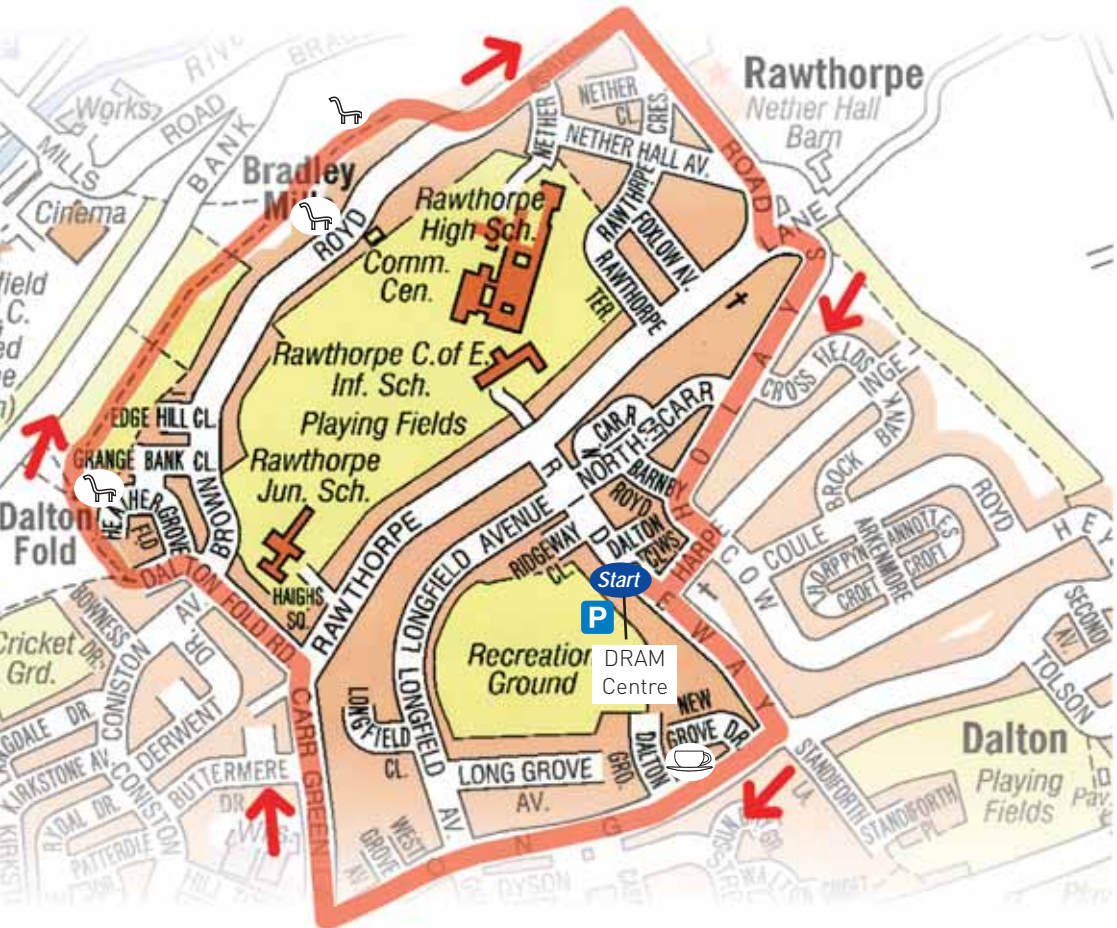
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# Dalton & Rawthorpe Pathways to Health

## Walk 4: A Dalton & Rawthorpe ramble

60 mins approx



-  Refreshments
-  Seating
-  Parking



## Walk 4: A Dalton & Rawthorpe ramble

**Duration:** 60 mins approx.

**Start point:** DRAM Sports and Community Centre, Ridgeway.

From the Dram centre turn right along Ridgeway towards Long Lane. At the T-junction turn right again, walking gradually uphill for approximately 500 metres. Upon reaching the food store/off licence on the right hand side turn immediately right into Carr Green Lane.

Walk along Carr Green Lane and where the road bends to the right take the left turning onto Dalton Fold Road. Walk slightly uphill ignoring roads on the right and left and continue along Dalton Fold Road which becomes rougher and unmade.

Look for a narrow dirt path on the right and follow this as it descends to a set of steps made from logs. Halfway down the steps turn right at a wooden post. Pass a metal bench and continue towards a plantation of trees where the path has been improved. Where the path emerges from the trees continue along the improved path across the hillside passing another bench. Staying on the path, walk through another small wooded area and a small field. Look for a yellow barrier, pass through this and emerge onto Brown Royd Avenue.

Turn left and walk downhill. At the T-junction turn right passing a row of shops and continue until you reach The Dalton pub. Follow Holays as it passes to the left and heads steeply downhill behind the pub. Continue steadily downhill to a crossroads turning right onto Harpe Inge and the short uphill back to the Ridgeway and the DRAM Centre.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.



**Surface Quality - C: Uneven: Less compact stones, occasional ruts and stones.**

**Gradient - 3: Fairly steep: Up to 1:12**

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