

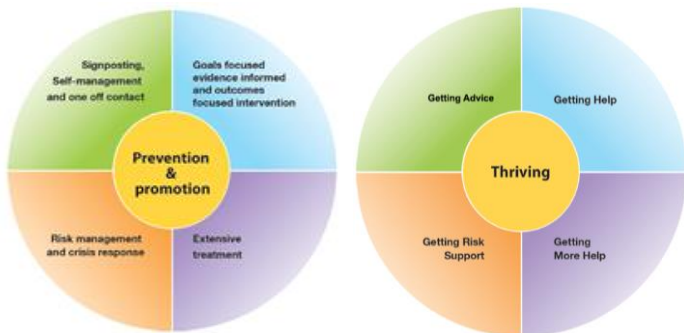
## January to March 2018 E-bulletin edition 5

This report summarises some of the content of the Kirklees progress report submitted to NHS England for the period of January to March 2018. The full report can be found at [www.kirklees.gov.uk/futureinmind](http://www.kirklees.gov.uk/futureinmind)



### Thriving Kirklees Model

The 0-19 Healthy Child Programme delivered under the partnership umbrella title of "Thriving Kirklees" has now been in place for 12 months. Thriving Kirklees functions under the prevention and promotion of support offered and the four Thriving groups shown below.



### Single Point of Contact (SPoC)

During January and March 2018 a total of 4,670 calls were received by the single point of contact. 4,521 of these were re-directed to the 0-19 provision Healthy Child Programme provisions and 135 were re-directed to CAMHS pathways for emotional health and wellbeing support.

As an additional referral option to access into SPoC is now available through the Thriving Kirklees website which includes a new web based referral form that can be found [here](#). The 24/7 Single Point of Contact number is

**0300 304 5555**



### Mental Health Waiting Times

Management and reduction of waiting times remains a priority and concern. To help reduce the numbers of those on waiting lists, additional CAMHS workers are working weekends to contact referrals and offer phone support.

Original locally agreed waiting time proposals of a 10 week wait from referral to treatment have now been revised so that they will eventually be in line with new national access standards of 2 contacts within 6 weeks.

### Workforce development

A Thriving Kirklees Workforce Development Strategy has now been co-produced. The strategy focuses on identified 'high impact' areas across Thriving Partners and the wider workforce. The full quarterly report contains more details of their strategic visions and overall aims.

**CAMHS Children's Emotional Wellbeing Service (ChEWS)**  
Referral rates continued to increase during Quarter 4, with 836 referrals received by [Northorpe Hall](#). 252 referrals received direct support from the service in this quarter.

The average wait times for first appointments at the beginning of the quarter were at 26.1 weeks, by the end of the quarter there were 332 referrals waiting having an average waiting time of 30.2 weeks.

### Specialist CAMHS

Referral rates into Generic CAMHS during this quarter remained consistent with 112 referrals being received. During this quarter, 97 of these referrals went on to receive direct support from the service.

At the beginning of the quarter there were 30 children and young people on the waiting list, by the end of the quarter there were 42 with an average waiting time from referral to treatment of 5.2 weeks.

### Vulnerable Children Services

Additional specialist support for counselling and therapy sessions for Looked after Children is still being provided to agreed waiting times.

The service is currently achieving their 28 day target for assessment with average waits being 15 days. During this quarter Northorpe Hall supported 5 out of 8 referrals within 28 days and South West Yorkshire NHS Foundation Trust 23 out of 25 referrals within 28 days.

### Improving Perinatal Mental Health

In August 2016, a specialist perinatal mental health [community services development fund](#) was launched to promote service development, quality improvement and increase the availability of high-quality care for women and families around mental health.

A successful West Yorkshire submission has meant that funding has been given to Kirklees to provide a new specialist community-based service.

The service maximises the use of technology, upskilling the workforce in understanding perinatal mental health. It enables joint working across maternity and community settings including peer support.

### Local intelligence

In January 2018 a Kirklees Mental Health and Wellbeing Needs assessment report was published as part of a wider Mental Health Programme Review.

[The report](#) is about having an all-age provision in place, including quality services that makes sure people don't reach crisis, and if they do, they get the best possible physical, human and financial care from existing resources.

## Mental Health in Schools

[Place2Be](#) is a children's mental health charity providing school-based support and in-depth training workshop programmes to improve the emotional wellbeing and resilience of pupils, families, teachers and school staff.



North Kirklees schools have developed an opportunity to deliver a sustainable method of investment in early intervention and prevention programmes for children at risk of or experiencing mental health problems.

### Children and Young People's Wellbeing Practitioner

A national recruitment process successfully secured the appointment of a Children and Young People's Wellbeing Practitioner for Kirklees.

Their one year programme of study is due to start in June 2018 when the worker will complement, not replace, existing CAMHS practitioners.

They will provide additional capacity for those children and young people who are not currently seen by CAMHS for whom lower intensity interventions are more appropriate.



### Transforming Care for Children and Young People

During this quarter a Kirklees pilot 'Children's LD/ASD risk management and family support register' for children and young people was put in place.

The processes and register relates directly to Care and Treatment Reviews for children young people and their families.

This means that with families consent an active register is maintained in Kirklees for those children's and young people with Learning Disabilities and dual diagnosis, Autism Spectrum Condition and Learning Difficulties.

To find out more about Care and Treatment Reviews (CTRs) visit the links in the [Kirklees Local Offer](#).

- The Calderdale, Kirklees, Wakefield and Barnsley Transforming Care Partnership Plan.
- An introductory video to CTR's can also be found on the Kirklees Local Offer [here](#).
- Free training for professionals and families about Care and Treatment Reviews can be found [here](#).

## Crisis and Home Treatment

The CAMHS Crisis Team provides cover until 8pm with an on call response thereafter. The service continues to achieve its targets. During quarter 4 of the 338 referrals into the service during this period, 96 were deemed as a Crisis Intervention. 79 of these referrals received a face to face intervention and 96% of crisis referrals were seen within 4 hours.

### Eating Disorder Service

Between April 2017 and March 2018, the service received a total of 58 referrals for an assessment for children and young people with a suspected eating disorder. 35 being from the Greater Huddersfield area and 23 from the North Kirklees area. The service continues to report against waiting time standards with 96% of routine referrals and 92% of urgent referrals meeting the required access standard. [Eating disorders](#)

### Autism Spectrum Condition Assessments

Referral rates continued to decrease with 14 new referrals being received. Within this quarter, 68 children and young people had an assessment.

At the beginning of the quarter there were 278 children and young people on the waiting list by the end of the quarter this had reduced to 237. The average wait times from referral to assessment at the beginning of the quarter was at 104 weeks.

By the end of the quarter the average waiting time was 93 weeks, this is an improvement on Quarter 3 when the average wait times at the beginning of the quarter were at 175 weeks and by the end of that quarter were an average of 143 weeks.

## PCAN (Parents of Children with Additional Needs)

is an independent, parent-led forum for parents and carers of children and young people aged from birth to 25 years who have additional needs.



Contact them on **07754 102336** or their website [www.pcankirklees.org](http://www.pcankirklees.org)

## Barnardo's Kirklees Young Carers Service

This service is commissioned to support young carers aged 8 -18 years old living in Kirklees who care for a family member affected by a physical or mental health difficulty, disability or substance misuse problem.



To find out more, download their [Service Leaflet](#) or contact them by email at [kirkleesyongcarers@barnardos.org.uk](mailto:kirkleesyongcarers@barnardos.org.uk) or ring them on **01484 426100**