

Week  
3

Available daily: fresh bread, freshly prepared salad bar and drinking water

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
| <b>Chicken &amp; Tomato Penne Pasta</b><br><i>served with</i><br>Garlic Bread   | <b>Homemade Loaded Vegetable Pizza</b><br><i>served with</i><br>Crispy Sliced Potatoes & Side Salad | <b>Oven Baked Sausage &amp; Gravy</b><br><i>served with</i><br>Creamed Potatoes & Seasonal Vegetables | <b>Beef Lasagne</b><br><i>served with</i><br>Jacket Wedges & Seasonal Salad   | <b>Oven Baked Fish Fingers</b><br><i>served with</i><br>Chunky Chips<br>Garden Peas & Sweetcorn  |
| <b>Cheese &amp; Onion Pie</b><br><i>served with</i><br>Herby Diced Potatoes & Baked Beans                                   | <b>Quorn Chilli</b><br><i>served with</i><br>Wholegrain Rice  | <b>Vegetarian Sausage &amp; Gravy</b><br><i>served with</i><br>Creamed Potatoes & Seasonal Vegetables | <b>Quorn Dippers &amp; Ketchup Dip</b><br><i>served with</i><br>Jacket Wedges & Baked Beans                               | <b>Mac 'n' Cheese</b><br><i>served with</i><br>Garden Peas & Sweetcorn                           |
| <b>Tuna &amp; Sweetcorn Wrap</b><br><i>served with</i><br>Herby Diced Potatoes  | <b>Jacket Potato</b><br><i>served with</i><br>Baked Beans   | <b>Cheese &amp; Tomato Panini</b><br><i>served with</i><br>Seasonal Salad                             | <b>Jacket Potato</b><br><i>served with</i><br>Tuna Mayo   | <b>Cheese &amp; Garlic Panini</b><br><i>served with</i><br>Seasonal Salad                        |
| <b>Eve's Pudding</b><br><i>served with</i><br>Creamy Custard<br><br><b>Assorted Whips</b><br><br><b>Fresh Fruit Platter</b> | <b>Fresh Fruit Juice &amp; Flapjack</b><br><br><b>Ice Cream</b><br><br><b>Chunky Fruit Pots</b>     | <b>A Selection of Reduced Sugar Desserts</b>  | <b>Jam Shortcake</b><br><i>served with</i><br>Creamy Custard<br><br><b>Fruit In Jelly</b><br><br><b>Fresh Fruit Salad</b> | <b>A Selection of Home Baking</b><br><br><b>Fruit Yoghurts</b><br><br><b>Fresh Fruit Platter</b> |

Planned theme days take place throughout the year.



Your children at the heart of all we do

# Kirklees School Meals Service

## Gomersal St Mary's CE (C) Primary School

September 2023–July 2024

We serve a tasty  
2 course meal,  
freshly prepared  
on site for

**£2.55**



**munchin**



We cater for special diets.

Week 1

Available daily: fresh bread, freshly prepared salad bar and drinking water

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|---|
| <b>Chicken Pie &amp; Gravy</b><br><i>served with</i><br>Creamed Potatoes & Garden Peas  | <b>Quorn Korma</b><br><i>served with</i><br>Wholegrain Rice   | <b>Roast of The Day</b><br><i>served with</i><br>Traditional Accompaniments<br>Oven Roast & Creamed Potatoes & Seasonal Vegetables | <b>Sausage Style Meatballs with Italian Tomato Sauce</b><br><i>served with</i><br>Penne Pasta  | <b>Salmon Fillet</b><br><i>served with</i><br>Jacket Wedges<br>Broccoli & Sweetcorn |
| <b>Penne Pasta</b><br><i>served with</i><br>Arrabiatta Sauce & Garlic Slice   | <b>Stuffed Calzone</b><br><i>served with</i><br>Herby Diced Potatoes & Seasonal Salad   | <b>Vegetarian Spaghetti Bolognese</b><br><i>served with</i><br>Garlic Slice  | <b>Cheese Pinwheel</b><br><i>served with</i><br>Crispy Sliced Potatoes & Baked Beans   | <b>Quorn Tikka Wrap</b><br><i>served with</i><br>Jacket Wedges & Sweetcorn          |
| <b>Jacket Potato</b><br><i>served with</i><br>Cheese  | <b>Mexican Vegetarian Enchiladas</b><br><i>served with</i><br>Herby Diced Potatoes & Seasonal Salad                                   | <b>Pizza Panini</b><br><i>served with</i><br>Seasonal Salad  | <b>Jacket Potato</b><br><i>served with</i><br>Baked Beans  | <b>Cheese &amp; Tomato Panini</b><br><i>served with</i><br>Seasonal Salad           |
| <b>Sponge of the Day</b><br><i>served with</i><br>Creamy Custard<br><br><b>Fruit Yoghurts</b><br><br><b>Chunky Fruit Pots</b> | <b>Fruit Pie</b><br><i>served with</i><br>Creamy Custard<br><br><b>Fresh Milk Shake &amp; Biscuit</b><br><br><b>Fresh Fruit Salad</b> | <b>Creamy Rice Pudding</b><br><br><b>A Selection of Reduced Sugar Desserts</b>   | <b>Chocolate Fudge Pudding</b><br><i>served with</i><br>Chocolate Sauce<br><br><b>Fruit in Jelly</b><br><br><b>Chunky Fruit Pots</b> | <b>A Selection of Home Baking</b><br><br><b>Fresh Fruit Salad</b>                   |

We use local and seasonal produce, all eggs are free range, meat is farm assured.

We offer healthy choices like our Sugar Smart initiatives serving reduced sugar desserts.

Week 2

Available daily: fresh bread, freshly prepared salad bar and drinking water

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
| <b>Savoury Mince &amp; Yorkshire Pudding</b><br><i>served with</i><br>Herby Diced Potatoes<br>Garden Peas & Carrots            | <b>Chicken Tikka Masala</b><br><i>served with</i><br>Wholegrain Rice  | <b>Roast of the Day</b><br><i>served with</i><br>Traditional Accompaniments<br>Oven Roast & Creamed Potatoes & Seasonal Vegetables | <b>Homemade Sausage Rolls</b><br><i>served with</i><br>Crispy Sliced Potatoes & Baked Beans                         | <b>Harry Ramsden's Battered Fish</b><br><i>served with</i><br>Oven Baked Chips & Mushy Peas |
| <b>Quorn Dippers &amp; Ketchup</b><br><i>served with</i><br>Herby Diced Potatoes & Garden Peas                                 | <b>Loaded Vegetable Pizza</b><br><i>served with</i><br>Jacket Wedges & Mixed Salad  | <b>Cheese &amp; Onion Quiche</b><br><i>served with</i><br>Oven Roast & Creamed Potatoes & Seasonal Vegetables                      | <b>Quorn Sausage Rolls</b><br><i>served with</i><br>Crispy Sliced Potatoes & Baked Beans                            | <b>Quorn Rogan Josh Curry</b><br><i>served with</i><br>Wholegrain Rice                      |
| <b>Pasta Twists</b><br><i>served with</i><br>Italian Tomato Sauce & Garlic Slice   | <b>Jacket Potato</b><br><i>served with</i><br>Baked Beans   | <b>Tuna Melt Panini</b><br><i>served with</i><br>Seasonal Salad  | <b>Penne Pasta</b><br><i>served with</i><br>Tomato & Basil Sauce & Garlic Slice                                     | <b>Pizza Panini</b><br><i>served with</i><br>Seasonal Salad                                 |
| <b>Chocolate Victoria</b><br><i>served with</i><br>Chocolate Sauce<br><br><b>Fruit Yoghurt</b><br><br><b>Chunky Fruit Pots</b> | <b>Sponge of the Day</b><br><i>served with</i><br>Creamy Custard<br><br><b>Fruit in Jelly</b><br><br><b>Fresh Fruit Kebab</b> | <b>A Selection of Reduced Sugar Desserts</b>   | <b>Fruit Crumble</b><br><i>served with</i><br>Creamy Custard<br><br><b>Cupcakes</b><br><br><b>Chunky Fruit Pots</b> | <b>A Selection of Home Baking</b><br><br><b>Fresh Fruit Salad</b>                           |

All fish is from sustainable stocks. At least 75% of dishes are freshly prepared.