

## Sample 'One Page Profile'

### Guidance:

- *This sample is an example of what a 'One Page Profile' might look like and what might be included in it.*
- *Some have just 3 headings; 'what people appreciate about me', 'what's important to me', 'how to support me'*
- *There is no requirement to use this sample although you can. Equally you can use ideas from it if that is useful to you.*
- *A 'One Page Profile' provide an at-a-glance way of knowing what really matters to people.*
- *They are a really effective way to begin a conversation and hence a good relationship.*
- *To find out more go to [One-page profile | HSA | Personalisation | Consultancy \(helensandersonassociates.co.uk\)](http://One-page%20profile%20|%20HSA%20|%20Personalisation%20|%20Consultancy%20(helensandersonassociates.co.uk))*

**My One Page Profile** 😊

**All About Me...**



**What People Admire About Me...**



**What's important TO me**



**What's important FOR me**



<b>How to Best Support Me...</b> ✓	<b>A Good Day...</b> ✓

SAMPLE