

## July to September 2017 e-bulletin number 3

In October 2017, we published our refreshed CAMHS Transformation Plan. The full report and other documents can be found at <http://www.kirklees.gov.uk/futureinmind>.

We have been working on 49 local priorities since 2015. This year we have refined those priorities down to 25 concentrated areas under the five Future in Mind headings of:

1. Promoting resilience, prevention and early intervention.
2. Improving access to effective support.
3. Caring for the most vulnerable.
4. Be accountable and transparent.
5. Developing the workforce.



Each theme includes information on the following:

- a. What have we achieved so far in 2017
- b. Our local challenges with each theme?
- c. What priorities will we begin to achieve over the next twelve months?
- d. What impact will this have?
- e. How we will be measuring the impact.

The 2017 refresh:

- Links with regional and national programmes and strategies.
- Details our progression since 2015.
- Provides information on finance, service activity and staffing.



### Kirklees Joint Strategic Assessment

Kirklees has a new online resource which includes information on the health and wellbeing of Kirklees people. In July 2017, we updated the [vulnerable children section](#).

### Transforming Care for Children and Young People

An area wide Transforming Care Plan Partnership involving Kirklees, Calderdale, Wakefield and Barnsley has recently set up a Children and Young People's Workstream.

This workstream will look to respond to national recommendations to change services in a way that will make a real difference to the lives of children and young people with a learning disability and/or autism.

An easy read version our Transforming Care Partnership's plan can be found on the NHS Greater Huddersfield Clinical Commissioning Group [website](#).

### Engagement

Mobilising Thriving Kirklees has involved co-production and consultation approaches, this has included:

- Discussions about the marketing and design of a branding logo for the service.
- Parents sharing their experience of the existing Adult Single Point of Contact.
- Schools information and engagement session on how the school nurse service works now and what they could do differently.
- Designing an electronic referral form.
- Patient experience surveys.
- An information and engagement Autism Spectrum Condition event.



### Single Point of Contact (SPoC)

A Single Point of Access was provided by Northorpe Hall Child and Family Trust under the working title of ASK CAMHS until October 2017. Between July and September 2017, ASK CAMHS received 729 support requests.

Between April 2016 and March 2017, ASK CAMHS received 3,175 phone calls where callers either received immediate advice and support or cases were referred to CAMHS.



**0300 304 5555**

**Is the new Single Point of Contact number** and provides telephone access to help and advice 24 hours a day, seven days a week for all the Thriving Kirklees services. This number replaces the pre-existing ASK CAMHS telephone number.

A [Thriving Kirklees website](#) is being development to provide information about Thriving Kirklees services, health advice and an online referral form.

### Autism Spectrum Condition



We continue to invest a significant amount in our Autism Spectrum Condition provision and provide a multi-disciplinary team within Thriving Kirklees and increase assessments to 23 a month. We have invested extra funding to provide more assessments to reduce waiting times to 12 months by August 2018.

We continue to see an increase in referral numbers from an average of 13 a month to an average of 20 a month with 267 young people waiting for an assessment at the end of October 2017.

We are looking at why referral rates are increasing and exploring different models of pre-assessment and triage to improve and manage future demand.

## ChEWS

Northorpe Hall Child and Family Trust continue to provide short term direct interventions for those aged 5 to 19 whose emotional needs are impacting on their day to day lives. The service does not provide an immediate response service and is a Thriving Kirklees partner which functions under the working title of ChEWS.

Since April 2017, referral rates into ChEWS have continued to increase. This means changes will need to be made to existing delivery practices.

Average waiting times for April to June 2017 were reported at 18.6 weeks with 194 children and young people on a waiting list. By August 2017, there were 292 children and young people waiting for treatment which increased to 323 in September 2017. The average wait time for a first appointment had increased to an average of 22.7 weeks in September 2017.

ChEWS have agreed to work towards reducing waiting times to 10 weeks from referral to first appointment by August 2018.



## Specialist CAMHS

Specialist CAMHS is a Thriving Kirklees partner delivered by South West Yorkshire NHS Foundation Trust. The service works with children and young people up to the age of 18, and offers a range of assessments and treatment choices.

At the end of September 2017, 430 young people were waiting for treatment across their Generic CAMHS provision. 337 of these were for Autism Spectrum Disorder assessments.

The average waiting times from referral to treatment for those starting treatment in September for Generic CAMHS was 43 days and for Autism Spectrum Disorder assessments 103 weeks.

As with ChEWS, reducing waiting times remains a priority and the service is working towards maintaining waiting times to 10 weeks from referral to treatment by August 2018.

## Crisis Support

Between April 2017 to August 2017, 151 referrals were seen as a Crisis Intervention. In August 2017, referrals were being responded to within 4 hours.



## Thriving Kirklees Workforce

A learning and development lead has been appointed within Thriving Kirklees to identify training, development and staffing needs across the partnership. This includes completing a detailed workforce strategy which will take time to develop.

## Eating Disorder Service

The South West Yorkshire NHS Foundation Trust wide Community Eating Disorder Service covers the geographical areas of Barnsley, Calderdale, Kirklees and Wakefield assessing and supporting young people with a suspected eating disorder.

Between January 2017 and August 2017 there were 29 referrals from Kirklees for an assessment with a designated healthcare professional within 7 days for urgent cases and within 28 days for routine cases.

## Vulnerable Children

The Vulnerable Children's Service supports the most vulnerable children and young people. This involves looked after children, care leavers, children in need, those at risk of child sexual exploitation and young offenders.

Between April and August 2017, the service received 32 referrals. By September the average waiting time was 3.9 weeks; with the longest wait being 35 days and shortest wait being 14 days.

The vulnerable nature of the children and young people support needs is reflected in the average periods of support of 14.5 weeks, compared against the 10.46 weeks average for those accessing ChEWS.

## Hospital Admissions

Between July 2016 and June 2017, there were 24 CAMHS patient admissions from Kirklees. Of the 24 admissions 15 were female and 9 were males. 21 of these referrals were from the Greater Huddersfield Clinical Commissioning Group area.

Further work is needed to understand the differences between the referral and admission rates across Kirklees.

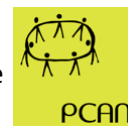


## Additional Support

### PCAN (Parents of Children with Additional Needs)

is an independent, parent-led forum for parents and carers of children and young people aged from birth to 25 years who have additional needs.

Contact them on **07754 102336** or their website [www.pcankirklees.org](http://www.pcankirklees.org)



## Thriving Kirklees



Single point of telephone number

**0300 304 5555.**

[Thriving Kirklees website](http://www.thrivingkirklees.org)