

Affordable Warmth: How to use your central heating effectively

Thermostats



A properly controlled heating system should typically have a thermostat.



Thermostat

- A room thermostat constantly measures the air temperature and can be set to whatever temperature suits you best, usually between 18° and 21°C if you are fit and healthy
- A room thermostat simply switches the heating system on and off as necessary.
- It prevents your home becoming warmer than it needs to be and turns off the central heating system when it reaches the temperature you have set. If the temperature drops below the set temperature the thermostat switches the heating back on.
- The thermostat is usually installed in hallways or the main living areas to sense the average temperature of a homes main living space.



Key tips

- Make sure the thermostat is not blocked by curtains or furniture as it needs a free flow of air to sense the temperature of the house.
- Try turning your thermostat down by a degree. Does it still feel comfortable?
- You don't need to turn the thermostat up if it is colder outside. The house will heat up to the set temperature no matter what the weather.
- Make sure the thermostat is not in a place where direct sunshine can fall on it, or in a place that is particularly cold e.g. near a regularly opened door.
- If it is a portable thermostat which can be moved around the room try not to hold it in your hand for too long as it will detect your body's heat and give a false reading.
- Do not leave it next to other heat sources such as televisions, kettles and above radiators as this will also give a false reading. Other appliances that you might not identify with heat are fridges and freezers - these too can also affect a thermostat's reading.

Examples of what thermostats may look like, note some programmers have an inbuilt thermostat (see arrows below) others can be a separate device to your programmer (see device with ★ next to it).



Inbuilt thermostat on programmer



Dial thermostats

More information

For For more information please call **Kirklees Direct** on **01484 414888**. For general advice on domestic energy efficiency please call the **Energy Saving Trust** advice line on **0300 123 1234** see **www.energysavingtrust.org.uk**

Information in other formats

Kirklees Council are committed to ensuring that our communication is clear, plain and available for everyone. This information can be made available in languages other than English. It can also be made available in large print, audio CD and Braille. Full details are available by telephoning 01484 414933.

یہ معلومات انگریزی کے علاوہ دوسری زبانوں میں، بڑی لکھائی میں، سی ڈی یا پیپ پر اور بریل میں بھی فراہم کی جاسکتی ہے۔ براہ مہربانی اس نمبر پر فون کر لیں: **01484 414933** (Urdu)

આ માહિતી અંગ્રેજી સિવાયની બીજી ભાષાઓમાં, મોટી છપાઇમાં, ઓડિઓ સી.ડી., ઓડિઓ ટેપ અને બ્રેઇલમાં ઉપલબ્ધ કરી શકાય છે. મહેરબાની કરી **01484 414933** નંબર પર ટેલિફોન કરો. (Gujarati)

ਇਹ ਜਾਣਕਾਰੀ ਅੰਗ੍ਰੇਜ਼ੀ ਤੋਂ ਇਲਾਵਾ ਹੋਰ ਬੋਲੀਆਂ, ਵੱਡੇ ਆਕਾਰ ਦੀ ਛਪਾਈ, ਆਡੀਓ ਸੀ ਡੀ, ਆਡੀਓ ਟੇਪ ਅਤੇ ਬ੍ਰੇਲ ਵਿਚ ਵੀ ਮਿਲ ਸਕਦੀ ਹੈ। ਕ੍ਰਿਪਾ ਕਰਕੇ **01484 414933** 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ। (Punjabi)

这些资料备有其它语文、大字体、语音光碟、录音带和凸字版本可供索取。请致电 **01484 414933** 查询详情。(Chinese)

Te informacje można nabyć w różnych językach, w powiększonym druku, na płycie kompaktowej lub na taśmie i Braille. Proszę telefonować na numer **01484 414933**. (Polish)