

## Dementia support in Batley

This fact sheet lists organisations that can provide you and your carer with help and support.

Some of these activities may require a small contribution. There may be other activities that you could attend in your local area. This information was correct at time of going to print but please make contact with the specific group before attending.

**Breathing Space** offers people with dementia and their family member, partner, carer or support worker a range of creative activities. Participants can take part in weekly group sessions where they can meet people, make friends and have fun. Sessions include music and song, movement, dance and visual arts and take place every Monday, 2.00 pm to 4.00 pm at the **Batley Older People's Centre, Upper Commercial Street, Batley, WF17 5DP**. For information call 01484 516224 or 07880 731767 or visit <http://creativekirklees.com/hoot-creative-arts/breathingspacenorthkirklees/>

**Carers Coffee and Chat (Carers Count)** is a group that meets up for a coffee and a chat on the first Monday of the month at 10.00 am to 12 noon at the **Batley Resource Centre, 90 Commercial Street, Batley, WF17 5DS**. For information call 0300 0120231 or visit <http://www.carerscount.org.uk/calendar/events/coffee-and-chat-batley-0>

**Batley Carers Group (Carers Count)** is a group for carers who need to get out of their normal routine and sit and chat with people who share a similar situation, in an environment that is warm and welcoming. They meet every Thursday, 12.30 pm to 3.00 pm **The Scout Hall, Purwell Lane, Batley, WF17 7NQ**. For information call 07436 102570 or visit [http://www.carerscount.org.uk/sites/default/files/files/docs/batley\\_carers\\_group\\_0.pdf](http://www.carerscount.org.uk/sites/default/files/files/docs/batley_carers_group_0.pdf)

**Age UK** provide friendly groups where you can come along for a chat and a cuppa, lots of different activities and a hot and healthy midday meal at the **The Whitfield Centre, 180 Soothill Lane, Batley, WF17 6HP**, Monday to Friday. For information call Kerry-Lee Horton on 07787 531253 or Andrew Graham on 07787 531254 or visit [www.ageuk.org.uk](http://www.ageuk.org.uk)

**Friends in the Square** is a lunch group for older people, providing a two course healthy lunch every Wednesday, 1.00 pm to 3.00 pm at the **Batley Resource Centre, 90 Commercial Street, Batley, WF17 5DS**. The group also has a knitting club, play table top games and hold a Tai Chi class. For information call 01924 477384 or 07760 842279 or visit <http://communitydirectory.kirklees.gov.uk/communityDirectory/organisationdetails.aspx?orgid=4520>

**Just for Friends** is a group which delivers a range of services for older people including people with dementia - activities include; a lunch club, befriending project, travel companions, let's move re-housing and safe places scheme. Daily activities are held at the **Batley Resource Centre, 90 Commercial St, Batley, WF17 5DS, 9.00 am and 5.00 pm**. For information visit <http://yorkshirechildrenscentre.org.uk/what-we-do/health-wellbeing/just-friends/>

**Milen Care** based in **Batley**, provides quality day care services and other preventative care measures to Asian elderly people aged 55+ with physical and mental health needs. They aim to enable people to live an independent, quality life whilst providing carers with a break from their caring responsibilities. In accordance with cultural and religious sensitivities they provide separate day care provisions for both male and female (Mon and Tues for women and Weds and Thurs for men) at **Milen Care, Al Hikmah Centre, 28 Track Rd Batley, WF17 7AA**. For more information call 01924 470774 or visit <http://www.milen.org.uk>

The **Herbert Protocol scheme** asks carers or family members of people with dementia to complete a form to be given to the police should the person go missing, saving valuable investigation time...because when someone goes missing every second counts. For further information visit

<http://www.westyorkshire.police.uk/dementia/herbert-protocol>

**Safe Places Scheme** is a place you can go to for help when you are out and about. You will need to get a free Safe Place card and write on it vital telephone numbers of people who can help you such as a relative or carer.

When you need help, take the card into any shop or building showing the sign in their window and ask them for help. For more information, contact Samantha Jones, on 01484 340811 or email

[smanantha.jones@mencapinkirklees.org.uk](mailto:smanantha.jones@mencapinkirklees.org.uk)

## More information

Other factsheets available in this series are:

- Kirklees-wide dementia services and support
- Dementia support in Cleckheaton and Spen
- Dementia support in Dewsbury and Mirfield
- Dementia support in Central Huddersfield
- Dementia support in Rural Huddersfield

Helpful websites:

- **Kirklees Council:** [www.kirklees.gov.uk/dementia](http://www.kirklees.gov.uk/dementia) or telephone 01484 414933
- **Alzheimer's Society Factsheets:**  
<http://www.alzheimers.org.uk/site/scripts/documents.php?categoryID=200137>
- **Dementia Friends:** [www.dementiafriends.co.uk](http://www.dementiafriends.co.uk)
- **Dementia UK:** [www.dementiauk.org](http://www.dementiauk.org)
- **NHS Choices:** <http://www.nhs.uk/Pages/HomePage.aspx>
- **Kirklees Dementia Action Alliance:**  
[http://www.dementiaaction.org.uk/local\\_alliances/4731\\_kirklees\\_dementia\\_action\\_alliance](http://www.dementiaaction.org.uk/local_alliances/4731_kirklees_dementia_action_alliance)