



DIARRHOEA/VOMITING OUTBREAK - TOP TIPS

- **ISOLATE** – Symptomatic residents are isolated in their own room until 48 hours symptom-free. Risk assessment is in place where person is unable to comply.
- **MONITOR & DOCUMENT** – Use Bristol Stool chart to record episodes of Diarrhoea sending off specimens (Type 5-7) for all symptomatic cases. Monitor Fluid intake, especially if vomiting.
- **COMMUNICATE** – Ensure all staff are aware of any Diarrhoea and vomiting within the home and that they understand related policies and guidance and familiarise themselves with an outbreak pack & log sheet. Handover at each shift.
- **SYMPTOMATIC STAFF/VISITORS** - MUST be excluded until asymptomatic for 48hours. Do not eat and drink with residents.
- **STAFF UNIFORM** – Wear a clean uniform for every shift.
- **HAND HYGIENE** – Effective hand hygiene with soap and water before and after contact with the resident and their immediate environment is essential in reducing cross transmission of infection to yourself and others. Assist residents with hand hygiene.
- **PPE** – Gloves and apron MUST be worn for all contact with the resident and their immediate environment. Wash hands before and after removal of PPE.
- **WASTE** – All waste from the cleaning process MUST be discarded in the orange (Infectious) waste stream.
- **LAUNDRY** – Use water soluble/infected bag & PPE when dealing with soiled items which MUST be taken directly to the dirty utility/designated area. Laundry staff MUST ensure PPE is used.
- **ENHANCED CLEANING** – The home environment is thoroughly cleaned TWICE daily using hot water and detergent such as a Hypochlorite solution (Domestic bleach/Chlorclean). Commodes & toilet seats MUST be cleaned after every use