

Employment and training

Getting into work or returning to work, if you have a mental health need, can be daunting but there are many ways to take small positive steps towards employment. These include the supported employment and training opportunities offered in this chapter, but also the learning opportunities in the next chapter.

JobCentre Plus Disability Employment Advisors (DEAs)

The JobCentre Plus provide Disability Employment Advisors (DEAs) to support people with disabilities and mental health issues into work or training for work. The DEA can help you access a range of support services, training and work preparation, including:

- The Work Programme
- Workchoice
- Get Britain Working
- Incapacity Benefit Reassessment



Employment Advice

Jobcentre Plus can help you if your health or disability affects the way you do your job. It gives you and your employer advice and support with extra costs you may have because of your needs.

You may be able to get advice if you are in a paid job, unemployed and about to start a job or self-employed and you feel that the type of work you do is affected by a disability or health condition that is likely to last for 12 months or more. Contact your local JobCentre Plus for more information.

Huddersfield Jobcentre Plus

Castle House
Market Street
Huddersfield
HD1 2NE

Tel: 01484 228 000

Batley Jobcentre Plus

26 Wellington Street
Batley
WF17 5HZ

Tel: 01924 328 328

Dewsbury Jobcentre Plus

Crown Buildings
Rishworth Road
Dewsbury
WF12 8EF

Tel: 01924 436 800

Spennings Valley Jobcentre Plus

411 Bradford Road
Liversedge
WF15 6DD

Tel: 01924 328 400

Better Health at Work

Better Health at Work is a partnership initiative in Kirklees to help local businesses improve their health and safety environment, including the mental health and wellbeing of employees.

The Better Health at Work team support employers to work with their employees who have mental health issues, such as stress and depression, which is caused by or affecting their work.

The advisors are able to use therapeutic techniques to improve the employees confidence, offer advice when dealing with the employer and help them understand what they can expect their employers to do for them to help their mental health at work.

The team also work with employers to improve the general health and well being of their employees, looking at issues like food, physical activity, alcohol and smoking, all of which are known to affect mental health.

Tel: 01484 416 778

Email: env.betterhealth@kirklees.gov.uk



Careers 4 Adults

Careers 4 Adults is an information, advice and guidance service covering a wide range of issues relating to employment, education and training. They can help with CV writing and interview skills and a full careers library is available for public use. Drop-in sessions are also available for quick enquiries from Monday to Friday 10am to 12.30pm.

Dewsbury Careers Centre

Connexions West Yorkshire
Railway Street
Dewsbury
WF12 8ED

Tel: 01924 324 200

Email: learningline@ckcareers.org.uk

Web: www.workabout.org.uk

Huddersfield Connexions Centre

24 High Street
Huddersfield
HD1 2LR

Tel: 01484 226 800

Email: learningline@ckcareers.org.uk

Web: www.workabout.org.uk

Learningline

Learningline is a freephone helpline for information and advice on careers, education and training. It is available to people of all ages and it is open from Monday to Friday, 9am to 5pm.

Tel: 0800 5979 979

Email: learningline@ckcareers.org.uk

Web: www.workabout.org.uk



Lifeline Kirklees

Lifeline Kirklees offer a range of services to help people return to work. These include support with CV writing, job hunting facilities and information on the other services available across Kirklees. A work officer at Lifeline Kirklees is available to support people as they progress through various work preparation activities. This includes any return-to-work courses and the officer can also provide funding for expenses, such as travel costs when going for interviews.

Lifeline Kirklees (Dewsbury)
3 Wellington Street
Dewsbury
WF13 1LY

Tel: 01924 438 383
Web: www.lifeline.org.uk

Kirklees Employment Service – by Mental Health Matters

The service is available to anybody living in Kirklees experiencing or recovering from mental health difficulties. It works with both service users and employers to provide appropriate skills development, training, work experience and in-work support. The scheme helps you join the workforce for the first time, rejoin after a period of absence, retrain in the career of your choice or retain a current job. The support on offer includes:

- help with job search
- CV preparation
- improving interview techniques
- vocational planning

The service can also help people who want a work 'taster' by finding work placement and voluntary opportunities.

Mental Health Matters
Hudawi Cultural Centre
Great Northern Street
Huddersfield
HD1 6BG

Tel: 01484 516 355
Mobile: 07590 224 545
Email: kirklees@mentalhealthmatters.co.uk
Web: www.mentalhealthmatters.com

Pathways day opportunities employment support

As well as offering a wide range of day opportunities to people experiencing mental health conditions, Pathways also supports people to develop their work skills and move into employment. As part of their personal development plan, people who go to Pathways can choose to set themselves work goals and get support to achieve them. To contact Pathways, see p.34



Pay and employment rights

This service offers advice and information on pay and employment rights.

Pay and employment rights
Field House
15 Wellington Road
Dewsbury
WF13 1HF

Tel: 01924 428 033
Email: admin@pers.org.uk
Web: www.pers.org.uk

Positive Action Training

Positive Action Training is the Kirklees Council scheme to boost the number of employees from black and ethnic minority communities, people with disabilities and people with mental health issues. The placements are advertised usually around April each year and last for two years. During that time people gain a mix of practical work experience, training and sometimes study toward a qualification, so that at the end of the programme they are better able to compete for jobs in the Council.

Positive Action Training
Employment Agency
1st Floor
Deighton Centre
Deighton Road
Huddersfield
HD2 1JP

Tel: 01484 225 093
Email: siraj.mayet@kirklees.gov.uk
Web: www.kirklees.gov.uk/answers/employment-training/positive-training.shtml



Remploy

Remploy offer sheltered employment and training for people with disabilities or mental health issues who want to return to work.

Remploy
The Media Centre
7 Northumberland Street
Huddersfield
HD1 1RL

Tel: 01484 483 122
Web: www.remploy.co.uk



The Shaw Trust

Shaw Trust is a national charity which supports disabled and disadvantaged people to prepare for work, find jobs and live more independently.

They work with local authorities, health and many other organisations and deliver Work Choice – a government supported employment programme designed specifically for people who due to their disability, may find it difficult to find or keep a job.

Work Choice enables people to find and retain work by identifying their needs and providing the necessary support to fit their requirements. It is often the stepping stone into full unsupported employment for many people. Working alongside other organisations they work to ensure you get the best support available to help you with training and to find a job.

Shaw Trust works closely with many employers to support their recruitment needs and to help people find the type of work which suits them.

Shaw Trust
3rd Floor
Bull Ring House
23 Northgate
Wakefield
WF1 3BJ

Tel: 01924 374 188
Web: www.shaw-trust.org.uk

Progress2work LinkUP

This scheme supports people affected by drugs and alcohol, convictions or homelessness to access training or work opportunities.

Progress2work LinkUP
1a Lord Street
Huddersfield
HD1 1QH

Tel: 07739 983 065
Email: karenp2w@live.co.uk

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“ Rise above the storm and you will find the sunshine. ”

Mario Fernandez
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Volunteering Kirklees

Doing voluntary work can be a positive step towards paid employment. It provides the opportunity to gain new experiences, build a routine of activity and develop skills that will be useful if you are thinking about moving toward work.

Volunteering Kirklees
15 Lord Street
Huddersfield, HD1 1QB

Tel: 01484 226 608 or 518 457
Email: vk@voluntaryactionkirklees.co.uk

Worklink

Worklink is a Kirklees Council employment service that helps people with a disability or health related problem (including a mental health condition) to find employment, training and work experience.

Worklink Huddersfield

Corporate Human Resources Service
5 Silver Court
Wakefield Road
Huddersfield
HD5 9AG

Tel: 01484 223 520
Email: worklink@kirklees.gov.uk
Web: www.kirklees.gov.uk/worklink

Worklink Batley

Corporate Human Resources Service
Batley Resource Centre
90 Commercial Street
Batley
WF17 5DS

Tel: 01924 326 035
Email: worklink@kirklees.gov.uk
Web: www.kirklees.gov.uk/worklink

