

## October to December 2017 e-bulletin number 4

This e-bulletin headlines information from the quarterly report covering October to December 2017. The draft Transformation Plan Refresh published in October 2017 was approved by the Kirklees Health and Wellbeing Board on the 14 December 2017. The plan, an easy read version and e-bulletins can be found at

[www.kirklees.gov.uk/futureinmind](http://www.kirklees.gov.uk/futureinmind)

### Single Point of Contact (SPoC)

The Thriving Kirklees Single Point of Contact (SPoC) has been taking calls for [Thriving Kirklees](#) partners since October 2017. Between October and the end of December 2017, the SPoC had taken 4,323 calls ensuring these were triaged to the right support. Workers are co-located at Northorpe Hall to provide support and a holistic approach to calls including seamless transfer of care between services where needed.



An online Support Request form is planned for launch in April 2018, with increased publicity now that referral pathways have been tested.



The 24/7 Single Point of Contact number is  
**0300 304 5555**

### Mental Health Waiting Times

Commissioners and providers are working together to reduce waiting times and improve access for children and young people to achieve an originally agreed waiting time target of 10 weeks by August 2018. However non-achievement of this target by this August is identified as a risk concern by commissioners.



A waiting times group will oversee progress including developing and piloting telephone based interventions.

### CAMHS Children's Emotional Wellbeing Service (ChEWS)

Referral rates into ChEWS continued to increase. [Northorpe Hall](#) received 809 referrals during this quarter providing direct support to 350 children and young people. At the end of September there were 323 children and young people on a waiting list, by the end of December those waiting had increased to 331.

The average wait time for first appointments in September 2017 was 22.7 weeks; by the end of December 2017 this waiting time had increased to 26.1 weeks.

### Specialist CAMHS

The Specialist CAMHS is delivered by South West Yorkshire NHS Foundation Trust. Forty new young people were seen during the quarter and by the end of December 2017, 30 young people were waiting for treatment. The average waiting times from referral to treatment was 43.4 days.

### Vulnerable Children Services

Under Thriving Kirklees extra specialist support for counselling and therapy sessions for Looked after Children is being provided to agreed waiting times.

In December 2017 the average wait for a Looked after Child was 4.3 days with the longest wait to be seen by Specialist CAMHS being 9 days.

### What are CTR's and CTERs?

- An introductory video can be found on the Kirklees Local Offer [here](#).
- Free NHS England training for professionals and families about Care and Treatment Reviews can be found [here](#).
- The Calderdale, Kirklees, Wakefield and Barnsley Transforming Care Partnership Plan can be found [here](#).



For people with learning disabilities and/or autism in Calderdale, Kirklees, Wakefield and Barnsley

### Children and Young People's Wellbeing Practitioner

Kirklees and Calderdale have successfully secured two new Children and Young People's Wellbeing Practitioner posts within young people mental health services. Work is continuing to recruit new staff by April 2018. These posts will represent new capacity to complement, not replace, the work of existing CAMHS practitioners, building better links with communities and offering rapid access to high-quality, outcome-based, evidence-based interventions for mild to moderate difficulties for example:

- behavioural activation for depression
- behavioural treatment for anxiety and guided parent-led self-help
- Briefly support parent with behavioural and regulatory problems in young children.

### Mental Health First Aid in Schools

The government has committed to fund free places on one day [Youth Mental Health First Aid](#) (MHFA) courses over a three-year period. This means that by 2020 at least one person in every state secondary school will feel confident in spotting signs of mental ill health in pupils and act as a first aid point of contact.



MHFA England

In December 2017 three one day courses took place at Honley High School, Upper Batley High School and Salendine Nook High School, where 27 school staff completed the course from 21 High Schools, 2 Special Schools, 2 Middle Schools and 2 feeder Junior Schools.

District Committee funding through Public Health has enabled staff from an extra 10 Kirklees schools to complete the same course.

These extra courses involved 5 High Schools, 4 Junior Schools and 1 Special School. Local arrangements are continuing to provide more courses in 2018.

## In it Together

In September 2017, a Further Education College, a Secondary and a Primary Pupil Referral Service together with a 7-16 years Special School from Kirklees began piloting a Social Emotional Mental Health Competency Framework for Staff Working in Education. The framework complements existing practice around safeguarding or special education needs and national guidance. This includes Public Health England's [Whole School and College Approach](#) and the Department for Education's [Mental Health and Behaviour in Schools](#) departmental advice.

## Brain in Hand

Kirklees College continues to support 6 students trained in November 2017 to use the [Brain in Hand App](#). This app supports adults and young people diagnosed with autism or traits of autism without a diagnosis, or have general mental health issues. Kirklees is one of the first areas to pilot the app with young people. The young people's pilot is delivered with a comparable adult's pilot which began in April 2017. Ongoing two monthly anonymised reports are provided to the college and commissioners to evaluate use of the app.



## Kirklees Community Hubs

Kirklees Community Hubs formerly called Schools as Community Hubs now cover all of Kirklees and sit within 8 geographical areas and currently involves 185 schools. The hubs work collaboratively to understand, share, plan and review what they do, making the most of the skills, knowledge and relationships with children a that exist in schools and partner agencies. Thriving Kirklees has worked with one community hub to support school staff, parents and other providers and identify their readiness to work with teachers. As a result the service is now working with teachers to upskill parents to increase families' resilience.



## Autism Spectrum Condition (ASC) Assessments

Extra funds have supported more clinics to reduce Autism Spectrum Condition assessment waiting times. Twenty new referrals were received during this period. At the end of December 2017, 278 young people were waiting for assessments with an average waiting time of 102.9 weeks.

The provider believes they are on track to achieve the trajectory for waiting times to be no longer than 12 months by October 2018.

From February 2018 an accessible location in South Kirklees will be available to offer assessments.

## Crisis Support

Between October and December 2017, 110 referrals were judged as a Crisis Intervention. Seventy-nine of these referrals received a face-to-face intervention and 90% were seen within 4 hours.

## Eating Disorder Service

The Community Eating Disorder Service covers the geographical areas of Barnsley, Calderdale, Kirklees and Wakefield. Between April 2017 and November 2017, 47 children and young people with a suspected eating disorder referred were seen within 7 days for urgent cases and within 28 days for routine cases.

## Barnardo's Kirklees Young Carers Service



This service is commissioned to support young carers aged 8 -18 years old living in Kirklees who care for a family member affected by a physical or mental health difficulty, disability or substance misuse problem.

To find out more, download their [Service Leaflet](#) or contact them by email at [kirkleesyongcarers@barnardos.org.uk](mailto:kirkleesyongcarers@barnardos.org.uk) or ring them on **01484 426100**

## Disability and Additional Needs Register

Are you the parent or carer of a child or young person aged 0 to 25 with additional needs or a disability?

If so, you can help commissioners build a more accurate picture of the population of children/young people in Kirklees by submitting information onto the Kirklees Children and Young People with additional needs voluntary [register](#).

The information provided will help commissioners make better decisions when planning and developing services and support information.



Scan this QR code to go straight to the registration page.

There are currently 130 children and young people appearing on the register. At the time of registration; 54 had a SEN/EHC plan, 91 had a diagnosed condition, 66 did not belong to any support group. 9 receive daytime or overnight respite care or short breaks. 11 used a wheelchair and 5 had a terminal or life limiting illness.

Subjects that most parents/carers wanted more information about included Schools and education support, holidays and after school activities, events, benefits and financial support.