



## Walk 1: Dark Lane

**Duration:** 30 mins approx.

**Start point:** Ambry's Café, Northgate.

Walk along Northgate in the direction of Fenay Lane, crossing over the road towards the junction with St. Helen's Gate. Proceed downhill on St. Helen's Gate taking the first turning on the left, Dark Lane.

Walk the length of Dark Lane until reaching the junction with Birks Lane. Bear left onto Birks Lane, rounding the left hand bend and heading uphill to eventually meet Fenay Lane. Look for the start of a footpath with some metal barriers slightly uphill on the opposite side of Fenay Lane. Carefully cross over the road, pass through the metal barriers and follow the footpath to Fenay Crescent.

Continue along Fenay Crescent and take a small footpath between house numbers 8 and 10 on the left hand side of the road. Where this path emerges on Jessop Avenue turn right and then immediately left onto Dartmouth Avenue.

At the top of the cul-de-sac follow another small footpath, this time between house numbers 1 and 2, to emerge onto Thorpe Lane. From this point turn left and walk uphill to the junction with Northgate. Upon reaching Northgate turn left again to return to Ambry's café in approximately 150 metres.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

**Surface quality - A: Smooth: Tarmac, paving or similar**

**Gradient - 3: Fairly steep: Up to 1:12**

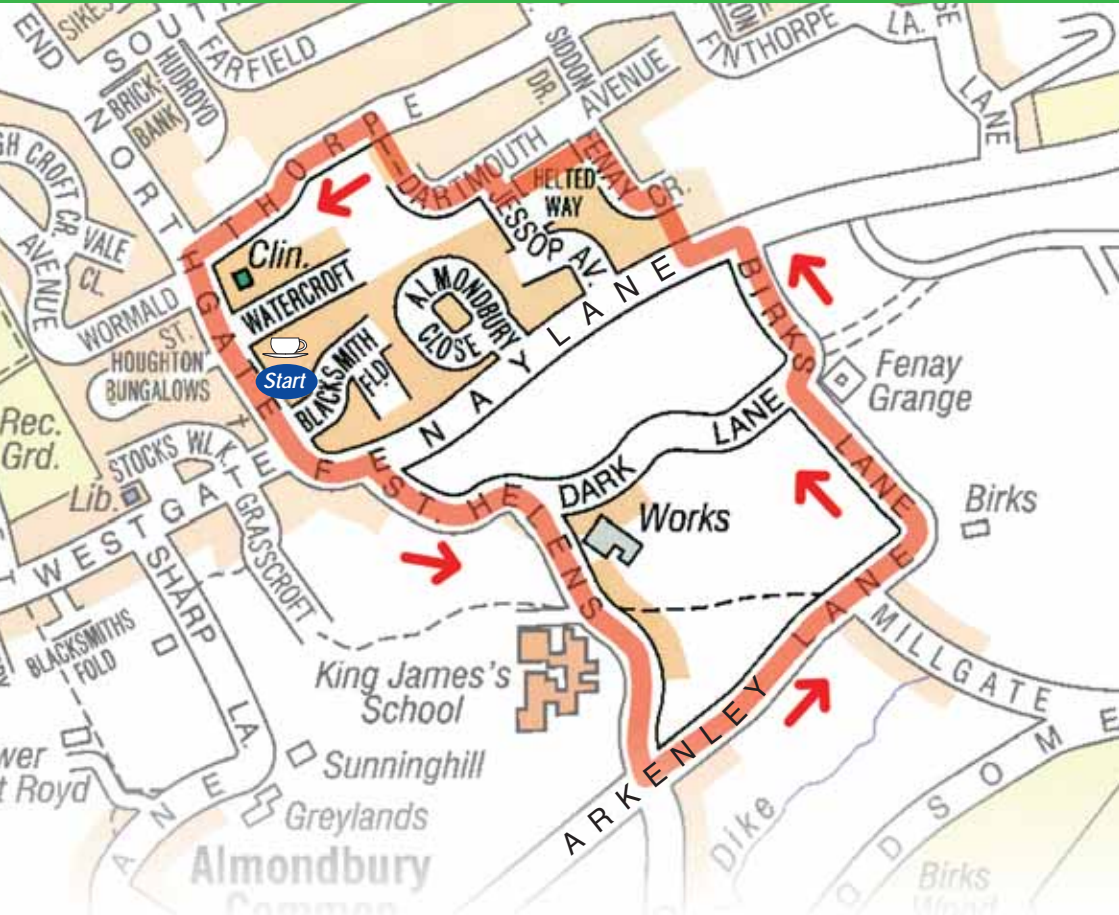
For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.

# Almondbury Pathways to Health

## Walk 2: King James' School & Arkenley Lane

40 mins approx

Path type: A3



 Refreshments



## Walk 2: King James' School & Arkenley Lane

**Duration:** 40 mins approx.

**Start point:** Ambry's Café, Northgate.

Walk along Northgate in the direction of Fenay Lane, crossing over the road towards the junction with St. Helen's Gate. Proceed downhill on St. Helen's Gate passing King James' School on the right.

Upon reaching the crossroads turn left onto Arkenley Lane and continue as it becomes Birks Lane at the corner by Birks Farm. Proceed uphill, to eventually meet Fenay Lane. Look for the start of a footpath with some metal barriers slightly uphill on the opposite side of Fenay Lane. Carefully cross over the road, pass through the metal barriers and follow the footpath to Fenay Crescent.

Continue along Fenay Crescent and take a small footpath between house numbers 8 and 10 on the left hand side of the road. Where this path emerges on Jessop Avenue turn right and then immediately left onto Dartmouth Avenue.

At the top of the cul-de-sac follow another small footpath, this time between house numbers 1 and 2, to emerge onto Thorpe Lane. From this point turn left and walk uphill to the junction with Northgate. Upon reaching Northgate turn left again to return to Ambry's café in approximately 150 metres.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

**Surface Quality - A: Smooth: Tarmac, paving or similar**

**Gradient - 3: Fairly Steep: Up to 1:12**

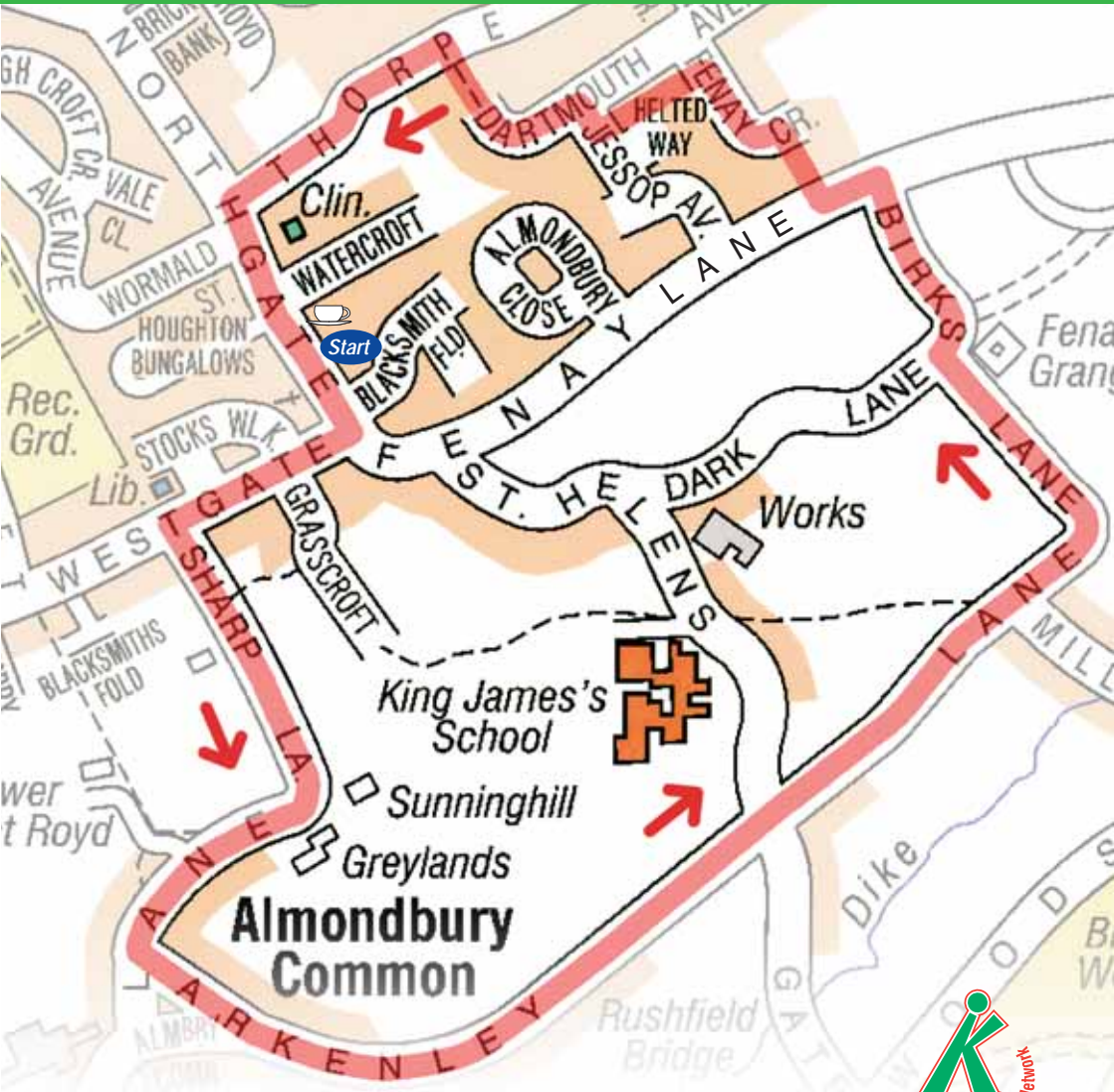
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# Almondbury Pathways to Health

## Walk 3: Sharp Lane & the Woodsome Valley

60 mins approx

Path type: A3



 Refreshments



## Walk 3: Sharp Lane & the Woodsome Valley

**Duration:** 60 mins approx.

**Start point:** Ambry's Café, Northgate.

Walk along Northgate towards the church, bearing left at the war memorial onto Westgate. Pass the Conservative Club and Woolpack pub on the left before reaching the junction with Sharp Lane. Turn left here and follow Sharp Lane downhill, turning left once again onto Arkenley Lane at Almondbury Common.

Walk along Arkenley Lane passing King James' School playing fields on the left. At the crossroads proceed straight on passing Birks Farm on a left hand corner. The road now becomes Birks Lane and heads uphill to eventually meet Fenay Lane. Carefully cross the road here and follow the footpath nearly opposite, passing through the metal barriers and onto Fenay Crescent.

Continue along Fenay Crescent and take a small footpath between house numbers 8 and 10 on the left hand side of the road. Where this path emerges on Jessop Avenue turn right and then immediately left onto Dartmouth Avenue.

At the top of the cul-de-sac follow another small footpath, this time between house numbers 1 and 2, to emerge onto Thorpe Lane. From this point turn left, and walk uphill to the junction with Northgate. Upon reaching Northgate turn left again to return to Ambry's café in approximately 150 metres.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

**Surface Quality - A: Smooth: Tarmac, paving or similar**

**Gradient - 3: Fairly Steep: Up to 1:12**

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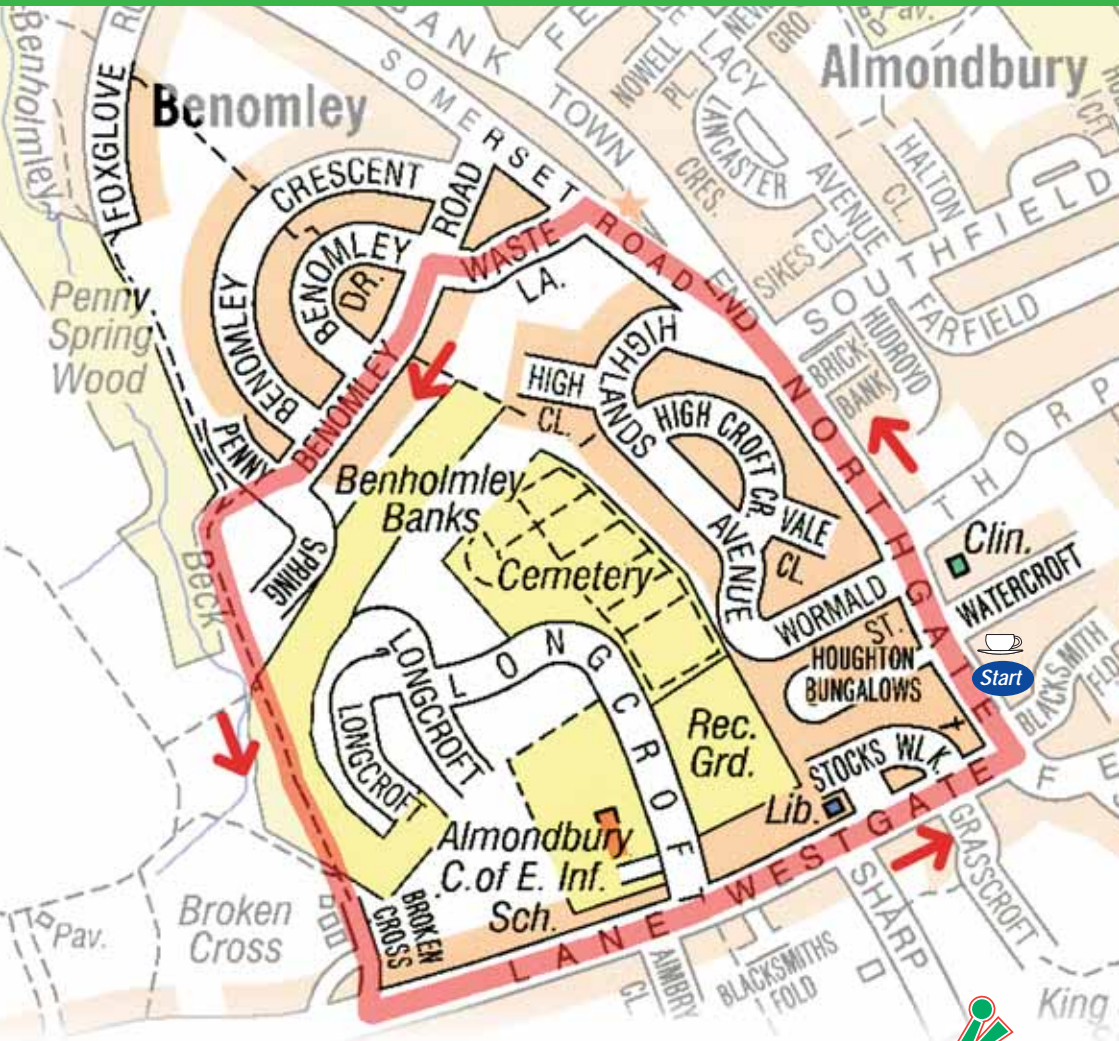


# Almondbury Pathways to Health

## Walk 4: Penny Spring Wood & Broken Cross

60 mins approx

Path type: C3



 Refreshments



## Walk 4: Penny Spring Wood & Broken Cross

**Duration:** 60 mins approx.

**Start point:** Ambry's Café, Northgate.

Start by walking along Northgate towards Somerset Road. Upon reaching Somerset Road continue downhill and after approximately 150 metres look for a footpath sign on the left next to some newly built apartments. Follow this footpath, shown on the map as Waste Lane, as it curves gradually round to the right and meets Benomley Road.

Turn left onto Benomley Road and continue slightly uphill, heading straight on past a "No Through Road" sign. At the T-junction turn right and then immediately look for a broad tarmac footpath signed between houses on the left. Upon reaching a T-junction of paths turn left to continue slightly uphill with houses on your left and Penny Spring Wood on your right. Take care as this path may become muddy and slippery in wet conditions.

Pass through a stile as the path gradually emerges from the woods and crosses an open field. Continue straight ahead ignoring turnings to the left, passing through a second stile and up to the small collection of houses at Broken Cross. From here the path becomes wider and emerges onto Kaye Lane. At this point turn left and begin the walk back towards Almondbury centre.

Upon reaching the war memorial on the corner of Westgate and Northgate bear left and return to Ambry's Cafe in approximately 100 metres.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

**Surface Quality - C: Uneven: Less compact stones, occasional ruts and stones**

**Gradient - 3: Fairly Steep: Up to 1:12**

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