



Health and wellbeing



**key issues for
the people of Kirklees**

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Dewsbury

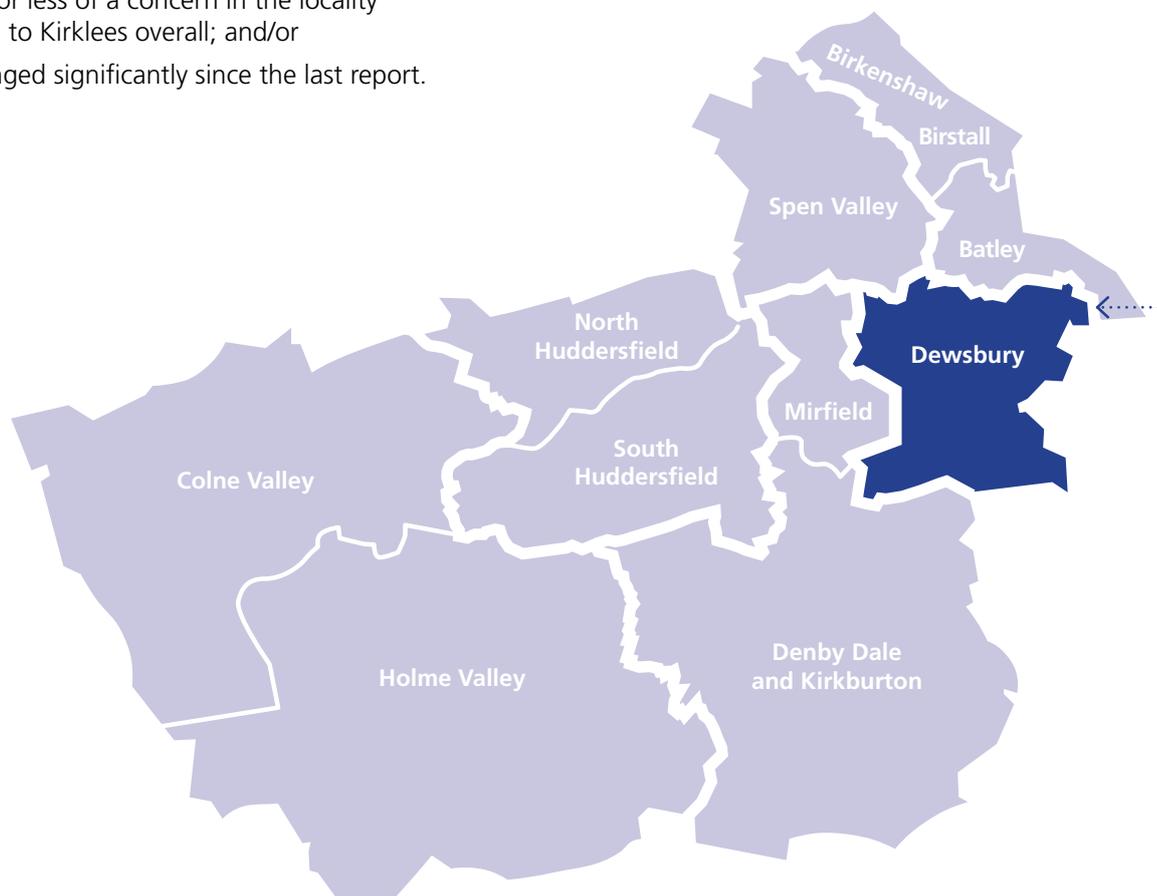
Dewsbury had an increasingly young population and a growing proportion of south Asian origin. Life expectancy at birth was the lowest in Kirklees. It had the greatest problems for health, with high rates of most diseases, early death, infant death and poorest health behaviours. Smoking was high at all ages.

There were some real improvements for children and young people in Dewsbury. Most notable were in attainment at Foundation Stage and amongst pupils of Asian Pakistani heritage at GCSE level. Teenage conceptions had also fallen but were still above the national average.

However, deprivation is still a day to day reality for 1 in 3 children, adults and older people in Dewsbury. There are signs that this is getting worse as unemployment and income related benefit claimant rates had risen. Locally people had negative perceptions about the place.

This section highlights the issues which¹:

- are more or less of a concern in the locality compared to Kirklees overall; and/or
- have changed significantly since the last report.



Key issues in this locality are:

Lowest life expectancy for men and women at birth and although death rates for cancers and circulatory diseases had fallen in those aged under 75 they were still the highest in Kirklees.

Higher than average rates of babies dying in their first year of life, still births, low birth weight, women smoking at birth/during pregnancy and low breastfeeding initiation rates.

Poor diet of children compared to other areas.

Adults are least likely to do any physical activity at all.

High rates of 14 year olds starting and continuing to smoke regularly and the highest rates of adults smoking, especially women of childbearing age.

The consequences of this include the highest rate of new cases of lung cancer in men and women and above average hospital admission rates for respiratory diseases.

High rates of high blood pressure, heart disease, stroke, diabetes and pain.

Highest rates of depression, anxiety and other nervous illness in adults, especially amongst those aged 65 and over.

Nearly 1 in 3 of all adults live with a long term limiting illness and levels of health functioning are the worst in Kirklees.

Highest rates of men and women aged under 65 feeling lonely or isolated all or most of the time.

Whilst educational attainment has improved, especially at Foundation Stage and amongst pupils of Asian Pakistani heritage, overall levels of educational attainment are still low, especially amongst boys.

Increasing levels of deprivation - one of the lowest average household income in Kirklees, the highest rate of adults on out of work benefits and the highest rates of those aged 0-15 and aged over 60 living in income deprived households.

1 in 3 houses were inadequate for the needs of those people living in them, especially those with dependent children and older people.

Less than half of all adults felt people from different backgrounds got on well together.

The main report highlights a number of issues that are important across Kirklees. So whilst these issues may not be significantly better or worse in a locality, they should still be a focus of concern and action.

- **Smoking** - 1 in 5 (20%) adults in Kirklees still smoked but it was 1 in 4 in Dewsbury, so there were over 10,500 adult smokers in Dewsbury. 1 in 8 (13%) 14 year olds² were smoking weekly or more.
- **Alcohol** - 1 in 5 (20%) 14 year olds across Kirklees drank weekly or more, 1 in 3 (36%) men and 1 in 4 (26%) women drank above sensible limits across Kirklees. Dewsbury was similar.
- **Obesity** - 1 in 6 (16%) 11 year olds and 1 in 5 (18%) adults in Kirklees were obese, the same for Dewsbury.
- **Long term conditions** - the lives of 1 in 3 (31%) adults in Dewsbury were affected by a long term limiting illness, i.e. over 12,500 people. Dewsbury had high rates of high blood pressure, heart disease, stroke, diabetes and pain.
- **Cancers** - were the main cause of death in those under 75 in every locality, with breast, lung, prostate and colon being the most common cancers. Dewsbury closely reflected that for Kirklees, although it had the highest rates of lung cancer which reflects the high smoking rates.
- **Mental health** - almost 1 in 4 (24%) adults in Dewsbury lived with a mental health issue, including depression or anxiety. Across Kirklees 1 in 5 (21%) 14 year olds reported feeling miserable at least weekly in the last year, and 1 in 5 (21%) did not have someone to talk to about their problems. In Dewsbury these figures were both better at 1 in 6 (17%). However 1 in 10 men and women aged under 65 in Dewsbury felt lonely or isolated all or most of the time, the highest in Kirklees.
- **Older people and carers** - 1 in 6 (15%) Kirklees people were aged 65 and over. This is projected to grow by 50% by 2030 especially in those aged over 85. The number of older people over 65 in this locality will increase from the current nearly 7,000 to over 10,400. 1 in 8 (12%) of all adults in Kirklees had some caring responsibilities, around 5,300 adults in Dewsbury, and this will rise as the population becomes older.
- **Deprivation** - whilst there were concentrations of deprivation in some localities there were significant numbers of people who were income deprived in each locality. In Dewsbury more than 1 in 3 (34%) 0-15 year olds and almost 1 in 3 (31%) people aged over 60 lived in income deprived households - a combined total of over 7,700 people, and more than 1 in 3 (38%) of all households had an annual income of below £20,000.

Health and wellbeing indicators for children and young people in Dewsbury 2010

Indicator	Dewsbury		Change*	Diff**	Kirklees 2010
	2009	2010			
Resident Population characteristics of those aged under 19					
Population count aged under 19 years	17065	17182	NA	NA	101505
Aged under 19 years	290	289	NA	NA	237
South Asian aged under 19 years (Kirklees total = 27107)	483	499	NA	NA	267
Non-south Asian aged under 19 years (Kirklees total = 74398)	517	501	NA	NA	733
Number of live births	977	995	NA	NA	5666
Live birth rate	78	79		▲	65
Proportion of live births that were to South Asian women (percentage)	Nav	53	Nav	▲	31
Being healthy					
Babies born with a low birth weight, i.e. under 2500 gm	101	99			88
Deaths in infants aged under 1 year	8.9	8.9			6.0
Still births	6.4	6.7			5.4
Breastfed on initiation	546	567		▼	712
Breastfed at 6-6 weeks from birth	Nav	333			407
Obesity 4-5 year olds (reception class)	109	104			92
Obesity 10-11 year olds (school year 6)	194	163			164
Self-reported health and health problems of 14 year olds (school Year 9)					
Overall health good to excellent	882	875			893
Everday life affected by health problem and/or disability	88	101			118
Health behaviours					
Food and nutrition (14 year olds)					
Never/hardly ever eat something before school starts	233	222			220
Smoking (14 year olds)					
Smoking weekly or more (of all 14 year olds)	154	128			95
Alcohol (14 year olds)					
Have ever drunk alcohol	533	473		▼	656
and drink alcohol weekly or more	440	198	▼		208
and have been 'really drunk' weekly or more	87	82			65
and drink alone	147	100			119
Illegal drugs (14 year olds)					
Ever taken illegal drugs	143	102			121
Sexual Health (14 year olds unless otherwise stated)					
Teenage conceptions (aged 15-17 years)	49.8	45.2			44.8
Have had sexual intercourse	145	114			129
Of those who have had sexual intercourse no contraception/protection used	133	203			182
Physical activity (14 year olds)					
30+ mins average per day physical activity in last 7 days	865	860			874
Recommended (60 mins+) average daily physical activity levels	Nav	675	Nav		657
Sedentary (under 30 mins average physical activity per day)	135	140			126
Psychological & emotional health & wellbeing (14 year olds)					
NOT happy with the way they look	359	287			335
Problems getting to sleep (weekly or more) due to being anxious or worried	127	139			171
Weekly or more (in the last school year) had sudden changes of mood	193	205			208
felt miserable	203	165			208
felt angry	337	265			289
felt lonely	91	60		▼	109

Indicator	BB&B		Change*	Diff**	Kirklees 2010
	2009	2010			
Relationships for 14 year olds					
Sometimes or never happy with his/her self as a person	262	234			264
Do NOT have someone to talk to about their problems	218	174			205
Bullying in 14 year olds					
Year 9 pupils who have ever been bullied	442	362	▼		397
Bullied weekly or more in past 2 months (of those who have been bullied)	129	265	▲		204
Ever been a bully	280	286		▲	216
Bully others weekly or more in past 2 months (of those who have been bullies)	48	105			102
Staying/feeling Safe					
14 year olds who feel very/quite safe in local area	Nav	765	Nav		801
14 year olds worried about violence at home monthly or more	37	40			45
Economic well being					
Primary school pupils (years R to 6 incl.) eligible for free school meals	Nav	234			184
Secondary school pupils aged 11-16 years (years 7 to 11 incl.) eligible for free school meals	Nav	224			157
Children aged 0-15 years living in income deprived households (percentage)	Nav	34	Nav	▲	24
School leavers known not to be in employment, education or training (NEET)	99	Nav			97
Housing					
Households with dependent children whose home is perceived as NOT adequate for household's needs	368	Nav	NA	▲	298
Education					
Pupils with Statement of Educational Needs	33	32			27
Achievement at Early Years Foundation Stage	512	600	▲		619
Attainment of 5+ GCSEs A*-C [including English and Maths]	Males	339		▼	481
	Females	419			577
Asian Pakistani heritage students attaining 5 A*-C including English and Maths	275	447	▲		470
Community & community cohesion (14 year olds)					
Agree that people from different backgrounds get on well together in local area	Nav	491	Nav		514
Agree that people of different ages get on well together in local area	Nav	846	Nav		845
Families (14 year olds)					
Sometimes or never get on well with family	171	106	▼		139
Caring for a parent/sibling/other relative with a disability/illness	155	215		▲	141
Never/hardly ever sit down for a family meal	Nav	185	Nav		197
Live with adult(s) who smoke	530	505		▲	415
Those who drink who usually get their alcohol from family/relatives living at home	Nav	480	Nav		511
Think that family/close friends drink too much	270	229			250

Key:

 Comparable with adults data obtained from CLIK 2008 survey.

 Comparable with adults data obtained from Place Survey 2009.

 Data suppressed as denominator <=5 (or <=3 for deaths).

 Not applicable.

 Not available.

*** Change**

Significantly worse (higher or lower) than this locality in 2009



Significantly better (higher or lower) than this locality in 2009



Significant change from 2009 but labels of better or worse not appropriate

**** Difference**

Significantly worse (higher or lower) in this locality than Kirklees overall



Significantly better (higher or lower) in this locality than Kirklees overall



Significantly different to Kirklees but labels of better or worse not appropriate

Significant differences/ changes were identified by comparing the 95% confidence intervals of the two rates. Where these do not overlap, we can be confident that the difference is not due to chance.

The place and its people, population, births and deaths

Dewsbury locality includes the wards of Dewsbury West, South and East with a population of nearly 60,000. More than 17,000 were aged under 19 - the highest rate in Kirklees. Overall, Dewsbury had 2 in 3 of its population aged under 44 years, the highest in Kirklees. Unsurprisingly the locality had the lowest rate of people aged 65 and over. Half of those aged under 19 and 1 in 3 (30%) of those aged over 18 were of south Asian origin, the highest proportion in Kirklees along with Batley.

There were 995 **live births** in 2008. The birth rate was the highest in Kirklees (the same as Batley). The birth rate for women of south Asian origin in Dewsbury was twice the overall rate for Kirklees.

Dewsbury still had the highest rate of **babies dying in their first year** (8.9 per 1,000) in Kirklees, and the highest rate of stillbirths.

Men and women in Dewsbury had the lowest **life expectancy** at birth of all areas in Kirklees. For men it was 75.4 years which was 4.9 years less than the highest and for women 79.8 years which was 3.6 years less than the highest. Both rates were significantly below the national figure.

Dewsbury, along with Huddersfield South, had the highest death rate in those aged under 65 from all causes (2.8 per 1,000). This was due to high rates of deaths caused by cancers, circulatory diseases especially heart disease and respiratory diseases. Although the death rates for all cancers and circulatory diseases had improved, this was not as fast as elsewhere.

Health and wellbeing inequalities for children and young people

Encouragingly there had been a drop in the teenage **conception** rate in Dewsbury from 49.8 (per 1,000 girls aged 15-17) in 2009 to 45.2 in 2010, from the highest to the Kirklees average. 14 year old girls reporting having had **sexual intercourse** was the lowest in Kirklees, but of all those 14 year olds who had sex 1 in 5 (20%) reported not using a condom or other protection.

The proportion of mothers who initiated **breastfeeding** (57%) was the lowest in Kirklees. The average number of **decayed/missing/filled teeth** in five year olds remained high (3.0), and twice the national average. This is an indicator of poor diet.

In Dewsbury and Batley, 14 year olds were the least likely to have ever drunk **alcohol** across Kirklees, though this was still nearly half (47%). The most notable change was the proportion drinking weekly or more, which fell since the last report to 1 in 5 (20%).

Half (51%) of all 14 year olds in Dewsbury lived with adult(s) who **smoked** - the highest in Kirklees. 1 in 4 (26%) started smoking aged 10 and were still smoking. The rates of smoking weekly or more was also highest at 1 in 8 (13%), and they were amongst the most likely to be happy to continue, 1 in 4 (28%).

In Dewsbury 1 in 7 (14%) 14 year olds were **physically inactive**, i.e. did less than 30 minutes physical activity each day.

Emotional health and wellbeing was similar to Kirklees overall and had not changed since the last report, although 14 year olds in Dewsbury were the least likely to have felt lonely (6%) or miserable (17%). Whilst fewer 14 year olds in Dewsbury than many other areas were ever bullied, 1 in 3 (36%), they were still most likely to feel sometimes or never happy at school 1 in 3 (37%) and were the most likely to be bullied weekly or more in the previous two months 1 in 4 (27%) or ever been a bully, 1 in 4 (29%).

Most 14 year olds in Dewsbury reported **feeling very/quite safe** in the local area (77%), on public transport (70%), going to/from school (84%) and at school (87%). However, these were the lowest reported rates in Kirklees in all these settings except at school where the rate was around the same at 88%.

One in 3 (34%) children aged under 16 in Dewsbury lived in **income deprived** households, the highest in Kirklees.

Dewsbury had the highest level of children with a special educational need (3.2%). Nearly 2 out of 3 (60%) children achieved the expected level at Foundation Stage, an increase from 2009 (51%) and above the national average (56%). **Educational attainment** at age 11 at Key Stage 2 was the lowest in Kirklees (65%) and well below the national average (72%)³. At age 16, nearly half (45%) achieved 5+ GCSEs at grade A*-C including English and Maths, again an improvement since 2009. Girls (51%) achieved more than the boys (39%), who were significantly below the Kirklees average of 48%. Nearly half (45%) of pupils of Asian Pakistani heritage achieved 5+ GCSEs at grade A*-C including English and Maths, slightly below the Kirklees average for this group, but a significant increase from 2009 (27%).

Two of the main geographic **Not in Employment, Education or Training** (NEET) 'hotspots' are in this locality; Ravensthorpe and Dewsbury Moor.

Of all families in Dewsbury with dependent children living in them 1 in 3 (37%) felt their **home** was inadequate for their needs.

Of 14 year olds in Dewsbury, 1 in 5 (22%) reported having a **caring** responsibility for a parent, sibling or other relative, the highest in Kirklees.

Health and wellbeing inequalities for adults in Dewsbury

Health status

More than 7 out of 10 (71%) adults reported having good or excellent health. However this was the lowest in Kirklees. 1 in 3 (31%) adults in Dewsbury had **long term limiting illness**, the second highest level in Kirklees.

Adults in the locality had the worst health functioning for every aspect compared to Kirklees and across all ages, although there was some slight improvement since 2005.

Two out of 5 (42%) people aged 65 and over needed **help with daily living tasks** and it was estimated that 1,100 have a high or very high social care need.

Behaviours

The proportion of adults **smoking** in Dewsbury, 1 in 4 (25%), was the highest in Kirklees and was worse than 2005. Locality smoking rates vary with ethnicity. In Dewsbury 27% of non south Asians smoke and 18% of south Asians. Over 1 in 4 (28%) women of childbearing age smoked in Dewsbury - also the highest level across Kirklees. 1 in 3 (33%) smoked in pregnancy, well above the Kirklees level.

Dewsbury had the highest rate of those taking no **physical activity** in Kirklees, nearly 1 in 6 (15%). One in 3 women of childbearing age did sufficient physical activity, similar to Kirklees overall, but Dewsbury had the highest rates (7%) of those doing no physical activity at all.

The mean consumption of **alcohol** units by men had increased since 2005. For women in Dewsbury however, their consumption remained below recommended levels. Of those who drank, over 1 in 3 (34%) men and 1 in 4 (24%) women drank over sensible limits in the past week, and more than 1 in 3 men (37%) and women (35%) binged in the past week.

Conditions

Dewsbury had the highest death rates from all **circulatory disease and heart disease**, and the highest rates of **diabetes**, especially under 65s (7%), heart disease, especially men under 65 (7%), and **high blood pressure**, which was high at all ages and affected 2 in 5 (44%) men and almost half (49%) of women aged over 65 in the locality.

In addition to the 1 in 5 (20%) adults who were **obese**, over 1 in 3 (35%) were overweight - so being overweight or obese was the norm in Dewsbury with 55% of adults affected. Amongst women of childbearing age Dewsbury had the joint highest rate of obesity in Kirklees (17%).

Dewsbury had some of the lowest rates of new cases of all **cancers** except for bowel cancer in men and lung cancer, the latter being the highest in Kirklees reflecting the high smoking rates. Dewsbury also had one of the highest rates of admissions for bronchitis, emphysema and other **chronic obstructive pulmonary disease** (COPD) in those aged 65 and over. Both were unsurprising with 1 in 4 adults still smoking.

Dewsbury had the highest rate of **incontinence of urine** for men aged over 65 in Kirklees and this had increased since 2005.

One in 4 (26%) of those under 65, and 1 in 5 (18%) over 65 had **depression, anxiety or a nervous illness**. These were amongst the worst rates in Kirklees.

More than half of all those aged 65 and over were suffering from **pain** (including arthritis) and more than 1 in 3 of that age group were suffering from back pain, the highest in Kirklees.

Living and working conditions

Average **household income** had risen slightly since the last report, similar to Kirklees overall, but Dewsbury along with Batley had the lowest average household income. Levels of benefit claimants had risen in Dewsbury, with the highest rates of Council Tax Benefit, income support, Job Seekers Allowance and disability benefits claimants. 1 in 5 (21%) of all working age adults were claiming Job Seekers Allowance, and 1 in 12 (8%) of all **working age adults** were claiming Incapacity Benefit or Employment and Support Allowance. Therefore, 1 in 3 of all working age adults were claiming an out of work benefit.

Only 2 out of 3 adults in Dewsbury (data includes Mirfield) were satisfied with the **area as a place to live**. Less than half felt people from different backgrounds got on well together and 2 out of 3 adults felt people of different ages got

on well together but this rose to 85% of 14 year olds. All these measures of adult's perceptions were the lowest in Kirklees. Some Dewsbury residents felt that their local areas had a negative reputation both on a local and national level due to the press coverage of the 'Shannon Matthews Kidnap case' and the '7/7 Bombers' being from the area. Negative perceptions of the Dewsbury areas have had an effect on how respondents discuss where they are from with strangers as they felt embarrassed to be associated with such bad press.

The locality (including Mirfield) had a low rate of participation in regular **volunteering**, just under 1 in 4, less than in Kirklees as a whole.

Dewsbury had amongst the highest level of **reported crime**, with violent crime (excluding robbery) being a particular issue. Domestic violence as a reported crime was high with particular concentrations in Dewsbury West and Dewsbury South.

Nearly 1 in 3 (33%) households believed their **home was inadequate for their needs**: for pensioner households this was 32% and in households with dependent children it rose to 37%. All were the highest in Kirklees.

Levels of key transport related air pollutants which impact on health has led to the identification of two Air Quality Management Areas in Kirklees, including Scout Hill on the A644.

The number of people with **learning disabilities** known to services, continued to rise. In Dewsbury and Mirfield there were 361 people known to services (18% of Kirklees total) compared to 335 (16%) in 2009.

- 1 All data are from the Kirklees Indicator Tables 2010 or relevant section of the Kirklees JSNA, 2010 and are available on the website.
- 2 All data specifically relating to '14 year olds' are from Young People's (YPS) Survey, 2009.
- 3 2009 data. Due to an industrial dispute the Key Stage 2 tests in 2010 were only administered in 54 out of 112 schools so has not been used here.

Health and wellbeing indicators for adults in Dewsbury 2010

Indicator		Dew	Dew vs Kirklees	vs 2009 report
Resident population characteristics		%		
By age groups	aged 18-44 years	40	higher	N/A
	aged 45-64 years	21	lower	=
	aged 65-74 years	6	lower	N/A
	aged 75 years and over	5	lower	N/A
South Asian	aged 18 years and over	30	higher	higher
Non-south Asian	aged 18 years and over	70	lower	lower
Health Status: mean score (out of 100)		Score		
Role - Physical	mean aged 18 years and over	71	X	NND
	mean aged under 65 years	77	X	NND
	mean aged 65 years and over	44	X	NND
Role - Emotional	mean aged 18 years and over	73	X	NND
	mean aged under 65 years	76	X	NND
	mean aged 65 years and over	65	X	NND
Social functioning	mean aged 18 years and over	75	X	NND
	mean aged under 65 years	77	X	NND
	mean aged 65 years and over	69	X	NND
Mental health	mean aged 18 years and over	68	X	NND
	mean aged under 65 years	67	X	NND
	mean aged 65 years and over	73	X	NND
Physical functioning	mean aged 18 years and over	72	X	NND
	mean aged under 65 years	77	X	NND
	mean aged 65 years and over	52	X	NND
Bodily pain	mean aged 18 years and over	65	X	NND
	mean aged under 65 years	68	X	NND
	mean aged 65 years and over	54	X	NND
Life Expectancy (years)				
	at birth (male)	75.4	X	X
	at birth (female)	79.8	X	X
Deaths (rate per 1000)				
All cancers*	aged under 75 years	1.16	X	✓
All circulatory diseases*	aged under 75 years	1.05	X	X
Coronary heart disease*	aged under 75 years	0.68	X	X
Stroke*	aged under 75 years	0.16	=	X
Bronchitis, emphysema & other COPD*	aged under 75 years	0.25	X	X
Biological Factors		%		
Heart disease	aged under 65 years	4	X	NND
	aged 65 years and over	16	=	NND
High blood pressure	aged under 65 years	17	X	NND
	aged 65 years and over	44	X	NND
Stroke	aged under 65 years	1	X	NND
	aged 65 years and over	3	=	NND
Asthma	aged under 65 years	12	=	NND
	aged 65 years and over	14	=	NND
Diabetes	aged under 65 years	7	X	NND
	aged 65 years and over	18	X	NND
Incontinence of urine	aged under 65 years	6	X	NND
	aged 65 years and over	19	X	NND

Indicator		Dew	Dew vs Kirklees	vs 2009 report	
Pain problems including arthritis	aged under 65 years (male)	28	✓	NND	
	aged under 65 years (female)	22	✓	NND	
	aged 65 years and over (male)	50	X	NND	
	aged 65 years and over (female)	57	X	NND	
Back pain	aged under 65 years	23	=	NND	
	aged 65 years and over	35	X	NND	
Depression, anxiety or other nervous illness		all ages	24	X	NND
Obesity	Obese - Body Mass Index 30+	aged 18 years and over	20	X	NND
	Either obese or overweight	aged 18 years and over	55	X	NND
Women of child bearing age	Either obese or overweight	aged 18-44 years	42	=	NND
Health Behaviours		%			
Smoking	At least 1 daily	aged 18 years and over	25	X	NND
Physical activity	Moderate activity at least 30 mins 5 times weekly	aged 18 years and over	26	X	NND
Alcohol	Over sensible limits	aged 18 years and over (male)	34	✓	NND
		aged 18 years and over (female)	24	✓	NND
	Binge drinking	aged 18 years and over (male)	37	✓	NND
		aged 18 years and over (female)	35	✓	NND
Women of child bearing age					
Smoking	Smoking at least 1 daily	aged 18-44 years	28	X	NND
	Smoking at birth	all deliveries (excl. South Asian)	33	X	X
Alcohol	Over sensible limits	aged 18-44 years	27	✓	NND
	Binge drinking	aged 18-44 years	38	✓	NND
Physical activity	Moderate activity at least 30 mins 5 times weekly	aged 18-44 years	34	✓	NND
Economic wellbeing and community		%			
Income support claimants		aged 16-64 years	6.7	X	X
Council Tax Benefit claimants		aged 16 years and over	36	X	X
Household income average gross		£000s	29.1	X	✓
Disability Living Allowance claimants		all ages	6.3	X	=
Claimants of Severe Disability Allowance or Incapacity Benefit or Employment Support Allowance		aged 16-64 years	8.4	X	N/A
Home perceived as NOT adequate for household's needs (all household types)		households	33	X	NND
Home perceived as NOT adequate for needs of pensioner households		pensioner households	32	X	NND
Older people living in income deprived households		aged 60 years and over	31	X	N/A

Key:

✓ Better X Worse = Same NND No New Data N/A Not Available * Small numbers ◆ Suppressed